3/4 Camp Parent Information





Where are we going?

- Campaspe Downs
- Address: 1302 Kyneton-Trentham Road, Kyneton 3444

An hour's drive from Melbourne, PGL Campaspe Downs is set amid 160 acres of stunning natural bushland in the Macedon Ranges, close to Kyneton and Hanging Rock



How are we getting there?

Bus!

Getting there:

- On day of departure students are to arrive at school by 8:30am for a 9:00 am departure.
- Upon arrival, students are to go to the gym with their luggage and wait with their teacher.

Coming Back:

 We plan to arrive back at NPS by 3:oopm. However, if for some reason we're running late, later than 3:30pm, we'll send a message out via Sentral.





When are we going?

- Monday 15th of September Wednesday 17th of September
- The last week of Term 3

SEPTEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

www.GrabCalendar.com

Our DISCOVER! adventures focus on sparking breakthroughs in:



BUILDING INDEPENDENCE away from the home and classroom environment



GROWING CONFIDENCE by trying new things out of their comfort zone



ENCOURAGING COOPERATION by working together and celebrating successes



DISCOVERING NEW SKILLS and broadening their horizons by trying new activities outdoors



EMBRACING NEW EXPERIENCES by being outdoors in nature

Purpose of Camp



Deposit: \$82

Due 11th of July

This is non-refundable

Cost of Camp



Remaining balance: \$378

Due 29th of August



Total: \$460

Who is coming with us to camp?

- Ratio of 1:10
- All Year 34
 Teachers
- Additional Education Support Staff and Teachers















Preparing for Camp

- nead all materials from school Sentral notices, packing lists etc.
- **l** Involve your child in packing and labelling (names on absolutely everything please)!
- Practice being away from home (sleepovers, night-time routines, sleeping in sleeping bags)
- Talk about what to expect
- Promote independence skills
- Stay positive & reassuring
- Market Send a note or small surprise

At camp, students show our school values by caring for others and their belongings, respecting people and the environment, being responsible by following rules and looking after themselves, and being curious by trying new things and asking questions. Living these values helps make camp fun, safe, and memorable for everyone.



If Expectations Are Not Followed:

A reminder or warning will be given

Student may miss out on an activity

Parents may be contacted for serious or repeated behaviours

In extreme cases, parents may be contacted to collect their child

Student Expectations



What to bring

- Please clearly label
 ALL items with your child's name.
- Clothes and items
 will probably get
 dirty, wet, or worn
 out so pack older
 clothes that can
 handle some wear
 and tear,
 furthermore, it's a
 good idea to pack a
 couple of shopping
 bags to put any wet
 clothes in.



11.

WATERPROOF JACKET/WARM COAT

It's usually a few degrees cooler at camp than it is in the city and yes, you will still be doing activities even if it rains. 12.

EVENING CLOTHES

You might get dirty doing activities so you'll need one or two sets of clothes for the evenings. 13.

A HAT

Keep the sun off or the heat in!
Depending on the time of
year, you'll need either a sun
hat or a warm hat for the

14.

BATHERS FOR WATERSPORTS ACTIVITIES

Don't forget these if you're going to be taking part in watersports! 15.

SLEEPING BAG/ DOONA & PILLOW

Check that this hasn't been included as part of your booking.



16.

TORCH

Shhh...if you need something in the middle of the night, you need to be able to see what you're doing without waking everyone up! 17.

PLASTIC BAGS FOR WET CLOTHES

Lake water doesn't smell good after a couple of days so make sure you can keep your wet stuff separate! 18.

SMALL BAG / DAY PACK

You'll need to take dry clothes to change into after some activities.



19.

REFILLABLE WATER BOTTLE

Be well hydrated! PGL camps have plenty of places where you can refill a water bottle. 20.

TOOTHBRUSH, TOILETRIES AND THONGS FOR SHOWFRING

Soap, shower gel, toothpaste etc. Don't forget sunscreen is essential in summer.

What **not** to bring



Electronic devices (phones, tablets, gaming consoles)



Expensive or valuable items



Jewellery or money



Sharp objects or toys that could be unsafe



Large amounts of food or snacks (unless approved)

Accommodation

Students Cabins:

Sleeps 4-12 people with ensuite bathrooms.

Bunkhouses:

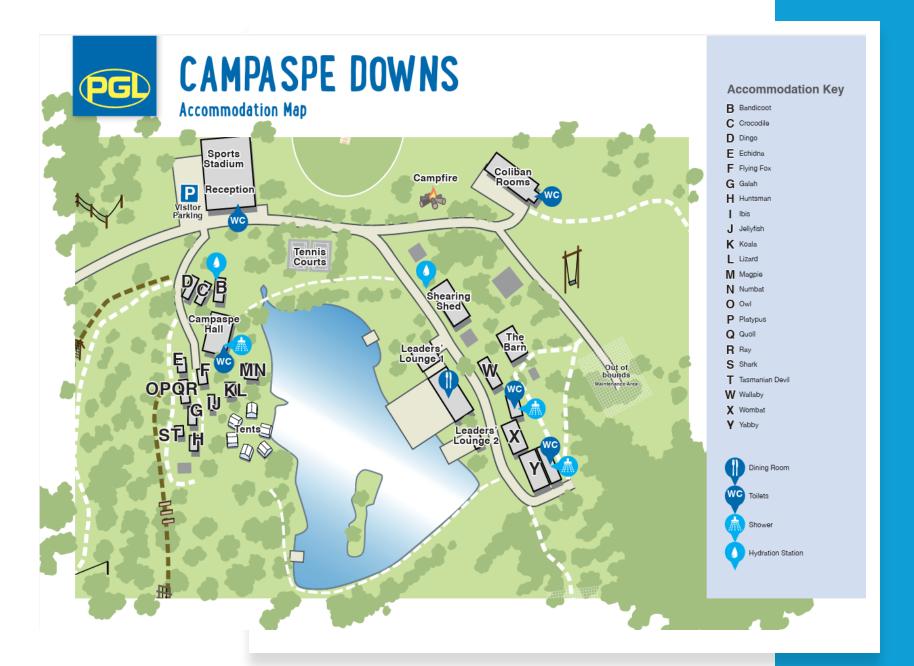
Sleeps 6-12 people with separate toilet and shower blocks.

Students are required to bring a fitted sheet, sleeping bag and pillow. Adults Single, twin, or triple (1x single and 1x bunk)

Towels and toiletries are not supplied.



Camp Site



Example Itinerary

Here is an example of what a day in the life of camp looks like.

We will be sharing social stories with the students closer to the date.



Activities

Over the three days at camp, students will have the opportunity to participate in 8 exciting activities.

Students will be put into activity groups and rotate across the activities with an allocated staff member.

Here are a range of possible activities. Confirmed activities will also be shared closer to the date.



Food and Dietary Requirements

- Breakfast, lunch and dinner are served buffet style, meaning no one leaves hungry.
- Salad bars are provided at lunch and dinner.
- Fresh fruit is supplied at breakfast and lunch, and we encourage students to take a piece for snacking during activities.
- A form will be sent out closer to the date requesting information regarding dietary requirements



Medication

- A form will be sent out closer to the date, requesting information regarding medication.
- Medication should be in a zip-lock bag, and clearly labeled with:
 - Student's full name
 - Dosage instructions
 - Time(s) to be given
- Provide any medical forms or notes required by the school
- Inform staff of any allergies or health conditions beforehand.
- Students are **not allowed to carry medication** themselves (unless specified for emergency use, like an asthma inhaler or EpiPen).
- Our first aid officer will ensure medication is given safely and on time.

QR Code for Newsletter Questions

3/4 School Camp Questions

