

Parenting Education Programs Term 3, 2025



All of our
programs
are FREE!



Bumps to Bubs Pre-birth – 12 months

Bumps to Bubs brings together young mothers and mothers-to-be up to age 25 with babies zero to one, in a supportive environment. This enables a relaxed opportunity to build friendships and share in the journey of parenting.



Bubs to Tots 12 months – two years

Bubs to Tots offers support and education to mothers (up to 24 years old) of children one-two years old. Through the use of play, the program informs parents about children's early development and helps them navigate the toddler years.



Circle of Security Birth – five years

Circle of Security is an eight week program for parents of children aged zero to five years. The program helps parents build a secure and safe foundation for their children during the early years.



Bringing Up Great Kids 12 months – 12 years

Bringing Up Great Kids is a six-week program for parents of children aged 12 months to 12 years. The program helps parents enhance their communication skills to ensure they're having positive interactions with their children and fostering a strong sense of self-identity.



Tuning In to Kids Three years – 12 years

Tuning in to Kids is a six-week supportive program for parents of children aged three to 12 years. The program helps parents work with their children to better understand and express their emotions. This aims to maximise social, behavioural and learning outcomes.



Dads Tuning In to Kids Three years – 12 years

Dads Tuning in to Kids is a six-week program for fathers of children aged three to 12 years. The program helps fathers tune into their child's emotions and develops their confidence to manage and respond to the emotional needs of their child.



Strengthening Family Connections Eight years – 12 years

Strengthening Family Connections is an eight week program for parents and their children aged eight to 12 years. The program helps improve communication among family members through focusing on family culture and routines to enhance the home environment.



Bringing Up Great Kids - Parenting Adolescents Eight years – 12 years

Bringing Up Great Kids - Parenting Adolescents is a six-week program for parents of children aged 10 years to 18 years. The program helps parents build positive relationships, better understand the adolescent brain and explore the changing role from 'custodian' to 'consultant'.











Tuning In to Teens 10 years – 18 years

Tuning in to Teens is a six-week program for parents of adolescents aged 10 years to 18 years. The program helps parents connect and communicate with their teen and assists them with strategies to foster emotional intelligence and support them through this period of their lives.



Bringing Up Great Kids in the First 1000 Days Birth – two years

Bringing Up Great Kids in the First 1000 Days is a six-week program for expectant parents and parents of children up to two years, aimed at increasing parental knowledge during the first 1000 days of a child's life. Parents will be educated about how speech and actions impact on behaviour and development.

GROUP	VENUE	DATES	DAYS/TIMES
 <p>Circle of Security</p>	<p>Norlane Child & Family Centre 52-56 Gerbera Ave Norlane</p>	<p>7th August – 25th September (8 weeks)</p>	<p>Thursdays 10am – 12pm</p>
 <p>Bringing Up Great Kids</p>	<p>Bannockburn Family Services Centre 2A Pope St Bannockburn</p>	<p>6th August – 10th September</p>	<p>Wednesdays 10am – 12pm</p>
 <p>Tuning In to Kids</p>	<p>Meli 16 Ballarat Rd Hamlyn Heights</p>	<p>5th August – 9th September</p>	<p>Tuesdays 10am – 12pm</p>
 <p>Tuning In to Teens</p>	<p>Meli 222 Malop St Geelong</p>	<p>7th August – 11th September</p>	<p>Thursdays 10am – 12pm</p>
 <p>Bumps to Bubs Armstrong Creek</p>	<p>Armstrong Creek East Community Hub 46 Central Boulevard Armstrong Creek</p>	<p>Every school term Term 3 dates: 23rd July – 17th September</p>	<p>Wednesdays 1pm – 2.30pm</p>
 <p>Bumps to Bubs Corio</p>	<p>Northern Bay Family Learning Centre Goldsworthy Rd Corio (Early Help)</p>	<p>Every school term Term 3 dates: 23rd July – 17th September</p>	<p>Wednesdays 1.30pm – 3pm</p>
 <p>Bumps to Bubs Whittington</p>	<p>Whittington Child and Family Centre 19 Worden Ct Whittington</p>	<p>Every school term Term 3 dates: 23rd July – 17th September</p>	<p>Wednesdays 1pm – 2.30pm</p>
 <p>Bubs to Tots</p>	<p>Northern Bay Family Learning Centre Goldsworthy Rd Corio (Early Help)</p>	<p>Every school term Term 2 dates: 24th July – 18th September</p>	<p>Thursdays 10am – 11:30am</p>

