## Child and Family Health Service

**Metropolitan South** 

## Clinic at Taikurrendi Children and Family Centre

## Tuesdays Appointments 9:00am to 12:00pm

Nurses will be available at Taikurrendi for families with children birth to 5 years offering:

- Health checks for your baby/child
  - Weigh and measure
  - Breastfeeding help
- Information and support about feeding, settling and behaviour
  - Up to date health information
- Support with your child's growth and development
- Support for parents/carers about your own wellbeing

Address: 8 Price Street, Christies Beach SA 5165

Please make an appointment by call CaFHS on **1300 733 606** between 9am and 4:30pm Monday to Friday.

For more information go to: <u>www.cyh.com</u> Parent Helpline: 1300 364 100



