



SOD OFF MND FUN RUN 2025

Please join us on Sunday 6th April at the Toolamba Rec Reserve.

You can run, walk or roll as many laps around the oval as you wish. Your participation however big or small is greatly appreciated!

There will be live music, coffee and food trucks, a sausage sizzle along with a raffle on the day.

Jane Spencer, a well-known and loved local is the inspiration and reason behind this event.

Jane was diagnosed with MND in June 2023. Her particular MND is caused by a hereditary gene mutation, the SOD1 gene which becomes toxic to other nerve cells.

MND took her mother's life in 1990, her cousin's life in 2010 and now she is also facing the same fight.

With the advances in technology there is now a treatment that may slow down the progression of the disease but unfortunately there is no cure.

Every 3 weeks Jane's husband drives her to Sydney for a lumbar puncture under imaging. This treatment is ongoing and currently the only glimmer of hope for her and her family.

All proceeds raised will be put into MND Research, specifically the Macquarie University and Prof Dominic Rowe and his team.

His tireless efforts, enthusiasm, dogged dedication and care for his patients is inspiring and gives Jane and her family hope that one day there will be a MND free future.

To register or for more info, please visit the website below.

<https://www.trybooking.com/events/landing/1336392>

TOOLAMBA RECREATION RESERVE

**LIVE MUSIC
COFFEE AND FOOD TRUCKS
SAUSAGE SIZZLE
RAFFLE ON THE DAY**

**SUNDAY
6TH APRIL**

**SOD OFF
FUN RUN 2025 MND**

**CHECK IN
FROM 9:00AM
EVENT START
10AM
RAFFLE FROM
12:30PM**

**RUN, WALK, ROLL OR WATCH
AND CHEER
AS WE RAISE MONEY FOR
MND**

**FOR MORE INFO
AND TO
REGISTER**

**100% PROCEEDS
TO MND
RESEARCH & TRIALS**

**MACQUARIE
University
SYDNEY AUSTRALIA**

**MOTOR NEURON DISEASE
RESEARCH CENTRE**