

Parenting with confidence program

Behaviour made easier

Join experienced Family Support worker Joan Lauricella for this practical parenting program.

Run over 4 weeks, this is the first time we have run this popular program from Box Hill! The program is suitable for parents with children from 2 to 12 years old.

What will be covered:

- Tips to parent with confidence
- Positive parenting strategies
- Skills to help make parenting less stressful and more enjoyable
- How to promote positive behaviour in your child
- Developing positive relationships



Please scan to book:



Booking link:

<https://events.humanitix.com/parenting-with-confidence-behaviour-made-easier>

For more information:

Email: joan.lauricella@healthability.org.au



9.30am - 11.30am



Thursdays 5 March, 12 March, 19 March, 26 March



\$80 per adult, \$140 per couple, \$40 concession



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