



...changes in mood and behaviour that may indicate a child or young person is having difficulties managing emotional distress



...sensitively and competently about the child or young person's circumstances



...appropriate first steps and possible referrals within or outside school setting to support the child or young person





SYSTEM OF CARE MAP (VIC)

SAFEMinds is a partnership between:





SAFEMinds aims to empower school staff to identify students experiencing emotional distress and make consistent evidence-based decisions around early intervention strategies and appropriate referrals to key youth and mental health services. The System of Care Map depicts the breadth of the system of mental health care and support for children and young people in Victoria at a macro level. It lists services available within schools and through external providers; and is divided into four tiers: Tier 1, Tier 2, Tier 3 and Emergency Services.

TIER 1 services are most accessible and often the first places many young people and families or carers turn to for help. Tier 1 services provide a firstline of response.

An important role of Tier 1 services is also to identify when a child or young person needs more specialist mental health care, and to make the appropriate referrals or ask for specialist advice or support.

TIER 2 professionals have specific expertise and skills in children's and young people's' mental health.

TIER 3 services provide specialist mental health services for those children and voung people who have complex and severe mental health problems, and/or who are at high risk of harm.

EMERGENCY SERVICES ,000, Police/

Child and Youth Mental Health Services

Ambulance

Paediatric Inpatient Services

Youth Justice Custodial Centres

Alcohol and Drug Intensive Withdrawal and Treatment Services

Psychiatric Inpatient and Day Programs

Youth Mental **Health Services** Secure Welfare Take Two

Mother and **Baby Units**

Youth Prevention and Recovery Care Service (Youth PARC)

Acute Community Intervention Service

Mental Health

Paediatricians

Youth Justice **Adolescent Services**

Medicare Local Programs e.g. ATAPS

Specialist Children's Services

TIER 3

GPs

Local Government Youth Services

NGO Welfare Agencies

Wellbeing Team

Secondary

Welfare Officers

Accommodation

TIER 2

An individual may

receive support

from multiple

services across the

'System of Care'

depending on

their needs at any given time.