

benefits

- YRG members who attend regular meetings will receive **\$30** for their participation and involvement
- Sometimes you even get paid for working at an event
- Meet other like minded young people passionate about youth issues
- Opportunity to sit on recruitment panels
- FREE mental health Training
- Build a great rapport with the Alice Springs community
- Heaps of fun at both headspace and external events!
- YRG social events (like dinners, bowling and movie nights)
- Local media opportunities
- Looks amazing on your CV



interested or have any questions?

Please contact:
headspace

(P) 08 8958 4544

(Parental/Guardian consent will be needed for young people 14 and under. If this is, or will be, an issue, please contact us.)



headspace Alice Springs

5/74 Todd Street (Across from Alice Springs Town Council, behind Loco Burrito)

P 08 8958 4544

F 08 7906 2244

E headspace.reception@caac.org.au



headspace
Alice Springs

**Youth Reference
Group
(YRG)**

about us

The Youth Reference Group (YRG) is a group of young individuals who govern our centre and have a say in how we engage with youth in the

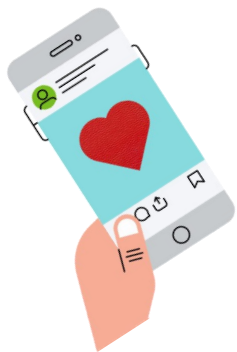
community.

We welcome anyone from any background who have an interest or passion for youth mental and physical health.

Our YRG are the most important aspect of our service and they help us improve our centre for our future generations.

Opportunity to represent a great youth organisation and advocate for young people

There are other social groups such as Autism & Just Be You Crew, that you can join.



Who can join

Young people aged between 12 and 25 Years

Passionate about headspace Four streams:

- mental health
- physical health
- alcohol and other drug
- Work/study

Be a team player

Be motivated, willing and committed to participate

Good communication skills

Ability to balance health and other commitments

(i.e school, work, family)

alongside their commitments to YRG

We are a diverse group and we accept everyone

Frequency of meetings

To be decided



Where to we meet

headspace Alice Springs Centre

In the Activities Room

