



Opportunity and Growth

Careers Newsletter

27 July 2022

Disclaimer – all information is printed in good faith

It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Mr Madani please email jmadani@stpiusx.nsw.edu.au

JobJump - Parents and students please watch YouTube video and sign up

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts.

To register go to <https://www.jobjump.com.au/>

Search school – St Pius X Chatswood

Register with an email address (use a private address, not spx)

Password – pius (lower case)

Parent information: <https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be>

UNSW | 2022 Co-op Chat – The first year

Wednesday 27 July 2022, 6:00 pm - 7:00 pm

Online

The UNSW Co-op Program offers an array of opportunities to highly motivated, passionate students across a number of different degree programs at UNSW. But what does it really look like from the inside? We've asked some of our current scholars to share their experience about the jam-packed first year of the Co-op Program and answer any questions you might have about the experience.

Find out more: <https://www.eventbrite.com.au/e/2022-co-op-chat-the-first-year-tickets-385552878037>

UAC Digital | Let's Chat – Communications and Media

Wednesday 27 July 2022, 6:00 pm

Online

Thinking of applying for a Communications or Media degree? We'll provide HSC students and their parents with information about additional selection criteria, pathway courses and career options, and give answers to the most commonly asked questions.

Find out more: <https://uacdigital.easywebinar.live/registration-lets-chat-communications-and-media>

UAC Digital | Let's Chat – Engineering and IT Students

Thursday 28 July 2022, 6:00 pm

Online

If you are interested in engineering & IT then this session is for you. Current students from a range of unis share their experiences of student life. Topics covered include:

- how they decided on the course they are studying
- what they found easy about the process of applying and enrolling, and what they found hard

- what they thought uni would be like
- the best thing about being at uni
- their hopes and dreams for when they finish

Find out more: <https://uacdigital.easywebinar.live/registration-let-s-chat-engineering-and-it-students-how-to-build-a-bridge-101>

University of Sydney | Studying Languages and Cultures at Sydney

Wednesday 3 August 2022, 4:00 pm - 4:30 pm

Online

So you're thinking about studying languages and culture at university. Great! In this webinar, we'll take you through how you can study languages and culture with us, and how it can benefit you. We'll cover a range of options, from specialising in multiple languages to incorporating language study into a non-language specialist degree. You can also find out about our intensive in-country study units, where you can gain credits toward your degree with a two-week language and culture immersion experience overseas. We'll also wrap up with some stories about our recent alumni, so you can see first-hand how study of languages and cultures can open doors to exciting global careers.

Find out more: https://uni-sydney.zoom.us/webinar/register/WN_nNT3pL5PQmmIQcABXTUUbw

What counts when making career choices: lessons from Australian agriculture – Parents and carers webinar

Tuesday 9 August 2022, 4:00 pm - 5:00 pm

Online

Career decision-making learning includes developing the ability to make career decisions in the context of life planning and relating self-awareness to the knowledge of different opportunities. In guiding this development, we have a responsibility to provide young people with learning opportunities that expand their understanding of themselves in relation to less visible careers, such as those in Agriculture.

Join Dr Nicole McDonald, Senior Research Officer, Central Queensland University as she discusses:

- How to best support young people to develop self-awareness and self-efficacy to support their career goals
- The purpose, meaning and values that are associated with career choice for young people aspiring to a fulfilling career and life
- The unseen job market in the agriculture industry.

Find out more: <https://register.gotowebinar.com/register/2599373454959194893>

University of Sydney | E12 Scheme and Statement Writing Workshop

Tuesday 9 August 2022, 6:00 pm - 7:00 pm

Online

Join us for an overview of our E12 Early Offer and Scholarship Scheme and take part in a workshop to help you write your supporting statement. You can find out about the application process, eligibility, benefits, and have all your questions about the scheme answered.

The E12 Early Offer and Scholarship Scheme is for students from rural, regional or low socio-economic backgrounds, or those facing financial hardship. It makes your pathway to the University of Sydney easier and helps reduce the financial pressure of your first-year studies. This year, over 90 courses are offered via E12, and hundreds of students enter the University of Sydney through this scheme each year.

Find out more: <https://uni-sydney.zoom.us/meeting/register/tZEkcOivrDktE9Eda6ceUqK5nimQBSTliMRk>

Camp America | 2023 Online Info Session

Tuesday 9 August 2022, 7:00 pm - 8:00 pm

Online

Summer Camps are looking for you! Teach your skills all summer, make a difference and meet great mates on your next adventure. Stop dreaming and start your next adventure from home.

We're dreaming of our next adventure! Join us for an online information session from the comfort of your home!

We've got heaps of tips and tricks to make your dreams reality and make application stand out. Get a full rundown of what your Camp America Experience could look like. Bring mum, dad and your best friend, all are welcome.

Find out more: <https://www.campamerica.com.au/events/camp-america-online-3>

Basair | Pilot Career Seminar

Monday 15 August 2022, 7:00 pm - 8:30 pm

Basair Aviation College, Bankstown Aerodrome

Learn about career paths, salaries, entry level jobs, qualifications, pilot courses and everything you need to know about becoming a Commercial Pilot in less than a year at Basair.

Find out more: <https://basair.com.au/seminar-events/sydney-pilot-career-seminar-aug-15-2022/>

Monash | Information Evening – NSW and ACT

Wednesday 17 August 2022, 6:30 pm - 8:00 pm

Online

We know that choosing a university is a big decision, especially if you don't live in Melbourne. Monash Information Evenings are the perfect opportunity to have your questions answered on everything you wanted to know about undergraduate study at Monash.

You'll hear about:

- our ten diverse study and discipline areas
- undergraduate course types, such as our comprehensive and specialist courses, double degrees and pathway programs
- international opportunities including study abroad and overseas tours
- how to apply – everything need to know about VTAC, key dates and deadlines
- scholarships and fees
- SEAS and the Monash Guarantee
- accommodation options, both on and off campus

At the conclusion of the information seminar (45 minutes), you'll have the opportunity to join a breakout room and hear more from your Faculty interest area.

Find out more: <https://www.monash.edu/discover/events/general-information/interstate-monash-information-evenings-nsw-and-act-webinar>

OGVI | Virtual Open Day

Sunday 21 August 2022, 1:00 am - Thursday 21 July 2022, 3:00 am

Online

You've been daydreaming about joining an immersive GVI community program, but you've got some questions. Maybe you haven't travelled alone before? Or you're wondering what to expect?

Our next free Virtual Open Day is your chance to discover first-hand what GVI is all about, and why becoming a global citizen is so valuable.

Listen to inspiring stories from our passionate staff and participants, ask questions, get more info and receive a special Open Day offer.

Find out more: <https://people.gviaustralia.com.au/opendays/gvi-open-day/>

ACAP | Discover ACAP Online Info Sessions

Tuesday 23 August 2022, 6:30 pm - Thursday 25 August 2022, 8:30 pm

Online

Thinking of gaining your first qualification, upskilling or changing careers? Then a Discover ACAP information session is for you.

In this series of online information sessions you will be immersed in knowledge, with experienced educators, knowledgeable course advisors and seasoned students sharing their insights.

Hear about courses in coaching, counselling, criminology, management, psychology and social work.

You will also learn about:

- Specific course content and potential career prospects
- What it is really like to study at ACAP, based on first-hand experiences
- The application process
- FEE-Help
- Resources, study options and the benefits of studying at ACAP

Find out more: <https://www.acap.edu.au/events/discover-acap-t322/>

UTS | Open Day 2022

Saturday 27 August 2022, 9:00 am - 3:00 pm

University of Technology Sydney

Explore your course and career options at UTS Open Day! With 100+ info sessions, campus tours, advising and more on offer, it's a great opportunity to talk to academics and current students and get your UTS questions answered.

The event will be held in a hybrid format and you will be able to choose to attend the event on-campus or online.

Find out more: <https://www.uts.edu.au/study/open-day>

WSU | Discover Western – Applying & Early Offers: Getting An Early Offer And How To Apply To University

Tuesday 13 September 2022, 5:00 pm

Online

Come join us for all the important information about applying for University. With your HSC Trials behind you, discover our early offer programs and pathways to University, and explore how you can apply for University and get an offer without your ATAR.

Find out more: <https://www.westernsydney.edu.au/future/student-life/events/western-webinars>

ACU | Talk with Youth Workers and Social Workers

Tuesday 13 September 2022, 6:00 pm - 7:00 pm

Online

Your work is powerful when you empower others. As a social or youth worker, you'll help people thrive and promote social change.

Join us online to hear from ACU alumni about their experiences working as youth workers and social workers. Take part in a Q&A session with our graduates and learn what it is like to step into the workforce equipped with the skills to improve individual and community wellbeing.

Find out more: <https://www.acu.edu.au/about-acu/events/2022/september/talk-with-youth-workers-and-social-workers>

SAE | Creative Futures

Byron Bay: Thursday 13 October 2022, 5:30 pm - 7:30 pm

Sydney: Thursday 13 October 2022, 5:30 pm - 7:30 pm

Online: Wednesday 19 October 2022, 5:00 pm - 6:00 pm

We're opening our campus doors and giving you the chance to chat with our industry experts, who are ready to answer all your questions about studying and working in creative fields.

This free event is exclusively for high school students in year 11 & year 12. Chat to your careers teacher today for more info on how to register.

Find out more: <https://sae.edu.au/event/creative-futures/>

How Does the NSW Budget Impact Children and Young People?

Tuesday 26 July 2022, 3:30 pm

Macquarie University

Macquarie Business School, together with the Office of the Advocate for Children and Young People (ACYP), invites you to attend a special event with the Treasurer, The Hon. Matt Kean MP.

The event will be hosted by Sam Koslowski (Co-Founder of The Daily Aus) and will be a Q&A style event. The event aims to provide young people with the opportunity to speak directly with the Treasurer about the impacts of the NSW Budget 2022-23, and other issues of importance – such as the rising cost of living.

Find out more: <https://bit.ly/3yVQyp4>

Circular Economy Youth Leadership 2022

Wednesday 27 July 2022, 1:00 pm - 4:00 pm

Hunter

The Hunter 100: Circular Economy Youth Leadership program is back in 2022. The program will be offering a workshop session to High school and University students about the circular economy and its emerging role in the Newcastle/Hunter region.

The program will cover the foundations of what a circular economy is, how people and businesses can benefit from circular thinking and provide you with the skills to accelerate the shift towards a circular economy. It will give you a theoretical base, as well as look into the circular economic activities that are happening today, and in the Newcastle/ Hunter region. The program will help stimulate innovative thinking of circular economic opportunities across relevant industry sectors and uncover the possibilities that lie within the emerging circular economy space.

This program will be held on Wednesday 27th July 2022, hosted by Go Circular. We only accept students from Newcastle/Hunter region for this workshop. Spaces will be limited.

Find out more: <https://events.humanitix.com/circular-economy-youth-leadership-2022-driving-a-circular-economy>

MathsCraft Workshop for Year 5 – 10 Students

Tuesday 16 August 2022, 10:00 am - 11:30 am

Online

How does a mathematician think about and solve problems? What does doing maths look like?

MATRIX invites Year 5 to 10 students to join us during National Science Week for a MathsCraft event, and experience what makes research mathematicians love maths. You'll have the opportunity to work on some really interesting and challenging maths problems.

Teachers and parents/guardians are also invited to join online to audit the session.

Find out more: <https://www.matrix-inst.org.au/events/mathscraft/>

Campion | HSC Workshops

Wednesday 31 August 2022, 7:00 pm - Wednesday 5 October 2022, 8:30 pm

Campion College

Looking for helpful guidance on how to compose effective responses under exam conditions?

In 2022, Campion College will be delivering a series of HSC Workshops, presented in partnership with Veritas Academy.

Workshop topics include:

- 31 Aug: *Othello & The Merchant of Venice*
- 14 Sep: George Orwell's *Nineteen Eighty-Four*
- 4 Oct: William Shakespeare (Online workshop)
- 5 Oct: Creative Writing & Critical Reflection (Online workshop)

Find out more: <https://www.campion.edu.au/event/hsc-workshops/>

AIE | Film Production Workshop

Saturday 3 September 2022, 10:00 am - 4:00 pm

Academy of Interactive Entertainment, Ultimo

Learn what it takes to plan and produce a film shoot in this intensive film production workshop. You will get hands-on with cameras, lighting, and the latest in virtual production LED screens. Industry-experienced filmmakers will guide you in taking your script through the various production stages.

In this workshop, we will fast-track the film production process by choosing one scene and taking it through the pipeline from idea to finished shots. As part of this process, participants will be leveraging virtual production sets! This is an exclusive opportunity to learn more about this revolutionary technology which is empowering filmmakers.

This workshop is suited to participants that are interested in learning more about film, working in film crews and developing their own short films.

Find out more: https://aie.edu.au/aie_event/film-production-workshop/

Smart Green Economy Student Conference

Monday 19 September 2022, 9:00 am - Tuesday 20 September 2022, 5:00 pm

Cairns Colonial Club Resort & Online

The inaugural Smart Green Economy Hybrid Student Conference aims to create an interactive environment for inspirational education and thought provoking conversation for students. Our vision is to bring together students currently studying or genuinely passionate about the Green agenda. Speakers and innovative leaders will engage and open up the discussion with students whilst developing their understanding of current issues and innovative opportunities. The forum will empower our youth to have a voice and contribute to strategies and tangible outcomes towards stimulating growth sustainably.

The conference will bring together locals, intra and interstate students aged 13-17 years as well as overseas students, virtually.

Find out more: <https://www.greatbarrierreefacademy.com.au/student-conference/>

Puggy Hunter Memorial Scholarship Scheme

Value: Up to \$15,000 AUD per year

Open/Closing Dates: August 29, 2022 – October 10, 2022

The Puggy Hunter Memorial Scholarship Scheme (PHMSS) is designed to encourage and assist undergraduate students in health-related disciplines to complete their studies and join the health workforce. The scheme provides scholarships for Aboriginal and/or Torres Strait Islander people studying an entry level health course.

[Find out more](#)

2023 Teacher Education Scholarship Program

Value: Up to \$7,500 AUD per year

Open/Closing Dates: July 4, 2022 – August 26, 2022

If your future plans include completing an initial teacher education degree or you are currently studying to become a secondary teacher (across any key learning area) or inclusive/special education teacher (K – 12), you could be eligible for the Teacher Education Scholarship.

[Find out more](#)

Tax, Super + You Competition

If you're a student in Year 7–12, we want you to unleash your creativity and find a new way to tell us about tax and super. This competition will not only give you an insight into the value of tax and super, but you have the chance to win a share of \$7,600 in prizes.

For your chance to become Australia's next tax and super creative genius, you must:

- be a student in Year 7–12
- be enrolled in the Australian education system
- only submit up to three entries per person/group
- complete a separate entry form to accompany each entry
- complete a separate photo consent form for each person shown in your entry
- comply with the [terms and conditions](#).

There is no entry fee.

Entries close Friday 19 August.

Find out more and enter here: <https://www.taxsuperandyou.gov.au/competition>

First Pitch Competition

First Pitch calls on budding young entrepreneurs aged up to 18 to enter their best business pitch for the chance to win great prizes.

You can submit a 3-minute pitch on a business innovation or idea that can make a difference in your community and Australia wide. Your pitch will be judged by a local panel of entrepreneurs and business professionals, and the state winners get to participate in the national championship.

Entries are open until Sunday 9 October at 11.59pm.

Find out more and enter here: <https://www.firstpitch.com.au/>

KSP Poetry Awards

The KSP Writers' Centre is proud to present this annual poetry competition for Australian writers, which is free for youth to enter thanks to sponsorship from the Shire of Mundaring. Entries must be original and unpublished. All poetry styles and themes are acceptable.

There are three categories to enter:

- Youth KSP Poetry Awards (10 to 17 years)
- Open KSP Poetry Awards (18 years plus)
- Annette Cameron Encouragement Award (WA residents only)

Entries close 29 September 2022.

Find out more: <https://www.kspwriterscentre.com/poetry-competition>

[Work Experience at the New England Regional Art Museum](#)

The New England Regional Art Museum offers work experience in a sincere effort to provide a quality, diversified program in which students from a variety of educational disciplines have the opportunity to apply traditional academic classroom learning to actual work situations within the Museum, in order to develop personal and professional skills for future career development and placement.

[Learn more](#)

[Work Experience with Queanbeyan-Palerang Regional Council](#)

We provide unpaid work experience for people undertaking educational training at school, TAFE or university. Our work experience program provides practical on-the-job experiences while offering exposure to a diverse range of services, programs and facilities.

The number of placements available depends if the work area can provide effective on-the-job experience at a suitable time for both Council and the student.

Where there is high demand, preference is given to schools and institutions within the Queanbeyan-Palerang region, and students whose studies are most relevant.

All expressions of interest should be submitted with a minimum of four (4) weeks notice.

[Learn more](#)

[Work Experience with BAE Systems Australia](#)

We offer unpaid work experience for Year 10 school students both in-person and online. Students work in teams on a project to develop, operate and maintain a virtual amusement park.

Under guidance from engineering and project management teams, the students work through a number of training modules including digital design, 3D printing, workplace safety and electronics construction.

This program provides students with experience in coordinating a project and showcases what STEM skills are needed to create a roller-coaster for a hypothetical business unit.

We offer two pathways to participate: Face-to-face over 4-5 days; or via online over 3 days. Both program styles are available at various sites and times throughout the year.

[Learn more](#)

[Work Experience with National Pharmacies](#)

At National Pharmacies, we are proud to offer work experience programs to secondary students and university students who are either studying, or have an interest in studying, Pharmacy.

To be considered for a work experience placement at National Pharmacies you must meet the following criteria:

- Must be a secondary school student or university student who is completing a bachelors degree in pharmacy
- Must be at least 15 years of age
- Must be covered by your school's/university's Personal Accident Insurance and Public Liability Insurance
- Duration of work experience placements must be no more than 1 week duration (for secondary school students)
- Must provide a correctly completed 'Workplace Learning Agreement Form' (provided by the school)
- Must provide a correctly completed 'National Pharmacies Work Experience Application Form'
- Applications for work experience must be received a minimum of 6 weeks prior to the work experience commencing

[Learn more](#)

How to prepare for job interviews (with Virtual Reality)

There's nothing more nerve-wracking than your first job interview. Even practising for job interviews with teachers, advisors, or your school can be anxiety-inducing. Here are a few tips on how to prepare so you can ace your next job interview.

6 steps to prepare for job interviews

As a student there are a few essential things to understand and get comfortable with to prepare yourself for job interviews:

1. **Plan your travel** – Prior to your interview map out how long it will take to get to the workplace and how you will travel to make sure you're punctual and on time. It's important to know what time you need to leave to arrive before your interview time.
2. **Choose an appropriate outfit** – what you wear communicates how you present yourself. Choose clean clothes that are suitable for the workplace you're interviewing at. This depends on the workplace. You must dress accordingly if it's a corporate office, a retail store, cafe, recreation centre or other workplaces. Dress to impress, and match your clothing choices to the workplace.
3. **Greet everyone with a smile** – when you arrive at a worksite, often you will greet another team member, a receptionist or other employee before the person interviewing you (which is usually HR or a hiring manager). It's important to make a good impression on everyone you interact with at the workplace. Often your interviewer will ask everyone you spoke to how you interacted with them. If you leave a bad impression, that can impact your chances!
4. **Practise responding to questions with enough detail** – if you give short answers or don't respond with enough detail, it's hard for interviewers to understand how you might suit the role you're interviewing for. A good practice is to work with someone to time how long your answers are. Short answers don't give interviewers anything to go off.
5. **Practise maintaining strong eye contact** – eye contact can be uncomfortable! But it's a sign of confidence and conveys capability. It's good to get comfortable maintaining strong eye contact in interviews.
6. **Practise your speech volume, pace and filler words** – when we get nervous in job interviews, often we start to talk very fast, speak softly or use too many filler words like "umm", "ahhh" and "like". These can make you seem less competent to your interviewer. To

prepare for job interviews it's good to practise slowing down your responses, speaking at a reasonable volume and reducing filler words.

These are a few key skills and steps you should become more comfortable with to prepare for job interviews. The tricky part for many students is finding ways to practise these skills and get comfortable with the interview jitters. But a Brisbane-based startup called Work Window is here to change that with the world's first [Job Interview Simulator](#) that enables you to practise all of these skills in Virtual Reality!

How to practise for Job Interviews with Virtual Reality

The Job Interview Simulator mimics a real-world job interview experience in virtual reality. This includes all the steps you would take on an interview day: getting dressed, entering the building, riding the nerve-wracking elevator up, greeting a receptionist, meeting HR and being interviewed.

The Job Interview Simulator application then provides automated feedback and assessment to help you improve your:

- Eye Contact
- Speech Volume
- Speech Pace
- Average Response Length
- Use of Filler Words
- Clothing Choice
- Punctuality

Through the simulated experience and feedback, you can practise your interview process in a virtual world as many times as you need to feel more comfortable and confident.

Want to see how it looks? Check out [this video](#) of the Job Interview Simulator.

How to access the Job Interview Simulator to practice with VR

Individual students or parents can request their school and Careers Advisors/Careers teams to investigate the Job Interview Simulator for their careers education programs by sending them this link: <https://www.workwindow.com.au/job-interview-simulator>

The Job Interview Simulator is also available to individuals through the Oculus Quest 2 VR headsets. To find out more, contact the Work Window team at hello@workwindow.com.au

Our thanks to Cameron Martin, Founder of Work Window, for authoring this guest article.

Work Window also has a Virtual Reality Careers Exploration application where students can take a virtual interactive tour of a worksite to get a feel for a career within a few minutes of Virtual Reality, rather than a week of Work Experience. It's used by over 40+ of Australia's leading schools to help students explore and transition into the world of work.

<https://www.workwindow.com.au/>

What's the difference between a reference and a referee?

If you're hunting for work, you've probably put together a resume to hand out to potential employers. One of the most important parts of the hiring process is the employer looking for information about you from other people. This is usually done through references and referees.

But what are references and referees, and what's the difference? Read on to find out.

Reference vs referee

A **referee** refers to an actual person – someone you'll put down on your resume who can vouch for your skills and effectiveness.

A **reference** is a written document or statement from a person you've worked for. It usually includes information about the kind of work you undertook, and your skills and abilities.

So someone may be willing to write up a reference for you, but that doesn't necessarily mean you also need to include them as a referee on your resume.

The purpose of references and referees is so employers can cross-check any information you've put on your resume to ensure you're not making anything up.

The benefit of references is that once you have one, you can use it over and over again without needing to worry about it changing. Conversely, the benefit of referees is that they can potentially provide more relevant and up-to-date information.

Who can be a referee?

Your referees need to be people who know about your work experience and skills, and are willing to vouch for you in a positive way.

Keep in mind you should never put your parents or friends down as references – employers will usually consider them as biased and unreliable. The best referees are people you know in a professional capacity, such as your employer. If you've never had a job before, you can include people like teachers, mentors or coaches instead.

If you're going to add someone as a referee to your resume, make sure you let them know in advance. Not only is it the polite thing to do, it also means they can be prepared in case a potential employer calls them for information.

Ensure your referee details are always kept up to date – if an employer can't get in touch with your referees, this might affect your application.

Who can I get a reference from?

If you'd like to add some references to your resume, they don't just need to come from people you've been employed by.

If you're undertaking work experience, it's a good idea to ask if you can get a reference at the end of your placement. Or if you do any sort of volunteer work, this is great to get a reference for too.

If you have no work experience (either paid or unpaid), you can also ask for what's known as a 'character reference'. Obviously this won't include any details of your work, but can tell a potential employer more about the type of person you are.

References are most credible if they're written or typed on a company letterhead, and also signed by the person who wrote the reference. Keep in mind that employers might contact the business or person you've received a reference from to make sure it's legit.

Want more?

Like to know more about job hunting? Check out the other resources on [Study Work Grow](#).

Medicine, Vet and Dental applications now open at Charles Sturt

2023 applications are now open for Charles Sturt's [Doctor of Medicine](#), [Bachelor of Veterinary Science](#) and [Bachelor of Dental Science](#) through UAC.

If you're thinking of studying vet science, you'll also need to complete [this form](#) and a [predicted ATAR letter](#).

For the Doctor of Medicine and Dental Science, you must have registered and sat the UCAT before applying through UAC. UCAT testing for 2022 has now closed – but you can [get in touch](#) with the Charles Sturt team if you'd would like to learn more about your options and potential pathways.

Applications close on 20 September 2022 for these courses with no late applications accepted. So make sure you're prepared and get them in as soon as possible.

Career mapping: where to after school?

Many students are uncertain about their next steps after Year 12.

But – as Phillip Williamson, Head Teacher Careers for the NSW Government's Educational Pathways Program, writes – it's vital to go easy on yourself, self-reflect and do your research.

The most important thing, he advises, is to focus on your direction, not your destination.

Read all of Williamson's practical tips for starting your career journey in the full blog here: <https://www.uac.edu.au/media-centre/news/career-mapping-where-to-after-school>

JMC Academy Early Entry

Why wait for your ATAR to be released to know how you'll be spending the next few years of your study time? Apply through JMC's Early Entry program to secure your conditional offer in our February 2023 intake before you even sit your final exams!

What are the benefits of early entry?

- Stress less about your exams, knowing you've already secured your place for next year
- Our undergraduate programmes have no ATAR requirements
- No fees or costs associated with applying
- You are not obligated to take up our offer
- Your offer can be deferred to a mid-year or late-year intake

Early entry is available for all current Year 12 students in Australia, looking to study at our Sydney or Brisbane campuses. Note that Victorian students will still need to apply through VTAC.

Apply direct to JMC Academy. Find out more here: <https://www.jmccademy.edu.au/how-to-apply/domestic-students/early-entry/>

Spend your Gap Year in America

Applications for the 2023 Camp America program are now open.

As part of Camp America, you will head to the United States for 9-12 weeks and become a counsellor for youth participating in Summer Camp programs. Summer camp in America is a massive tradition. It's estimated there are 12,000 camps spread all over the country and each summer some 11 million children and adults will attend camp.

There is also the opportunity for participants to spend time travelling around America after the camp has concluded.

Learn more about Camp America and how to get involved here: <https://www.campamerica.com.au/>

Checking in with yourself

When you're not feeling so hot, it can be tricky figuring out what's wrong. It's easy to get swept up in life's responsibilities – from school, to work, to keeping up relationships with friends and dealing with expectations from family.

Take this quiz from ReachOut to check in with yourself. They can help you pinpoint what's going well, and how you can improve what isn't going so well.

Take the quiz here: <https://au.reachout.com/articles/quiz-checking-in-with-yourself>

HELP loans explained

For most school leavers, it's unlikely you'll have access to large sums of money, even if you have been working and saving hard. Your parents or carers might not be able to assist you either.

But don't be discouraged – there are options to help you out financially.

If you do choose to go on to study at uni, college or TAFE, and you're wondering how you'll be able to cover the tuition fees and living expenses, we're here to help.

In this blog, we'll be focusing on HELP loans.

Commonwealth Supported Places

Almost every university in Australia offers undergraduate students [Commonwealth Support Places](#) (CSP).

If you're awarded a CSP, it means that the government will cover the majority of your fees. But not all, so you will still have to pay a certain amount.

The amount you'll have to pay is called your [student contribution](#). This amount varies depending on the university and the course you enrol in, and can change every year. You can find the latest amounts on the Study Assist website [here](#).

You can apply for a HECS-HELP loan to cover your student contribution costs

You'll either have to pay your student contribution fees upfront...or you can apply for a [HECS-HELP](#) loan.

Because it is a loan, unfortunately that means you'll have to repay the money. But you're not obligated to make any repayments until you're earning over a certain salary.

The amount you'll have to earn before you have to start repaying your loan is set by the [Australian Tax Office \(ATO\)](#) and changes each year. So make sure to check with them so you know when you need to start making repayments.

As a guide, the 2022-2023 repayment threshold is \$48,361 per year – so if you're earning below that amount, you won't have to start making repayments.

To apply for HECS-HELP you'll need a [tax file number](#) (TFN). You'll then need to fill out a *Request for Commonwealth support and HECS-HELP* form, supplied by your university or other provider. Make sure you submit the form before the [census date](#), or you might have to pay your fees upfront. If you're unsure about the process or need assistance, make sure to contact your university or provider, and they can help walk you through the process.

For students who'll have to pay full fees, there's FEE-HELP loans

If you are awarded a university place where you'll have to pay full fees, don't stress.

You can apply for a government [FEE-HELP](#) loan to help you out. The money can only be used towards tuition fees, not other expenses like accommodation or books etc.

To apply for a FEE-HELP loan, you'll need a tax file number (TFN) and you'll need to submit a *Request for FEE-HELP loan* form to your course provider. Once again, ensure you fully complete it and submit it before the [cut-off date](#).

Other HELP that could be an option for you

If your course provider charges you a [student services and amenities fee](#), you can apply for an [SA-HELP](#) loan to help you cover those costs.

Note: the maximum you can be charged in 2022 is \$315 – it may change in 2023 and subsequent years.

If you're enrolled in a CSP and want to complete some of your studies overseas, you can apply for [OS-HELP](#) loan to go towards airfares, accommodation or other travel costs.

There's HELP for vocational studies too

[VET Student Loans](#) (VSL) could cover some of your tuition fees if you'd like to study a Diploma-level qualification or above.

If you're applying for a Certificate IV or lower level qualification, then you won't be eligible for a VSL, but you can always ask your provider about other finance options.

The HELP loan limit available to you is significant

In 2022, the HELP loan limit is \$109,206. If you apply to study medicine, dentistry or veterinary science, or eligible aviation courses, your HELP loan limit goes up to \$156,847.

This is the maximum amount of money you can borrow from the government, and **includes all** of FEE-HELP, HECS-HELP and VSL combined. You don't have to borrow up to the limit and it's worth remembering that whatever you borrow, you'll ultimately be paying back.

The amount of money you have borrowed and therefore amount of money left available for you to borrow is called your **HELP balance**.

You can keep an eye on your balance at [myHELPbalance](#). You'll need to know your [CHESSN](#) (Commonwealth Higher Education Student Support Number) to log in.

The HELP balance is renewable

You can start making voluntary repayments at any time, and the money will be credited to your account. This increases the amount available in your HELP balance and could make you eligible to take out further loans.

For example, if you have borrowed up to the HELP loan limit, but you work part time during your studies or get a holiday job, choosing to voluntarily repay \$6,000 off your loans could mean you can access further study.

You'll need to do some further research

Before you plan your future studies on the basis of what you've read here, you'll need to find out a few things:

- Are you eligible for these loans?
- What are the requirements to ensure you remain eligible throughout your course? For example, for FEE-HELP you may have to obtain a minimum pass rate each year of your studies or your loan could be suspended.
- Are there any additional fees and costs involved?
- What are your responsibilities after you've graduated?
- How and [when](#) you should start making [compulsory repayments](#), or how to go about making [voluntary repayments](#).

There are other options to help you pay your way too

If a HELP loan could help you cover the cost of your tuition fees, that's one hurdle out of the way. But it's not your only option.

Services Australia also provides financial assistance to students through [Youth Allowance, Austudy and ABSTUDY](#).

You can also consider other things like scholarships, bursaries and grants to help you cover additional costs, including accommodation, books, living expenses and travel.

You can find heaps of scholarships currently open for applications in the [Study Work Grow scholarship database](#).

[Why do we study characters in English?](#)

Being able to analyse and understand a character's attributes, beliefs, and values is a really useful skill, because you will meet a huge range of characters (aka 'people') throughout your life, and if you can understand a character in a book, play, or movie, then you will be better placed to understand the people you meet.

Learn more about why we study characters in English in the full blog here: <https://whywestudy.com/why-do-we-study-characters-in-english/>

[How to become an Anaesthetist](#)

Anaesthetists are responsible for administering general or local anaesthesia to a patient for a variety of reasons, including undergoing surgery, for diagnostic procedures, or for pain relief. They also monitor patients during the procedure in case of an adverse reaction.

If you're kind and dedicated, want work that is rewarding, and are prepared to take on the responsibility of the role, becoming an Anaesthetist could be ideal for you.

About you:

- Fantastic problem solver
- Excellent communicator
- Thorough and analytical
- Calm and observant
- Dedicated and hard-working
- Kind and caring
- Works well in teams
- Resilient and level-headed

The job:

- Examining patients pre-procedure to determine appropriate sedation methods
- Discussing procedures with patients and obtaining informed consent
- Administering local and general anaesthesia using a variety of methods
- Supervising patients as they undergo procedures
- Acting swiftly to prevent injury in the event of an adverse reaction
- Monitoring patients' recovery post-procedure
- Recording thorough details of anaesthetics administered
- Liaising with other healthcare workers, such as surgeons and nurses

Lifestyle Impact: Low

- Part Time opportunities: Very low – only around 19% of Anaesthetists work part-time (source: labourmarketinsights.gov.au).
- Average hours for full-time workers: 47 hours a week, which is above average (source: labourmarketinsights.gov.au).
- Anaesthetists' salary (average) \$195,000* per year (source: au.talent.com). Salaries vary depending on your skills and experience, with some Anaesthetists making over \$400,000 a year.
- Future career growth: Moderate (source: labourmarketinsights.gov.au).
- A majority of your work will be done indoors, in clinical settings such as hospitals and day surgeries.
- Emergency surgeries may need to be done at any time, so be prepared to be on-call day or night.
- You may need to work with patients who are distressed, in pain, or nervous.

Anaesthetists are most in demand in these locations:

Around 5,800 people worked as Anaesthetists in Australia in 2021 (source: labourmarketinsights.gov.au). Demand is spread evenly across Australia, with extra demand in regional and rural areas. Most Anaesthetists work in the Health Care and Social Assistance industry.

How to become an Anaesthetist in Australia

To become an Anaesthetist in Australia takes many years of hard work and training. You will first need to complete a Medical degree, followed by internship, residency and fellowship.

Step 1 – Complete Year 12 with a focus on English, Maths and Sciences.

Step 2 – Complete a Medical program at university.

Step 3 – After graduation, complete 2 years of general hospital experience.

Step 4 – Apply to become a trainee with the [Australian and New Zealand College of Anaesthetists](#) (ANZCA), and complete 5 years of training.

Step 5 – Apply for specialist medical registration with [Ahpra](#) and start working as fully qualified Anaesthetist.

Step 6 – Undertake mandatory continuing professional development (CPD) throughout your career and renew your registration annually.

Find out more here –

<https://www.anzca.edu.au/>

<https://www.ahpra.gov.au/>

Similar Careers to Anaesthetist

Surgeon General Practitioner
Medical Doctor Paediatrician
Cardiologist Optometrist
Dentist

Find out more about alternative [careers](#).

Frequently Asked Questions (FAQs)

What do Anaesthetists do?

Anaesthetists prepare patients to undergo surgery and other procedures by administering anaesthetics and sedatives.

Which industries employ Anaesthetists?

Anaesthetists are mostly employed in the Health Care and Social Assistance industry.

What options are there for career progression?

There are many pathways you can take as an Anaesthetist, working in general surgery, perioperative medicine, providing pain relief to chronic sufferers, or as a rural specialist working in the farthest reaches of the country.

Do I need to go to university to become an Anaesthetist?

Yes, you will need to complete a medical degree and undergo around seven years of additional training before you can work as an Anaesthetist.

Where do Anaesthetists work?

Anaesthetists are employed in both public and private hospitals, private clinics, day hospitals, and in specialist clinics.

What are 3 things I can do right now to help me become an Anaesthetist?

If you're in high school and you'd like to find out if a career as an Anaesthetist is right for you, here's a few things you could do right now:

1. Start looking at medical programs in Australia and make sure you're on track to meet any entrance requirements. Consider whether you're willing to complete the long training requirements.
2. See if you can find work experience in medicine or health. This will help you see if you might enjoy the work, and can help you start building important contacts for the future.
3. Talk to an Anaesthetist to see what a day in their life is like. If you don't know anyone, see if you can watch videos or documentaries about a career in health.

Mr Madani

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