

Sexuality education begins at home and can be supported by schools as part of a broader curriculum aimed at maximising children’s health and wellbeing.

The following family (parent/s and child/ren) presentations are facilitated to encourage conversation throughout the session and beyond. They include the following content -

**Years 3 & 4, 50-60 mins**

**People S**imilarities and differences in our families & friends

**Bodies** Similarities and differences

Privacy & Safety

**Foetal development & birth**

**Years 5 & 6, 60-70 mins**

**Puberty** Hormones, general & gender specific physical changes, emotional & social changes

**Privacy & safety in the real and online world**

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