

The quick guide for School leavers

<https://www.hwllen.com.au/school-leavers-guide>

Kids Help Line – 1800 55 1800 – Anytime. Any Reason
24/7 phone line for kids, teens, young adults, parents and schools kidshelpline.com.au

| Career Advice | Finding a Job | Centrelink | Further study |
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| <p>The seek website has a wide range of topics relating to career advice along with free templates for resumes and cover letters. You can also search for jobs. www.seek.com.au/career-advice/career-advice</p> <p>Searching for a Job A comprehensive list of over 30 job-search websites: general and industry specific jobs and apprenticeships www.aapathways.com.au/Self-Help/Job-Sites</p> <p>Australian Government job search websites jobsearch.gov.au/for-jobseekers www.myfuture.edu.au www.careerkey.org www.seek.com.au www.careerone.com.au www.jobsearch.gov.au www.youthcentral.vic.gov.au www.gooduniversitiesguide.com.au www.joboutlook.gov.au</p> <p>Looking for work Skills and Job Centres The following skills and job centres offer advice and a range of services:</p> <p>Kangan Institute www.skillsandjobs.com.au</p> <p>RMIT University www.rmit.edu.au/students/work-study-opportunities/jobs-and-career-advice/rmit-skillsand-jobs-centre</p> <p>Melbourne Polytechnic www.melbournepolytechnic.edu.au/enquiry</p> | <p>How to write a resume Hume School Leavers' Guide https://www.hwllen.com.au/school-leavers-guide</p> <p>A comprehensive guide on how to put together a resume. Learn how to use social media to find a job role, network and gain and succeed at an interview. www.opencolleges.edu.au/careers/resumes</p> <p>A simple guide to addressing selection criteria in your job application https://careers.vic.gov.au/how-to-apply-to-selection-criteria</p> <p>Great information of finding jobs, applying for job, writing a resume, preparing for interviews, volunteering and work experience youthcentral.vic.gov.au/jobs-and-careers</p> <p>Looking for work www.adecco.com.au www.adzuna.com.au www.business.gov.au www.careerone.com.au www.careersonline.com.au www.defencejobs.gov.au www.jobsearch.gov.au www.navy.gov.au www.seek.com.au</p> <p>Apprenticeships Information about apprenticeships. australianapprenticeships.gov.au</p> <p>Apprenticeship Support Australia http://www.apprenticeshipsupport.com.au</p> <p>MAS National www.masnational.com.au</p> <p>MEGT aasninfo@megt.com.au</p> <p>Sarina Russo Apprenticeships apprenticeships@sarinarusso.com.au</p> | <p>Helpful information if you are leaving school from Department of Human Services website on:</p> <ul style="list-style-type: none"> • Payments for students and trainees • Financial and health support for young people • Looking for work • Work experience • Deciding what's next <p>www.humanservices.gov.au/individuals/subjects/leaving-school</p> <p>youtube clip explaining your eligibility for Centrelink Youth Allowance www.youtube.com/watch?v=4zpLO8z_U20</p> <p>Detailed information about eligibility and applying for Youth Allowance www.humanservices.gov.au/individuals/services/centre-link/youth-allowance</p> <p>Like 'Student Update' on Facebook and get all the important information and reminders relating to Centrelink www.facebook.com/StudentUpdate</p> <p>Applying for a Health Care Card Students who qualify as 'independent' may be eligible for a Commonwealth Government Health Care Card which may reduce the cost of some study courses and provide a range of financial concessions. www.humanservices.gov.au/individuals/services/centrelink/low-income-health-care-card/how-claim</p> <p>Find your nearest Centrelink or Department of Human Service office here: https://findus.humanservices.gov.au/findnearest.asp</p> <p>Services Australia – Youth Allowance https://www.servicesaustralia.gov.au/individuals/services/centrelink/youth-allowance</p> <p>Services Australia – Payments for students, trainees or Australian Apprentices https://www.servicesaustralia.gov.au/individuals/students-and-trainees</p> <p>Services Australia – Payment and Service Finder https://www.servicesaustralia.gov.au/individuals/topics/payment-and-service-finder/28656</p> <p>Services Australia – Phone us (Information for Medicare, Centrelink, or Child Support) https://www.servicesaustralia.gov.au/individuals/contact-us/phone-us</p> | <p>Victorian Skills Gateway – a State Government site with extensive information about:</p> <ul style="list-style-type: none"> • Pre-apprenticeships • Apprenticeships and Traineeships • Choosing a training provider • Jobs and careers • Fees, funding and financial support • Funding eligibility • Pathways • TAFEs and other public providers <p>skills.vic.gov.au/victorianlinkgateway/students/pages/default.aspx</p> <p>Young people making the transition from year 12. Search for information on:</p> <ul style="list-style-type: none"> • Education providers • Employers • Gap year programs • Industries <p>year13.com.au</p> <p>Australian directory of training. Includes a helpful section on starting a career myskills.gov.au</p> <p>Victorian Tertiary Admissions Centre. Everything you need to know about applying to study in Victoria vtac.edu.au</p> |

Where to find help

Health & Wellbeing

headspace

headspace Glenroy

Email: info-headspaceglenroy@orygen.org.au

Website: <https://headspace.org.au/headspace-centres/glenroy/>

facebook:

<https://www.facebook.com/search/top?q=headspace%20glenroy>

headspace Craigieburn

Email: info-headspacecraigieburn@orygen.org.au

Website: <https://headspace.org.au/headspace-centres/craigieburn/>

Facebook: <https://www.facebook.com/headspaceCraigieburn>

DPV Health

DPV Health offers exceptional health care services to people of all ages.

<https://dpvhealth.org.au/contact-us/locations/>

Sunbury Community Health – Youth Counselling

provides generalist counselling for young people between the ages of 13-25 who reside in Sunbury. This service is at NO COST to you

Phone: (03) 97444455 or just drop in

Website: <http://www.sunburychc.org.au/>

Facebook: <https://www.facebook.com/SunburyCH>

headspace Work and Study Service

If you need support, go to: headspace.org.au/workandstudy or call on 1800 810 794

Child and Adolescent Mental Health Service (CAMHS)

North East Triage Service, Phone 1300 859 789.

Beyond Blue – Youth Specific Support (anxiety & depression)
youthbeyondblue.com

Reach Out – online Mental Health Support
au.reachout.com

Youth Support & Advocacy – Alcohol and other Drugs Resource
ysas.org.au

YoDAA – Youth Drug and Alcohol Advice Service
yodaa.org.au

myGov

myGov is a way to access government services online. It is a secure way to access government services online with one login and one password.

<https://humanservices.gov.au/individuals/online-help/create-mygov-account>

Ask Izzy

Ask Izzy is a mobile website that connects people in need with housing, a meal, money help, family violence support, counselling and much more.

<https://askizzy.org.au>

Staying safe online

Potential employers maybe able to view your social media accounts – be careful what you post and monitor your security settings.

www.staysmartonline.gov.au

Medicare

You can apply for your own Medicare card (separate from your family's card) once you turn 15.
humanservices.gov.au/individuals/services/medicare/medicare-card/enrol/how-to-get-your-own-medicare-card-15-years-old

Ambulance Cover

If you cease to be a dependent child and are not receiving Centrelink benefits, you may no longer be covered by your parent's Ambulance cover. Check your eligibility.

www.ambulane.vic.gov.au/membership/av-membership-faq/

Support Services and Assistance

Disability Services

National Disability Coordination Officer (NDCO) Program

<http://www.ndcovictoria.net.au/>

School Leaver Employment Support (SLES)

<https://www.ndis.gov.au/participants/finding-keeping-and-changing-jobs/leaving-school>

Youth Projects – Disability Employment Services (DES)

<https://www.youthprojects.org.au/disabilityemploymentservices>

Disability Day Services

<https://services.dhhs.vic.gov.au/day-services>

DPV Health Disability Services

please telephone 9407 9699 or email millpark@dpvhealth.org.au.

Youth Disability Advocacy Service (YDAS)

<https://www.yacvic.org.au/ydas/individual-advocacy>

Brite Services

<http://www.brite.com.au>

Aboriginal & Torres Strait Islander Support Services

Bert Williams Aboriginal Youth Services

<http://www.vacsal.org.au/programs/bert-williams-center.aspx>

Victorian Aboriginal Child Care Agency

<https://www.vacca.org>

Victorian Aboriginal Health Services

www.vals.org.au

Koorie Youth Council (KYC)

Formerly known as The Victorian Indigenous Youth Advisory Council (VIYAC), KYC is a state wide network of volunteer indigenous young people between 12-25 years providing a voice to Government and community on issues of importance to them.

www.koorieyouthcouncil.org.au

Child, Youth & Family Services

Hume Youth Services

<https://www.hume.vic.gov.au/Residents/People-Services/Youth>

<https://www.facebook.com/HumeYouthServices/>

Anglicare Victoria

Phone: 8641 8900

Melbourne City Mission

www.melbournecitymission.org.au

Mission Australia

Phone: 8615 2200

Salvation Army Emergency Relief

please call 1300 371 288 from Monday-Friday 9am-5pm.

Uniting

Phone: 8401 0100

VincentCare

Phone: 9611 9200

Whittlesea Community Connections

www.whittleseacc.org.au Phone: 9401 6666

Multicultural and Refugee Services

Brotherhood of St Laurence

<https://www.bsl.org.au/services/family-support/integrated-family-services/>

Resource Youth Program

<https://www.bsl.org.au/services/getting-a-job/resource-youth-program>

Spectrum Migrant Resource Centre

Phone: (03) 9977-9000, After hours: 1300 735 653

Foundation House

www.foundationhouse.org.au