

Beetroot Biscuits

Preheat the oven to 170C

Using gloves

Peel and chop beetroot into very small cubes and bring to the demo bench to be cooked in the microwave on high for 10-12 minutes.



Chop 100g dark melts into smaller pieces on a chopping board. Don't forget to keep your fingers up and out of the way



Add to a mixing bowl and whisk until combined
50g butter (softened)
1/4 cup brown sugar
50g plain yoghurt



Add to yoghurt mixture
1 egg
1 cup SR flour
½ cup rice flour
100g dark melts chopped

1 tbs cocoa powder



Mix biscuit dough until well combined with a spatula and then add cooked beetroot and combine until beetroot is evenly mixed through



Make small ball shapes out of dough and place on baking tray evenly spaced apart.



Flatten the biscuits with the back of a fork

Bake in the oven for 12-14 minutes