

Term 4 Coaching schedule 2022

Day / Time	Squad	Squad	Group
Monday			
6.45-8.15am	1.Preparation A	1.Preparation B	
3.30-4.30pm			Primary Yr 3-6
3.30-5pm	2.Junior Development A	2.Junior Development B	
Tuesday			
6.45-8.15am	4. High Performance		
3.30-5pm	5. Future Champion		
3.30-5pm	3. Tournament A	3. Tournament B	
Wednesday			
6.45-8.15am	2. Junior Development A	2. Junior Development B	
3.30-5pm	1. Preparation A	1. Preparation B	
Thursday			
6.45-8.15am	3. Tournament A	3. Tournament B	
3.30-4.30pm			Senior Yr 7-9
3.30-5pm	5. Future Champion	4. High Performance	
Friday			
6.45-8.15am			
3.30-5.30pm	Junior fixtures	Junior fixtures	

All private lesson bookings with the squad lessons will be on a first in basis when booking times for your son.

Private Availability at present

Time	No. of Coach	Monday	No. of Coach	Tuesday	No. of Coach	Wednesday	No. of Coach	Thursday	No. of Coach	Friday
6.45am	1	free	1	free	1	free	1	free	1	free
7.15am	0		1	free	0		1	free	0	
7.45am	0		0		0		0		0	
3.30pm	0	no	0	free	0		0		0	No
4pm	0	no	0	free	0		0		0	No
4.30pm	0		1	free	0		0		0	No
5pm	1	free	1	free	2	free	2	free	0	No
5.30pm	2	free	2	free	2	free	3	free	1	free
6pm	3	free	3	free	2	free	3	free	1	free
6.30pm	3	free	3	free	3	free	3	free	1	free
7pm	3	free	3	free	3	free	3	free	1	free

All squad members will have free entry into Friday afternoon fixtures for term 4. Friday fixtures will begin on Friday the 7th October 3-30pm-5-30pm

MCA - Five Tiers of Squad Coaching

1. Preparation Squad	Designed for beginner level entry but past group stage. Technique and footwork focused which is the key to a successful tennis player.
2. Junior Development Squad	For Players understanding what technique and footwork are for and how to use them for match play to become competitive. How to use the body to create power, spin, flight & accuracy.
3. Tournament Squad	Players who are becoming quite competitive and taking their game to the next level. Our first tier of senior squads. Students must have mastered footwork drills and swing patterns. Also understanding the 4 parts of each shot. Spin, Flight, Speed & Accuracy.
4. High Performance	For the player who shows they have the shots to be a strong player in their year level and have a very good understanding of techniques and court positioning during matches. Have mastered the 4 parts of each shot process.
5. Future Champion Squad	For those at the top of their game. We look how to improve techniques and match tactics by focusing on a player's strengths to form game plans and look for weaknesses and patterns in opposition. Designed for the top players in the school.

Cost for Term 4 coaching

Type of Coaching	members	Non-members
Group Class	\$150	\$180
1. Preparation Squad & 2. Junior Development Includes 2 x 1.5hr sessions + ½ hr private per week	\$550	\$1100
3. Tournament Squad 4. High Performance Squad 5. Future Champion Squad Includes 2 x 1.5hr sessions + 1 hr private per week	\$750	\$1500
Friday Fixtures	Free for Squad Coaching members	\$100
Private	\$70 hr	\$100 hr

All lessons will run the duration of Term 4 and are based on 8 weeks or more if possible.

Memberships Available	Cost annually	Benefits
Family	\$250	Discounted Coaching and free day time court hire
Student	\$125	Discounted Coaching and free day time court hire
Adult	\$140	Discounted Coaching and free day time court hire
Old Boys	\$90	Discounted Coaching and free day time court hire

All memberships run from beginning of term 4 to the end of term 3 the following year.

For all bookings and queries please contact us on 0437449523 or send us an email at

MCATennis@marash.qld.edu.au