

WELLBEING AT CJC



Single Incident and Bullying Prevention

Caulfield Junior College has several programs and strategies in place to build a positive and inclusive school culture and relationships to promote wellbeing.

We strive to foster a school culture that prevents bullying behaviour by modelling and encouraging teaching behaviour that demonstrates acceptance, kindness, and respect.

Bullying prevention at Caulfield Junior College is proactive and is supported by research that indicates that a whole school, multifaceted approach is the most effective way to prevent and address bullying.

At our school: Prevention Programs in the classrooms:

Teachers are encouraged to incorporate classroom management strategies that discourage bullying and promote positive behaviour.

We identify and implement evidence-based programs and initiatives from the Schools Mental Health Menu that are relevant to preventing and addressing bullying and help us to build a positive and inclusive school climate.

Our social and emotional learning curriculum teaches students what constitutes bullying and how to respond to bullying behaviour assertively. This promotes resilience, assertiveness, conflict resolution and problem solving.

<u>Prevention Programs in Assembly</u>

We participate in the Respectful Relationships initiative, which aims to embed a culture of respect and equality across our school.

Incursions programs

- A range of year level incursions and programs are planned for each year to raise awareness about bullying and its impacts.



Student Participation

We promote upstander behaviour as a way of empowering our students to take appropriate action positively and safely when they see or hear of a peer being bullied.

The Peer Support Program and the Peer Mediation program encourage positive relationships between students in different year levels. We seek to empower students to be confident communicators and to resolve conflict in a non-aggressive and constructive way.

Students are encouraged to look out for each other and to talk to teachers and older peers about any bullying they have experienced or witnessed.

Participation of the parents

We strive to build strong partnerships between the school, families and the broader community that means all members work together to ensure the safety of students.

Embedded in CJC Culture

We celebrate the diverse backgrounds of members of our school community and teach multicultural education, including Aboriginal History, to promote mutual respect and social cohesion.

We participate in the Safe Schools program to help us foster a safe environment that is supportive and inclusive of LGBTIQ+ students.

We participate in the National Day of Action against Bullying and Violence.

We have a range of policies on our website regarding student wellbeing, bullying prevention, and other topics that you can access for more information.

Next week we will have a more in-depth look at some of our wellbeing approaches specific to our school.