



Connections

child, youth and family services

Who's in Charge?

Does your child hurt, intimidate or abuse you?
Do you feel you are losing control?
Want to better handle conflict?

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"Dear Andy — How are you? Your mother and I are fine.
We both miss you and hope you are doing well. We look forward
to seeing you again the next time your computer crashes and
you come downstairs for something to eat. Love, Mom and Dad."

The *Who's in Charge?* group is a 7-week program for parents or carers of young people (8 to 18) who are beyond control, violent or defiant.

The group aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame which most parents feel
- Offer ideas to help you develop individual strategies for managing your child's behaviour
- Explore ways of increasing safety and wellbeing
- Help you feel more in control and less stressed

Starting – Tuesday 26th July 2016 @ 7pm - 9.30pm
Finishing – Tuesday 6th September 2016 (longer session)

At Connections Narre Warren
55 Webb Street, Narre Warren 3805 (John Garrett Room)

Enquiries & Enrolment (essential):

Contact the Group Workers at Cranbourne on 5990 8400

Gold Coin Donation

Further info on violence to parents: www.eddiegallagher.id.au

connections.org.au