



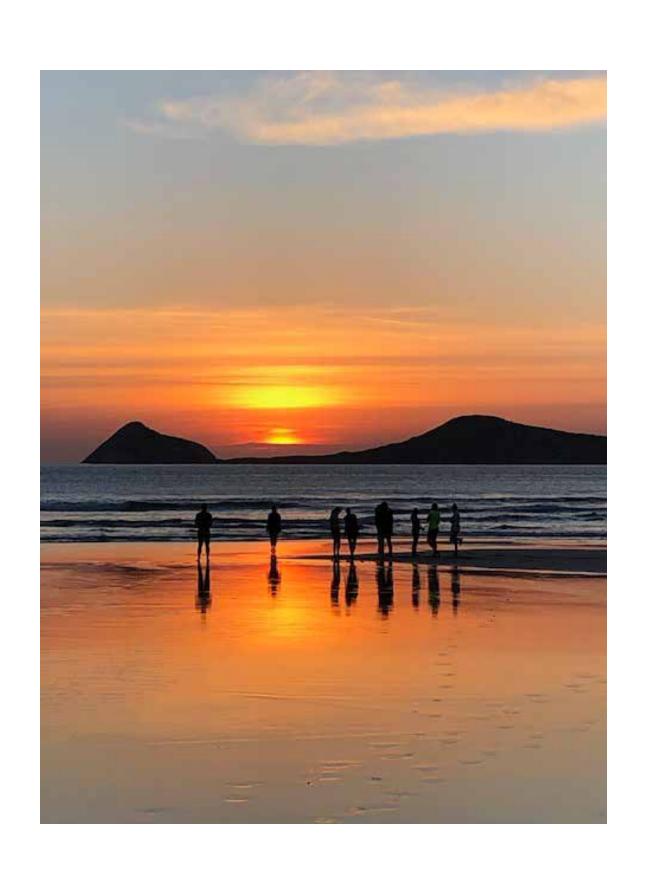


What is the Duke of Edinburgh award?

- An award recognised world-wide
- Bronze, Silver and Gold levels
- Only Bronze level offered at Kilbreda







Award Components

- Skill
- Physical Recreation
- Service
- Adventurous Journey



Requirements

- Must complete 3 months each of the skill, recreation and service sections. This must be a minimum of 1 hour per week and signed off by an assessor.
- One of these sections must be completed for a minimum of 6 months.
- An assessor is anyone with relevant experience in your chosen field (not a parent).
- Attend lunchtime and afterschool sessions in preparation for the Practice and Qualifying Journeys.





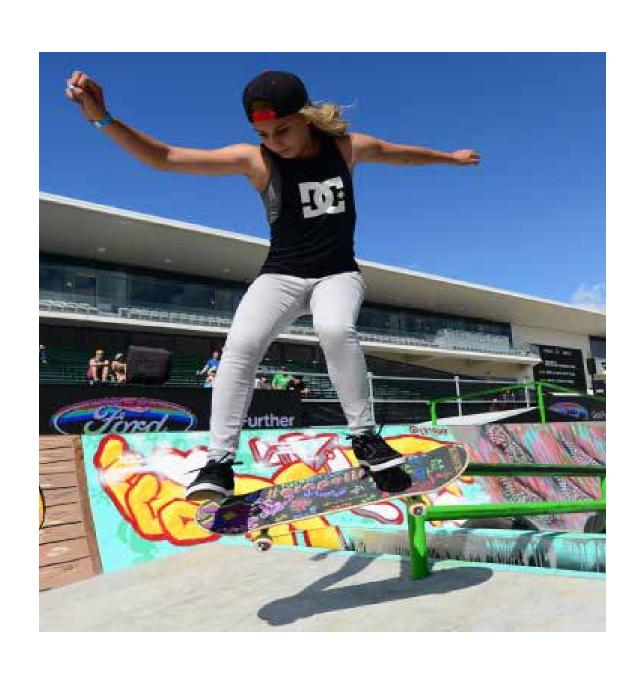
Skill

- This section should stimulate new interests or improve existing ones.
- Typically non-physically demanding, maybe a hobby or life skill

Examples:

- Music singing, learning to play an instrument
- Sports related sports officiating, umpiring/refereeing
- Arts and crafts embroidery, jewellery making, drawing, painting, sculpture, photography, cooking
- Nature and the environment agriculture, astronomy, bee keeping, conservation, fishing, forestry, gardening
- Communication film and video, languages, reading, writing, public speaking, journalism, website development





Physical Recreation

- This can involve becoming a part of a sporting team or undertake a physical activity as an individual or as part of a group.
- You should choose a physical activity that interests you.
 This can be something completely new or an activity that you already have knowledge or involvement.

Examples:

- Martial arts
- Swimming
- Skateboarding
- Dancing
- Netball





Service

 This section is based on the belief that members of the community should care for each other and contribute to their community.

Examples:

- Care for animals
- First aid / surf life saving
- Aged care
- Coaching junior teams
- Kindergarten / childcare helper
- Primary school help





Adventurous Journey

- The bronze award involves an expedition that includes hiking and camping.
- Practice Hike Term 1 Week 10 (Combined with BRIDGES camp)
- Qualifying Journey Middle of Term 4 (2 nights)

What is provided:

- Tents
- Cooking equipment
- Backpacks
- Japaras



Yes I'm keen, what do I do now?

- 1. Have a chat to your parents about the program (\$400 cost covers Duke of Ed Award fee and 2 camps).
- 2. Complete application form later this year (further information in next newsletter).
- 3. Start to think about skill, physical recreation and service ideas and assessors.





