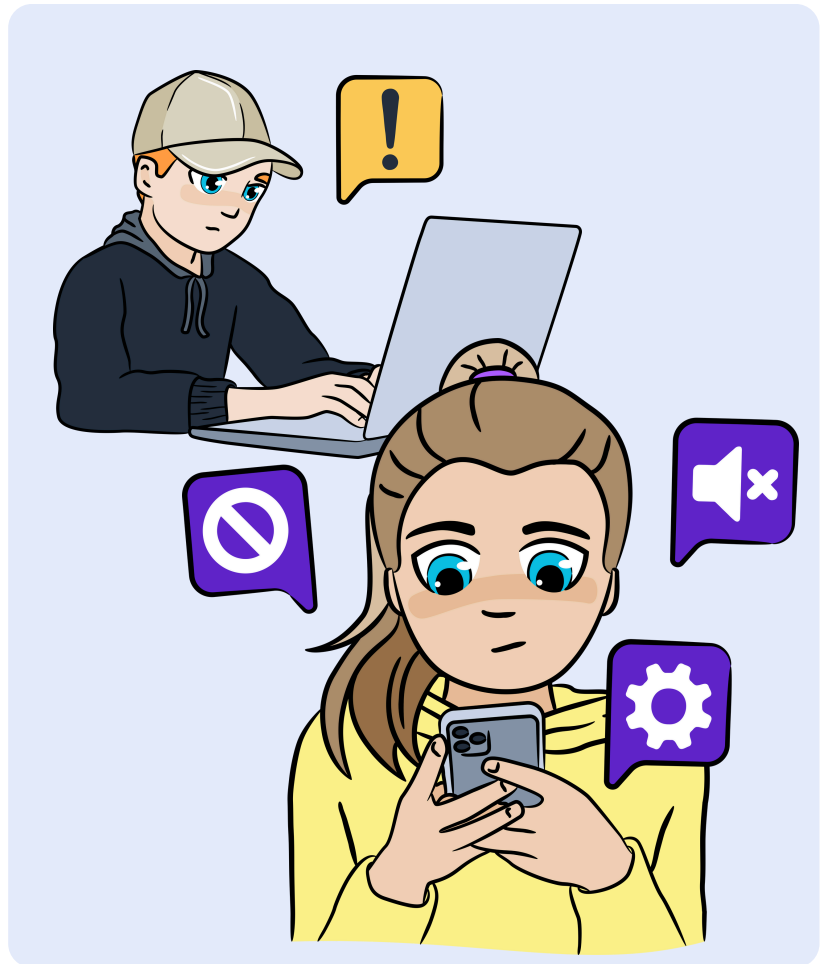


What did your child learn about at school?

- We all have rights when we're online:
 - to feel safe
 - to block/report other users
 - to seek help
- We all have responsibilities when we're online:
 - to follow the rules (home/school/website/law)
 - to think about the impact of our actions on other people
 - to protect our personal information
- Positive online experiences can impact our wellbeing (in a good way!)



Some conversation starters:

- Have you seen anything online that would make someone feel unsafe? Worried? Upset?
- Apart from me (parent/carer), who else could you talk to if you had concerns online? (Give them permission to talk to a network of trusted adults & Kids Helpline).
- What are your favourite things to do online that make you feel happy or relaxed?