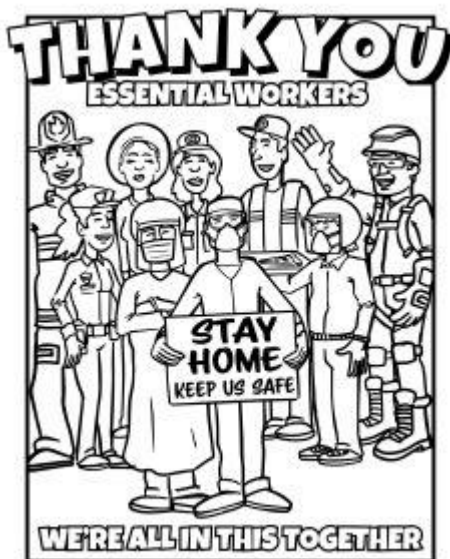


A message from the Coordinator

Hello everyone,

A big thank you for all the families for their understanding and cooperation with the new restrictions in place at our service. We all know that it's a very hard time to cope with the situations now. A big big big shout out to all of us "WE ARE ALL IN THIS TOGETHER". We also want to specially thank our great Essential Workers for all their hard work and sacrifices they are making to help us.



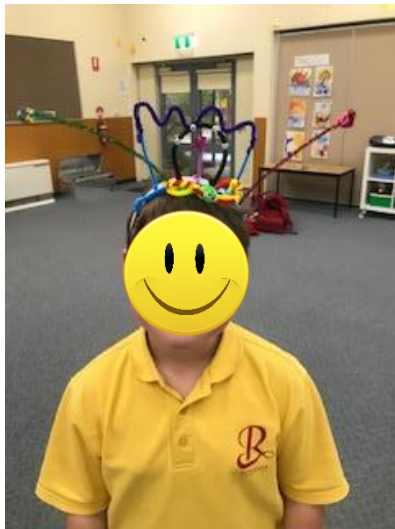
In service we are very mindful of the hygiene practices with all the staff and children washing their hands, wearing gloves, sanitising high-touch areas, toys, tables to prevent the spread of germs/virus.

OSHClub News

More fun and exciting things that is happening at Oshclub are playing gaga ball, silent ball game, sandpit play, down ball/hand ball games, most trending butterfly painting, building forts and cubby houses, art-activities, colouring, construction play and other games, hoola hoop race and competition. Games and activities that we do is always children interest based and child initiated.

Please look at the photos to see how much we enjoy at Oshclub!!

Last week and this week children enjoyed making arts and crafts using felt, decorating their hairbands/headbands using radium diamonds, shiny pipe cleaners, loom bands. Tali and Sophie has shown their great artistic skills on decorating their headbands. Felix used the same headband to make a headphone to give a live commentary. All I have to say is we are enjoying our time at Oshclub. Making Study-table succulent pots is a big hit of the week and for the first time we baked a birthday cake for Felix, children enjoyed the delicious-yummy vanilla cake with straw-berries and sprinkles.





We would like to hear any feedback and suggestion about the children interests, expectations etc from parents and children too, so that we could plan activities and experiences for them to explore their hidden talent and skills.

We also request you to send a drink bottle with the child for BSC and ASC as we don't provide bubblers any more as part of the hygiene practices and we also request parents to wait outside in the undercover designated area for the children pick-up/drop-off to avoid cross-contamination.

We are open 7am-9am for BSC and 3:30pm-6pm ASC.

Nutrition and Vitality

Menus are developed based on the Nutrition Australia Guidelines.

Below is our menus for BSC

Milk, Toasties with butter, Jam and vegemite, Cereals include Weet-bix, Oats, Rice bubbles, Cornflakes, Honey Cherrios.

Below is our menu for ASC (last week and this week food menu)

Platter of fresh seasonal fruits that includes apples, pears, pineapple, banana, kiwifruit, strawberry, oranges, grapes, blueberries, strawberries, water-melon etc

AND– Children choose what they want for the next day from the below list.

1. Tacos with cucumber, carrot, salsa, cheese.
2. Tortilla wraps with cucumber, cheese, carrot, capsicum, tomato, sweet chilli sauce.
3. Pancakes with honey.
4. Rice crackers with French onion dip.
5. Rice cakes with hommus/avacado dip.
6. Vanilla/strawberry/mango yogurt with vanilla cup-cones.
7. Popcorn and fairy bread(birthday special treat)
8. Chicken noodles
9. Muffin pizzas/pizza base/Pita bread with cheese and passata sauce.

Thanks,
Hemalatha Rudraiah(Hema)
Service Co-ordinator | Rosanna Oshclub
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rosanna@oshclub.com.au

Any enquiries please call/text/email us.