



# IRON ATHLETIC

## SPINE - STRENGTH - SPORT PHYSIOTHERAPY

*Strong Activity for Longevity*

Welcome!

Thank you for registering your interest for a Physiotherapy assessment from IronAthletic.  
This letter outlines the process involved for St Pius X Student to access Private Physiotherapy services.

IronAthletic is a Physiotherapy Provider specialising in:

1. High Performance Sport- injuries and biomechanical assessment,
2. Physiotherapy Assessment and Treatments: Musculoskeletal, Neurological and Cardiorespiratory,
3. Back and Neck pain,
4. BikeFitting, Running, Triathlon Training
5. Powerlifting, Strength Training,

IronAthletic will provide services by appointment on Tuesday Afternoons at St Pius X Playing Fields, Oxford Falls or as discussed with your Therapist.

IronAthletic provides high quality, professional, evidence based treatments. We aim to efficiently determine the cause of your concern and empower you to take control of your recovery.

Structure:

- Contact- IronAthletic for an appointment via email- [IronAthletic@outlook.com](mailto:IronAthletic@outlook.com) or Phone- 0411660443.
- Onboarding- Following completion of the Patient Information Sheet, your Therapist will coordinate an appropriate consultation time and location.
- Initial Consultation- 45mins in duration for full assessment, planning, explanation and initial treatment plan. The Initial Consultation costs \$60.00
- Follow up Consultations- Booked as required by your Therapist at mutually appropriate times and locations. Follow up Consults Cost \$60.00
- Billing- IronAthletic is Registered with AHPRA, APA and Medicare. Payments should be made at the time of your appointment by cash or card. Your Therapist will email you an Action-Plan and a Receipt following your treatment session. The receipt can be used to claim your rebate from your Health Insurer.

We look forward to helping to improve your Health-span and your Live-span.

Kind regards,

Mitchell Ellis

*Principle Physiotherapist*

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