



**MYSELF**  
Middle Years Selected Essential  
Learnings for the Future

Year 9 2022



# Acknowledgement of Country

*Doncaster Secondary College acknowledges the traditional owners of the land on which our school is situated, the Wurundjeri Woiwurrung people of the Kulin Nation. We pay our respects to elder's past, present and emerging and all Aboriginal or Torres Strait Islander people. We recognise that this land was never ceded and there is no treaty, and we commit to efforts towards reconciliation as a school community.*

*We at Doncaster Secondary College are inclusive of individuals from all backgrounds including the LGBTQIA+, culturally and linguistically diverse as well as Aboriginal and Torres Strait Islander people.*



# What is MYSELF?

- One elective unit per term, one of which has to be MyFuture
- Every Wednesday Periods 2, 3 & 4
- Opportunities to work individually and as groups.
- A program to develop a growth mindset in a challenging yet rewarding environment, for *real world applications* where **YOUR VOICE** matters.

# What is a growth mindset?

**People with a growth mindset feel their skills and intelligence can be improved with effort and persistence.**

**They embrace challenges, persist through obstacles, learn from criticism and seek out inspiration in others' success.**



# Why MYSELF?

- To become more resilient to challenges
- To develop personal and social skills across the whole year in different contexts or environments
- To be a member of the greater Manningham and Melbourne community
- To develop critical thinking and problem-solving skills
- To collaboratively determine what activities (maybe excursions) your class will participate in
- To shape and take ownership of your own learning
- To apply the skills learnt from other classes

# When jobs want you to have 10 years of work experience before the age of 22

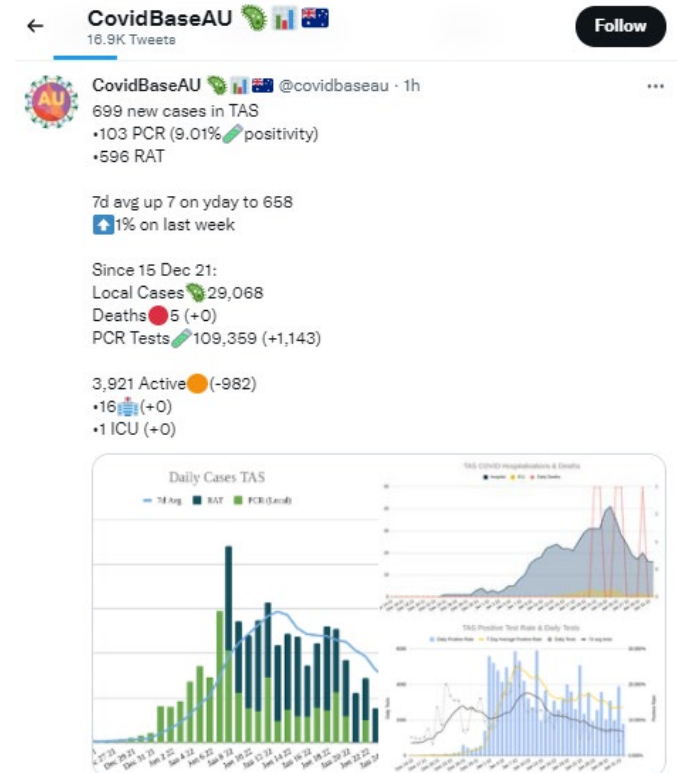
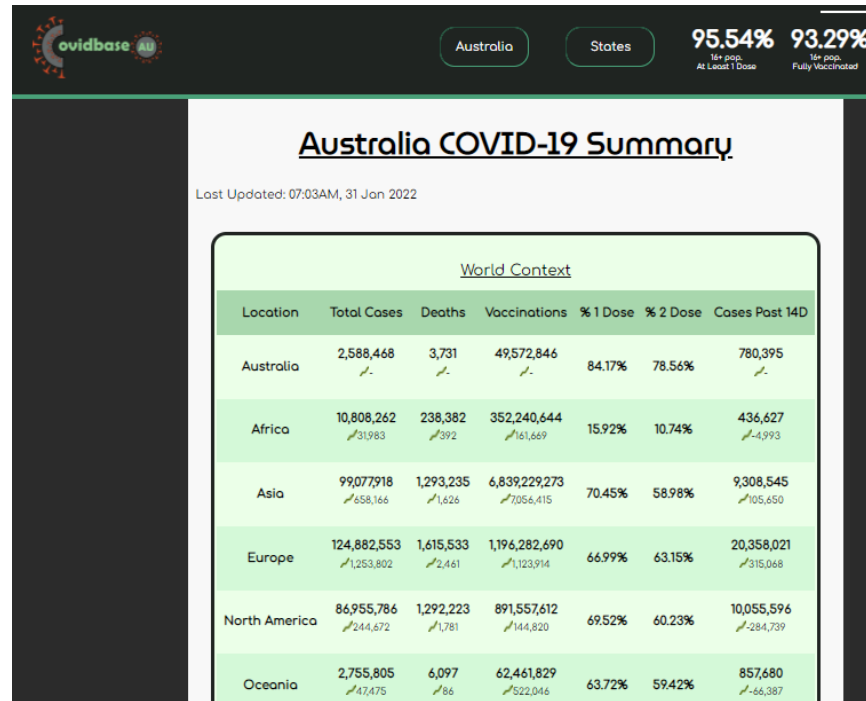


# Who are Jack, Wesley & Darcy?



# COVIDBaseAU

- Jack – Writes up the Twitter threads, chooses what type of data to use by collecting it onto a Google sheet.
- Wesley – Creates all the infographics for their Twitter and website.
- Darcy – Taught himself coding from books, websites & videos. Designs and manages the website.





# MYSELF Folio

The front of the book is for discovery, back onwards is for your MYSELF folio

- What should go into this folio:
  - Myself term goals
  - Progressive rubric template
  - Weekly reflections
  - Photo evidence of their claimed achievement – based on their PR reflection and evaluation
  - Scrap book memento's – receipts, tickets, pictures.
- Inquiry task (critical and creative thinking element

# myself subjects 2019!

term 1 → history

term 2 + 3 → my drama/education

term 4 → english

# my artfolio

## excursion #1 University of Melbourne

On February 13th, we went on an excursion to the University of Melbourne. We had the first in Melbourne (which was a visit to Melbourne) and then we arrived at their school and got the chance to say hello from the bus surrounding their grounds located on Heidelberg Ave. (which was then we started a tour to complete which was to go and meet a person who got good at different subjects at the school.

### February 13th



← my group at the school walk!

using lunch!



## excursion #2 Box Hill Institute (TAFE) February 20th

What are the main differences between a TAFE and University?

TAFE is more about career experience and you must work at a 1 and 2 experience and in this way make the career with my course.

What proportion of graduates from Box Hill TAFE go onto full time employment or further study?

80%.

What is a "Pre-Apprenticeship" course?

getting more training which can provide a pathway into the industry as your course.

How many campuses does Box Hill TAFE have? Name them.

three.

- Box Hill campus
- Clayton campus
- City campus

Sometimes you can start a TAFE course and use this to gain entry into a University degree (as a "pathway"). Which universities does Box Hill TAFE have formal agreements with?

Deakin, LaTrobe, Monash, Melbourne

Name three different areas of study (facilities) at Box Hill.

- Fashion
- UCA
- Learning / new technology

What 4 things did you find interesting about the visit to Box Hill TAFE?

- you could do TAFE course and still go to uni
- the apprenticeships
- how the learning/industry system was open to students
- TAFE courses / certificates

Explain how the visit to Box Hill TAFE could influence your future career pathway.

It is important to me now with work and how it can still get there and get to a degree.

November 6th



# Melbourne Star

observation wheel

**LOCATION:**  
The Distillers Docklands, 101  
Waterfront Way, Docklands, VIC, 3008

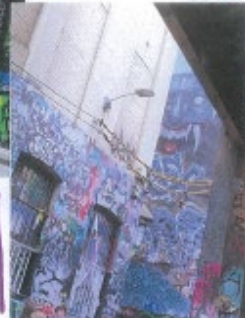


**LUNCH**  
**LORD OF THE FRIES**

\$4.50 Kids Chips --- (wouldn't recommend)  
Rating out of 5 stars: ☆☆☆☆



**Reflection:**  
Today we went to the Melbourne Star observation wheel, it was nice & chill but it was kind of boring because it was so slow and I was really hungry :  
But I would recommend going & today was the perfect weather.



**Reflection:**  
Today we went on the excursion my group planned, everything went well but we underestimated the time spent there. We should've looked up other laneways to look at instead of just the one. So we got around 1.5 hours to explore the city in small groups. And we arrived back at school on time for the first time. Overall, it was a very fun day!

# Melbourne Laneways

FREE OF COST !!

Wednesday November 13th

25  
ENJOY YOUR DELICIOUS DEEP FRIED SNACK  
MADE TO ORDER!  
TAX INVOICE

← lunch

#selfie ☺



address: HOSIER LANE, MELBOURNE, VIC 3000

November 20th

location: 7 Riverside Quay, Southbank, VIC, 3006



was fun but a bit didn't take any photos. I'd go to the cafe

eureka skydeck

**TRANSPORT:**  
907 to City  
Train to Eureka  
  
Train to Victoria Park  
907 to Mitcham

**LUNCH AT:**  
Southgate 9177



Photoshop

Get ready! In less than 40 seconds you will arrive at level 88 in the fastest lifts in the Southern Hemisphere & be amazed by the awesome 360° views of Melbourne



Skydeck Lounge

Instagram: @eureka\_skydeck Facebook: @eureka\_skydeck

# Assessment

	ASSESSMENT DESCRIPTOR
<b>RESILIENCE:</b>	I demonstrate initiative and flexibility when faced with complex tasks
	I demonstrate ability to adapt to unexpected changes during planned activities
<b>RESPONSIBILITY:</b>	I demonstrate responsibility for all aspects of my learning including planning and organisation to achieve the learning intention of the class.
	I takes responsibility for my own actions and learning.
<b>TEAMWORK:</b>	I demonstrate cooperation and strategies to work with a diverse group. I use my strengths to take on leadership opportunities and roles to contribute to achieving the group task or goal.
	I evaluate my own and others contribution to group activities and tasks. I can provide constructive feedback to peers and make recommendations for improvements to achieve the task or goal.
<b>RESPECT:</b>	I demonstrates consideration for members of the public, property and the environment.
	I have a strong sense of self-worth, morals and values, and I am not distracted by peers.
	My interactions demonstrate empathy and regard for peer opinions and effort
<b>ATTENDANCE:</b>	I have attended at least 90% of classes, excursions and presentations

# MYSELF Award

- Students who demonstrate a consistent and exceptional work ethic throughout Myself may be nominated by their teachers for the Above and Beyond award which is done through Compass.
- The award will be a great way for you to stand out amongst your peers... and there may be a prize!



+1

#287619

**MYSELF Program: award nomination**

Recorded by Lisa CHIUCHIARELLI - CHL

**Nominated for:** Term 1, 2022 My Outdoors (TEST -EXAMPLE)

**You were able to:** Build positive and respectful relationships using interpersonal skills.

**Details:** Congratulations on an excellent start to the MYSELF program. Your class has benefitted greatly from your strong interpersonal skills. You should be so proud of how to connect with and include all of your peers. You created opportunities for others to step out of their comfort zone and you encouraged others to lead and work together. This made for a really fun, positive, and prosperous term for all. Well done and good luck with the next challenges in term 2!

Academic