

FREE
LIMITED PLACES. BOOK EARLY!

Let's Talk

WARRNAMBOOL REGIONAL PARENTING FORUM

ADDRESSING ANXIETY AND BUILDING RESILIENCE IN CHILDREN AND YOUNG PEOPLE

The City of Greater Geelong Regional Parenting Service and the Great South Coast Early Years Network welcome all mums, dads and those who support them to attend our FREE Parenting Forum.

Life can be challenging and may include many stressful situations. This forum will explore emotional anxiety in your child and will provide you with tips to understand their individual personality and help you boost your child's ability to bounce back from life's challenges and help them thrive!



Andrew Fuller

We are delighted to partner with **Andrew Fuller**; a clinical psychologist, he works with many schools and communities in Australia and internationally, specialising in the wellbeing of young people and their families.

SESSION INFORMATION

WEDNESDAY 15TH JUNE 2016 - 9.30am to 2.45 pm
(registrations open 9.30 - 10.00am)

- Lighthouse Theatre, 185 Timor Street, Warrnambool. *Limited parking.*
- Guest speaker: Andrew Fuller
- Professional experts from community organisations will be available on the day for participants to talk to about parenting and family support
- Light lunch, tea and coffee provided.
- FREE child care available. LIMITED PLACES. Bookings essential. Contact for further details.

EVENT REGISTRATION – RSVP BY WEDNESDAY 8TH JUNE 2016

fsadmin@geelongcity.vic.gov.au or 03 5272 4741

If booking via email, please include the following; names, contact numbers and addresses of all bookings, how you heard about this event and if you require childcare.



South West Victoria

Child and Family Services Alliance

Bethany, Brophy Family & Youth Services, Centacare Catholic Diocese of Ballarat Inc, Gundijmara Aboriginal Cooperative Limited, MPower, Warrnambool City Council, Winda-Mara Aboriginal Corporation & the Department of Health & Human Services

