



BASKETBALL ACADEMY SEMESTER 1 REPORT





NOTES FROM COACH ROSS

Shooting actions continue to improve which indicates the players are listening and working at implementing the instruction. From a coaching perspective, it is extremely encouraging as we continue to move into teaching and developing other areas of the game.



Shooting action, early preparation, necessary footwork and developing the players shot off the dribble has been a consistent focus since the beginning of the year. More recently we have been working on individual offence, often from the perimeter which the students have been committed to.



We have observed improvement as it appears players have become more comfortable in offence. They are looking to score more when we have been able to play some 3on3. Overall, the students are progressing which is very pleasing.



NOTES FROM COACH GREG

The first half of the year has seen terrific growth and development from players that have taken the opportunity to do so. We have put a lot of focus on individual development, from the basic fundamentals of footwork and shooting the ball, to team principles on offensive transition and within the half court.

We have put a focus and seen results in players ability to create their own shot as well as create for others at the offensive end of the court. With the school competing in 5v5 events run by Basketball Victoria, it afforded us the opportunity to do a little work on team principles, but kept the focus for the majority of the time on individual development.

The entry of the academy into Basketball Victoria 3v3 events saw some great results, but also gave us the chance to teach the new format in the lead-up, but also provide some review and feedback from the event.





HIGHLIGHTS FROM THE YEAR



- **3x3 Competitions**
- **VCC Competition**
- **Meeting Lauren Scherf**
- **Starting Strength and Conditioning**
- **Using the new gym**

ACHIEVEMENTS FROM THE YEAR

- **3x3 Junior girls came 3rd**
- **VCC Inter Boys made it to the finals**
- **Marcus Turco being selected in the State Indigenous team**
- **Sienna Campbell getting 3rd in National Junior Classic**

