



WHO'S IN CHARGE – TERM 2 2020

Mondays (Commencing 4 May 2020)

10.00am – 12.00am (Morning Tea provided)

A FREE 8 session course designed for those struggling with adolescents that use violence and abuse towards them and other family members.

Week 1: Monday 04 May Week 5: Monday 01 June

Week 2: Monday 11 May Week 6: Monday 15 June

Week 3: Monday 18 May Week 7: Monday 22 June

Week 4: Monday 25 May Week 8: Monday 29 June

Facilitator: Sheila Davidson (Junction Australia)

Booking and enquiries to: Junction Australia Reception 8392 3000

***Please advise if crèche is required at the time of booking**

Junction

WHO'S IN CHARGE

PARENTING STRATEGIES
FOR COPING WITH
DIFFICULT SITUATIONS
AND BEHAVIOURS

FREE

FREE CRECHE

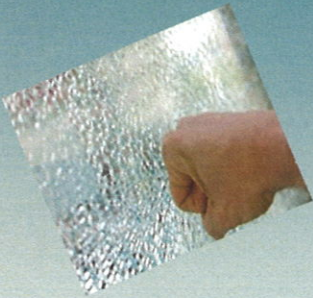
**HACKHAM
COMMUNITY
CENTRE**

72 Collins Parade
Hackham 5163

8392 3000

Join our Facebook group:
Hackham Community Centre

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**CITY OF
ONKAPARINGA**



Who's In Charge?

An 8-Session course, for those struggling with adolescents that use violence and abuse towards them and other family members.

Parenting has become more and more challenging in our fast paced ever changing society.

Adolescent violence in the home has increasingly brought challenges to many families across our community.

This course aims to provide parenting strategies for coping with difficult situations and behaviours



The group aims to:

- ◆ Provide a safe and supportive environment for parents, struggling with complex issues.
- ◆ Reduce the guilt and shame that parents feel.
- ◆ Provide strategies for managing children's behavior.
- ◆ Discuss ideas for safety and self-care.

The course is facilitated by Sheila Davidson, an experienced Parent Adolescent Counsellor with Junction Australia.

Enquiries to: Junction Centre Reception