



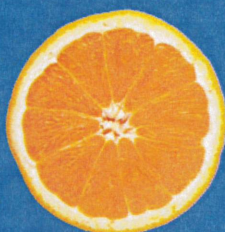
Brain Optimiser

These Aussie fruit, veg & nuts contain nutrients that can help support brain health.



MUSHROOM

rich in niacin



ORANGE

rich in vitamin C



WALNUT

contains copper



GREEN PEAS

contain thiamin



APRICOT

contains niacin



PEACH

rich in vitamin C



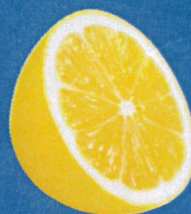
PLUM

source of niacin



ROCKMELON

rich in vitamin C



LEMON

rich in vitamin C



LIME

rich in vitamin C

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