The New Age Parent

Managing Screen Time

About:

This workshop explores how to incorporate technology into your household without it taking over play, connection and sleep time. As technology forms a large part of modern life, we cannot resist screens in our home but must learn to artfully manage them for each developmental stage. Discover how to keep screens from taking over and transition away from screens without the meltdowns.

We warmly welcome all genders, sexualities, educational backgrounds and walks of life. All workshops are safe, non-judgemental spaces for learning and will be facilitated accordingly.

Course details:

Who: This 1.5hr interactive workshop is available to parents of children aged 3-11 years living in the western suburbs of Melbourne.

When: Wednesday 29th November 2023, 8pm- 9:30pm

Where: Via Zoom

Cost: FREE

Contact information

Register online today. For further information, please call us.

✉ www.mackillop.org.programs/parenting-workshops   📞 0418 167 791

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