



Talking Teens

A Parents Building Solutions program for parents of 13 to 18 year olds

Do you want to:

- Improve your relationship with your teenage child?
- Improve communication and resolve family disputes?
- Learn about adolescent development?
- Explore why young people use alcohol, drugs and behave in other risky ways?

Come along to 6 sessions to learn strategies, share stories and take some time out for you!

Where:

Central Ringwood Community Centre
Bedford Park, Rosewarne Lane, Ringwood

When:

Mondays (5 evening sessions)
February 17th to March 23rd 2020
(excludes March 9th, Labour Day Holiday)

Time:

7:00 to 9:00 pm

Cost:

Free of charge. Bookings Essential

Bookings:

Sharon Muir on 0438 683 049 or
sharon.muir@anglicarevic.org.au