

# Mt Beauty Primary School Canteen Services

Term 1 - 2021

Rose Garden  
Community Cafe



## Regular Lunch Menu

		r/paper rolls - Chicken, Tuna or Vegetable	each	\$ 3.00
		(order as many as you like)		
		Ham, Tomato or Cheese Toastie		\$ 3.00
		Cheese Only Toastie		\$ 2.50
		Croissants Plain		\$ 3.50
		toasted w Ham & Cheese		\$ 5.00
		toasted w Ham, Cheese & Tomato		\$ 5.50
		Homemade Sausage Roll	1 for	\$ 3.00
		Homemade Sausage Roll	2 for	\$ 5.00
		Spinach & Ricotta Roll		\$ 4.00
		Wraps or Sandwiches - Chicken, Ham or Egg	Served w lettuce - tomato - carrot - cucumber - cheese & mayo	\$ 7.00
		Hot food of the Week	Regular	\$ 6.00
		Hot food of the Week	Large	\$ 7.50
		Salad of the Week	Regular	\$5.00
		Salad of the Week	Large	\$6.50

## Recess Snack & Drinks Menu

		Frozen Fruit Yogurt (Strawberry, Raspberry or Mango)	each	\$ 2.50
		Cake/Muffin/Slice of the day	each	\$ 2.00
		Fresh Fruit from the bowl	each	\$ 0.50
		Fruit Smoothie	each	\$ 2.00

\*\*Cake, hot food & Soup will change weekly and will be advertised in the newsletter the week before.



Foods that are 'everyday' foods such as fruit, vegetables, lean meats and grains



Foods that provide some nutrients, but can be high in energy



Foods and drinks that are high in fat, sugar and sodium - "sometimes foods"

Please remember to include child's name, class and order on a paper bag. Change can be given if correct money not available.

Any allergies are to be included on your child's bag.

THANK YOU

Please direct all enquires to Mt Beauty Neighbourhood Centre 03 57541 166