# **Weekly Careers News for Victoria**

June 2, 2025

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## **Events**

## **This Week's Events**

## **Monash Information Evening – Bendigo**

Organisation: Monash University Location: The Capital, Bendigo

Date: June 2, 2025

We know that choosing a university is a big decision, especially if you don't live in Melbourne. Monash Information Evenings are the perfect opportunity to have your questions answered on everything you wanted to know about undergraduate study at Monash.

You'll hear about:

- our ten diverse study and discipline areas
- undergraduate course types, such as our comprehensive and specialist courses, double degrees and pathway programs
- international opportunities, including study abroad and overseas tours
- how to apply everything you need to know about VTAC, key dates and deadlines
- scholarships and fees
- SEAS and the Monash Guarantee
- accommodation options, both on and off campus

Find out more and register

## Trade & Tech Fit Career Expo

**Organisation:** Victorian Government **Location:** Melbourne Convention and Exhibition Centre

Date: June 3 to June 4, 2025

Trade & Tech Fit is Victoria's largest hands-on career expo dedicated to connecting female and gender diverse secondary students with trade and technology industries.

The expo includes more than 100 exhibitors from a huge range of industries, including:

- building, construction & engineering
- refrigeration, electrical & plumbing
- automotive, marine, aviation & aerospace
- solar & wind clean energy
- foundry and mining
- transport and logistics
- agriculture & horticulture
- gaming, cloud & robotics
- civil assets management & infrastructure
- defence, essential services & fire protection.

Find out more and register

#### **VCE Conservatorium Experience Day 2025**

**Organisation:** University of Melbourne

Location: UniMelb Southbank Campus

Date: June 3, 2025

Come and spend a day at the Melbourne Conservatorium of Music! Students and teachers can enjoy live performances of VCE syllabus repertoire by our talented teaching staff, take part in masterclasses, and dive into the finer details of their pieces—exploring techniques, tackling challenges, and learning new approaches.

Students interested in Jazz & Improvisation or Interactive Composition will have the chance to join workshops and explore different aspects of these exciting genres.

If you are interested in participating in the masterclass sessions, **please register by Sunday 25 May.** <u>Find out more and register</u>

## **SCCE Information Session Webinar**

Organisation: Southern Cross Cultural Exchange

#### Location: Online

#### Date: June 3, 2025

Preparing for your exchange program is an important part of the process and is vital to continued program success. At these online meetings, an experienced member of our team will share an overview of the high school exchange programs with Southern Cross Cultural Exchange.

You'll learn more about living with a host family and how studying overseas can help you develop confidence and independence... and gain a lifetime of memories.

Explore your destinations, program options and ask questions about how you can immerse yourself into a new life, culture, family, and high school overseas.

Find out more and register

#### **Meet Melbourne Shepparton**

**Organisation:** University of Melbourne **Location:** UniMelb Shepparton Campus **Date:** June 4, 2025

Our Future Students team are visiting Shepparton to meet with prospective undergraduate students like you to discuss your study options and the exciting campus life that awaits you at Melbourne.

- Discover your study path and career options through the Melbourne curriculum
- Hear from current students who made the move to Melbourne
- Learn about your special entry and scholarship eligibility through Access Melbourne
- Find out about accommodation options and the vibrant community opportunities
- Ask us any questions you may have.

Find out more and register

## **Discover Criminology and Criminology/Policing**

Organisation: Monash University

Location: Monash Clayton Campus

Date: June 5, 2025

Criminology is the study of crime and social control. Learn how our two specialist Criminology courses, the Bachelor of Criminology and the Bachelor of Criminology and Policing, prepares you for the future. Hear from the Course Director, members of the Victorian Police Academy, current students and alumni about the industry-relevant skills these courses can equip you with. <u>Find out more and register</u>

## **Chisholm Campus Tours – Berwick**

Organisation: Chisholm Institute

Location: Chisholm Berwick Campus

Date: June 5, 2025

Join us for a campus tour and walk through our facilities. You'll be guided by a Chisholm representative who'll be able to answer your questions about campus life and our courses. Register for a campus tour so you can:

- See our facilities
- Learn about our range of courses and the career pathways available
- Find out if a course at Chisholm is right for you

#### Find out more and register

## **Chisholm Campus Tours – Frankston**

Organisation: Chisholm Institute

Location: Chisholm Frankston Campus

Date: June 5, 2025

Join us for a campus tour and walk through our facilities. You'll be guided by a Chisholm representative who'll be able to answer your questions about campus life and our courses. Register for a campus tour so you can:

- See our facilities
- Learn about our range of courses and the career pathways available
- Find out if a course at Chisholm is right for you

Find out more and register

## **UQ Ramsay Undergraduate Scholarship Information Webinar**

Organisation: University of Queensland

Location: Online

Date: June 6, 2025

The UQ Ramsay Undergraduate Scholarship is open to school leavers from across Australia interested in studying humanities in 2026, and provides up to 30 full-time enrolled students approximately \$20,000 per year for the first 3 years of the Western Civilisation program. Join UQ for a webinar to:

- learn more about the scholarship requirements and application dates
- explore UQ's programs in Western Civilisation.

Find out more and register

## **Online Campus Day**

Organisation: Academy of Interactive Entertainment

Location: Online

#### Date: June 7, 2025

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Online Campus Day. AIE will be running this event for students interested in studying online. You will be able to meet our teachers, explore how classes will run, course options, career pathways and see our amazing student work.

We will be covering everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

Find out more and register

## **Next Week's Events**

#### **Hospitality Information Session**

Organisation: Melbourne Polytechnic

Location: Melbourne Polytechnic Preston Campus

Date: June 10, 2025

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options. Find out more about the following course(s):

- Certificate III in Commercial Cookery Non-apprenticeship
- Certificate III in Patisserie
- Certificate IV in Kitchen Management
- Certificate III in Hospitality
- Certificate IV in Hospitality
- Diploma of Hospitality Management

Find out more and register

## Victoria Police: Life at the Academy - Online Webinar

Organisation: Victoria Police

Location: Online

Date: June 11, 2025

Curious about joining Victoria Police or already in the recruitment process? Wondering what life is really like at the Academy?

Don't miss this exclusive online information session—your ultimate insider guide to the Victoria Police Academy experience!

Join us for a deep dive into Academy life for Police Officers, whilst touching on training for Protective Services Officers, and Police Custody Officers. Get the real scoop on what your training journey will look like, week by week. We'll break down everything from exams to fitness training, on-site accommodation to support systems—and even salary details.

Find out more and register

## **Discover the IT student experience**

Organisation: Monash University

Location: Monash Clayton Campus

Date: June 11, 2025

Join us for an exciting session that delves into the vibrant world of IT studies and student life at Monash. Learn about our diverse range of courses designed to prepare you for the future with specialisations in areas such as cybersecurity, artificial intelligence, and data science. Discover the student clubs and teams that foster creativity, collaboration, and networking opportunities within the IT community. Hear about our innovative Work Integrated Learning programs, offering hands-on industry experience with real-world impact. Whether you're passionate about coding, cybersecurity, or designing cutting-edge solutions, this session will showcase how Monash IT can help you achieve your goals. Discover why Monash is the perfect place to launch your IT journey!

Find out more and register

## **Building and Construction Online Information Session**

Organisation: Melbourne Polytechnic

Location: Online

Date: June 12, 2025

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options. Find out more about the following course(s):

• Certificate IV in Building and Construction Find out more and register

## **Information Technology Online Session**

Organisation: Melbourne Polytechnic

Location: Online

Date: June 12, 2025

Choosing a brand-new career path, knowing where to upgrade your skills or how to start doesn't need to be a decision you make alone.

Hosted by teachers who can answer questions and offer advice on your chosen field, our information sessions help you make an informed decision around your study and career options. Find out more about the following course(s) at Melbourne Polytechnic:

• Diploma of Information Technology

Find out more and register

## **Careers for Young Women in Sport Forum**

Organisation: Victoria University

Location: VU Footscray Park Campus

Date: June 13, 2025

VU is committed to empowering young women in sport. This free event is for girls in Year 10–12 who are passionate about a career in sport.

Hear from keynote speaker Laura Kane, AFL Executive General Manager of Football and the first woman to hold this role in the game's history.

Listen to a panel featuring:

- Dr Susan Alberti AC Advocate for women in sport, AFLW pioneer
- Casey Price VU Alumni, GM Suncorp Super Netball League & Events
- Current VU Student Sharing their experience preparing for a career in the sports industry Participate in a range of masterclasses covering:
  - Sport Performance & Rehabilitation
  - Sport Management & Business

Find out more and register

#### Open Day 2025

**Organisation:** National Institute of Dramatic Arts

Location: NIDA Sydney Campus & Online

Date: June 14, 2025

Interested in studying at NIDA, or curious about what goes on behind the National Institute of Dramatic Arts? NIDA Open Day is the perfect opportunity to visit the campus and get a taste of the NIDA experience.

Whether you want to perform on stage or be behind the scenes, you can learn about all NIDA's course offerings, meet alumni and current students, observe classroom activities, check out students' creative work in costume, make-up, design and much more, as well as find answers to your questions, get tips for your application, chat to our expert teaching staff and join the audience for live student productions.

At Open Day, you'll get a sense of what life at NIDA is really like, and where a future in the dramatic arts can take you.

Find out more and register

## **Elevate Program: Applicant Information Session**

**Organisation:** Australian Academy of Technological Sciences and Engineering **Location:** Online **Date:** June 16, 2025

Applications are open for the Australian Academy of Technological Sciences & Engineering's <u>Elevate:</u> <u>Boosting diversity in STEM program</u>. The Elevate program aims to address gender inequities in STEM through fostering more industry-academia collaborations in applied research and business, growing professional skills of women and non-binary people in STEM and propelling women and non-binary people into leadership.

Anyone interested in learning more about the program and applying for the 2026 intake is invited to join ATSE for a public online information session.

The session will be accessible, with live captions, and an ASL interpreter. Event recordings will be made publicly available after the event on ATSE's YouTube channel.

Find out more and register

## **Future Events**

## Melbourne Open Campus 2025

**Organisation:** The Hotel School **Location:** The Hotel School Melbourne Campus **Date:** June 21, 2025

Join us for an inspiring day at The Hotel School Australia's Open Campus, where you'll experience student life first hand through an exclusive Masterclass, hear from a special industry guest speaker, meet our academic and support teams, explore course options, and discover career pathways with our Professional Learning team. You'll also have the chance to connect with current students and fellow attendees - all while enjoying light refreshments.

Whether you're a high school student, considering a transfer, or exploring new opportunities, this event is the perfect way to take the next step.

Find out more and register

## **Open Day 2025, Melbourne**

Organisation: Australian Institute of Music Location: AIM Melbourne Campus Date: June 28, 2025 Join us for Open Day, and experience everything AIM has to offer! See our campus, get course advice, experience live performances, meet our academics and students, and get involved in activities that will give you a taste of student life here at AIM. Whether you're ready to study now, or in five years, Open Day is open to all and a fantastic opportunity to discover how the Australian Institute of Music can help turn your passion for music into a career. Find out more and register

#### **NYSF STEM Hub, Melbourne**

Organisation: National Youth Science Forum

Location: Melbourne

Date: July 7 to July 11, 2025

A STEM Hub is a non-residential STEM experience where you can connect with STEM pathways and careers around Australia. You'll join exclusive behind-the-scenes experiences typically inaccessible to the public and connect with STEM professionals—a crucial networking opportunity for your future. Whether you're passionate about robotics, biomedicine, astronomy, biology, or anything in between, there's a STEM Hub waiting to show you what a STEM career is really like! <u>Find out more and register</u>

## Discover ACU Melbourne: Allied Health, Biomedical Science and Sports Science

**Organisation:** Australian Catholic University **Location:** ACU Melbourne Campus

Date: July 8, 2025

Take part in hands-on workshops, tour our facilities and hear from current students about what it's like to study allied health, biomedical science and sports science at ACU Melbourne. Plus, tour our facilities, and chat with current students and staff. <u>Find out more and register</u>

#### **Business Explorer 2025**

Organisation: Monash University Location: Monash Caulfield Campus

Date: July 8 to July 17, 2025

Business Explorer, held on 8 and 17 July 2025, gives you hands-on experience in the world of business. Through interactive games, quizzes and case studies, you get to discover the world of start-ups, brands, stock markets and more!

Each of the days will run in the same way and feature the same great sessions – offering you the choice to pick the day that suits you best!

You have the option to choose three taster sessions in accounting, banking and finance, economics, analytics, entrepreneurship, management, and marketing to experience on the day.

Places are strictly limited to senior students studying IB or VCE Units 1 - 4 students only and will be on a first-come, first-served basis.

Applications close on 23 June 2025. Find out more and register

## **Experience La Trobe 2025**

Organisation: La Trobe University Location: La Trobe Melbourne Bundoora Campus Date: July 8, 2025

Join us to explore different study options, get a taste of your dream course or try out something new. Whether you know what you want to study or not, Experience La Trobe is a day made for you! Be inspired, learn new skills, meet current students, ask our experts and get to know what campus life is all about.

Hear from motivational speaker, Sam Bramham OAM. Sam's journey is truly inspiring. He is an author, Paralympic gold medallist swimmer and Medal of the Order of Australia recipient. Sam graduated with a degree in Sport Marketing and Law from La Trobe whilst training as an elite athlete for Australia. Through his humour and authenticity, Sam will share powerful life lessons with his story of resilience, goal-setting and building inclusive communities. Find out more and register

Find out more and register

## Enter the World of Le Cordon Bleu Careers Residential, Melbourne

Organisation: Le Cordon Bleu

Location: Le Cordon Bleu Melbourne Campus

Date: July 9 to July 11, 2025

We're opening our doors to high school students in Years 11 & 12, to experience a day in the life at one of the world's leading culinary and hospitality institutions. The residential will provide a taste of what a future career in hospitality looks like.

Meet lecturers and Le Cordon Bleu professionals, hear from industry experts, discover what Le Cordon Bleu hospitality management degree programmes involve and experience hands-on culinary classes with our chefs.

Open to high school students in Years 11 & 12 interested in culinary arts, hotel or business management.

## **Discover ACU Melbourne: Teaching and Education**

Organisation: Australian Catholic University

Location: ACU Melbourne Campus

Date: July 9, 2025

Are you passionate about a career making an impact in the lives of young people? Find out what its like to study teaching and education at ACU Melbourne.

Take part in hands-on workshops, tour our facilities and hear from current students about studying to become a teacher.

Find out more and register

## **Discover ACU Melbourne: Law, Criminology and Business**

Organisation: Australian Catholic University

Location: ACU Melbourne Campus

Date: July 9, 2025

All rise, interactive workshops are now in session. Take part in our law and criminology or business workshops and discover what it takes to become a respected and ethical corporate professional for the modern world.

Find out more and register

## Tech and Trades Experience Day 2025

**Organisation:** RMIT University **Location:** RMIT Melbourne City Campus

Date: July 10, 2025

Explore next-level workshops at RMIT's Tech and Trades Experience Day in the July school holidays. Walk in the shoes of a student for a day and experience what it's like to learn an IT, tech or trade course.

If you're a high school student in Year 10, 11 or 12, as well as parents/guardians, this event is for you. Not only is it free, it's also a great chance to get a glimpse of what tech and trade courses are really like at RMIT.

The workshops at the Experience Day will have tech something for everyone, no matter what IT tech course or trade course you're interested in. With everything from cyber security to carpentry, the event gives you a chance to explore your interests and passions.

Find out more and register

## Holiday Workshop – Creative Tech, Melbourne

Organisation: Australian Institute of Music

Location: AIM Melbourne Campus

Date: July 10 to July 11, 2025

AIM's holiday workshop is designed for high school students interested in Electronic Music. Created for students in Years 9-12, the two-day electronic workshops provide incredible opportunities to experience creating & performing mentored by AIM's own accomplished industry & Ableton-certified professionals.

Over 2 days students will work with AIM's audio industry professionals to learn electronic music skills in our state-of-the-art facilities. During the workshop, they will guide students to navigate all things audio, electronic music, and composing using DAW. Find out more and register

Discover ACU Melbourne: Nursing, Midwifery and Paramedicine

Organisation: Australian Catholic University Location: ACU Melbourne Campus

#### Date: July 10, 2025

Are you ready to explore a career that makes a real difference and saves lives? Discover what it's like to study nursing, midwifery or paramedicine at ACU Melbourne.

Take part in hands-on workshops, tour our facilities and hear from current students about studying to become a nurse, midwife or paramedic.

Find out more and register

## Holiday Workshop – Stage & Songcraft, Melbourne

Organisation: Australian Institute of Music

Location: AIM Melbourne Campus

Date: July 10 to July 11, 2025

AIM's new school holiday workshop is designed for high school students interested in music performance & songwriting. Created for students in Years 9-12, the two-day music workshops provide incredible opportunities to experience playing, writing, and performing music, mentored by AIM's own accomplished musicians and educators.

Find out more and register

#### **Swinburne Innovation in Action**

**Organisation:** Swinburne University of Technology **Location:** Swinburne Hawthorn Campus

Date: July 11, 2025

The Swinburne Innovation in Action school holiday program is a 1-day program based at our Hawthorn campus where Year 10 - 12 students are given the knowledge and tools they need to come up with brilliant new ideas to solve real-world problems.

In this free program, you will:

- Visit the Hawthorn Campus of Swinburne University of Technology and identify a problem you'd like to solve, framed by the UN Sustainable Development Goals
- Work together with your peers to build a prototype solution for your chosen problem
- Level up your learning through hands-on, interactive workshops that focus on teamwork, design thinking, problem solving and communication
- Have fun!

Find out more and register

#### **Open Day 2025, Melbourne**

Organisation: Academy of Interactive Technology

Location: AIT Melbourne Campus

Date: July 12, 2025

AIT's Open Day is perfect for those wanting to explore the endless opportunities available in the growing creative industries and to get your questions answered for the Feb 2026 intake. On the day you'll enjoy:

- Exploring the Careers and Courses: Discover our degrees plus insights into careers and study paths.
- Our Hands-On Creative Workshops: Watch live demos led by our expert educators
- A Guided Campus Tour: Explore our campus and the state-of-the-art facilities
- Discovering Our Facilities: Experience our well equipped Post Production Studio and Green Screen Room
- Chatting with Our Experts: Engage with course advisors, educators and current students to have all your questions answered.

Find out more and register

#### A day in the life of a medical student – Year 12, Ballarat

Organisation: Deakin University Location: Ballarat Clinical School

Date: July 16, 2025

'A day in the life of a medical student' is an opportunity for Year 11 and Year 12 students who live in the South West and Grampians/Wimmera regions and have an interest in medicine to experience what it is like to study at Deakin.

The events take place at Deakin's Clinical Schools in Warrnambool and Ballarat and the Regional Clinical Schools in Colac, Horsham and Hamilton. Academics and current students will be available to answer all your questions.

Expressions of interest due 6 June 2025.

Find out more and register

## Zoos Victoria Careers Expo

Organisation: Zoos Victoria Location: Melbourne Zoo Date: July 17 to July 18, 2025 Are you passionate about wildlife and interested in a career with animals, conservation or the environment?

Join our experts for the 2025 Careers Expo at Melbourne Zoo. This event is recommended for students in Years 9-12 who are interested in exploring different careers in the world of wildlife, conservation, environment, animal welfare, and more.

Find out more and register

## **2025 NYSF National Youth STEM Summit**

## **Organisation:** National Youth Science Forum **Location:** Melbourne

**Date:** July 19 to July 21, 2025

Returning in 2025, the National Youth STEM Summit is an exclusive three-day conference-style event specifically designed to help you smash your study goals and secure your dream job. The program boasts a diverse range of sessions, including:

- Keynote presentations from some of Australia's foremost STEM leaders
- Panel discussions exploring a range of topics, disciplines, and study and career pathways
- Workshops that offer practical strategies to help you thrive in your studies and/or career
- Networking opportunities to connect with like-minded peers and key government, industry and academic professionals

This Summit is aimed at young people between 18-25 who have completed high school and are making decisions about their futures in STEM.

Registrations will open in mid-April, and equity pricing is available for individuals who are full-time students, Aboriginal or Torres Strait Islanders, from rural or remote regions, have a disability, or are experiencing financial hardship.

Find out more and register

## Melbourne Career Expo 2025

**Organisation:** Career Exhibitions Pty Ltd **Location:** Melbourne Exhibition and Convention Centre **Date:** July 25 to July 27, 2025

The Melbourne Career Expo is the most comprehensive and exciting careers event in Australia. This expo encompasses all career opportunities from employment to education and training in the trades, corporate and professional sectors.

## Open Day 2025

Organisation: Marcus Oldham College Location: Marcus Oldham Geelong Campus & Online Date: July 27, 2025

Choosing the right path for your future is a big decision, and there's no better way to experience Marcus Oldham than by joining us for Open Day 2025.

Whether you're considering a career in Agriculture or Agribusiness, this is your opportunity to explore our industry-focused courses, meet our students and graduates, and experience life at Australia's leading independent agricultural college.

Find out more and register

## Open Day 2025

Organisation: Swinburne University of Technology Location: Swinburne Hawthorn Campus

Date: July 27, 2025

Mark your calendar and get your questions ready: it's time to register for Open Day! Whether you're already thinking about uni or aren't sure where to start, Open Day is the place to get all the info you need to feel prepared for your next stop after high school.

- Experience hundreds of hands-on activations, from dancing robots and exploding concrete to a games arcade and flight simulator
- Chat with current Swinburne students about their choices leading up to uni
- Learn about the courses and study areas that interest you
- Get personalised advice to help you make the right decisions in VCE
- Grab a bite to eat, check out the free entertainment, and explore the Hawthorn campus and surrounds

Find out more and register

## **Open Day 2025, Peninsula**

Organisation: Monash University Location: Monash Peninsula Campus Date: August 2, 2025

If you're considering studying at uni, coming to our Open Day is one of the best decisions you can make. You'll be able to discover key course information, explore our campuses, meet current students and staff, and get a taste of Monash life, firsthand.

Whether you want to get a feel for what you'll be studying, make sure you're on the right track, or simply picture yourself in one of our learning spaces, here's why you should join us at Open Day:

- Chat with current students
- Hear from inspiring academics
- Get all your questions answered in the one place
- Get involved
- Enjoy the vibe

Find out more and register

#### **Open Day 2025, Caulfield**

Organisation: Monash University

Location: Monash Caulfield Campus

Date: August 2, 2025

If you're considering studying at uni, coming to our Open Day is one of the best decisions you can make. You'll be able to discover key course information, explore our campuses, meet current students and staff, and get a taste of Monash life, firsthand.

Whether you want to get a feel for what you'll be studying, make sure you're on the right track, or simply picture yourself in one of our learning spaces, here's why you should join us at Open Day:

- Chat with current students
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- Get all your questions answered in the one place
- Get involved
- Enjoy the vibe

Find out more and register

## **Open Day 2025, Warrnambool**

**Organisation:** Deakin University **Location:** Deakin Warrnambool Campus **Date:** August 3, 2025 Deakin Open Day is your opportunity to ex

Deakin Open Day is your opportunity to experience everything Deakin has to offer at our Warrnambool Campus.

- Chat with lecturers about how a Deakin degree prepares you for a successful career.
- Find your ideal course at our course and career information centre.
- Explore campus as you participate in demonstrations of our top-ranked facilities.
- Enjoy entertainment and activities while learning about student social clubs.

Find out more and register

## **Open Day 2025, Clayton**

Organisation: Monash University

Location: Monash Clayton Campus

Date: August 3, 2025

If you're considering studying at uni, coming to our Open Day is one of the best decisions you can make. You'll be able to discover key course information, explore our campuses, meet current students and staff, and get a taste of Monash life, firsthand.

Whether you want to get a feel for what you'll be studying, make sure you're on the right track, or simply picture yourself in one of our learning spaces, here's why you should join us at Open Day:

- Chat with current students
- Hear from inspiring academics
- Get all your questions answered in the one place
- Get involved
- Enjoy the vibe

Find out more and register

#### **Open Day 2025, Melbourne**

**Organisation:** La Trobe University **Location:** La Trobe Melbourne (Bundoora) Campus **Date:** August 3, 2025 Why attend Open Day at La Trobe?

- Chat with current students, alumni and teachers to get first-hand advice about your dream course, or just about the best places to eat on campus.
- Explore the campus by yourself or join a guided tour. See our world-class health facilities, leading IT and science labs, business trading room, accommodation and much more.
- Discover your options for placements, internships and work-based learning, and get all your questions answered about your dream course.
- Get a taste of what it's really like to be at uni. Join events and activities or kick back and enjoy the campus Open Day is the place to see it all.

## **Open Day 2025, Bundoora**

**Organisation:** RMIT University **Location:** RMIT Bundoora Campus

Date: August 3, 2025

RMIT Open Day is your chance to experience what it's like to be an RMIT student. Get to know your surroundings, explore the campus, meet your future teachers, ask questions and make friends. It's your opportunity to learn all the tips and tricks from current students and alumni. <u>Find out more and register</u>

## A day in the life of a medical student – Year 11, Ballarat

**Organisation:** Deakin University **Location:** Ballarat Clinical School **Date:** August 6, 2025

'A day in the life of a medical student' is an opportunity for Year 11 and Year 12 students who live in the South West and Grampians/Wimmera regions and have an interest in medicine to experience what it is like to study at Deakin.

The events take place at Deakin's Clinical Schools in Warrnambool and Ballarat and the Regional Clinical Schools in Colac, Horsham and Hamilton. Academics and current students will be available to answer all your questions.

Expressions of interest due 4 July 2025. Find out more and register

## Open Day 2025

**Organisation:** Photography Studies College **Location:** PSC Thistlethwaite Street Campus **Date:** August 9, 2025

Open Day is the first step towards building a creative career doing the work you love. It's a rare opportunity to explore our campus, meet your future lecturers and discover all the industry opportunities available to PSC students.

As Australia's #1 Photography College, our courses are designed to accelerate your development as a creative professional, with hands-on learning from Australia's best photographers and visual artists. You'll get to experience this and more at PSC's Open Day.

Find out more and register

## **Open Day 2025, Shepparton**

Organisation: La Trobe University Location: La Trobe Shepparton Campus Date: August 10, 2025

Why attend Open Day at La Trobe?

- Chat with current students, alumni and teachers to get first-hand advice about your dream course, or just about the best places to eat on campus.
- Explore the campus by yourself or join a guided tour. See our world-class health facilities, leading IT and science labs, business trading room, accommodation and much more.
- Discover your options for placements, internships and work-based learning, and get all your questions answered about your dream course.
- Get a taste of what it's really like to be at uni. Join events and activities or kick back and enjoy the campus Open Day is the place to see it all.

Find out more and register

**Open Day 2025, Brunswick** 

Organisation: RMIT University Location: RMIT Brunswick Campus Date: August 10, 2025 RMIT Open Day is your chance to experience what it's like to be an RMIT student. Get to know your surroundings, explore the campus, meet your future teachers, ask questions and make friends. It's your opportunity to learn all the tips and tricks from current students and alumni. <u>Find out more and register</u>

## Open Day 2025, City

Organisation: RMIT University Location: RMIT City Campus Date: August 10, 2025 RMIT Open Day is your chance to experience what it's like to be an RMIT student. Get to know your surroundings, explore the campus, meet your future teachers, ask questions and make friends. It's your opportunity to learn all the tips and tricks from current students and alumni. <u>Find out more and register</u>

## **Open Day 2025, Gippsland**

**Organisation:** Federation University **Location:** Federation Gippsland Campus **Date:** August 10, 2025

Experience Open Day at Federation University. From campus tours to live music and hands-on experiences, there's something for everyone.

Why come to Open Day?

- Tour the campus with current students
- Meet our academics, students and industry partners
- Enjoy food stalls, live music, games and giveaways
- Attend info sessions with expert course advice

Find out more and register

## Open Day 2025, Mildura

Organisation: La Trobe University Location: La Trobe Mildura Campus Date: August 13, 2025 Why attend Open Day at La Trobe?

- Chat with current students, alumni and teachers to get first-hand advice about your dream course, or just about the best places to eat on campus.
- Explore the campus by yourself or join a guided tour. See our world-class health facilities, leading IT and science labs, business trading room, accommodation and much more.
- Discover your options for placements, internships and work-based learning, and get all your questions answered about your dream course.
- Get a taste of what it's really like to be at uni. Join events and activities or kick back and enjoy the campus Open Day is the place to see it all.

Find out more and register

#### **Open Day 2025, Melbourne**

Organisation: ACAP University College Location: ACAP Melbourne Campus Date: August 16, 2025 Open Day is your chance to experience the ACAP difference, and find your path in the applied professions. Whether you're interested in Counselling, Psychology, Social Work, Criminology, Law, or Business, ACAP is your pathway to making a difference.

Be part of a workshop, meet our industry-renowned facilitators, and hear all about life as an ACAP student. Join us for a day of exploration and inspiration!

Find out more and register

## Open Day 2025, Melbourne

**Organisation:** SAE University College **Location:** SAE Melbourne Campus

Date: August 16, 2025

We're opening the doors to the campus for our biggest event of the year – Open Day! Come and tour our facilities, speak to faculty members, meet current students, and find out everything you need to know about studying at SAE.

If you're considering studying creative media, come along to SAE's Open Day to speak to our experienced team and learn how you can pursue your passion in this dynamic and expanding industry.

Find out more and register

## **Open Day 2025, Footscray Park**

Organisation: Victoria University Location: VU Footscray Park Campus

Date: August 17, 2025

No one sees you like VU – and there's no better way to see all your possible study/career paths than coming to our VU Open Day.

It's a day where you get to explore our campus, learn about our range of TAFE and Higher Education courses, and dive into interactive events. You'll also find a place to belong – and discover what's next.

Find out more and register

## Open Day 2025, Geelong

Organisation: Deakin University

Location: Deakin Geelong Waurn Ponds & Waterfront Campuses

Date: August 17, 2025

Deakin Open Day is your opportunity to experience everything Deakin has to offer at our Geelong campuses. Not sure what you want to study or where you want to study? Our free shuttle bus will transport you between campuses so you can maximise your day.

- Chat with lecturers about how a Deakin degree prepares you for a successful career.
- Attend information sessions to find your ideal course.
- Participate in demonstrations of our top-ranked facilities.
- Tour the campuses with current students and get all the insider information.

• Enjoy entertainment and activities while learning about student social clubs. Find out more and register

Open Day 2025, Parkville

Organisation: Monash University Location: Monash Parkville Campus

Date: August 17, 2025

If you're considering studying at uni, coming to our Open Day is one of the best decisions you can make. You'll be able to discover key course information, explore our campuses, meet current students and staff, and get a taste of Monash life, firsthand.

Whether you want to get a feel for what you'll be studying, make sure you're on the right track, or simply picture yourself in one of our learning spaces, here's why you should join us at Open Day:

- Chat with current students
- Hear from inspiring academics
- Get all your questions answered in the one place
- Get involved •
- Enjoy the vibe

Find out more and register

## **Open Day 2025, Berwick**

**Organisation:** Federation University **Location:** Federation Berwick Campus Date: August 17, 2025

Experience Open Day at Federation University. From campus tours to live music and hands-on experiences, there's something for everyone.

Why come to Open Day?

- Tour the campus with current students
- Meet our academics, students and industry partners
- Enjoy food stalls, live music, games and giveaways
- Attend info sessions with expert course advice

Find out more and register

## **Open Day 2025**

Organisation: University of Melbourne Location: UniMelb Parkville Campus Date: August 17, 2025

We look forward to welcoming you and your family to our campuses on Sunday 17 August 2025, to learn about your passions and to support you in finding the right study path.

What's on at Open Day:

- Chat to our academics, Future Student teams and current students to learn more about your study options and the exciting careers they could lead to
- Get a feel for campus life by exploring the spaces you'll be learning in, including our labs, libraries, galleries and other specialist facilities
- Learn how our curriculum works, including how you can combine your passions and strengths to set yourself apart for whichever career you choose
- Explore our range of student accommodation facilities and the social activities and study support on offer.

Find out more and register

## **Open Day 2025, Melbourne**

**Organisation:** Deakin University

Location: Deakin Melbourne Burwood Campus

Date: August 24, 2025

Open Day 2025 is your opportunity to experience everything Deakin has to offer at our campus in Burwood.

- Chat with lecturers about how a Deakin degree prepares you for a successful career.
- Attend information sessions to find your ideal course.
- Participate in demonstrations of our top-ranked facilities.
- Tour the campuses with current students and get all the insider information.
- Enjoy entertainment and activities while learning about student social clubs. •

## Open Day 2025, City Tower

Organisation: Victoria University Location: VU City Tower Campus

Date: August 24, 2025

No one sees you like VU – and there's no better way to see all your possible study/career paths than coming to our VU Open Day.

It's a day where you get to explore our campus, learn about our range of TAFE and Higher Education courses, and dive into interactive events. You'll also find a place to belong – and discover what's next.

Find out more and register

## Open Day 2025, Bendigo

Organisation: La Trobe University Location: La Trobe Bendigo Campus Date: August 24, 2025

Why attend Open Day at La Trobe?

- Chat with current students, alumni and teachers to get first-hand advice about your dream course, or just about the best places to eat on campus.
- Explore the campus by yourself or join a guided tour. See our world-class health facilities, leading IT and science labs, business trading room, accommodation and much more.
- Discover your options for placements, internships and work-based learning, and get all your questions answered about your dream course.
- Get a taste of what it's really like to be at uni. Join events and activities or kick back and enjoy the campus Open Day is the place to see it all.

Find out more and register

## Open Day 2025, Ballarat

Organisation: Federation University

Location: Federation Mt Helen, SMB & Camp Street Campus

Date: August 24, 2025

Experience Open Day at Federation University. From campus tours to live music and hands-on experiences, there's something for everyone.

Why come to Open Day?

- Tour the campus with current students
- Meet our academics, students and industry partners
- Enjoy food stalls, live music, games and giveaways
- Attend info sessions with expert course advice

Find out more and register

#### A day in the life of an optometry student

Organisation: Deakin University

Location: Deakin Geelong Waurn Ponds Campus

Date: August 27, 2025

'A day in the life of an optometry student' is an opportunity for Year 11 students living in the South West and Grampians/Wimmera regions with an interest in optometry to experience what it is like to study at Deakin.

The day will include hands-on practical activities as well as the chance to learn more about pathways, entry requirements and career options.

Academics and current students will be available to answer all your questions.

#### Expressions of interest due 25 July.

#### Open Day 2025

Organisation: Australian College of the Arts Location: All Collarts Campuses Date: August 30, 2025 At Collarts, our Open Day is all about making this process simple and hands-on. Information sessions, workshops and the chance to chat with students, teachers and leaders are an important part of learning more about what sets us apart from the rest. We invite you to come and experience life at Collarts: from our passion for creativity, close community, state-of-the-art facilities, expert faculty, and more.

Find out more and register

#### **RMIT Student for a Day 2025**

Organisation: RMIT University Location: RMIT City Campus Date: September 23, 2025 Want a taste of life after high school? Register your interest in being a Student for a Day at RMIT this September school holidays. Aimed at high school students in Years 10, 11 and 12, this event will let you experience student life

at RMIT and discover more about our courses.

Find out more and register

#### Enter the World of Le Cordon Bleu Careers Residential, Melbourne

Organisation: Le Cordon Bleu

Location: Le Cordon Bleu Melbourne Campus

Date: September 24 to September 26, 2025

We're opening our doors to high school students in Years 11 & 12, to experience a day in the life at one of the world's leading culinary and hospitality institutions. The residential will provide a taste of what a future career in hospitality looks like.

Meet lecturers and Le Cordon Bleu professionals, hear from industry experts, discover what Le Cordon Bleu hospitality management degree programmes involve and experience hands-on culinary classes with our chefs.

Open to high school students in Years 11 & 12 interested in culinary arts, hotel or business management.

Find out more and register

#### **Outward Bound Junior Holiday Program**

Organisation: Outward Bound

Location: Tharwa, ACT

Date: September 29 to October 3, 2025

Outward Bound Junior is more than just a school holiday program for teenagers. By providing a fun and challenging environment, we encourage young adolescents to explore their potential through adventure, all the while supported by our expert instructors. Outward Bound instructors facilitate each activity to ensure a positive and educational experience is had by all.

The 5-day program for youth in Years 7 to 9 (ages 12-15) offers activities such as a high-ropes course, orienteering, and hiking. Emerging teenagers on Outward Bound Junior are stimulated in a positive and constructive environment. By providing "a place apart" Outward Bound programs help young people re-connect with what is real and important in their lives and to get away from the distractions of mobile phones and social media.

## Future Doctors Australia, Melbourne

## Organisation: National Institute of Education

Location: Melbourne

#### Date: October 2 to October 5, 2025

Gaining medical work experience is essential for young people considering a career in medicine. It provides insight into the field, helps develop skills and attributes, and provides networking opportunities. However, obtaining medical work experience can be challenging due to various restrictions such as limited opportunities, safety concerns, and confidentiality issues. That's why NIE has developed the "Future Doctors Australia" program. It is an engaging and high-impact 4-day program that provides young people aged 14-18 with a unique opportunity to gain medical work experience in a safe and structured environment. Participants will have the opportunity to spend time with current junior and senior medical students. They will also have the rare opportunity to spend time with more senior clinicians and various medical specialists. You will get to learn about clinical specialist's relevant fields of work, ask them questions, and learn some hands-on skills from them.

- Over 15 hours of face-to-face interaction with leading specialists and clinicians
- Meet current medical students
- Develop advanced communication and team working skills
- Create new friendships with like-minded, highly driven young individuals
- Learn about the admission process into various medical universities in Australia
- Morning tea and lunch included

#### Find out more and register

## It Takes a Spark STEM Conference, Melbourne

Organisation: Intuyu Consulting Pty Ltd

Location: The Knox School, Wantirna

Date: October 23, 2025

Most conferences currently being offered on STEM, STEAM and Entrepreneurship tend to be targeted towards teachers and involve a series of speakers and the occasional mini-workshops. This conference is designed to be different. This conference is designed by students and teachers for students and teachers.

The intent of the It Takes a Spark STEM Conference is to bring together Students (Year 4 to 10) and Teachers to connect with inspiring industry role models, share their current school based activities and projects using an authentic sharing and experiential model, create networks of teachers and student teams, and solve social justice design challenges.

The participation of the students is as important as teachers as our intent is to ignite, empower and nurture both to be leaders of STEM and Entrepreneurship within their schools. This is a conference designed and led by students and teachers for students and teachers.

Teachers will have both formal and informal opportunities to speak to other teachers who have enacted programs and activities in their schools and get their questions answered.

The Digi-Design workshops and Problem Solver design challenges are all hands-on so students and teachers will experience first-hand what it is like to be part of great STEM and entrepreneurial learning. This will spark new ideas about curriculum and pedagogy.

Find out more and register

#### A day in the life of a medical imaging student

**Organisation:** Deakin University **Location:** Deakin Geelong Waurn Ponds Campus **Date:** October 28, 2025 'A day in the life of a medical imaging student' is an opportunity for Year 11 students who live in the South West and Grampians/Wimmera regions and have an interest in medical imaging to experience what it is like to study at Deakin.

The day will include hands-on practical activities as well as the chance to learn more about pathways, entry requirements and career options.

Academics and current students will be available to answer all your questions.

Expressions of interest due 19 September.

Find out more and register

## 2026 National Youth Science Forum Year 12 Program

Organisation: National Youth Science Forum

Location: ANU Acton Campus & UQ St Lucia Campus

Date: January 6 to January 21, 2026

Are you in Year 11 in 2025? Apply now to join us in January!

The National Youth Science Forum (NYSF) Year 12 Program gives students that are about to start Year 12 a broader understanding of study and career options available in science, technology, engineering and mathematics (STEM).

Staying on campus at university colleges, students are immersed in science and technology. Participants:

- participate in tours of science and technology facilities,
- learn about cutting-edge research,
- engage with industry partners and research providers,
- learn about university, training and STEM career pathways,
- mix with like-minded students their age from all over Australia,
- participate in social and team building activities, and
- network with former NYSF participants.

In January 2026, the NYSF Year 12 Program will run two summer sessions at:

- The Australian National University, Canberra (6 –14 January 2026)
- The University of Queensland, Brisbane (13 21 January 2026)

As part of the application process, any students experiencing financial hardship or another disadvantage that negatively impacts their ability to attend the program may apply for an <u>NYSF</u> <u>Access and Equity Scholarship</u>.

We also encourage students to seek financial support from NYSF's founding partner, Rotary. Many Rotary Clubs are familiar with the NYSF and able to offer some level of funding or assist students to fundraise to attend. You can use the <u>Rotary Club Finder</u> to search for your local Club.

Applications close 20 June 2025. You will be advised of the outcome of your application by mid-August.

Find out more and register

## **Scholarships**

#### **Melbourne Chancellor's Scholarship**

Organisation: University of Melbourne Location: Australia Value: Up to \$32,500 AUD Open Date: July 28, 2025 Close Date: January 13, 2026 Find out more

**AIQS Donald Napier Scholarships** 

Organisation: Australian Institute of Quantity Surveyors Location: Australia Value: \$5,000 AUD Open Date: May 1, 2025 Close Date: October 1, 2025 Find out more

## Competitions

#### 2025 Newcastle Future Entrepreneurs Challenge

Organisation: University of Newcastle Location: Australia Value: \$2,000 AUD Open Date: May 5, 2025 Close Date: August 22, 2025 Find out more

## **Enterprising Girl of the Year 2025**

Organisation: Academy for Enterprising Girls Location: Australia Value: See details Open Date: May 23, 2025 Close Date: October 10, 2025 Find out more

## **Weekly Posts**

## **Subject Selection, University**

## **Understanding the ATAR – Common questions answered**

If you're not entirely sure how the ATAR system works, why you might need one, and how they're calculated, you're definitely not alone. The Australian Tertiary Admissions Rank (or ATAR) can seem confusing at first, but once you understand the basics, it all starts to make sense. Here are some of the most common questions answered and misconceptions about the ATAR busted.

#### What is an ATAR?

Your ATAR is a number between 0 and 99.95 that represents your overall academic achievement at high school compared to the rest of your cohort.

Here's the important bit: it *isn't* a "score" or a "mark", and it doesn't reflect your individual achievements in isolation - which is important to remember. Instead, it shows where you sit compared to everyone else who completed Year 12 in your state or territory.

#### Can you receive an ATAR of 100?

Nobody can receive an ATAR of 100, and that's because the ATAR is a rank (not a percentage or mark), measured in increments of 0.05.

The highest ATAR you could get is 99.95 - this signifies you performed better than 99.95% of students in your state, while an ATAR of 80.00 indicates that you sit in the top 20% of your cohort, and so on.

In order to receive a rank of 100, you need to score higher than 100% of your cohort...including yourself!

#### What's the lowest ATAR that you can get?

30.00 is the lowest ATAR reported. If you rank lower than that, your results will just say "30.00 or less".

#### Who needs an ATAR and why?

If you're in Year 12 and hoping to head to university straight out of high school, applying with your ATAR is the most straightforward way of receiving an offer.

This doesn't mean if you're not ATAR-eligible or receive a low ATAR that you can't go to university. It just means you might have to take a different pathway, and it could take a little longer. ATARs can also be used as a guide of your performance at university, but it's not always an accurate reflection of how successful you're likely to be. For example, a student with an ATAR of 70.00 who is capable and motivated is more likely to do well in a course than a student with an ATAR of 90.00

#### How do institutions use the ATAR?

who doesn't apply themself.

Universities often receive many more applications for courses than they have places available, so they need a way to work out who should be admitted first. This is typically done by setting a minimum selection rank (SR) for each course.

As a Year 12 student, your SR is based mostly on your ATAR - so if you receive an ATAR of 79, you know that your selection rank will definitely be at least 79 too (it could even be higher - we'll go into more detail on this soon).

#### **Does your ATAR expire?**

No - you can still use your ATAR to gain entry to university even if you graduated 20 years ago. This means you don't need to worry if you're thinking of taking a gap year or aren't sure if you want to head straight to university after school.

Most universities will use your <u>highest eligible ranked qualification</u> for entry. So, for example, if you go on to complete a Certificate IV qualification, you might also be able to use this for admission. Then once you've finished an undergraduate degree, you'll use that for admission if you want to study a postgraduate qualification, and so on.

#### How and when will I receive my ATAR?

ATARs are usually released in mid-December, just before TACs send out their first round of university offers to school leavers. You should receive an email from your state or territory's TAC or education department with information on how to view your results.

*Top tip:* Make sure that you register a personal email address instead of your school one, as you may lose access to your school emails once you graduate.

#### Who calculates the ATAR?

ATARs are calculated by Tertiary Admissions Centres (or TACs) for each state:

- UAC in New South Wales and the Australian Capital Territory
- **<u>QTAC</u>** in Queensland
- VTAC in Victoria
- <u>SATAC</u> in South Australia and the Northern Territory
- TISC in Western Australia
- **UTAS** in Tasmania

#### How is your ATAR calculated?

While exact calculations can vary a little between states, the process is similar everywhere:

- Your results from a set amount of your best subjects/units are taken (for example, in NSW your top 10 units are chosen 2 of these must be from English).
- Your marks are then scaled more about this next.
- Your scaled results are added together to give an aggregate number.
- Your aggregate results are compared with all other ATAR-eligible students, and your ATAR is based on where you sit in that comparison.

#### What is scaling?

Scaling is based on the idea that students shouldn't perform better or worse based on the subjects they choose. It accounts for differences between subjects and individual students' abilities to determine what your results would look like if everyone did the same subjects and were all marked the same way.

For example, trying to compare results from dance to physics is challenging. The scaling systems have been developed to iron out these differences so universities can assess applicants from a single source.

#### Can you increase your ATAR once you receive it?

Technically, no. You might have heard that some universities offer <u>adjustment factors</u> - but these are only used to calculate your selection rank, not actually change your ATAR.

#### So how do adjustment factors work if they don't increase your ATAR?

Adjustment factors are the bonus points added to your ATAR to calculate your selection rank. Each university calculates selection ranks individually, and your SR is only valid at that institution. If you apply to multiple universities, you might find your selection rank is different at each - sometimes there are event differences in how adjustment factors are applied for different courses at the same university.

#### If you meet the minimum ATAR requirement, are you guaranteed entry?

While the ATAR is important, it's not the only thing universities look at. You might have to complete prerequisite subjects, attend an interview or audition, or provide a portfolio, for example. Some courses also have caps on the number of students admitted each year (particularly for areas such as medicine, nursing, and other health sciences). This means it's possible you might not receive an offer, even if you meet - or exceed - the minimum ATAR requirement.

#### Do you need an ATAR to go to university?

Not necessarily - most universities offer alternative entry pathways into their courses. In fact, only around 1 in 4 students (26%) are admitted based on their ATAR alone. The other 74% gain entry using a combination of things, including their ATAR, adjustment factors, entry schemes, portfolios, auditions, interviews, school recommendations, and other additional tests.

Other entry pathways include undertaking bridging or foundation programs, completing a vocational course and applying for university down the track, or looking at other internal options to get you where you want to be.

#### The bottom line

Remember, your ATAR is just a number - it's not a measure of your worth, intelligence, or future success. Whether you receive the ATAR you were hoping for or not, there are always options available to help you reach your goals.

Want to learn more about your study options after high school? You can find information about university courses, alternative pathways, and vocational education <u>on our website here</u>.

## People with Disability, Study Tips

## Learning your way: Study tips for diverse learners in high school

High school can feel overwhelming at times for any student, but if you have a learning disability, ADHD, autism, or another condition that affects how you learn, the challenges might seem even bigger. The good news is that with the right strategies and support, you can absolutely thrive in high school and set yourself up for success in whatever comes next. Here are our study tips for diverse learners.

#### Understanding your learning style

One of the most powerful things you can do is understand how you learn best. Everyone processes information differently, but this is especially important when you have a disability that affects learning.

Maybe you're a <u>visual learner</u> who needs to see information in diagrams, charts, or colour-coded notes. Perhaps you learn better when you can move around or fidget while studying. Some students find they understand concepts better when they can discuss them out loud or teach someone else. Take some time to reflect on when you feel most focused and engaged. Do you <u>concentrate</u> better in the morning or afternoon? Do you prefer quiet spaces or a bit of background noise? Understanding these preferences can help you create the best possible learning environment for yourself.

#### **Building your support network**

You don't have to navigate high school alone. Building a strong support network is crucial for your success, and there are more people willing to help than you might realise.

#### Support from your school

Start with your school's learning support team or disability services coordinator. These professionals are specifically trained to help students with disabilities succeed. They can help you access accommodations like extra time on tests, note-taking assistance, or alternative formats for assignments.

#### Support from your teachers

<u>Your teachers are also key allies</u>. Don't be afraid to speak with them about your needs, they genuinely want to help their students succeed. If you're struggling with a particular subject or teaching style, have a conversation about what might work better for you.

#### Support from other students

Consider connecting with other students who have similar experiences. Many schools have support groups or clubs where you can meet peers who understand what you're going through. Sometimes just knowing you're not alone can make a huge difference.

#### **Effective study strategies**

Finding <u>study methods</u> that work with your brain, rather than against it, can transform your academic experience. Here are some approaches that many students with disabilities find helpful.

#### The Pomodoro Technique

The <u>Pomodoro Technique</u> can be particularly useful if you struggle with focus or attention. This involves studying for 25-minute periods followed by 5-minute breaks. It prevents burnout and makes large tasks feel more manageable.

#### **Note-taking alternatives**

If you have difficulty with traditional note-taking, try <u>alternatives</u> like mind mapping, voice recordings, or drawing diagrams. Some students find that creating visual summaries or using apps that convert speech to text can be game-changers.

#### Audiobooks

For those who struggle with reading, audiobooks and text-to-speech software can open up a whole world of learning. Many textbooks are available in audio format, and there are excellent free tools that can read web pages and documents aloud.

#### **Active learning**

<u>Active learning techniques</u> often work well for students with learning differences. Instead of just reading your notes, try explaining concepts to a friend, creating flashcards, or finding real-world examples of what you're studying.

#### Managing your time and staying organised

Organisation and <u>time management</u> can be particularly challenging when you have a disability, but developing these skills will serve you well throughout your life.

#### Use tools to help

Consider using digital tools to help keep track of assignments and deadlines. Many students find that having everything in one place – whether it's a smartphone app, computer program, or physical planner – reduces stress and helps prevent important tasks from slipping through the cracks.

#### Break things down

Break large projects into smaller, more manageable chunks. Instead of "write history essay," your todo list might include "choose topic," "find three sources," "create outline," and "write introduction." This makes big tasks feel less overwhelming and gives you a sense of progress along the way.

#### Start a routine

Don't underestimate the power of routines. Having consistent daily and weekly routines could reduce the mental energy you need to spend on planning and decision-making, leaving more capacity for learning.

#### **Communicating your needs**

Learning to <u>advocate for yourself</u> is one of the most valuable skills you can develop. This means understanding your rights, knowing what accommodations help you learn best, and being able to communicate these needs clearly and confidently.

#### **Be specific**

When requesting accommodations, be specific about what you need and why it helps. Instead of saying, "I need extra time," try, "I need extra time because my processing speed is slower, and this accommodation allows me to demonstrate my knowledge without being limited by time pressure."

#### It's OK to ask for help

Remember that asking for help isn't a sign of weakness – it's a sign of maturity and self-awareness. The ability to recognise when you need support and seek it out appropriately is a skill that will benefit you throughout your education and career.

#### Preparing for your future

High school is not just about getting through each day – it's also about preparing for whatever comes next, whether that's university, vocational training, or entering the workforce directly.

#### Accommodations and support

Start thinking early about what accommodations and support you might need in your chosen postschool path. If you're planning to attend university, research the <u>disability support services</u> at institutions you're considering. Many offer excellent support, but services can vary significantly between schools.

If you're thinking about vocational training or apprenticeships, consider how your disability might affect different career paths and what accommodations might be available. Remember, there are successful people with disabilities in virtually every field – from medicine and law to trades and technology.

#### **Build a portfolio**

Consider developing a portfolio that showcases your strengths and achievements. This might include examples of creative problem-solving, leadership experiences, or projects you're particularly proud of. Your unique perspective and experiences can actually be significant assets in many careers.

#### **Building confidence and resilience**

Perhaps most importantly, work on building your confidence and resilience. Having a disability can sometimes make you more aware of your challenges than your strengths, but it's crucial to recognise and celebrate your abilities.

#### **Track your success**

Keep a record of your successes, both big and small. When you master a difficult concept, complete a challenging project, or help a classmate understand something, make note of it. These reminders can be invaluable in tough periods.

#### Don't be afraid to fail

Remember that everyone faces challenges and setbacks – having a disability doesn't make you any different in this regard. What matters is how you respond to these challenges and what you learn from them.

#### Look for role models

Consider finding role models who have disabilities and have achieved success in areas that interest you. Seeing others who have navigated similar challenges can be incredibly inspiring and help you envision your own future possibilities.

#### Making the most of available resources

There are many resources specifically designed to help students with disabilities succeed.

#### Assistive technology

Take advantage of assistive technology that can support your learning – from simple tools like coloured overlays for reading to sophisticated software that can help with writing and organisation.

#### Local support services

Many countries have specific programs and support services for students with disabilities. Research what's available in your area and don't hesitate to access these resources. They exist to help you succeed.

#### **Advocacy organisations**

Connect with disability advocacy organisations in your community or online. These groups often provide valuable information, support, and networking opportunities that can be helpful both now and in the future.

#### **Remember your potential**

High school might feel challenging now, but the skills you're developing – self-advocacy, problemsolving, resilience, and creative thinking – will serve you well throughout your life. Every challenge you overcome makes you stronger and better prepared for whatever comes next. Your journey might look different from your classmates', but it's important to focus on your own progress, celebrate your achievements, and remember that success comes in many different forms. We have lots more information on our website on <u>study tips</u> or <u>support for students with disabilities</u>.

## **Job Spotlights**

## How to become a Genetic Counsellor

Genetic counsellors (also known as genomic counsellors) educate and guide individuals or families about genetic factors that might affect them or their loved ones. Their role is to help people understand the medical, psychological, and hereditary impact of genetic conditions, as well as advise them about their options and the outcomes that treatment might have.

If you're empathetic and kind, have excellent communication skills, and are passionate about helping people better understand their genetics, this could be the role for you.

#### What skills do I need as a genetic counsellor?

- Fantastic communicator
- Great interpersonal skills
- Critical thinker
- Empathetic & kind
- Strong research skills
- Inquisitive & adaptable
- Emotionally resilient
- Great social awareness

#### What does the job involve?

- Interviewing patients & researching family medical history
- Analysing & interpreting genetic tests & results
- Explaining results to patients & families
- Helping patients understand potential impacts
- Offering emotional support to patients
- Advising patients on treatments & outcomes
- Providing referrals to further support options
- Developing treatment plans with other healthcare workers

#### What industries do genetic counsellors typically work in?

- Health Care & Social Assistance
- Public Administration & Safety

#### What Career Cluster do genetic counsellors belong to?

Genetic counsellors are mainly <u>Guardians</u>, interested in supporting people's health and wellbeing and willing to work hands-on with clients and patients.

They also have some overlap with the <u>Informer</u> Cluster, particularly when it comes to communicating and sharing knowledge.

#### What kind of lifestyle can I expect?

Many genetic counsellors work normal business hours, with only the occasional need for overtime, weekend, or holiday work. There are a few part-time opportunities available, but most genetic counsellors work full-time.

You will be doing most of your work indoors, typically in a healthcare setting - this could be in a hospital, private clinic, community health centre, research institution, or even medical laboratory. Most genetic counsellors can expect to earn an above average salary throughout their careers.

#### How to become a genetic counsellor

In order to work as a genetic counsellor, you'll need to obtain an accredited Master's degree in Genetic Counselling, before applying for certification from the relevant board or authority in your country.

The certification process typically involves completing 2-3 years of on-the-job experience and passing an additional examination. To remain certified, you will need to engage in continuing professional development throughout your career.

There are many areas of genetics you might like to specialise in, such as reproduction, paediatric, oncology (cancer), neurology, or cardiovascular.

- Finish high school with a focus on English, Maths, and Sciences.
- Complete an undergraduate qualification as part of your degree, it's recommended that you complete subjects in:
  - $\circ$  Genetics
  - Biology, biochemistry, or biomedical sciences
  - Psychology
- Gain professional or volunteer experience in healthcare, sciences, or counselling.
- Study an accredited Master's program in Genetic Counselling.
- Start working as a trainee/associate genetic counsellor.
- Apply for certification and register as a fully qualified genetic counsellor.
- Keep updating your skills and knowledge throughout your career.

#### What can I do right now to work towards this career?

If you're in high school and you'd like to find out if becoming a genetic counsellor is right for you, here are a few things you could do right now:

- Start building important skills by doing volunteer work or participating in extra-curricular activities.
- See if you can find work experience in a healthcare setting. This will help you see if you might enjoy the work, and can help you start building important contacts for the future.
- Talk to a genetic counsellor to see what a day in their life is like. If you don't know anyone, see if you can watch videos or documentaries about a career in genetic counselling.

#### Where can I find more information?

- <u>Human Genetics Society of Australasia</u> (AUS & NZ)
- Genetic Counsellor Registration Advisory Board (UK)
- <u>National Society of Genetic Counselors</u> (US)
- <u>Canadian Association of Genetic Counsellors</u>

#### Similar careers to genetic counsellor

- Medical Doctor
- Nurse
- Nutritionist
- <u>Counsellor</u>

- <u>Dentist</u>
- Lab Technician
- <u>Computational Biologist</u>
- Pharmacist

Find out more about alternative careers on our Job Spotlights page.

#### Created by Study Work Grow in 2025

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