



# **CAREERS NEWSLETTER**

**Disclaimer** – all information is printed in good faith It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Ms Lee please email <u>LLee@stpiusx.nsw.edu.au</u> or call 7254 5472.

#### JobJump - Parents and students please watch YouTube video below and sign up

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts.

To register go to <u>https://www.jobjump.com.au/</u> Search school – St Pius X Chatswood Register with an email address (use a private address, not spx) Password – pius (lower case) **Parent information:** <u>https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be</u>

### **Callaghan Campus Tour**

Organisation: University of Newcastle

Location: UON Callaghan Campus

Date: April 11, 2025

Come and explore the vibrant atmosphere of The University of Newcastle's Callaghan Campus in Australia. This inperson event is a fantastic opportunity to get a firsthand experience of our beautiful campus.

During the tour, our Student Ambassadors will take you through the various facilities and landmarks, showcasing the state-of-the-art classrooms, modern libraries, cutting-edge research centers, and stunning outdoor spaces. Whether you are a prospective student, a parent or carer, or simply curious about our university, this tour will give you an insight into the vibrant campus life and the endless opportunities that await you at The University of Newcastle.

Find out more and register

# **Ourimbah Campus Tour**

Organisation: University of Newcastle

Location: UON Ourimbah Campus

Date: April 11, 2025

Come and explore the vibrant atmosphere of The University of Newcastle's Ourimbah Campus in Australia. This inperson event is a fantastic opportunity to get a firsthand experience of our beautiful campus.

During the tour, you will have the opportunity to explore the cutting-edge facilities, including modern classrooms, research labs, and collaborative spaces. Our knowledgeable guides will share insights about the various academic programs, student support services, and extracurricular activities available at Ourimbah Campus.

Whether you are a prospective student, a parent or carer, or simply curious about the university experience, this tour is an ideal way to get a firsthand look at everything Ourimbah Campus has to offer.

Find out more and register

# **Central Coast Clinical School Campus Tour**

**Organisation:** University of Newcastle **Location:** Central Coast Clinical School





Date: April 11, 2025

Join us for an exciting in-person tour of the Central Coast Clinical School! This event is a fantastic opportunity to explore our state-of-the-art facilities and learn more about the cutting-edge medical education and research happening on campus.

During the tour, our Student Ambassadors will take you through the various labs, study spaces, library and much more.

Find out more and register

# **NUSpace Campus Tour**

Organisation: University of Newcastle

Location: NUSpace, UON City Campus

Date: April 11, 2025

Join us for an exciting in-person tour of NU Space, located at The University of Newcastle in Newcastle, NSW, Australia. Get ready to explore the state-of-the-art facilities and vibrant campus atmosphere.

During the tour, you'll have the opportunity to discover the latest technologies, interactive classrooms, and collaborative study areas that make NUSpace a hub of creativity and learning. Our knowledgeable staff will be available to answer any questions you may have.

Located on Auckland Street, NUSpace is easily accessible and offers a vibrant and inclusive community. Whether you're a prospective student, parent, or simply curious about the future of education, this tour is perfect for you. <u>Find out more and register</u>

# **Q Building Campus Tour**

**Organisation:** University of Newcastle

Location: Q Building, UON City Campus

Date: April 11, 2025

Join us for an exciting tour of the Q Building at The University of Newcastle! Explore the state-of-the-art facilities and immerse yourself in the vibrant campus atmosphere.

This in-person event is your chance to discover the cutting-edge technology and innovative spaces that make the Q Building a hub of creativity and learning.

Whether you're a prospective student or simply curious about the university, this tour is the perfect chance to see what makes our campus special.

Find out more and register

# **Medical Interviews Preparation Workshop Online**

### Organisation: National Institute of Education

Location: Online

**Date:** April 12 to April 13, 2025

The unique NIE workshop program aims for students to gain an in-depth understanding and required knowledge of the medical interview processes for specific universities, including Multi-station Mini Interview (MMI), Structured, and Semi-structured panel interviews.

The workshop is structured and based on the models that are taught during our proven one-on-one personalised medical interview sessions. It will allow each and every attendee to learn the required skills and practical understanding for the university from which they received an interview offer.

Find out more and register

# Holiday Workshop – Songwriting, Sydney

Organisation: Australian Institute of Music Location: AIM Sydney Campus Date: April 14, 2025 Created for students in Years 9-12, AIM's new high school music workshops provide incredible opportunities to explore songwriting, mentored by AIM's own accomplished musicians and educators.





This songwriting workshop is essential for any high school students curious about writing songs and performing and is a golden opportunity to work with incredibly accomplished songwriters. Join us these school holidays and discover the songwriter and performer you were born to become. Find out more and register

# **Free Online HSC Lectures**

# Organisation: ATAR Notes

### Location: Online

### Date: April 14 to April 16, 2025

Join thousands of students that tune in to our online lectures. Our legendary lectures, delivered by elite past students, can give you a huge study advantage.

- Tune in to heaps of lectures delivered by recent elite year 12 graduates
- Ask questions live and get immediate answers
- Come back and rewatch any time, download slides for your own study, and more

Sessions in this series cover a huge range of subjects. You can register now for all available sessions - don't miss out! <u>Find out more and register</u>

# Holiday Workshop – Performance, Sydney

**Organisation:** Australian Institute of Music **Location:** AIM Sydney Campus

**Date:** April 14, 2025

AIM's new school holiday workshop is designed for high school students interested in music performance. Created for students in Years 9-12, the workshops provide incredible opportunities to experience playing and performing music, mentored by AIM's own accomplished musicians and educators.

Learn, practice and perform contemporary and classic pop, rock and soul tunes, under the expertise of Australia's leading music mentors.

Find out more and register

# **Future Creators' Day**

Organisation: University of New South Wales Location: UNSW Paddington Campus

Date: April 14, 2025

Future Creators' Day is a hands-on experience for Year 10 and 11 students passionate about creativity, design, and visual storytelling. Hosted by UNSW Arts, Design & Architecture, this event is the perfect opportunity to explore future study and career paths in the creative industries.

Join us on campus for a day of immersive workshops led by expert academics and industry professionals. Get a taste of our newly offered Game Art specialisation, along with workshops in Animation, Painting, Textiles & Fashion Design, Object Design, and Graphic Design. Whether you're interested in digital art, interactive storytelling, or traditional design disciplines, this event is designed to help you develop your skills and discover your creative potential.

Connect with like-minded students, experience university life, and gain insights into studying at UNSW. Future Creators' Day is your chance to turn your creative passion into a future career. <u>Find out more and register</u>

# Discover Law, Criminology and Human Rights at ACU Blacktown

Organisation: Australian Catholic University

Location: ACU Blacktown Campus

Date: April 14, 2025

All rise! Aspiring lawyers, criminologists, and human rights advocates, it's time to sharpen your analytical skills and discover the excitement of the courtroom. Join us for interactive workshops designed to give you a taste of what it's like to study law, criminology, and human rights at ACU.





Dive into hands-on sessions where you'll test your courtroom strategies, unravel criminal cases, and explore the critical thinking skills needed to succeed in these fast-paced fields. Plus, engage in a dynamic and interactive human rights session, preparing you with valuable insights into the complexities of human rights law and the importance of advocacy.

Whether you're interested in the legal system, criminology, or human rights, this event will give you an exciting taste of your future career path.

Find out more and register

# School Holiday 'Out There' Sailing Program

Organisation: Royal Prince Alfred Yacht Club

Location: Royal Prince Alfred Yacht Club

Date: April 14 to April 17, 2025

The 'Out There' School Holiday Sailing Program is for participants who are 12-17 years old looking to try a new activity, have some fun and engage with others whilst sailing.

This four-day program will include a variety of sailing activities that are focused on having fun and learning basic sailing skills. Sessions will be conducted on a mix of Club vessels, including the RPAYC's fleet of Elliott 7 Keelboats, Pacer Dinghies, Windsurf and SUP Boards, Hobie-Cat dinghies and Powerboats. <u>Find out more and register</u>

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# Sydney Defence Careers Information Session

Organisation: Australian Defence Force Location: St Mary's Band Club Date: April 15, 2025 Consider a career like no other and represent Australia with pride in the Navy, Army or Air Force. Speak with current serving personnel at our upcoming info session and ask your questions - is a career in the Australian Defence Force for you? Find out more and register

# **Albury Army Reserve Information Session**

**Organisation:** Australian Defence Force **Location:** Albury ADF Careers Centre **Date:** April 15, 2025

Consider serving locally in the Army Reserve. You will be part of something exciting, challenging and rewarding all while learning new skills and giving back to the community - and tax-free pay!

To find out more about the rewarding challenges and experiences on offer, join us for a local info session. Speak with current serving members about their own experiences and advice and learn about the wide range of part-time jobs available.

Find out more and register

### **Experience Macquarie Days**

**Organisation:** Macquarie University **Location:** Macquarie Wallumattagal Campus **Date:** April 15 to April 16, 2025

Make the most of the April school holidays by spending 'a day in the life' of a uni student!

Our Experience Macquarie Days give you the opportunity to attend information sessions and interactive workshops, tour our state-of-the-art facilities and learning spaces, and explore our campus with a Macquarie student guide. You'll have the flexibility to structure your day around your interests – the choice is yours.

Whether you're certain about your future path or you're still exploring your options, these taster days will give you a feel for university life, connect you with students just like you, and maybe even get you thinking about fields of study that you're yet to consider.

Find out more and register





# **Open Studio – Free Artmaking Workshop**

Organisation: University of New South Wales

Location: UNSW Kensington Campus

Date: April 16, 2025

Learn how to weave a unique textile using reusable materials and bring new life to materials that would otherwise by considered waste.

All workshop materials will be provided; however, you are welcome to bring along something special to weave into your work if you choose. This could be an old piece of clothing, fabric, plastic bags, or anything that can be cut into long strips.

Find out more and register

# Digital Art – Holiday Workshop at CDW Studios – Sydney & Online

Organisation: CDW Studios Location: CDW Studios Sydney & Online Date: April 16, 2025 Join our free holiday workshop and learn from top artists as they introduce you to visual effects and entertainment design!

Participants will get an introductory insight to the industry whilst learning techniques that they can apply straight away! Perfect for beginners who wish to learn more as well as more experienced artists who want to push their work to the next level. These courses are a fantastic starting point for those who are curious about venturing into the competitive world of visual effects and entertainment design.

This workshop is aimed at students 14 and above with a passion for drawing.

Find out more and register

# **Experience UTS Day**

Organisation: University of Technology Sydney Location: UTS City Campus Date: April 16, 2025 Experience UTS Day is on this April school holidays! Hosted on campus, choose your workshops and experience UTS. Find out more and register

# Info Night at SAE Byron Bay

**Organisation:** SAE University College **Location:** SAE Byron Bay Campus **Date:** April 16, 2025 Just make the first move in your dream ca This is your chance to get a feel for the vi

Just make the first move in your dream career – join us at your local SAE campus this April for Info Night! This is your chance to get a feel for the vibe at an SAE campus. Explore our creative and technology courses, meet industry experts and chat to the campus teams about student life. You can even take a tour of our facilities and check out some of the awesome student projects on display. <u>Find out more and register</u>

# Info Night at SAE Sydney

Organisation: SAE University College Location: SAE Sydney Campus Date: April 16, 2025

Just make the first move in your dream career – join us at your local SAE campus this April for Info Night! This is your chance to get a feel for the vibe at an SAE campus. Explore our creative and technology courses, meet industry experts and chat to the campus teams about student life. You can even take a tour of our facilities and check out some of the awesome student projects on display.

Find out more and register





Info Night, Sydney

Organisation: ACAP University College Location: ACAP Sydney Campus Date: April 16, 2025 Join us on campus and discover how ACAP can help you make a real difference in the lives of others. Find out about our degrees in psychology, social work, counselling, criminology, coaching, management and law and the career paths available to you. Find out more and register

# Info Night, Byron Bay

Organisation: ACAP University College Location: ACAP Byron Bay Campus Date: April 16, 2025 Join us on campus and discover how ACAP can help you make a real difference in the lives of others. Find out about our degrees in psychology, social work, counselling, criminology, coaching, management and law and the career paths available to you. Find out more and register

# Sydney Info Night

Organisation: Academy of Interactive Technology Location: AIT Sydney Campus Date: April 17, 2025

Join us at AIT to meet our Academic Director, connect with students, explore study options, and get expert guidance on courses, careers, and admissions—including the chance to apply on the spot!

- **Meet the students**: Connect with current students and learn about their experiences as they share more about their life at AIT.
- **Explore the campus**: Immerse yourself in our modern world-class post production studio and green screen room with cutting-edge equipment. Our classrooms and numerous lounge spaces encourage community building and creativity.
- **Ask away**: Get all your burning questions answered about our creative courses, enrolment process and the incredible AIT experience. Our team will be available to answer any questions you may have.
- **Industry partnerships**: Meet the Partnerships team to learn about our industry connections and placement process. They know how to get you job ready!

Find out more and register

# **Wollongong Navy Careers Information Session**

Organisation: Australian Defence Force

Location: Wollongong ADF Careers Centre

Date: April 17, 2025

The Navy offers a multitude of career opportunities in trades, hospitality, logistics, aviation, healthcare, engineering and much more.

Find out about serving, living and learning in the Navy by joining us for an info session. Speak with current serving members about their own experiences and advice and discover how the Navy can shape your career. <u>Find out more and register</u>

# **Newcastle Defence Careers Information Session**

Organisation: Australian Defence Force

Location: Newcastle ADF Careers Centre

Date: April 17, 2025

Consider a career like no other and represent Australia with pride in the Navy, Army or Air Force. Speak with current serving personnel at our upcoming info session and ask your questions - is a career in the Australian Defence Force for you?



Find out more and register

# **Designing My Career – School Holiday Bootcamp for Teenagers**

Organisation: Impactify

Location: Oakhill College, Castle Hill

Date: April 24 to April 25, 2025

This workshop focuses on helping young people design a career that they'll love (from the inside-out) whilst also teaching valuable employability skills in order to bring their career aspirations to life!

What can you expect to gain from this workshop?

- A new perspective on how to design your career & life
- Awareness of strengths
- Awareness of interests
- Awareness of motivators/values
- Awareness of 3+ jobs/career pathways that align with you
- A vision for your future career & life
- Creation of a powerful resume
- Opportunity to develop your communication & confidence
- Authentic feedback from peers & industry to propel success
- Clear next best steps for designing your career & life

Find out more and register

# **Discover Health Sciences at ACU North Sydney**

Organisation: Australian Catholic University

Location: ACU North Sydney Campus

Date: April 24, 2025

Are you ready to explore a career that makes a real difference? Discover what it's like to study nursing, occupational therapy, physiotherapy or speech pathology at ACU North Sydney.

Take part in hands-on workshops where you'll get a feel for the practical skills you'll develop as a future healthcare professional.

Tour our campus and experience our state-of-the-art, fully functional simulation wards, where you'll get a behindthe-scenes look at the innovative training that makes ACU health sciences graduates highly sought after by employers.

Find out more and register

# HSC Shakespeare Seminars with USYD

Organisation: Bell Shakespeare

Location: The Neilson Nutshell, Pier 2/3

Date: April 30 to May 2, 2025

Join us at the Neilson Nutshell at Pier 2/3, or access digital recordings, for our series of live HSC Shakespeare Seminars in partnership with the University of Sydney.

Presented onsite at Pier 2/3 in The Neilson Nutshell, each seminar will feature Bell Shakespeare artists in conversation with a leading academic from the University of Sydney presenting illuminating and engaging content on each play. Actors from Bell Shakespeare will perform key scenes and soliloquies to demonstrate ideas presented and key content from each play.

Part performance, part interactive seminar, these sessions are designed to directly link to NSW HSC modules and give students the edge in upcoming exams. Combining live performance, academic analysis and illuminating dramatic insights in conversation, seminars will be presented in a dynamic format showing the interplay between text and drama.

Sessions for 2025 include:

• Wednesday 30 April 2025, 10am – 12pm The Tempest / Hag-Seed





- Thursday 1 May 2025, 10am 12pm Henry IV Part 1
- Friday 2 May 2025, 10am 12pm Richard III / Looking For Richard

Find out more and register

# Whitecliffe | The Fashion Institute – Open Evening

Organisation: Whitecliffe Institute of Creative Arts and Technology Location: Whitecliffe Sydney Campus Date: April 30, 2025 Join us for an exciting evening at Whitecliffe | The Fashion Institute. Explore our degrees, learn about exclusive internships, and find out how to get a head start in the fashion industry. Get all the details on our programs, car

internships, and find out how to get a head start in the fashion industry. Get all the details on our programs, career pathways, and the exciting world of fashion!

Find out more and register

### Open Day 2025

Organisation: University of New England Location: UNE Armidale Campus Date: May 2, 2025

Whether you're exploring study options, wanting to experience our vibrant campus life, or looking to meet our passionate academics, Open Day is your chance to discover how UNE can help shape your future. With facility tours, information sessions and interactive activities, there's no better way to experience a taste of life at UNE. Visit us and experience the community that sets us apart from other universities. From the moment you arrive, you'll see why UNE is more than a university—it's a place where lifelong connections begin. Find out more and register

# Year 10 Taster Day – Northern Rivers

Organisation: Southern Cross University

Location: SCU Lismore Campus

Date: May 2, 2025

Join us for Taster Day, where you will experience University life through dynamic and interactive sessions. Meet our inspiring students and experience our campus facilities and learn more about university life on this fun day!

- Live like a University student for the day and participate in 6 interactive workshops across different and exciting areas of study
- Experience our state-of-the-art campus facilities
- Ask questions to our current students about university life

Each school can bring up to 30 students. **Registrations close 14th April**. <u>Find out more and register</u>

# May 2025 Open Day, Sydney

Organisation: JMC Academy Location: JMC Sydney Campus Date: May 3, 2025

This is your chance to see our multi-million dollar world-class facilities.

- Explore your creative future and learn about our courses
- Meet our current students and industry expert lecturers
- Check out live student performances
- Tour our world-class facilities and tech
- Speak to us about the admissions process
- Get hands-on with our interactive activations

Find out more and register





# 2025 Illawarra Careers Expo

**Organisation:** Illawarra Schools Workplace Learning Program **Location:** Illawarra Sports Stadium

Date: May 6 to May 7, 2025

We are excited to invite you to join us for the 2025 Illawarra Careers Expo! The Illawarra Careers Expo provides exhibitors the opportunity to have quality conversations and build connections with young people and adults who are keen to build a future where they can achieve their potential and broaden their work and life choices. <u>Find out more and register</u>

# **BiG Day In, Newcastle**

**Organisation:** ACS Foundation **Location:** UON Callaghan Campus

Date: May 7, 2025

Join us in the Great Hall at University of Newcastle Callaghan Campus on Wednesday 7 May for the 2025 Big Day In Newcastle. Learning where a career in technology can take you from organisations such as Defence Force Recruiting, Westpac, Wisetech Global, Mudbath, Microsoft & loads more. Speak to exhibitors in the breaks about internships, cadetships, work experience, traineeships & more! Find out more and register

# Year 11 & 12 Subject Support Sessions

Organisation: University of Wollongong

Location: UOW Wollongong & Liverpool Campuses & Online

Date: May 12 to July 15, 2025

The University of Wollongong (UOW) is committed to providing additional resources and assistance to help students reach their potential in their final years of school.

The Year 11 & 12 Subject Support Sessions is designed to help students improve their knowledge and understanding of key subject content and discover what HSC exam markers are looking for.

In conjunction with InspirationED, experienced HSC teachers/markers and UOW staff will be running subject revision programs across May, June and July for current Year 11 and Year 12 students.

Participants will have the opportunity to ask questions and receive tips and strategies directly from the most qualified and experienced HSC markers in NSW.

Year 11 Webinar series, online Dates: 12 to 14 May 2025 Year 12 Webinar series, online Dates: 23 to 24 June 2025 Year 12 Bootcamp events, Wollongong campus Dates: 8 to 10 July 2025 Year 11 & 12 Intensive Science events, Wollongong campus Dates: 9 July 2025 Year 12 Bootcamp events, Liverpool campus Dates: 15 July 2025 Find out more and register

# Health and Community Services Explore Day

Organisation: Charles Sturt University Location: CSU Orange Campus

Date: May 13, 2025

Are you in Year 10, 11 or 12 and want a health career that makes a real difference? Join us for Orange Health and Community Services Explore Day.

You'll learn from industry speakers, get one-to-one advice at our expo hub and take part in two immersive workshops.





What to expect:

- Hear from health industry experts at guest speaker sessions.
- Get hands-on in health workshops in our world-class learning facilities.
- Have your course and career questions answered.
- Talk one-to-one with industry providers and course experts at the expo hub.
- Discover everything you need to know about studying health and community services.

Find out more and register

# Northwest Regional Career Expo 2025

Organisation: Rotary Club of Tamworth First Light

Location: Tamworth Regional Entertainment and Conference Centre

Date: May 14, 2025

Our Careers Expo was started in 1992 by Rotary Club of Tamworth First Light. Attendees benefited from a wide range of exhibitors from a large variety of industries providing valuable advice and information to help further their career and business development. The event continues to provide valuable access to local and interstate exhibitors for the community and schools from Tamworth and the surrounding region.

Find out more and register

# Newcastle & Lake Macquarie Career Expo 2025

Organisation: Career Links

Location: Newcastle Racecourse

Date: May 15, 2025

The largest Career Expo for transitioning secondary students in the region welcomes years 10, 11 and 12 students accompanied by their Career Advisers and teachers, parents, guardians and support people.

The expo attracts a record number of local and interstate exhibitors including major universities, leading training colleges, businesses, industry representatives and community organisations.

Find out more and register

# **Tourism Insights Sydney 2025**

**Organisation:** The Hotel School Australia **Location:** Sydney Opera House **Date:** May 17, 2025

An exclusive event for Year 12 students to explore Sydney Opera House, a leading tourism venue, to discover exciting career opportunities in the tourism industry.

This immersive experience includes a behind-the-scenes tour of Sydney Opera House, an interactive tourism workshop with a completion certificate, and insights from industry experts. You'll also have the chance to network with industry leaders, connect with current THS students, and get your questions answered by the THS team. Plus, enjoy a complimentary morning tea and lunch while engaging with like-minded peers. Find out more and register

# **Greater Western Sydney Careers Market 2025**

Organisation: Brett Carter Events

Location: Penrith Valley Regional Sports Centre

Date: May 21 to May 22, 2025

This event offers exhibitors the opportunity to speak to thousands of Greater Western Sydney high school students and careers advisers as these students explore career paths and further education options available to them. Organisations such as Universities, Registered Training Organisations (RTO), Apprenticeship Centre's, Group training Organisations, Private Colleges, Professional Associations and Employers attend this event to inform students about everything they need to know, covering all questions about careers and educational options after high school. <u>Find out more and register</u>





# Year 12 & Beyond – With ADHD

Organisation: Claire Pech Careers Location: Online Date: May 21 to May 28, 2025

Hosted by Claire Pech, CICA-Accredited Careers Practitioner, and Amanda Krulis, endorsed Organisational Psychologist.

Targeted to parents of students with ADHD in Year 12, this webinar will share insights and practical solutions for managing this critical year and beyond and making meaningful career decisions. Topics covered:

- Understanding the characteristics of ADHD, debunking unhelpful myths
- Exploring the similarities & differences between ADHD at School vs. Tertiary
- Considerations for choosing further studies after Year 12
- Evaluating potential action plans & pathway options
- Understanding what adjustments/supports are available after 12 Year
- Creating insight & self-awareness around current ADHD status
- Essentials of Executive Functions, impact & creating a tailored toolkit for success
- Identifying & harnessing ADHD strengths
- Managing technology with ADHD
- Career planning with ADHD
- Strategies for parents to support their kids
- Q&A

### Webinar dates

Wednesday 21 May, 7.00pm - 8:30pm AEST Thursday 29 May, 7.00pm - 8:30pm AEST <u>Find out more and register</u>

# **Open Day, Sydney**

**Organisation:** Academy of Interactive Entertainment **Location:** AIE Sydney Campus

### Date: May 24, 2025

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Open Day. It's is a great opportunity to meet our teachers, staff and students. The day will cover everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

AIE's Open Day will also include presentations on entry requirements and how to apply. Find out how AIE can get you into a creative career.

Find out more and register

### **BiG Day In, Parramatta**

Organisation: ACS Foundation Location: WSU Parramatta City Campus Date: May 28, 2025

Join us at Parramatta CBD Campus Western Sydney University for BiG Day In Parramatta – hear from organisations including Microsoft, Google, Westpac, Wisetech Global & more to come about where a STEM career can take you. <u>Find out more and register</u>





# HSC and Careers Expo 2025

Organisation: Resources for Courses

Location: Royal Randwick Racecourse

Date: May 29 to May 31, 2025

The HSC and Careers Expo 2025 will be held on Thursday 29 May, Friday 30 May and Saturday 31 May, 9am-3pm at the Royal Randwick Racecourse.

On Thursday and Friday, students can attend seminars on subjects including English and Maths plus presentations on subject selection for Year 10 students, information on applying through UAC and the ATAR. Seating at the seminars is on a first come, first served basis.

Find out more and register

# **Online Campus Day**

**Organisation:** Academy of Interactive Entertainment **Location:** Online

Data: June 7, 2021

Date: June 7, 2025

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Online Campus Day. AIE will be running this event for students interested in studying online. You will be able to meet our teachers, explore how classes will run, course options, career pathways and see our amazing student work.

We will be covering everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

Find out more and register

# Year 11 & 12 Masterclass – Coffs Harbour

Organisation: Southern Cross University

Location: SCU Coffs Harbour Campus

#### Date: June 20, 2025

Join us for Masterclass Day where you will take a deep dive into different study areas of your choice. Meet our students and academics, experience our campus facilities and learn more about university life on this interactive and fun day!

What can I expect?

- Live like a University student for the day and elect two interactive workshops in your preferred areas of study
- Experience our state-of-the-art campus facilities
- Meet inspiring people, from academics to current students

Registrations close 5th May.

Find out more and register

# **Open Day 2025, Sydney**

Organisation: Australian Institute of Music

Location: AIM Sydney Campus

Date: June 21, 2025

Join us for Open Day, and experience everything AIM has to offer. Register to save your spot today! See our campus, get course advice, experience live performances, meet our academics and students, and get involved in activities that will give you a taste of student life here at AIM.

Whether you're ready to study now, or in five years, Open Day is open to all and a fantastic opportunity to discover how the Australian Institute of Music can help turn your passion for music into a career.

Find out more and register





UTS Tech Fest Organisation: University of Technology Sydney Location: UTS City Campus Date: June 23 to July 4, 2025

Are you a high school student dreaming of a career in tech? Come and feed your curiosity at Tech Fest.

- Explore the study and career possibilities in Engineering and IT. Whether it's cybersecurity, civil engineering, robotics, or artificial intelligence, see the exciting opportunities in these areas and how you can be part of the next big thing!
- Hear from current students about their study journeys and career aspirations. Get an insight into the life of an engineering or IT student at UTS and discover the student societies you could join.
- We'll take you behind the scenes with exclusive lab tours. See how cutting-edge tech brings new ideas to life.

Find out more and register

# Western Sydney Careers Expo 2025

Organisation: Resources for Courses

Location: Sydney Olympic Park

Date: June 26 to June 28, 2025

The Western Sydney Careers Expo 2025 will be held on Thursday 26 June, Friday 27 June and Saturday 28 June, 9am-3pm at Sydney Olympic Park.

On Thursday and Friday, students can attend seminars on subjects including English and Maths plus presentations on subject selection for Year 10 students, information on applying through UAC and the ATAR. Seating at the seminars is on a first come, first served basis.

Find out more and register

### **Open Day 2025, Wollongong**

Organisation: University of Wollongong

Location: UOW Wollongong Campus

Date: June 28, 2025

The University of Wollongong (UOW) Open Day is the perfect opportunity to visit our amazing Wollongong campus, speak with our staff and students, and see why UOW is ranked as one of the best universities for student experience.

Whether you are looking at your next steps after Year 12, or you finished school some time ago and are looking for a pathway into university, Open Day is for you.

Find out more and register

# 2025 STEM-Sell

**Organisation:** The Engineering Link Group **Location:** WestConnex Motorway Control Centre

Date: July 1 to July 2, 2025

The Engineering Link Group's STEM-Sell program is designed for Year 8 and 9 students. This engaging, low-stakes competition allows teams of three students from each school to complete an engineering challenge. Hosted either at a venue nominated by the sponsor or at a local high school, the program provides a unique opportunity for students to explore the exciting world of engineering.

Due to the demand in 2024, we are offering two separate days. Schools are encouraged to register for one day only. The program on both days is the same.

Date: Tuesday 1st July OR Wednesday 2nd July 2025

Time: 9.15 am to 2.15 pm

Find out more and register





# **NAS Winter School**

Organisation: National Art School Location: National Art School Date: July 7 to July 11, 2025 NAS' short courses are for students of all levels of experience, from beginners to intermediate and advanced. Whether you're a complete beginner, reigniting former interests, or refining your practice, you'll enjoy this immersive week of artmaking at NAS. <u>Find out more and register</u>

# **Outward Bound Leadership Program**

Organisation: Outward Bound Location: Tharwa, ACT

Date: July 7 to July 11, 2025

A chance for young adults ages 16 to 24 years to discover their leadership skills and strengths. Meet like-minded connections and add a highlight experience to your resume.

By using the outdoors as your teacher, the Outward Bound Leadership program will lead you through the Australian bush on a journey of self-improvement. Develop your abilities as a leader and strengthen trusted skills on how to best apply yourself in all your future endeavours. You'll find you're much more capable than what you thought. Your group will need to work together while organising camp, cooking on fires, navigating through the wilderness, and summiting peaks. The individual challenges such as high ropes and abseil are supported by your two Outward Bound facilitators, who will expertly explore and discuss how to apply these experiences to your life back home. Outward Bound Leadership can be attended to complete the Duke of Edinburgh's International Award: Gold Residential Project.

Find out more and register

### Future Doctors Australia, Sydney

### Organisation: National Institute of Education

### Location: Sydney

#### Date: July 10 to July 13, 2025

Gaining medical work experience is essential for young people considering a career in medicine. It provides insight into the field, helps develop skills and attributes, and provides networking opportunities. However, obtaining medical work experience can be challenging due to various restrictions such as limited opportunities, safety concerns, and confidentiality issues.

That's why NIE has developed the "Future Doctors Australia" program. It is an engaging and high-impact 4-day program that provides young people aged 14-18 with a unique opportunity to gain medical work experience in a safe and structured environment. Participants will have the opportunity to spend time with current junior and senior medical students. They will also have the rare opportunity to spend time with more senior clinicians and various medical specialists. You will get to learn about clinical specialist's relevant fields of work, ask them questions, and learn some hands-on skills from them.

- Over 15 hours of face-to-face interaction with leading specialists and clinicians
- Meet current medical students
- Develop advanced communication and team working skills
- Create new friendships with like-minded, highly driven young individuals
- Learn about the admission process into various medical universities in Australia
- Morning tea and lunch included

Find out more and register

# **Event Creation: The Ultimate High School Workshop**

Organisation: International College of Management Sydney Location: ICMS Sydney Date: July 10, 2025





Join us for an exciting hands-on workshop where you'll dive into the world of event planning! Whether you dream of organising epic school formals, unforgettable parties, or community events, this workshop is your chance to learn the ins and outs of creating experiences that leave a lasting impression. <u>Find out more and register</u>

### NYSF STEM Hub, Sydney

Organisation: National Youth Science Forum

#### Location: Sydney

Date: July 15 to July 18, 2025

A STEM Hub is a non-residential STEM experience where you can connect with STEM pathways and careers around Australia. You'll join exclusive behind-the-scenes experiences typically inaccessible to the public and connect with STEM professionals—a crucial networking opportunity for your future.

Whether you're passionate about robotics, biomedicine, astronomy, biology, or anything in between, there's a STEM Hub waiting to show you what a STEM career is really like!

Find out more and register

### **HSC Intensive Studio Practice**

Organisation: National Art School

**Location:** National Art School

Date: July 15 to October 3, 2025

The NAS HSC Intensive Studio Practice program is a great opportunity for Year 11 Visual Arts students who are passionate about art and want to take their skills to the next level in the HSC and beyond. Endorsed by the NSW Education Standards Authority, the HSC Intensive has been offered since 2000 to students in both government and non-government high schools.

The HSC intensive is unique as it is taught by professional artists who know what it takes to succeed. Students get to work in professional art studios, enhance their skills and build up their art portfolio. It's not just about learning, as it's also a chance to meet other art-loving students from all over the state.

To apply for the course, you need to be a high achiever in your Preliminary Visual Arts Course and show that you're serious about your studies. You also need an endorsement from your Visual Arts teacher.

The dates for the 2025 HSC program are:

Module 1: Tuesday 15 – Friday 18 July 2025 and;

Module 2: Monday 29 September – Friday 3 October 2025

Applications for the HSC Intensive Studio Practice program are now open and **close Friday 11th April 2025**. <u>Find out more and register</u>

# **Building Your Fashion Empire: From Vision to Vogue**

Organisation: International College of Management Sydney Location: ICMS Sydney

Date: July 17, 2025

Designed for high school students, this hands-on workshop is your chance to dive into the exciting world of fashion and global brand management. Through expert insights and practical exercises, you'll learn how to craft a unique brand identity, understand your target audience, and master key marketing strategies. Find out more and register

# **2025 NYSF National Youth STEM Summit**

Organisation: National Youth Science Forum Location: Melbourne Date: July 19 to July 21, 2025

Returning in 2025, the National Youth STEM Summit is an exclusive three-day conference-style event specifically designed to help you smash your study goals and secure your dream job. The program boasts a diverse range of sessions, including:





- Keynote presentations from some of Australia's foremost STEM leaders
- Panel discussions exploring a range of topics, disciplines, and study and career pathways
- Workshops that offer practical strategies to help you thrive in your studies and/or career
- Networking opportunities to connect with like-minded peers and key government, industry and academic professionals

This Summit is aimed at young people between 18-25 who have completed high school and are making decisions about their futures in STEM.

Registrations will open in mid-April, and equity pricing is available for individuals who are full-time students, Aboriginal or Torres Strait Islanders, from rural or remote regions, have a disability, or are experiencing financial hardship.

Find out more and register

### **Open Day 2025, Liverpool**

Organisation: University of Wollongong Location: UOW Liverpool Campus

Date: July 26, 2025

The University of Wollongong (UOW) Open Day is the perfect opportunity to visit our Liverpool campus, speak with our staff and students, and see why UOW is ranked as one of the best universities for student experience.

Whether you are looking at your next steps after Year 12, or you finished school some time ago and are looking for a pathway into university, Open Day is for you.

Find out more and register

### **Northern Rivers Careers Expo 2025**

Organisation: Connect Northern Rivers

Location: Lismore Showgrounds

Date: July 29, 2025

Held annually in July, the Northern Rivers Careers Expo is the region's premier careers event. Showcasing career advice, further education, jobs and training, it is an opportunity for local school leavers, job seekers and workers to develop genuine long-term career prospects.

Exhibitors include apprenticeship organisations, career pathway advisers, employers, tertiary education, training providers, universities and volunteer organisations. A one-stop-shop for anyone wanting to begin or grow their career.

Find out more and register

### 2025 Apprenticeship/Traineeship & Jobs Expo – Central Coast

Organisation: Brett Carter Events

Location: Mingara Recreation Club

Date: July 29, 2025

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts. The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

Find out more and register

### 2026 National Youth Science Forum Year 12 Program

Organisation: National Youth Science Forum Location: ANU Acton Campus & UQ St Lucia Campus Date: January 6 to January 21, 2026 Are you in Year 11 in 2025? Apply now to join us in January!





The National Youth Science Forum (NYSF) Year 12 Program gives students that are about to start Year 12 a broader understanding of study and career options available in science, technology, engineering and mathematics (STEM). Staying on campus at university colleges, students are immersed in science and technology. Participants:

- participate in tours of science and technology facilities,
- learn about cutting-edge research,
- engage with industry partners and research providers,
- learn about university, training and STEM career pathways,
- mix with like-minded students their age from all over Australia,
- participate in social and team building activities, and
- network with former NYSF participants.

In January 2026, the NYSF Year 12 Program will run two summer sessions at:

- The Australian National University, Canberra (6 –14 January 2026)
- The University of Queensland, Brisbane (13 21 January 2026)

As part of the application process, any students experiencing financial hardship or another disadvantage that negatively impacts their ability to attend the program may apply for an <u>NYSF Access and Equity Scholarship</u>. We also encourage students to seek financial support from NYSF's founding partner, Rotary. Many Rotary Clubs are familiar with the NYSF and able to offer some level of funding or assist students to fundraise to attend. You can use the Rotary Club Finder to search for your local Club.

Applications close 20 June 2025. You will be advised of the outcome of your application by mid-August. <u>Find out more and register</u>

# **Scholarships**

# **UAC Equity Scholarships**

Organisation: Universities Admissions Centre Location: Australia Value: See details Open Date: April 2, 2025 Close Date: February 6, 2026 Find out more

# **NYSF Access and Equity Scholarships**

Organisation: National Youth Science Forum Location: Australia Value: See details Open Date: April 1, 2025 Close Date: June 20, 2025 Find out more

# Competitions

# **Dorothea Mackellar Poetry Awards**

Organisation: Dorothea Mackellar Memorial Society Inc. Location: Australia Value: Up to \$1,000 Open Date: March 1, 2025 Close Date: June 30, 2025 Find out more

**Think Science!** 





Organisation: ANSTO Location: Australia Value: \$10,000 AUD Open Date: April 28, 2025 Close Date: July 4, 2025 Find out more

# **Skills for Work**

# The benefits of networking

Networking is a term you'll probably hear a lot of through your life, and even more so as you begin working towards a career. But what does networking actually mean, and is it really that important? Let's find out what the benefits of networking are and why you should start as soon as possible.

### Let's break it down - what is networking?

Essentially, it's the building of *purposeful* relationships - that is, relationships that can add some form of value to your life (outside of socialising).

Networking at high school might seem a bit different than if you're an already established businessperson, for example. But at the end of the end of the day, it's pretty similar. Actively seeking out and improving relationships beyond your immediate circle counts as networking, no matter how old you are.

### **Build social and professional relationships**

When people hear "networking", they typically think of a bunch of people in suits meeting in a conference room, shaking hands and swapping business cards. But there really isn't just one way to network - in fact, there are heaps of things that count as networking, even if they don't seem like it.

- Connecting with other students outside your friend zone for study groups, mentoring, sports, etc.? That's networking.
- Developing better relationships with others when you need help, would like to volunteer your time, or get experience? That's networking too.
- Working at MacDonald's for a few hours a week and engaging with other staff members and supervisors? You guessed it networking.
- Volunteering in an organisation and making an effort to interact with other volunteers and staff, as well as clients or customers? You probably know where this is going...it's networking!

Whenever you make new contacts, share information or ideas, or have meaningful conversations about relevant topics, that's the basic definition of networking. You're probably already networking, you just might not realise it.

### There are plenty of benefits to networking

You might be asking yourself why you should bother networking. After all, it's an investment of your time and effort, so what do you get out of it?

Ultimately, there's the possibility that your networking connections could create new opportunities or support you later down the track. For example, one of your links may provide you with:

- a great reference
- a recommendation for a job
- the chance to join a team or project that you're interested in
- an opportunity to learn skills that add value to your resume
- the chance to become a more competitive candidate in courses or job applications thanks to the knowledge, ideas, or information you learn from them.

When you're looking for work, from internships to promotions, many positions are filled internally (that is, they don't even advertise the role to the public). Having strong connections could mean that you'll be the one to benefit in those situations.

Over the course of your career, if you stay focused and keep networking, you'll end up with a large circle of acquaintances. They'll be a great source of knowledge, provide you with up-to-date and relevant information, or might even send new clients and customers your way.





### What skills can you learn from networking?

If these benefits aren't enough, maybe knowing that networking can help you build some valuable skills will give you the push you need to start.

- **Communication**: Building relationships and sharing knowledge requires speaking. Learning to communicate with people from different walks of life is a very valuable tool.
- Active listening: This is important too concentrating on what you're being told, not interrupting, responding thoughtfully, and remembering what was said.
- **Non-verbal communication**: Recognising and understanding unspoken communication such as facial expressions, eye contact, and body language is useful in nearly any career.
- **Public speaking**: Mastering this early could put you at an advantage during interviews and other meetings where making a good and lasting impression is important.
- **Professionalism**: Particularly in a career context, looking the part is key to successful networking. So is being polite, friendly, and thoughtful.
- **Patience**: Just like making new friends, building connections can take time. Even if you're not successful right away, the more effort you put in, the more you'll get in return.

### It's never too early to start networking

If you're still at high school, don't be shy. Here's a few simple ideas on how you could start networking, or expanding your existing network, right away.

- Join clubs: Find those that reflect your areas of interest or subject choices, or consider signing up to ones that could teach you important skills. This includes anything from sporting clubs and study groups to focused project groups and community groups.
- **Chat with your parents' friends and parents of your friends**: They are a gold mine of information, with lots of knowledge about careers and educational pathways, amongst other things. They'll also have connections of their own, which could possibly help you find work experience, a paid job, and more.
- **Maximise opportunities**: Think things like work experience placements, unpaid and volunteer work, or internships. Be professional, interested, and enthusiastic, and take every opportunity to learn from and chat to others in the organisation. You never know where it could lead.
- **Put your social media to good use**: Consider joining <u>LinkedIn</u>, an online platform made especially for networking. Think about connections you'd like to make and businesses you'd like to follow. Don't be afraid to interact with people you admire or want to learn more about. Just make sure you keep an eye on what you post (or your post history).

By the time you leave high school or graduate from university, you might be surprised at how large your network is.

#### One thing to remember

Networking is a two-way street - people won't include you in their circle if you don't contribute your own ideas and information. Volunteering your services, introducing people to others who might be helpful, or recommending connections and services are all ways you can add value to your relationships.

#### Find out more

Feel like you're too shy or introverted to reap the benefits of networking? We have some tips to help you get out of your comfort zone and make new connections - <u>check them out in our blog here</u>. We also have lots of other articles on careers, work, and skills here.

# University

# On campus or online study – What's right for you?

The past few years have seen a <u>huge uptake in universities moving their learning online</u>, and it's an option that's more popular and accessible than ever. But for some people, it's not quite the same as being able to attend classes on campus. So what's the best option for you if you're looking to start studying at university soon - on campus or online?





There are both advantages and disadvantages to both, and at the end of the day the decision comes down to what will best suit you. Let's take a look at some of the pros and cons to help you make up your mind.

#### **On campus - Benefits**

First, let's take a look at the upsides of study on campus.

#### It's easy to meet new friends

Studying on campus means you will have to meet a whole bunch of new people - whether you want to or not! But it's also a great opportunity to make new friends, build important connections, or start a study group. It's always nice to have people to talk to and study with to make life that little bit easier.

#### Easy access to resources

Being on campus gives you easy access to all of the resources the university has to offer: libraries, student support services, computer labs, study spaces, and even things like cafes and gym facilities. Everything you could possibly need is right there at your fingertips.

#### The schedule is done for you

It doesn't matter if you don't have the best time management skills, because your class times are all set for you. All you have to do is show up!

#### **On campus - Downsides**

Now that we've looked at some of the positives, let's cover some of the reasons on campus study might not suit you.

#### The cost

Depending on how far away you live from your nearest campus, you might find yourself spending a lot of time (and money) commuting back and forth. Some universities have on-campus accommodation, but this can also be costly. And if there is no university near you, you'll have to spend a lot of money moving away from home.

#### The time commitment

Studying full-time on campus means that you will be spending most of your time at university. This doesn't leave much time for other things like work. If you need to rely on your income, this might not be the best option.

#### The rigidity

Having your schedule set for you can be good, but you might find that certain classes can conflict with other activities you have planned, such as sports and social time. And in most circumstances, going to class will be the option that wins. Sometimes you might even have two classes that clash, meaning you will need to choose between one or the other.

#### **Online - Benefits**

Thinking of studying online? Here are some of the reasons it could be right for you.

#### The flexibility

When you study online, you can generally set your own pace. You can take as long - or as little - as you need on a certain topic. You can also choose when to study. If you're an early riser, you can study in the morning, and if you're more of a night owl, then you can study at night instead. It also gives you the flexibility to fit your study around other commitments, such as work.

#### **Minimal disruption**

Even if there is no university campus nearby, studying online means you don't have to move away to access topnotch education. This could save you heaps of money in travel expenses and accommodation (and you don't have to shift your whole life half way across the country).





### Meet people from all over

Studying online isn't necessarily lonely - you will often be able to chat to your other classmates and lecturers virtually, either by video or text. You can meet people from all over the country and even overseas, giving you a broader perspective during your studies.

### **Online - Downsides**

Finally, let's cover some of the not-so-good things about online study.

### Requires serious time management skills and discipline

Studying at your own pace can be a blessing - or it can be a curse. If you're the kind of person who's more likely to stay in bed and get distracted scrolling through TikTok or Instagram, online study might not be the best option.

#### Less access to resources

Depending on where you live, you might not have access to a library in town. Or perhaps you still live at home with younger siblings and your house is often crowded and noisy, making it difficult to study. At times like these, it's nice to have certain facilities on-hand at campus.

### No face-to-face contact

Even though you will still chat regularly with your lecturers and other students, it can still be lonely for some people without proper face-to-face time with friends. Be careful not to get sucked into the trap of never leaving your house either! Having support and connections through other means (family, other friends, etc) is still important.

### The final verdict

At the end of the day, which study option is best for you is a personal decision. There are a lot of things you need to take into consideration, and what's right for one person might not be right for you.

But here's something else to consider: a lot of universities also offer flexible or blended study modes. This means you can combine both on campus and online study to suit your needs. And there's nothing from stopping you trying one out - you can do your first semester online, and if you find it isn't quite working for you then you can swap to on campus for the second, or vice versa.

Whatever path you choose, have fun with your studies and remember that you always have options. You can read more about your future study options on our website here.

# Join Bond University at their upcoming Open Day

Open Day is the perfect way to learn more about everything a university has to offer – whether that's done through meeting students and academics, roaming the beautiful campus, or even testing out the facilities. Bond University's on campus Open Day will take place on **Saturday**, **26 July**, **2025**.

#### Your Open Day itinerary

Make the most of Open Day and add these four activities to your to-do list.

#### Visit a faculty

Open Day is about exploring your study options and putting yourself in the shoes of a Bondy. Visit a faculty to meet academics and current students, see the facilities, and get all of your questions answered.

#### Take a personalised campus tour

What better way to get know Bond than with your very own student guide? Let a Bondy show you around in a tour of campus.

### Enjoy food for thought in the main quadrangle

Grab a bite to eat from the food trucks and listen to live music before tuning in to one of the many short, thoughtprovoking talks in the main quadrangle.





### Visit the Connect Lounge

Get to know Bond staff, students and the community in the Connect Lounge and see the Bond difference for yourself.

### Sensory friendly experiences

Bond are committed to providing a positive Open Day experience for all. In recognition of different sensory needs, they offer a sensory friendly alternative in the form of a campus tour.

<u>Book a personalised campus tour</u> where a student will take you around campus in a private, quiet tour of Bond's campus, tailored to your interests.

### Find out more and register

Ready to begin your Bond journey? <u>Learn more about what to expect on Open Day and register here</u>. You can also catch up on the highlights from Open Day 2024 <u>in this video</u>. Want more Open Days to attend? <u>Check out the full list in our Open Days database</u>.

# **Jobs & Careers**

### Interested in sport? Consider these careers

If you eat, sleep, and breathe sports, then you might be considering a career in your favourite field. Right off the bat, most people think, "Great - I'm going to be a professional golfer or a football star." And while those professions are undoubtedly exciting, they can be difficult to attain.

Luckily, they aren't the only options out there. In fact, careers in sport are just as diverse as the games themselves, with options that include administration, sports science, journalism, and more. So let's explore some exciting sports-related career paths you might like to consider.

#### **Sports Journalist**

If you have a passion for both sports and writing, sports journalism might be right up your alley. As a sports journalist, you could cover everything from local competitions to professional sports. Plus, you can choose from many different mediums, including print, television, radio, or digital platforms.

### **Sports Agent**

If you're a savvy negotiator and enjoy managing relationships, consider becoming a sports agent. An agent's role is to represent the interests of athletes, assist with contract negotiations, and offer career advice.

#### **Sports Psychologist**

If you love understanding the human mind and how it affects performance, a career in sports psychology could be for you. In this field, you'll work on improving athletes' mental health and helping them hone their focus, dealing with performance anxiety, and even overseeing their recovery from injury.

#### Coach

Do you have a deep understanding of your sport and enjoy teaching others? Coaching is a fantastic route. As a coach, you could work with athletes of all ages. Your responsibilities would extend far beyond the playing field, to mentoring and guiding athletes toward their goals, both on and off the field.

#### **Fitness and Nutrition Advisor**

With an interest in sports, you're likely familiar with the importance of proper diet and exercise for optimal performance. As a fitness and nutrition advisor, you'd have the opportunity to guide and instruct athletes on how to maintain a balanced diet and perform exercises that would cater to their specific sports.

### **Sports Physician or Physiotherapist**





Do you have an interest in medicine? Combining that with a love for sports could lead down a rewarding path. Sports physicians and physiotherapists work to treat and prevent injuries in athletes and assist them in their recovery process.

#### **Sports Event Planner**

Behind every major sports event lies a team of experts ensuring the program runs smoothly. As a sports event planner, you would coordinate the logistics and manage event operations - a great choice for those with strong organisational skills and attention to detail.

#### Find out more

Even if you don't make your career on the playing field, there are still so many ways to carry your passion for sports into your professional life. Using a blend of your passion for sports, your knowledge, and your skills, the possibilities are just about endless.

You can learn more about heaps of different careers and pathways on our website here.

# **Personal Skills**

### 5 reasons to enter competitions

Thinking about entering a competition this year? There are so many student competitions out there covering everything from writing and arts to STEM challenges and entrepreneurship. If you're on the fence about participating, we have some reasons why entering competitions while you're still in high school could be a great move.

### Build real-world skills that last

Competitions aren't just about winning - they're skill-building opportunities in disguise. When you enter a competition, you're actually developing valuable abilities that will serve you well beyond your school years, such as:

- **Time management:** Meeting competition deadlines helps you learn to plan your time effectively.
- **Communication:** Writing, debating, and presentation competitions sharpen how you express your ideas.
- **Teamwork:** Many competitions involve collaborating with others.
- **Problem-solving:** Most competitions challenge you to overcome obstacles or find creative solutions.
- **Confidence:** Just putting yourself out there takes courage, and that builds with each competition.

#### Add experiences to your resume

If you're looking to bulk up your resume but haven't had much work experience yet, competitions can fill that gap nicely. They demonstrate to potential employers or universities that you:

- Have initiative and motivation
- Can challenge yourself outside the classroom
- Possess specific skills related to the competition
- Follow through on commitments

Simply participating in competitions shows that you're willing to try new things and push yourself beyond what's required.

#### Discover what you're good at

Not sure where your talents lie? Competitions can be eye-opening experiences that help you uncover your strengths and interests:

- You might discover you have a knack for coding after entering a tech challenge
- A business competition could reveal your entrepreneurial side
- Creative writing contests might uncover your storytelling talents

These discoveries can guide your subject choices, extracurricular activities, and even potential career paths.

#### Get recognition and feedback

Everyone likes a little recognition for their efforts, and competitions offer this in spades:





- Certificates and prizes provide tangible acknowledgment of your hard work
- Expert feedback gives you insights you might not get elsewhere
- Recognition can boost your confidence and motivation
- Awards can open doors to further opportunities like scholarships

Even if you don't win, the constructive feedback you receive can help you improve your skills for next time.

#### Have fun and meet like-minded people

Let's not forget the fun factor - sometimes the only reason you need to enter a competition is because you want to. You might get the chance to:

- Meet other students who share your interests
- Participate in events, workshops, or ceremonies where you can connect with others
- Discover new interests or hobbies along the way

#### Ready to get started?

Now that you know why competitions are worth your time, how about finding one to enter? There are competitions for almost every interest, from science and math to art, writing, music, business, and more. You can search our competition database and find tons of opportunities for high school students on our website here.

# **Job Spotlights**

### **Discover career pathways in Writing and Editing**

The field of writing and editing involves the creation and refinement of written content. It encompasses a wide range of mediums, including articles, books, blogs, reports, and more. Writers and editors work diligently to ensure that their content is clear, concise, and engaging for the intended audience.

This pathway might be right for you if you enjoy crafting compelling stories, have a keen eye for detail, and are interested in perfecting the written word.

#### What do careers in this pathway involve?

People in this pathway need to have a keen eye for grammar, punctuation, and style, and are skilled at crafting compelling narratives. Whether it's polishing an existing piece or starting from scratch, you will need to be dedicated to delivering high-quality written materials.

The growing gig economy has created more opportunities for contract and project-based work, offering variety but sometimes less job security than traditional employment.

#### What are some important human skills for this pathway?

- Communication
- Innovation
- Digital Literacy
- Self-Management
- Adaptability

#### What are some of the tasks involved?

- Conduct thorough research
- Create written content
- Edit content for publication
- Organise distribution of content
- Compile series of works
- Provide feedback on others' work
- Promote content to consumers
- Ensure content is accurate
- Develop content strategies





### What kind of work environment and conditions can I expect?

Most people in this pathway work indoors in an office or studio environment. Many roles can be done remotely, provided you have access to a device and reliable internet.

Working hours can vary widely depending on your role; traditional publishing houses and news organisations often follow standard business hours, while freelancers can set their own schedules.

#### The Clusters in writing and editing

Find out more about the kind of work people in each <u>Career Cluster</u> might do in this pathway.

#### Guardians

Guardians in this pathway are rare, but still necessary to ensure the ethical and quality standards of written content.

#### Linkers

Linkers in this pathway are needed to connect writers with publishers, audiences, and writing resources.

#### Coordinators

Coordinators in this pathway help manage writing projects, from concept to publication and distribution.

#### Informers

Informers are the backbone of this pathway, responsible for researching, writing, and editing all kinds of content.

#### Makers

Makers aren't very common in this pathway, but can be found operating printing machinery or proof-reading works.

#### Innovators

Innovators in this pathway might develop new writing styles, publishing platforms, and content strategies.

#### Where can a writing and editing pathway take me?

Interested in a career in writing and editing? There are many roles you might like to consider – here are just a few.

#### **Entry level roles**

These jobs can be started with little or no training or experience, and can be great as a stepping stone towards more senior roles in the pathway.

#### **Content Creator**

Develop engaging written material for various platforms including social media, blogs, and websites.

#### Printer

Operate and maintain printing equipment to produce physical copies of documents, books, and other publications.

#### **Editorial Assistant**

Help other writers and editors with proofreading, fact-checking, and administrative tasks.

#### Mid-level roles

Once you have some further study or experience under your belt, you might like to consider moving into one of these roles.

#### Journalist

Research, write, and report news stories and current events for newspapers, television, radio, or online media outlets.





### Editor

Review, correct, and improve written content to ensure it's clear, accurate, engaging, and meets publication standards.

### Author

Write and develop original books, novels, short stories, or other literary works for publication.

### Senior level roles

These jobs will require extensive further education or many years of experience, but are also highly rewarding.

### Publisher

Oversee the production and distribution of a variety of written content, both physical and digital.

#### **Technical Writer**

Translate complex information into clear, user-friendly documentation such as instruction manuals and help guides.

### **Content Director**

Develop content strategies for publications, ensuring they meet business and performance goals.

#### Similar pathways

If these careers in writing and editing aren't quite right for you, you might like to explore some other similar pathways instead.

#### **Creative Arts**

Create, design, and craft visual, performance, and literary masterpieces.

#### Film and Media

Create and produce films, documentaries, TV shows, and digital media content.

#### Entertainment

Create, entertain, perform, produce, direct, write, design, and promote in the entertainment industry.

#### How can I build experience in this pathway?

If you're still in high school and want to find out if a career in writing and editing is right for you, here are some activities you can do:

- Write a short story or article to practice writing skills
- Study editing techniques to understand content refinement
- Take writing courses and workshops and start building a portfolio

We recommend studying these subjects in high school:

- Advanced English
- Mathematics
- Society and Culture
- Languages
- Arts

Here are some suggestions of places you might like to try and find work experience:

- Community publishing groups
- Publishing houses
- Media companies
- Marketing agencies
- Educational institutions