



Lyndhurst Primary School



Canteen Menu 2022



Sandwiches - Wholemeal Bread unless White Bread requested

Sandwich	Toasted	Wrap (M-T)
#V Jam or Honey	\$2.60	
#V Vegemite <i>(Add Cheese +50c)</i>	\$2.60	
#V Cheese <i>(Add Cheese +50c)</i>	\$2.60	\$3.20 (Toasted)
Ham & Cheese <i>(Add Cheese +50c)</i>	\$3.60	\$4.20 (Toasted)
#V Egg & Mayo <i>(Add Cheese +50c)</i>	\$3.60	
#V Salad Sandwich (Lettuce, Carrot, Tomato) <i>(Add Cheese +50c)</i>	\$3.60	\$4.20 (Cold)
#V Stick Snack Combo (Apple, Carrot, & Two String Cheese) <i>(M-T)</i>	\$3.00	
#V Garden Salad (Lettuce, Carrot, & Tomato) <i>(Add Cheese +50c)</i>	\$2.60	

Everyday Hot Food

#V Corn Cob	\$1.00
Homemade FRIED RICE	
#V Fried Rice with Vegetables	\$3.80
#H Fried Rice with Veg & Roast Chicken	\$4.80
Homemade PIZZA – topping with Cheese	
#V Cheesy Garlic Bread	\$3.00
#V Garlic Pizza (Garlic & Herbs Base)	\$4.20
#V Margarita Pizza	\$4.20
Hawaiian Pizza (Ham & Pineapple)	\$4.90
#H Roast Chicken Pizza with BBQ Sauce	\$4.90
Homemade PASTA	
#V Pasta & Cheese	\$3.40
#V Napoli Pasta <i>(Add Cheese +50c)</i>	\$3.40
#V Macaroni & Cheese	\$4.80
Beef Lasagne	\$4.80

#V denoted Vegetarian

#H denoted Halal Accredited

(M-T) – available Mon to Thurs



Occasional Hot Food

#V Hash Brown (Oven Baked)	\$1.00
Steamed Dim Sim - Pork & Beef	\$1.10
Hot Dog - Low Fat Pork <i>(Add Cheese +50c)</i>	\$4.00
Cheesy Hot Dog Tortillas (Pizza Sauce) <i>(M-T)</i>	\$4.50
#H Chicken Tender <i>(M-T)</i>	\$1.80
#H Chicken Dino Snacks (3)	\$2.60
Chicken Cup Noodles	\$3.00
#H Cheesy Chicken Tender Tortillas <i>(M-T)</i>	\$4.90
#H Cheesy Chicken Tender Roll <i>(M-T)</i>	\$4.90
#H Chicken Burger (Lettuce & Mayo)	\$4.90
#H Beef Burger (Cheese & Tomato Sauce)	\$4.90
#V Nacho's (Corn Chip, Salsa & Cheese)	\$4.90
Party Pie	\$1.50
Sausage Roll	\$4.00
Beef Pie	\$4.60
#V Cheese & Spinach Roll	\$4.60

ONLINE ORDER NOW AVAILABLE on QKR - You can place lunch order online before 8:55am on the day

Miscellaneous

Lunch Order Bag	\$0.10
Soy Sauce Portions	\$0.20
Tomato Sauce Portions	\$0.30

Healthy Snacks

String Cheese	\$0.80
Carrot Stick	\$1.00
Hard Boiled Egg	\$1.00
Fresh Seasonal Fruit	\$1.00

Frozen Treats (*) - Refer to note No. 4

* Frozen Pineapple Ring	\$1.00
* Frozen Juice Tube	\$1.00
* Jelly Cup	\$1.00
* Mini Calippo	\$1.60
* Icy Twist	\$1.80
* Moosies	\$2.00
* Paddle Pop Ice Cream	\$2.00



Drinks

** Hot Chocolate <i>(Term 2 & 3 only)</i>	\$2.00
Springwater	\$2.00
Fruit Juice	\$2.20
Big M Flavoured Milk	\$2.50
FOCUS Flavoured Water	\$2.50



Snacks

Rice Crackers (pack of 10)	\$1.00
Choc Chip Cookie	\$1.00
Muffin <i>(Homemade)</i>	\$2.00
#H Corntos	\$1.20
#H JJs Snacks	\$1.50



Canteen Manager: Silvia Yong

\$6.10 MEAL DEALS

available every day

(Items in meal deals cannot be changed)

Meal Deal #1 **Dino (Halal)**

+ Large H'made Muffin AND Focus

Meal Deal #2 **Sausage Roll**

+ Choc Chip Cookie AND Fruit Juice

Meal Deal #3 **Hot Dog**

+ Choc Chip Cookie AND Fruit Juice

Meal Deal #4 **Vegetarian**

+ Choc Chip Cookie AND Fruit Juice

(Please specify)

(A) Napoli Pasta with Cheese

OR

(B) Fried Rice with Vegetables

Vegetarian Options

Prices refer to Canteen Menu 2022

Sandwiches

– Vegemite / Cheese / Jam / Honey / Egg Mayo

Salad Sandwich or Wrap / Garden Salad

Stick Snack Combo

Fried Rice with Vegetables

Cheesy Garlic Bread

Garlic Pizza / Margarita Pizza

Pasta & Cheese / Napoli Pasta

Macaroni & Cheese

Hash Brown

Nacho

Cheese & Spinach Roll

Note to Parents

1. For manual lunch orders, please place money in a lunch order bag with child's name and grade.
2. If your child has an allergy, please write in **RED** "Allergy" at top of the lunch order bag.

Halal Options



Chicken Tender (Plain / Sweet Chilli)	\$1.80
Chicken Dino (3)	\$2.60
Sausage Roll.....	\$4.50
Roast Chicken Fried Rice	\$4.80
Roast Chicken Pizza.....	\$4.90
Chicken Burger with lettuce.....	\$4.90
Beef Burger with Cheese.....	\$4.90

Gluten Free Options



GF Chicken Nuggets (4)	\$4.00
GF Sausage Roll.....	\$4.50
GF Beef Pie.....	\$5.00

3. If children find any **incorrect** or **missing food item**, please inform the canteen immediately together with their lunch order bag.
4. With ***asterisked items**, a stamp will put on the lunch order bag for the children to redeem the item at the canteen with their lunch order bag during lunch time. Please advise your children of this procedure.