



CAREERS NEWSLETTER

Disclaimer – all information is printed in good faith It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Ms Lee please email <u>LLee@stpiusx.nsw.edu.au</u> or call 7254 5472. **JobJump - Parents and students please watch YouTube video below and sign up** Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts. To register go to <u>https://www.jobjump.com.au/</u> Search school – St Pius X Chatswood Register with an email address (use a private address, not spx) Password – pius (lower case) **Parent information:** <u>https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be</u>

Open Day 2025

Organisation: University of New England **Location:** UNE Armidale Campus **Date:** May 2, 2025

Whether you're exploring study options, wanting to experience our vibrant campus life, or looking to meet our passionate academics, Open Day is your chance to discover how UNE can help shape your future. With facility tours, information sessions and interactive activities, there's no better way to experience a taste of life at UNE. Visit us and experience the community that sets us apart from other universities. From the moment you arrive, you'll see why UNE is more than a university—it's a place where lifelong connections begin. <u>Find out more and register</u>

May 2025 Open Day, Sydney

Organisation: JMC Academy Location: JMC Sydney Campus Date: May 3, 2025 This is your chance to see our multi-million dollar world-class facilities. • Explore your creative future and learn about our courses

- Meet our current students and industry expert lecturers
- Check out live student performances
- Tour our world-class facilities and tech
- Speak to us about the admissions process
- Get hands-on with our interactive activations

Find out more and register

Year 12 Future Talk – UOW Degrees and Alternate Pathways

Organisation: University of Wollongong Location: Online Date: May 5, 2025





Future Talk is a series of online information sessions designed specifically for a student's support crew. If you're a parent or carer who is navigating the HSC too, we've got your back.

A university degree isn't a one-size-fits-all journey. This session will guide you through the diverse degree options at UOW, as well as alternative pathways into higher education. Whether a student is considering direct entry, bridging programs, or non-traditional routes, we'll help you understand the options so you can help them find the best path for their academic and career goals.

Find out more and register

2025 Illawarra Careers Expo

Organisation: Illawarra Schools Workplace Learning Program

Location: Illawarra Sports Stadium

Date: May 6 to May 7, 2025

We are excited to invite you to join us for the 2025 Illawarra Careers Expo! The Illawarra Careers Expo provides exhibitors the opportunity to have quality conversations and build connections with young people and adults who are keen to build a future where they can achieve their potential and broaden their work and life choices. <u>Find out more and register</u>

Parents and Carers Info Session – Newcastle

Organisation: University of Newcastle Location: UON Q Building

Date: May 6, 2025

If you have a child who is currently completing Year 12 we invite you to join us at our Parents and Carers Info Session on Tuesday 6 May at the UON Q Building at Honeysuckle.

Parents and Carers will have the opportunity to hear from knowledgeable university staff and current students, covering a range of different topics to assist you in supporting your child through their transition from high school to university including:

- Everything you need to know about entry schemes and pathways to university, including our Early Entry Program
- How to best support your child through the HSC as well as tips for managing wellbeing and stress
- Have the chance to speak to current University of Newcastle Student Ambassadors about their first-hand experience transitioning from school to university, student life, support services and much more

You'll also have the chance to speak one-on-one with our friendly teams to ensure you walk away feeling confident and informed.

Find out more and register

Online Information Session – Counselling

Organisation: ACAP University College

Location: Online

Date: May 6, 2025

Can you imagine yourself in child protection or helping people through grief or addictive behaviour? These are just a few career options you have with a qualification in Counselling.

In this real-time online information session Dr Timothy Hsi will share insights into studying Counselling at ACAP and highlight what courses you could take to help others develop better self-awareness for a more positive path in life. <u>Find out more and register</u>

JMP Information Session

Organisation: University of Newcastle

Location: Online

Date: May 7, 2025

The Bachelor of Medical Science and Doctor of Medicine (The JMP) is an innovative five-year degree delivered jointly with the University of New England and supported by Hunter New England Local Health District and Central Coast Local Health District.





Our students' graduate work-ready, with a key role shaping and improving future health care for individuals and communities.

Join us for an info session to hear from Joint Medical Program academics and current students about the program, admission requirements and much more.

Find out more and register

Parents and Carers Info Session – Central Coast

Organisation: University of Newcastle

Location: UON Central Coast Clinical School

Date: May 7, 2025

Is your child currently completing Year 12? The transition from high school to university can be both exciting and overwhelming. To help you navigate this important milestone, we invite you to our Parents and Carers Info Session on Wednesday, 7th of May at the Central Coast Clinical School.

This exclusive session will arm you with everything you need to know and give you the tools to confidently support your child every step of the way. Here's what you can expect:

- Insightful Guidance on University Pathways: Learn all about the different entry schemes and pathways, including our Early Entry Program, designed to make university more accessible for your child.
- Supporting Your Child Through the HSC: Get expert advice on how to best support your child during the HSC year, plus invaluable tips on managing stress and maintaining wellbeing.
- Real-Life Stories from Current Students: Hear directly from University of Newcastle Student Ambassadors about their own transition to university, including what student life is really like and how they use campus support services to thrive.
- One-on-One Conversations with Our Friendly Teams: Have your questions answered and get tailored advice to ensure you and your child are fully prepared for the next chapter.

This is your chance to connect with knowledgeable university staff, hear from students who've been there, and walk away feeling confident about the exciting journey ahead.

Find out more and register

BiG Day In, Newcastle

Organisation: ACS Foundation Location: UON Callaghan Campus Date: May 7, 2025

Join us in the Great Hall at University of Newcastle Callaghan Campus on Wednesday 7 May for the 2025 Big Day In Newcastle. Learning where a career in technology can take you from organisations such as Defence Force Recruiting, Westpac, Wisetech Global, Mudbath, Microsoft & loads more. Speak to exhibitors in the breaks about internships, cadetships, work experience, traineeships & more!

Find out more and register

WEPBuddy Q&A

Organisation: World Education Program Location: Online Date: May 7, 2025 Join us for a chat with our wonderful recently returned WEP students! They will be sharing their tips and advice as well as answering your questions. Find out more and register

Talk with Occupational Therapists and Speech Pathologists

Organisation: Australian Catholic University **Location:** Online **Date:** May 7, 2025





Allied health practitioners help us live life to the fullest. You can diagnose, treat and rehabilitate patients, and help improve their quality of life.

Join us online to hear from ACU students and alumni about their experiences. Take part in a Q&A session and learn about the rewarding and challenging careers of occupational therapists and speech pathologists. Find out more and register

Online Information Session – Criminology

Organisation: ACAP University College

Location: Online

Date: May 7, 2025

Can you imagine yourself working in investigations, intelligence, or even corporate crime? These are just a few career options you have with a qualification in Criminology.

In this real-time online information session Matthew Thurgood will share insights into studying Criminology at ACAP and ultimately provide insights into what courses you could take to gain skills, influence positive change and develop practical responses that can have a positive impact on criminal justice issues. Find out more and register

Online Information Session – Psychology

Organisation: ACAP University College Location: Online

Date: May 7, 2025

Can you imagine yourself in a fascinating research role, contributing to mental health services or as a specialist in private practice? These are just a few career options you have with a qualification in Psychology. In this real-time online information session Professor John Reece will share insights into studying Psychology at

ACAP and ultimately provide you with information on courses you could study, and delve into the scientific research of individuals, society and culture.

Find out more and register

Why study business at Sydney?

Organisation: University of Sydney Location: Online

Date: May 7, 2025

Discover how our Commerce degree prepares you for the future of work and a wide range of career opportunities. You will learn about the range of study areas (or majors) available – such as Marketing, Finance, or Innovation and Entrepreneurship - and the many ways in which you can combine your interests, with over 100 study areas to select from our shared pools of majors and minors.

Find out more about internships, industry-focused experiences, and global mobility opportunities on offer to our Bachelor of Commerce students.

Find out more and register

Sydney Design School Online Session

Organisation: Sydney Design School Location: Online Date: May 7, 2025 Find out everything you need to know about our world class courses and personal support. Our Director, Amanda Grace will introduce you to our industry focused approach to learning. Find out more and register

Bachelor of Accounting (BAcc) at UTS Information Evening

Organisation: University of Technology Sydney Location: Online Date: May 7, 2025





If you are a high-achieving school leaver and believe you could be one of Australia's future business leaders, then our Bachelor of Accounting cooperative education scholarship program has been designed just for you. The Bachelor of Accounting provides you with a multi-skilled accounting degree with a strong emphasis on both accounting and financial management, both essential business tools.

Join Bachelor of Accounting Course Director, current students, graduates, sponsors and staff of this elite program. Find out more and register

Arts, Design & Architecture Information Evening

Organisation: University of New South Wales

Location: Online Date: May 7, 2025 Interested in a career in Arts, Design & Architecture? Join our online event to hear from Dean Professor Claire Annesley, current students, and get your questions answered in a Q&A. Learn about degrees, careers, admissions, scholarships, and more! Find out more and register

Online Information Session – Social Work

Organisation: ACAP University College

Location: Online

Date: May 7, 2025

Can you imagine yourself making a difference in a not-for-profit organisation, or working in the criminal justice system, or the government? These are just a few career options you have with a qualification in Social Work. In this real-time online information session Professor Annie Venville will share insights into studying Social Work at ACAP and provide details of courses you could take to help others develop better self-awareness for a more positive path in life.

Find out more and register

A Taste of Le Cordon Bleu Sydney

Organisation: Le Cordon Bleu Location: Le Cordon Bleu Sydney Date: May 8, 2025 You are invited to a Taste of Le Cordon Bleu Sydney! Spend an evening with our chefs and students who will showcase their skills, give you an insight into the food, wine and gastronomy business, and reveal how you could be a part of this global enterprise. Indulge in a taste of French culture as our world-class chefs and lecturers demonstrate their expertise and the

unique learning experiences offered at Le Cordon Bleu Sydney. Find out more and register

Parents and Carers Info Session – Maitland

Organisation: University of Newcastle Location: Club Maitland City Date: May 8, 2025

If you have a child who is currently completing senior studies, come visit us for our Parents and Carers Info Session. Parents and Carers will have the opportunity to hear from University staff and current students, with a presentation touching on areas such as:

- Our different entry schemes, such as the Early Entry Program, Schools Recommendation Scheme & Year 12 Subject Spotlight
- Our campus locations, accommodation, scholarships and more
- Student experience and support services available

Following this, there will be an opportunity for Q&As if you had any specific inquiries. <u>Find out more and register</u>





Meet the University of Sydney – Nowra

Organisation: University of Sydney Location: Shoalhaven Entertainment Centre Date: May 8, 2025

Join us for an information evening to find out about the University of Sydney!

Learn about our Regional and Remote Entry Scheme and MySydney Scheme.

The session will also cover information about courses, admission requirements, entry schemes/pathways, fees, scholarships and accommodation, as well as the type of support available on campus. Uni students and alumni from Regional NSW will share stories, tips on moving away from home and advice about their journey to university and beyond.

You'll also get the chance to speak with staff and students and have your questions answered. <u>Find out more and register</u>

Online Information Session – Coaching

Organisation: ACAP University College Location: Online Date: May 8, 2025 Can you imagine yourself as a private coach, consultant or professional facilitator? These are just a few career options you have with a qualification in Coaching. In this real-time online information session Dr Mark Setch will share insights into studying Coaching at ACAP and how the qualification will give you the practical skills and know-how to inspire change, empower teams, and

improve performance.

Find out more and register

Medicine Information Session 2025

Organisation: University of Notre Dame

Location: Online

Date: May 8, 2025

Join us for an online information session designed to provide you with crucial insights into Notre Dame's Doctor of Medicine program. This webinar offers a unique opportunity to delve into the program's structure, entry pathways and exciting new developments.

Find out more and register

Your Path to Sydney – Year 10 Subject Selection Evening

Organisation: University of Sydney

Location: Sydney Camperdown Campus

Date: May 8, 2025

Get information and advice tailored specifically for domestic Year 10 students to help you navigate the subject selection process and prepare for your journey to university. Join us on campus for a fun and informative evening where we will address important topics such as:

- what to consider when selecting your subjects for Year 11 and 12
- the impact subject selection can have on adjustment factors
- what the ATAR is and how it's calculated
- understanding prerequisites and assumed knowledge
- tips for admission and scholarships, and
- key insights from our current students on their subject selection experiences and transition into university.

You will also have the opportunity to talk with our expert staff, including our UAC Admissions Manager, and current University of Sydney students.

Find out more and register





Campus Tours – May

Organisation: University of Newcastle Location: UON Campuses Date: May 9, 2025

Let our Student Ambassadors show you some of our must-see teaching and learning spaces, their favourite study spots, and of course - where to get the best coffee on campus. Not only will you get a personalised tour, but an opportunity to ask as many questions as you have about what uni life is really like! Please be advised that:

- If you are interested in a Campus Tour of both the Newcastle and Central Coast campuses, you will need to register for two different tour dates.
- Campus Tours of Callaghan, NUspace and the Q Building can occur on the same day.

Find out more and register

Year 11 & 12 Subject Support Sessions

Organisation: University of Wollongong

Location: UOW Wollongong & Liverpool Campuses & Online

Date: May 12 to July 15, 2025

The University of Wollongong (UOW) is committed to providing additional resources and assistance to help students reach their potential in their final years of school.

The Year 11 & 12 Subject Support Sessions is designed to help students improve their knowledge and understanding of key subject content and discover what HSC exam markers are looking for.

In conjunction with InspirationED, experienced HSC teachers/markers and UOW staff will be running subject revision programs across May, June and July for current Year 11 and Year 12 students.

Participants will have the opportunity to ask questions and receive tips and strategies directly from the most qualified and experienced HSC markers in NSW.

Year 11 Webinar series, online

Dates: 12 to 14 May 2025

Year 12 Webinar series, online

Dates: 23 to 24 June 2025

Year 12 Bootcamp events, Wollongong campus

Dates: 8 to 10 July 2025

Year 11 & 12 Intensive Science events, Wollongong campus

Dates: 9 July 2025

Year 12 Bootcamp events, Liverpool campus

Dates: 15 July 2025

Find out more and register

Health and Community Services Explore Day

Organisation: Charles Sturt University

Location: CSU Orange Campus

Date: May 13, 2025

Are you in Year 10, 11 or 12 and want a health career that makes a real difference? Join us for Orange Health and Community Services Explore Day.

You'll learn from industry speakers, get one-to-one advice at our expo hub and take part in two immersive workshops.

What to expect:

- Hear from health industry experts at guest speaker sessions.
- Get hands-on in health workshops in our world-class learning facilities.
- Have your course and career questions answered.
- Talk one-to-one with industry providers and course experts at the expo hub.
- Discover everything you need to know about studying health and community services.

Find out more and register



Technology Virtual Open Day

Organisation: Torrens University Australia Location: Online Date: May 13, 2025 Join online as our Technology academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities. <u>Find out more and register</u>

Health and Education Virtual Open Day

Organisation: Torrens University Australia Location: Online Date: May 13, 2025 Join online as our Health and Education academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

Find out more and register

Business and Hospitality Virtual Open Day

Organisation: Torrens University Australia **Location:** Online

Date: May 13, 2025

Join online our as our Business and Hospitality academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

Find out more and register

Northwest Regional Career Expo 2025

Organisation: Rotary Club of Tamworth First Light Location: Tamworth Regional Entertainment and Conference Centre Date: May 14, 2025 Our Careers Expo was started in 1992 by Rotary Club of Tamworth Fi

Our Careers Expo was started in 1992 by Rotary Club of Tamworth First Light. Attendees benefited from a wide range of exhibitors from a large variety of industries providing valuable advice and information to help further their career and business development. The event continues to provide valuable access to local and interstate exhibitors for the community and schools from Tamworth and the surrounding region. Find out more and register

Design and Creative Technology Virtual Open Day

Organisation: Torrens University Australia Location: Online

Date: May 14, 2025 Join online as our as our Design and Creative Technology academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

Find out more and register

Newcastle & Lake Macquarie Career Expo 2025

Organisation: Career Links Location: Newcastle Racecourse Date: May 15, 2025





The largest Career Expo for transitioning secondary students in the region welcomes years 10, 11 and 12 students accompanied by their Career Advisers and teachers, parents, guardians and support people. The expo attracts a record number of local and interstate exhibitors including major universities, leading training colleges, businesses, industry representatives and community organisations. <u>Find out more and register</u>

Hunter Valley Career Expo 2025

Organisation: Hunter Valley Career Expo Location: Maitland Basketball Stadium

Date: May 16, 2025

Make sure that you plan your visit to the Hunter Valley Career Expo so that you are able to gather as much information as you can about the careers and jobs you are interested in.

You will be able to talk to people who are working in many different types of jobs. There will be representatives from employer and professional associations, TAFEs, universities, other training providers and employment agencies.

Find out more and register

Tourism Insights Sydney 2025

Organisation: The Hotel School Australia **Location:** Sydney Opera House **Date:** May 17, 2025

An exclusive event for Year 12 students to explore Sydney Opera House, a leading tourism venue, to discover exciting career opportunities in the tourism industry.

This immersive experience includes a behind-the-scenes tour of Sydney Opera House, an interactive tourism workshop with a completion certificate, and insights from industry experts. You'll also have the chance to network with industry leaders, connect with current THS students, and get your questions answered by the THS team. Plus, enjoy a complimentary morning tea and lunch while engaging with like-minded peers. <u>Find out more and register</u>

Greater Western Sydney Careers Market 2025

Organisation: Brett Carter Events **Location:** Penrith Valley Regional Sports Centre **Date:** May 21 to May 22, 2025

This event offers exhibitors the opportunity to speak to thousands of Greater Western Sydney high school students and careers advisers as these students explore career paths and further education options available to them. Organisations such as Universities, Registered Training Organisations (RTO), Apprenticeship Centre's, Group training Organisations, Private Colleges, Professional Associations and Employers attend this event to inform students about everything they need to know, covering all questions about careers and educational options after high school. <u>Find out more and register</u>

Year 12 Information Evening

Organisation: University of Sydney **Location:** Sydney Camperdown Campus **Date:** May 21, 2025

Are you ready to take the next step?

Join us for an exclusive information evening, for Year 12 students and their caregivers, to answer all your questions about joining the vibrant Sydney University community next year.

- Explore our iconic campus, get a feel for the atmosphere and see the facilities.
- Discover the exciting range of degrees and programs we offer.
- Learn about our unique curriculum, study options and scholarships.





• Join our course advice exhibition to receive tailored advice from our degree specialist advisors, current students and staff. Get expert advice from UAC on entry requirements and the application process.

This Year 12 information evening is your chance to explore your options, get clear on the next steps, and chat to our current students and Sydney Future Students staff.

Find out more and register

Year 12 & Beyond – With ADHD

Organisation: Claire Pech Careers Location: Online

Date: May 21 to May 28, 2025

Hosted by Claire Pech, CICA-Accredited Careers Practitioner, and Amanda Krulis, endorsed Organisational Psychologist.

Targeted to students with ADHD in Year 12, this webinar will share insights and practical solutions for managing this critical year and beyond and making meaningful career decisions. If students cannot make it a recording will be sent to all ticket holders. Although it is interactive, students will remain anonymous on the webinar. Topics covered:

- Redefining success What is it to YOU?
- Finding and Owning your ADHD strengths
- Discovering what careers are aligned to your strengths
- Understanding the options for tertiary studies based on your interests and strengths
- Exploring the pathway options available and ways to get there using Action Plans
- Early Entry Considerations
- Quick guide to Educational Access Schemes (EAS) and adjustment points
- What is Procrastination and how to tackle it?
- How to deal with stress and staying calm
- How to use technology to your advantage with ADHD
- Q&A

Webinar dates

Wednesday 21 May, 7.00pm - 8:30pm AEST Thursday 29 May, 7.00pm - 8:30pm AEST Find out more and register

Open Day, Sydney

Organisation: Academy of Interactive Entertainment

Location: AIE Sydney Campus

Date: May 24, 2025

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Open Day. It's is a great opportunity to meet our teachers, staff and students. The day will cover everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

AIE's Open Day will also include presentations on entry requirements and how to apply. Find out how AIE can get you into a creative career.

Find out more and register

BiG Day In, Parramatta

Organisation: ACS Foundation Location: WSU Parramatta City Campus Date: May 28, 2025





Join us at Parramatta CBD Campus Western Sydney University for BiG Day In Parramatta – hear from organisations including Microsoft, Google, Westpac, Wisetech Global & more to come about where a STEM career can take you. <u>Find out more and register</u>

Unlocking Careers in Sport and Health – Aboriginal and Torres Strait Islander Student Experience Day

Organisation: Western Sydney University **Location:** WSU Parramatta South Campus **Date:** May 28, 2025

This on campus event for Aboriginal and Torres Strait Islander High School students in Years 9-12, raises knowledge and aspiration for careers in the Sport and Health industries. Students will participate in their choice of practical workshops, a Q&A Yarn Up with Indigenous industry professionals to gain insights into their work, education journey and careers.

Find out more and register

HSC and Careers Expo 2025

Organisation: Resources for Courses

Location: Royal Randwick Racecourse

Date: May 29 to May 31, 2025

The HSC and Careers Expo 2025 will be held on Thursday 29 May, Friday 30 May and Saturday 31 May, 9am-3pm at the Royal Randwick Racecourse.

On Thursday and Friday, students can attend seminars on subjects including English and Maths plus presentations on subject selection for Year 10 students, information on applying through UAC and the ATAR. Seating at the seminars is on a first come, first served basis.

Find out more and register

Open Day 2025

Organisation: Endeavour College of Natural Health

Location: Endeavour Adelaide, Brisbane, Gold Coast, Melbourne, Perth & Sydney Campuses

Date: May 31, 2025

Open Day is a unique opportunity to see your local campus first-hand and chat one-on-one with experts before you take the plunge and enrol.

Why not see what student life with Endeavour College looks like? Tour the facilities, learn about student life, and chat to our team of academics and admissions advisers on the day. Friends and family are welcome to accompany you.

Find out more and register

Online Campus Day

Organisation: Academy of Interactive Entertainment

Location: Online

Date: June 7, 2025

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Online Campus Day. AIE will be running this event for students interested in studying online. You will be able to meet our teachers, explore how classes will run, course options, career pathways and see our amazing student work.

We will be covering everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

Find out more and register





Year 12 Information Evening Online

Organisation: University of Sydney **Location:** Online

Date: June 11, 2025

Join us online for an exclusive information evening for Year 12 students and their caregivers to answer all your questions about joining the vibrant Sydney University community next year.

Hear from our expert staff to learn about university entry, scholarships, study options, accommodation options, interstate-specific information and more.

Get expert advice on entry requirements and the application process from UAC and the Sydney Future Students team.

Discover the exciting journey that awaits you as a current student shares their own journey to university and their University of Sydney experience.

Have your questions answered during the live Q&A at the end of the session. Find out more and register

EngFest 2025

Organisation: Charles Sturt University Location: CSU Bathurst Campus Date: June 16, 2025

EngFest is Charles Sturt's annual celebration of civil engineering, with exhibitions and presentations of student works and research, school visits and information sessions, a careers expo, industry networking, professional development events and more.

It brings together students, cadet and professional civil engineers, researchers, representatives of Engineers Australia, interested members of the public and school students. <u>Find out more and register</u>

Year 11 & 12 Masterclass – Coffs Harbour

Organisation: Southern Cross University

Location: SCU Coffs Harbour Campus

Date: June 20, 2025

Join us for Masterclass Day where you will take a deep dive into different study areas of your choice. Meet our students and academics, experience our campus facilities and learn more about university life on this interactive and fun day!

What can I expect?

- Live like a University student for the day and elect two interactive workshops in your preferred areas of study
- Experience our state-of-the-art campus facilities
- Meet inspiring people, from academics to current students

Registrations close 5th May.

Find out more and register

Sydney Open Campus 2025

Organisation: The Hotel School Location: The Hotel School Sydney Campus Date: June 21, 2025

Join us for an inspiring day at The Hotel School Australia's Open Campus, where you'll experience student life first hand through an exclusive Masterclass, hear from a special industry guest speaker, meet our academic and support teams, explore course options, and discover career pathways with our Professional Learning team. You'll also have the chance to connect with current students and fellow attendees - all while enjoying light refreshments. Whether you're a high school student, considering a transfer, or exploring new opportunities, this event is the perfect way to take the next step.

Find out more and register





Open Day 2025, Sydney

Organisation: Australian Institute of Music **Location:** AIM Sydney Campus

Date: June 21, 2025

Join us for Open Day, and experience everything AIM has to offer. Register to save your spot today! See our campus, get course advice, experience live performances, meet our academics and students, and get involved in activities that will give you a taste of student life here at AIM.

Whether you're ready to study now, or in five years, Open Day is open to all and a fantastic opportunity to discover how the Australian Institute of Music can help turn your passion for music into a career.

Find out more and register

UTS Tech Fest

Organisation: University of Technology Sydney Location: UTS City Campus

Date: June 23 to July 4, 2025

Are you a high school student dreaming of a career in tech? Come and feed your curiosity at Tech Fest.

- Explore the study and career possibilities in Engineering and IT. Whether it's cybersecurity, civil engineering, robotics, or artificial intelligence, see the exciting opportunities in these areas and how you can be part of the next big thing!
- Hear from current students about their study journeys and career aspirations. Get an insight into the life of an engineering or IT student at UTS and discover the student societies you could join.
- We'll take you behind the scenes with exclusive lab tours. See how cutting-edge tech brings new ideas to life.

Find out more and register

Western Sydney Careers Expo 2025

Organisation: Resources for Courses

Location: Sydney Olympic Park **Date:** June 26 to June 28, 2025

The Western Sydney Careers Expo 2025 will be held on Thursday 26 June, Friday 27 June and Saturday 28 June, 9am-3pm at Sydney Olympic Park.

On Thursday and Friday, students can attend seminars on subjects including English and Maths plus presentations on subject selection for Year 10 students, information on applying through UAC and the ATAR. Seating at the seminars is on a first come, first served basis.

Find out more and register

Open Day 2025, Wollongong

Organisation: University of Wollongong **Location:** UOW Wollongong Campus

Date: June 28, 2025

The University of Wollongong (UOW) Open Day is the perfect opportunity to visit our amazing Wollongong campus, speak with our staff and students, and see why UOW is ranked as one of the best universities for student experience.

Whether you are looking at your next steps after Year 12, or you finished school some time ago and are looking for a pathway into university, Open Day is for you.

Find out more and register

2025 STEM-Sell

Organisation: The Engineering Link Group **Location:** WestConnex Motorway Control Centre **Date:** July 1 to July 2, 2025





The Engineering Link Group's STEM-Sell program is designed for Year 8 and 9 students. This engaging, low-stakes competition allows teams of three students from each school to complete an engineering challenge. Hosted either at a venue nominated by the sponsor or at a local high school, the program provides a unique opportunity for students to explore the exciting world of engineering.

Due to the demand in 2024, we are offering two separate days. Schools are encouraged to register for one day only. The program on both days is the same.

Date: Tuesday 1st July OR Wednesday 2nd July 2025 Time: 9.15 am to 2.15 pm Find out more and register

Open Day 2025

Organisation: Western Sydney University Location: WSU Parramatta South Campus Date: July 6, 2025 Open Day will be held Sunday, 6 July 2025 and is a great opportunity to discover all that Western has to offer. Explore course options, meet academics and find out about our pathway options. Find out more and register

NAS Winter School

Organisation: National Art School Location: National Art School Date: July 7 to July 11, 2025 NAS' short courses are for students of all levels of experience, from beginners to intermediate and advanced. Whether you're a complete beginner, reigniting former interests, or refining your practice, you'll enjoy this immersive week of artmaking at NAS. Find out more and register

Outward Bound Leadership Program

Organisation: Outward Bound Location: Tharwa, ACT Date: July 7 to July 11, 2025

A chance for young adults ages 16 to 24 years to discover their leadership skills and strengths. Meet like-minded connections and add a highlight experience to your resume.

By using the outdoors as your teacher, the Outward Bound Leadership program will lead you through the Australian bush on a journey of self-improvement. Develop your abilities as a leader and strengthen trusted skills on how to best apply yourself in all your future endeavours. You'll find you're much more capable than what you thought. Your group will need to work together while organising camp, cooking on fires, navigating through the wilderness, and summiting peaks. The individual challenges such as high ropes and abseil are supported by your two Outward Bound facilitators, who will expertly explore and discuss how to apply these experiences to your life back home. Outward Bound Leadership can be attended to complete the Duke of Edinburgh's International Award: Gold Residential Project.

Find out more and register

Holiday Workshop – The Art of Lyrics, Sydney

Organisation: Australian Institute of Music

Location: AIM Sydney Campus

Date: July 7 to July 8, 2025

Created for students in Years 9-12, AIM's new high school music workshops provide incredible opportunities to explore songwriting, mentored by AIM's own accomplished musicians and educators.

This songwriting workshop is essential for any high school students curious about writing songs and performing and is a golden opportunity to work with incredibly accomplished songwriters. Join us these school holidays and discover the songwriter and performer you were born to become.



Find out more and register

Holiday Workshop – Mastering Performance, Sydney

Organisation: Australian Institute of Music

Location: AIM Sydney Campus

Date: July 7 to July 8, 2025

AIM's new school holiday workshop is designed for high school students interested in music performance. Created for students in Years 9-12, the workshops provide incredible opportunities to experience playing and performing music, mentored by AIM's own accomplished musicians and educators.

Learn, practice and perform contemporary and classic pop, rock and soul tunes, under the expertise of Australia's leading music mentors.

Find out more and register

Campion Winter Program

Organisation: Campion College

Location: Campion College Toongabbie

Date: July 8 to July 11, 2025

Join us for Winter Program, a unique opportunity designed for Year 11 and 12 students who are earnestly contemplating enrolment at Campion College in 2026 or 2027.

Our immersive four-day program provides the opportunity to reside on campus and interact with like-minded peers. We have a fun-filled schedule including a bonfire night, movies, trivia, dancing and sports, as well as sample lectures from our history, literature, philosophy, theology and classics professors.

Given the specialised nature of this program, we have limited spots available to ensure a focused and enriching experience. We encourage interested parties to take a moment to seriously consider if this program aligns with their aspirations before registering.

Find out more and register

Designer for a Day Workshop

Organisation: Sydney Design School **Location:** Sydney Design School, North Sydney **Date:** July 8, 2025

Curious about what it might be like to work as an Interior Designer? We have developed the perfect one day workshop for students in Years 10, 11 and 12 to find out more. You'll get hands on in our studios experimenting with colour and materials. Find out what it takes to become a professional Interior Designer and understand what an average day looks like on the job! We've included a 3D modelling activity to give you an opportunity to create an interior space.

Find out more and register

Future Doctors Australia, Sydney

Organisation: National Institute of Education

Location: Sydney

Date: July 10 to July 13, 2025

Gaining medical work experience is essential for young people considering a career in medicine. It provides insight into the field, helps develop skills and attributes, and provides networking opportunities. However, obtaining medical work experience can be challenging due to various restrictions such as limited opportunities, safety concerns, and confidentiality issues.

That's why NIE has developed the "Future Doctors Australia" program. It is an engaging and high-impact 4-day program that provides young people aged 14-18 with a unique opportunity to gain medical work experience in a safe and structured environment. Participants will have the opportunity to spend time with current junior and senior medical students. They will also have the rare opportunity to spend time with more senior clinicians and





various medical specialists. You will get to learn about clinical specialist's relevant fields of work, ask them guestions, and learn some hands-on skills from them.

- Over 15 hours of face-to-face interaction with leading specialists and clinicians
- Meet current medical students
- Develop advanced communication and team working skills
- Create new friendships with like-minded, highly driven young individuals
- Learn about the admission process into various medical universities in Australia
- Morning tea and lunch included

Find out more and register

Event Creation: The Ultimate High School Workshop

Organisation: International College of Management Sydney **Location:** ICMS Sydney

Date: July 10, 2025

Join us for an exciting hands-on workshop where you'll dive into the world of event planning! Whether you dream of organising epic school formals, unforgettable parties, or community events, this workshop is your chance to learn the ins and outs of creating experiences that leave a lasting impression.

Find out more and register

2025 Tahgara Program

Organisation: University of Sydney **Location:** Sydney Camperdown Campus **Date:** July 14 to July 18, 2025

The Tahgara Program is an intensive week-long residential program at the University of Sydney, designed to prepare Aboriginal and Torres Strait Islander Year 12 students for their final exams and equip them for their journey into higher education.

Students attend workshops presented by exam markers, expert tutors, faculty academics, and university staff and students. Designed to build educational capacity and motivation, students participating in the Tahgara Program will experience an individually tailored program, guiding them through scholarship applications, university pathways, exam preparation, as well as receiving one-on-one subject specific tutoring.

There is no cost for the schools or families of students who participate in the Tahgara Program. The University of Sydney will pay for travel, meals, accommodation and all other expenses associated with the program.

This program is open to all Year 12 Aboriginal and Torres Strait Islander students from across Australia.

The application deadline is Thursday 8th of May 2025.

Find out more and register

NYSF STEM Hub, Sydney

Organisation: National Youth Science Forum

Location: Sydney

Date: July 15 to July 18, 2025

A STEM Hub is a non-residential STEM experience where you can connect with STEM pathways and careers around Australia. You'll join exclusive behind-the-scenes experiences typically inaccessible to the public and connect with STEM professionals—a crucial networking opportunity for your future.

Whether you're passionate about robotics, biomedicine, astronomy, biology, or anything in between, there's a STEM Hub waiting to show you what a STEM career is really like!

Find out more and register

2025 NYSF National Youth STEM Summit

Organisation: National Youth Science Forum **Location:** Melbourne **Date:** July 19 to July 21, 2025





Returning in 2025, the National Youth STEM Summit is an exclusive three-day conference-style event specifically designed to help you smash your study goals and secure your dream job.

The program boasts a diverse range of sessions, including:

- Keynote presentations from some of Australia's foremost STEM leaders
- Panel discussions exploring a range of topics, disciplines, and study and career pathways
- Workshops that offer practical strategies to help you thrive in your studies and/or career
- Networking opportunities to connect with like-minded peers and key government, industry and academic professionals

This Summit is aimed at young people between 18-25 who have completed high school and are making decisions about their futures in STEM.

Registrations will open in mid-April, and equity pricing is available for individuals who are full-time students, Aboriginal or Torres Strait Islanders, from rural or remote regions, have a disability, or are experiencing financial hardship.

Find out more and register

Open Day 2025, Liverpool

Organisation: University of Wollongong **Location:** UOW Liverpool Campus

Date: July 26, 2025

The University of Wollongong (UOW) Open Day is the perfect opportunity to visit our Liverpool campus, speak with our staff and students, and see why UOW is ranked as one of the best universities for student experience. Whether you are looking at your next steps after Year 12, or you finished school some time ago and are looking for a pathway into university, Open Day is for you.

Find out more and register

Northern Rivers Careers Expo 2025

Organisation: Connect Northern Rivers

Location: Lismore Showgrounds

Date: July 29, 2025

Held annually in July, the Northern Rivers Careers Expo is the region's premier careers event. Showcasing career advice, further education, jobs and training, it is an opportunity for local school leavers, job seekers and workers to develop genuine long-term career prospects.

Exhibitors include apprenticeship organisations, career pathway advisers, employers, tertiary education, training providers, universities and volunteer organisations. A one-stop-shop for anyone wanting to begin or grow their career.

Find out more and register

2025 Apprenticeship/Traineeship & Jobs Expo – Central Coast

Organisation: Brett Carter Events Location: Mingara Recreation Club

Date: July 29, 2025

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts. The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives. Find out more and register

2026 National Youth Science Forum Year 12 Program

Organisation: National Youth Science Forum





Location: ANU Acton Campus & UQ St Lucia Campus

Date: January 6 to January 21, 2026

Are you in Year 11 in 2025? Apply now to join us in January!

The National Youth Science Forum (NYSF) Year 12 Program gives students that are about to start Year 12 a broader understanding of study and career options available in science, technology, engineering and mathematics (STEM). Staying on campus at university colleges, students are immersed in science and technology. Participants:

- participate in tours of science and technology facilities,
- learn about cutting-edge research,
- engage with industry partners and research providers,
- learn about university, training and STEM career pathways,
- mix with like-minded students their age from all over Australia,
- participate in social and team building activities, and
- network with former NYSF participants.

In January 2026, the NYSF Year 12 Program will run two summer sessions at:

- The Australian National University, Canberra (6 –14 January 2026)
- The University of Queensland, Brisbane (13 21 January 2026)

As part of the application process, any students experiencing financial hardship or another disadvantage that negatively impacts their ability to attend the program may apply for an <u>NYSF Access and Equity Scholarship</u>. We also encourage students to seek financial support from NYSF's founding partner, Rotary. Many Rotary Clubs are familiar with the NYSF and able to offer some level of funding or assist students to fundraise to attend. You can use

the Rotary Club Finder to search for your local Club.

Applications close 20 June 2025. You will be advised of the outcome of your application by mid-August. <u>Find out more and register</u>

Scholarships

Redkite Dare to Dream Scholarship

Organisation: Redkite Location: Australia Value: Up to \$5,000 AUD Open Date: April 1, 2025 Close Date: May 19, 2025 Find out more

Competitions

Future of Our Regions Youth Design Challenge

Organisation: Young Change Agents Location: Australia Value: See details Open Date: February 4, 2025 Close Date: June 30, 2025 Find out more

Skills for Work

How social media can affect your work life

Let's face it, most of us love social media. And even if you don't love it, you probably use it. It can be a great way of keeping in touch with friends and family, finding news and events, or even just entertaining ourselves. But as social media becomes even more a part of our lives and identity, there's something else we need to consider - does it affect our work life? Let's find out.





How employers use social media

<u>According to a research from Zippia in 2023</u>, 67% of organisations use social media to research potential employees - so when you apply for a job, there's a high chance the person deciding whether or not to hire you will see what you've been posting.

And that's not all. What you post on the internet could potentially be seen by anyone, whether it's employers, coworkers, or customers. With more and more organisations introducing social media policies that staff need to follow, there could be serious consequences to what you post.

But don't start stressing yet - we're here to explain the dos and don'ts of social media so you can maintain a good reputation online while still enjoying the benefits on offer.

What counts as social media?

What can be defined as "social media" is actually quite broad, and includes more sites than you'd think. It's not just Facebook and Instagram - in fact, almost any online platform where content can be shared could be considered social media. Some common examples include:

- Social networking platforms (Facebook, Twitter, WEChat, WhatsApp, etc.)
- Professional networking platforms (LinkedIn, etc.)
- Discussion forums (Reddit, Whirlpool, etc.)
- Media sharing platforms (YouTube, TikTok, Flickr, Instagram, Pinterest, etc.)
- Content production and blogs (Tumblr, WordPress, etc.)
- Wikis (Wikipedia, wiki.gg, etc.)
- Gaming platforms and environments (online games, Discord, Steam, etc.)

While many of these sites and platforms allow you to post under a username or anonymously, <u>it's likely that it can</u> still be tracked back to you in some way.

Take this as a general rule of thumb: if you're putting something on the internet, always think twice before you hit post.

What's good social media conduct?

While rules and policies can vary, there are some basics most people tend to follow. Even if the place you work or study has no specific social media policy, these are some good guidelines to follow to make sure your online presence doesn't cause any conflict.

Appropriate behaviour

This one's fairly obvious: make sure you behave appropriately online. There are real people behind the screens, so treat people online like you would treat them in person. And maybe think twice before letting your mate post those embarrassing photos.

Other things that could get you in hot water include:

- Cyberbullying and harassing others online
- Posting obscene or offensive things
- Spreading information that is false, misleading, or deceptive

Can I post about my job?

Be extremely careful if you make any sort of post or reference about your job (even if it's to say something nice). If you're posting a photo or video wearing a company uniform or on work premises, make sure this is OK according to your workplace's policy.

And if you're unhappy with something that's happened with work, don't vent about it online; we know it can be tempting to badmouth your annoying colleague or a frustrating customer experience, but this can get you in a lot of trouble. Your workplace should have an appropriate channel you can take these concerns, like talking to your manager.

There are even some cases where posting about your job on personal social media sites is not allowed at all - you'll see more about this below.





Can I post about my school?

Remember, policies and rules surrounding social media aren't just for workers to follow. Universities, schools, and other education providers usually also have rules about what you post that might be associated with them as well. Your behaviour online could potentially lead to some serious consequences, like having your enrollment cancelled.

If you'd like to take a look at an example, here's <u>Bond University's Social Media Policy</u> - it applies to both staff and students at Bond.

Social media: Are there profession-specific rules?

As well as the general rules above, specific professions also have rules employees must follow in regards to social media. We're going to cover some common ones, but even if your dream job doesn't appear below, you might want to do some extra research just in case.

Healthcare professionals

This includes almost everyone working in health, including doctors, nurses, midwives, carers, support workers, administrative staff, and more.

One of the big things to consider as a healthcare professional is privacy and patient confidentiality. You need to be really careful not to post any identifying details about one of your patients. An example includes uploading pictures that might have things in the background, like scans and reports, that could potentially contain confidential information.

As a healthcare worker, your views and opinions on some matters can also be influential. Be careful when expressing opinions about social issues online. Maintaining appropriate boundaries and relationships with patients online is very important too.

You can see the Australian Health Practitioner Regulation Agency's guide to social media for healthcare professionals here.

Police officers

As a police officer, your reputation (as well as the reputation of the force as a whole) is taken extremely seriously. So it's not surprising that they have some pretty strict rules when it comes to social media.

Common things include not sharing confidential information (such as information about ongoing investigations), making comments about the police force or government, and even posting pictures of yourself in uniform on private social media.

If you want to dive a bit deeper, take a look at QLD Police's social media policy here.

Defence Force

Similar to the police, the Defence Force also has clear and enforceable guidelines when it comes to personnel posting information on social media. Again, it's mostly concerned with protecting confidential information and upholding the reputation of the Defence Force.

An interesting thing to keep in mind is that these rules apply to young people as well, whether you're participating in a Cadet program or Defence Work Experience.

Read the ADF's policy on social media use here.

Teachers

Teachers need to be careful when posting on social media, particularly around matters relating to students. They're advised to not post anything work-related to personal accounts, particularly if it contains any identifying information about students or other staff.

It is also very important that teachers should *never* interact with students on social media, other than through official school accounts.

See more about how teachers at public schools in NSW are advised to use social media <u>in the Department of</u> <u>Education's guide here</u>.





Lawyers

Once you finish your studies and want to become a practicing lawyer, there are certain things other than your education that can affect your hopes of being admitted. One consideration is that you are a "fit and proper person" to practice. In the days of social media, <u>what you post can be one of the things used to determine your fitness to practice</u>.

As with many of the other professions above, client confidentiality is also incredibly important. Lawyers must make sure not to reveal any information about a client or case.

Using social media to find work - Be professional

Social media can be a useful tool to put yourself out there to potential employers. These days, it's becoming more and more common for people to find work through social media channels, so making a good impression is always important.

So, what's the long and short of it? If you're going to use social media, privately or professionally, make sure you use it the right way. Be considerate, positive, and mindful of what you put out there and the way you interact with the online world - it matters more than you might think.

Want more?

You can find heaps more resources about the world of work here.

University

Planning to study medicine at university?

Dreaming of becoming a doctor? You're not alone; medicine is often seen as one of the world's most respected careers (and typically comes with a nice paycheck too). If you want to study medicine at university, understand that this journey takes years of dedication after high school. But don't worry - with the right preparation, you can make your medical dreams come true.

Medicine is competitive, but totally doable

Yes, medical degrees are known for having high entry requirements and limited spots. Competition is fierce, but don't let that discourage you.

Keep working hard to achieve your best possible grades, and make sure the subjects you've chosen in high school will meet any prerequisites for your preferred courses. And remember, even if your results aren't quite enough to make it into the top programs, you still have options (we'll talk more about this later).

Are you eligible to apply?

Universities often require you to study specific high school subjects to ensure you have the foundation knowledge you'll need for your degree. Common prerequisites include:

- Mathematics (mid-level or higher)
- Chemistry
- Biology
- Physics

If possible, start researching early so you can select the right subjects for senior years. Find specific courses that interest you and tailor your subject choices accordingly.

Don't forget to include some subjects you're passionate about too - these could become your Plan B if things change (which is perfectly OK).

Make your application shine

Amazing grades aren't enough in this competitive field. You'll need to make sure that your extracurricular activities and personal qualities stand out too.

In particular, universities generally look for applicants who:





Show passion and dedication

Excellence both in and outside the classroom shows you can handle a challenging learning journey. While your studies are important, don't neglect extracurricular activities either. Give your all to sports, drama, music, leadership, mentoring, or debating – universities are looking for high achievers in all kinds of fields.

Demonstrate commitment to learning and compassion

As a doctor, you will never stop learning. New drugs, treatments, and illnesses are discovered constantly, so you'll have to stay on top of it all through ongoing professional development and training. Plus, doctors need to have excellent bedside manner, which means you need to show empathy, care, and compassion. So how do you develop those skills and show you have them on your application?

- Volunteer for charities, environmental projects, or emergency services
- Get involved in community work or raise money for good causes
- Make a difference, even in small ways, such as tutoring fellow students

Gain relevant experience

Having some experience of the field before university won't just boost your application - it can help confirm if medicine is the right choice for you.

You could try one or more of these options:

- Shadow healthcare professionals in doctor's offices, dentists, hospitals, labs, or pharmacies. You may not be
 allowed to do much, but observing these people at work will give you plenty of insight and highlight some of
 the qualities you'll need to succeed.
- Obtain a First Aid Certificate and work at events where you could put it to good use, or at least watch and assist while other experts do.
- Look at volunteer abroad opportunities where you can get some basic field experience. <u>Projects Abroad</u> are just one company offering this kind of experience for young people.
- Volunteer in rural or remote communities where you could support medical or health programs. Search for these online for the latest information.
- Attend any workshops and programs run by a university's medical school, or even take the initiative and contact them to see if there's any way you could be involved outside of term time.

Have a great personal statement

Applications can be pretty dry, but your personal statement is your chance to stand out. Take time to perfect this section - edit carefully, respect word limits, and have others review it.

Explain why you're passionate about medicine and highlight the skills and experiences that make you a strong candidate and can help you succeed in your future medical studies. They want to choose good candidates, so tell them why you're worthy.

Attend information sessions and workshops

Universities and other organisations offer plenty of ways to provide medicine applicants all the information, support, and practical help they need - so take a look at what's available.

Info sessions and open days

Most medical schools host regular <u>information sessions</u> (both in-person and online) for prospective students. They cover application requirements, course structure, and give you a chance to ask questions directly to admissions staff.

<u>Virtual and in-person open days</u> also offer valuable insights into campus life and let you speak with current medical students about their experiences.

Sign up for university newsletters to stay informed about upcoming events or head to their website and see what's on.

Preparation programs

Many universities and private organisations also run a variety of programs for aspiring medical students, such as:

Admissions test workshops





- Interview preparation sessions
- Hands-on experience days
- Student mentoring and advice

School holiday initiatives

Keep an eye out for school holiday programs where you can:

- Visit anatomy labs and simulation centres
- Learn basic clinical skills like taking blood pressure or giving injections (on fruit)
- Explore different specialties in medicine
- Talk with doctors about their career journeys

The connections you make at these events can be just as valuable as the information you learn.

Learn about required tests

To be eligible to apply for some courses you must have taken any specified aptitude and psychometric tests, such as the <u>University Clinical Aptitude Test</u>. They're designed to help universities select candidates with the "appropriate abilities and professional behaviours" that doctors will need.

Tests like these should generally be completed while you're still at school, *before* you submit your university applications. So you'll need to find out what to do and be organised well ahead of application time.

Nail your interviews

A lot of universities will be interested in not just your academic and extra-curricular achievements, but your motivation for studying medicine too. Why is it so important to you, and what will you hope to achieve in the future by becoming a doctor? These are definitely things worth thinking about before you go into your interview.

- If your application impresses, interviews are your final hurdle. Everyone gets nervous, so preparation is key:
 - Get lots of practice ahead of time ask parents or friends to help you out by asking you relevant questions
 - Use <u>mock interview resources</u>
 - Find previous example questions and rehearse your responses
 - Know the type of interview you'll be going into this could be:
 - Multiple Mini Interview (MMI): You will go to different stations, read a prompt, and then respond appropriately.
 - Semi-structured interviews: A more traditional style of interview, where you'll be in a room with 2 or 3 interviewers who will ask you questions about you, your education, and why you'd like to be a doctor.
 - Unstructured interviews: Slightly less common, these are a more informal group-style interview to gauge your personality and how you get on in a group setting.
 - Prepare a few of your own thoughtful questions to ask

No matter what format your interview is, be ready to discuss your motivation for studying medicine and your future goals as a doctor.

Get your finances in order

Unfortunately, the rumours are true - studying medicine is expensive. The costs might seem daunting at first, but don't panic. There are plenty of options available to help make your goal a reality. You can start preparing by:

- Researching course costs
- Looking into subsidised places
- Applying for scholarships
- Learning about loans you may be eligible for and how and when to pay them back
- Searching for government assistance that might be available and checking if you're eligible
- Finding a part time job or starting that entrepreneurial gig and saving for your degree
- Creating a budget to help reduce your overall costs





Have a backup plan

While confidence is good, having alternatives is even better. What if you don't get into your chosen university? What if something unexpected affects your results? What if you change your mind? What is your Plan B? If you don't already have one, it's probably time to start planning. For starters, look at applying to more than one university – yes that means extra work, but it could also save you stress later in the year.

For some perspective on the importance of having a backup plan:

- In the UK in 2025, there were 7,600 total places available to study medicine, yet there were 23,350 applications made.
- In Australia in 2025, the University of New South Wales received <u>1,607 first preference applications</u> for their medical program, but only have 198 places available which means at least 1,409 people missed out.
- According to <u>Gyanberry</u>, the average admission rate for medical school programs in Australia is around 30%, meaning that only one in three applicants will be accepted and that rate can be even lower at the most selective institutions.

Remember though, there are also alternative pathways into medicine. You could:

- Complete an undergraduate degree and use it to apply for a postgraduate medical course
- Look into related degrees like biomedical science or medical engineering

Even consider a Plan C – if you don't end up studying medicine, what other careers would interest you?

Follow your dreams

No matter what you choose to study, the main thing is to do something you enjoy. You're likely to be working for the next 40 to 50 years of your life – so you might as well create a career you love.

If it is medicine, then with some hard work and determination, you could find yourself studying to be a doctor before you know it.

If you'd like more help, grab a copy of our <u>Entry to Medicine Guide</u>. It covers all aspects of applying, including lists of courses, how to prepare your application, and the options to consider.

Jobs & Careers

11 careers you may never have heard of

There are thousands of jobs and careers out there. Do you think you really know *all* of them? It can be fun reading about jobs, whether they existed in the past, right now, or might even exist in the future. So here are 11 careers you may never have heard of - hopefully this list sparks your curiosity and gets you thinking about your own potential future.

Ethnobotanist

Like other botanists, an ethnobotanist studies plants - but more specifically how people have used and interacted with them throughout history. Think of it a bit like biology crossed with anthropology.

In Australia, for example, this job might involve identifying (and preserving) plants used for food, medicine, tools, utensils, and weapons by Indigenous people over thousands of years.

Respiratory Therapist

Respiratory therapists help people who suffer from breathing issues, including those who have had heart attacks, live with sleep disorders, and even premature babies.

These specialists interview and examine patients, provide emergency care, and work with medical teams to provide the best care for their patients.

Industrial Psychologist

Industrial psychologists specialise in solving mental health issues that arise in or from the workplace. Not only do they help increase productivity, they also improve the mental health and wellbeing of employees and create better working environments for everyone.

You might collaborate with management to plan policies, carry out employee screenings, provide training, or even work directly with employees who need help.





Genetic Counsellor

As our understanding of genetics develops and testing capabilities improve, we're able to diagnose (and even predict) genetic issues. That's where genetic counselling comes in.

In this job, you would inform and educate individuals or families about genetic factors that might affect them or their loved ones, as well as advise them about their options and the outcomes that treatment might have.

Ocularist

An ocularist is a trained professional who crafts prosthetic eyes for people who were born without them or have lost an eye due to injury or disease. They fabricate and paint them to look as realistic as possible, and also help clients with fittings.

These days, this kind of work is more likely to be done by a 3D printer, but there are <u>still some experts who do</u> things the old-fashioned way.

Chief Listening Officer

A relatively new and niche role, your job as CLO would be to gather intelligence on behalf of your organisation in order to help them become more competitive - almost like a corporate spy.

You'll find out out how the company is viewed by customers and competitors, then pass on this feedback to help improve client relationships (and make more money, of course). You could also be listening to employees' concerns to create better working environments based on feedback, grievances, or suggestions.

Global Mobility Consultant

With the rise of remote work, packing up and moving no longer means you need to leave your job. Global mobility consultants help organise and oversee the movement and relocation of employees and their families, both within the same country or internationally.

You could be organising visas and plane tickets, shipping furniture, finding homes or schools, settling employees into a new work environment, and making sure they know what's expected of them.

Greenskeeper

If you think you already know about this job, we actually have a surprise for you. Greenskeepers don't just look after sporting fields and gardens - this job can also refer to a member of a production team on a film or TV set. In this role, you'd be responsible for finding, buying, and taking care of anything that's "green" or natural to be used in a production, like plants, grass, trees, or flowers, and other natural and landscaping materials like rocks, gravel, or sand.

Parabolic Flight Crew

Similar to an astronaut, just without the going into space part. No, really. In this job you'd be working on aircraft that simulate low or zero gravity environments, helping to train astronauts, pilots, actors, or just provide thrill seekers with an experience.

Or, as professional Tim Bailey puts it, "teaching people how to throw themselves to the ground and miss".

Futurist

Futurists, as the name might suggest, specialise in making predictions and researching possibilities about the future based on data, historical facts, technological advances, and more.

These predictions are used to help out businesses, community organisations, and even government departments.

Find more careers that might interest you

If these unusual careers aren't quite right for you, <u>there are heaps of other job options you might like to explore on</u> <u>our website</u>.





Balancing academic and extracurricular activities: A guide for high school students

Are you feeling overwhelmed trying to juggle your studies with sports practice, music lessons, or other activities? You're not alone. While extracurricular activities are great for making friends and developing new skills, it can be tricky to find the right balance between these activities and your academic ones. Let's explore some practical ways you can manage your time and energy effectively.

Why are extracurricular activities important?

While keeping up with your studies is important of course, activities outside the classroom can add so much value to your high school experience too. Being involved in extracurricular activities can:

- Help you discover new interests and talents
- Build valuable skills for your future
- Look great on job and university applications
- Provide a fun break from studying
- Help you make new friends

But it's important to find the right balance so that neither your grades nor your activities suffer.

Tips for balancing academic and extracurricular activities

The key to balancing academic and extracurricular activities is smart time management, so here are our top tips for making it work.

Start with your studies

This might not come as a surprise, but your school work should be your foundation. Make sure things like assignments and exams have top priority - then, you can plan your other activities around them.

Choose activities you truly enjoy

Try and avoid joining clubs or doing certain activities just because they'll look good on your resume. Pick things that actually interest you - you'll be more motivated to make time for them, get more out of the experience, and just enjoy yourself more too.

Be realistic about your commitments

Like it or not, there are only so many hours in each day. So if you want to add more activities to your calendar, consider:

- How many hours per week each activity requires
- Travel time to and from activities
- Whether activities clash with other commitments
- Busy periods at school (like exam time)
- Time off to rest and recharge

Learn to prioritise

You don't have to do everything! It's better to fully commit to a few activities than to spread yourself too thin across many. And if you're feeling overwhelmed, it's totally okay to step back from some commitments - your health and wellbeing always comes first.

Creating a schedule that works

Having a clear schedule is one of the best ways to make sure you can fit everything in without getting stressed. Here's a simple way to put together a calendar to keep track of your commitments:

Use a planner

Writing everything down is a great way to help you stay on track each day. There are <u>some great planning apps out</u> <u>there</u> to help you put your schedule together, but good old-fashioned pen and paper does the trick just as well.





List all your commitments

Whatever method you use, your first step is to work out what all your commitments are and how long they take. Include things like:

- Class times
- Assignment and exam dates
- Activity schedules
- Study periods
- Free time

Block out your time

Once you know what you're doing, you just need to work out when to do it! In your planner, allocate specific times each day or week for each activity and commitment.

If you find some of them overlap or you don't have enough time in your week for all of them, go back and work out what should take top priority, and schedule it first.

And don't forget to leave some gaps in your schedule for unexpected events or tasks that take longer than planned - plus that all-important time for socialising, hobbies, and rest.

Look after yourself

While balancing everything is important, your health and wellbeing should always come first. Remember that you can't pour from an empty cup. Make sure you:

- Get enough sleep
 - Eat well
 - <u>Exercise regularly</u>
 - Take breaks when needed
 - Spend time with friends and family

If you're feeling overwhelmed, don't be afraid to talk to your teachers, family, or school counsellor. They can help you work out a better balance.

Want more tips?

Check out our website for heaps more advice on <u>managing school life</u> and <u>staying healthy while achieving your</u> <u>goals</u>.

Job Spotlights

Discover career pathways in Disaster Management

Disaster management is a crucial field that focuses on preparing for, responding to, and recovering from natural or man-made disasters. It involves a range of activities, including risk assessment, emergency planning, and coordination of relief efforts.

This pathway might be right for you if you're interested in mitigating the impact of disasters and keeping communities safe or if you can remain calm and respond effectively in times of crisis.

What do careers in this pathway involve?

By implementing effective strategies and utilising resources efficiently, disaster management aims to minimise the impact of disasters on communities and save lives. People in this field work to ensure the safety and wellbeing of individuals and communities in times of crisis.

There is expected to be steady growth in this field due to the increasing frequency and intensity of natural disasters related to climate change and a greater emphasis on community resilience.

What are some important human skills for this pathway?

- Making decisions
- Innovation
- Adaptability





- Communication
- Collaboration

What are some of the tasks involved?

- Develop, review & update disaster plans
- Manage emergency communication systems
- Oversee teams of workers & volunteers
- Implement hazard mitigation measures
- Coordinate search & rescue operations
- Deploy resources & supplies as needed
- Keep communities updated
- Conduct damage assessments
- Implement recovery initiatives

What kind of work environment and conditions can I expect?

Jobs in disaster management include a mix of office-based planning work and hands-on field work. In some roles you can work remotely during normal operations, but expect to work in-person during active incidents. Working hours can be unpredictable – the nature of disasters means you could potentially be needed at any time, including overnights, weekends, and holidays.

The Clusters in disaster management

Find out more about the kind of work people in each <u>Career Cluster</u> might do in this pathway.

Guardians

Guardians in this pathway are crucial to help ensure the safety and wellbeing of communities before, during, and after disasters.

Linkers

Linkers in this pathway connect disaster relief organisations with communities and resources.

Coordinators

Coordinators in this pathway are vital, organising each detail behind disaster response and recovery efforts.

Informers

Informers in this pathway are rare but might educate communities on disaster preparedness and response.

Makers

Makers in this pathway are needed to operate emergency equipment and conduct rescue operations.

Innovators

Innovators in this pathway develop new disaster management technologies and methodologies.

Where can a disaster management pathway take me?

Interested in a career in disaster management? There are many roles you might like to consider – here are just a few.

Entry level roles

These jobs can be started with little or no training or experience, and can be great as a stepping stone towards more senior roles in the pathway.

Disaster Response Officer

Coordinate local response activities and provide direct assistance to impacted people and communities.





Emergency Services Operator

Receive emergency calls and provide initial guidance to callers in crisis situations.

Disaster Administrator

Process emergency declarations paperwork, maintain incident documentation, and support other workers.

Mid-level roles

Once you have some further study or experience under your belt, you might like to consider moving into one of these roles.

Disaster Management Officer

Develop and implement emergency response plans, coordinate disaster drills, and manage resources during crisis situations.

Meteorologist

Analyse weather patterns and data to forecast severe weather events and provide critical information to emergency management teams.

Disaster Recovery Project Manager

Oversee specific recovery projects following disasters, coordinating contractors and ensuring compliance with regulations.

Senior level roles

These jobs will require extensive further education or many years of experience, but are also highly rewarding.

Environmental Manager

Develop mitigation strategies for environmental hazards and coordinate recovery efforts to minimise ecological impact.

Disaster Policy Advisor

Shape high-level government policy to reduce disaster risks at regional, national, or international levels.

Chief Resilience Officer

Develop and implement long-term strategies to help communities prepare for, withstand, and recover from crises.

Similar pathways

If these careers in disaster management aren't quite right for you, you might like to explore some other similar pathways instead.

Environmental Management

Analyse, develop, and implement strategies to protect and sustain our environment.

Government

Manage policies, enforce regulations, provide public services, and promote citizen welfare.

Policy and Planning

Analyse, develop, and implement strategies to shape and guide organisational policies.

How can I build experience in this pathway?

If you're still in high school and want to find out if a career in disaster management is right for you, here are some activities you can do:

• Study disaster response plans to understand emergency procedures





- Research case studies of effective disaster management
- Participate in a virtual emergency preparedness workshop or simulation exercise

We recommend studying these subjects in high school:

- English
- Mathematics
- Geography
- Civics
- IT

Here are some suggestions of places you might like to try and find work experience:

- Non-profit organisations specialising in disaster relief and recovery
- Government agencies involved in emergency management and response
- Environmental organisations
- Humanitarian aid organisations
- Research institutions studying disaster management