



CAREERS NEWSLETTER

Disclaimer – all information is printed in good faith
It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Mr Madani please email jmadani@stpiusx.nsw.edu.au or call 9414 4733.

JobJump - Parents and students please watch YouTube video below and sign up

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information.

Create a resume, sign up for news alerts.

To register go to <https://www.jobjump.com.au/>

Search school – St Pius X Chatswood

Register with an email address (use a private address, not spx)

Password – pius (lower case)

Parent information: <https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be>

2025 Apprenticeship/Traineeship & Jobs Expo – Parramatta & Hills District

Organisation: Brett Carter Events

Location: Wentley Leagues

Date: August 5, 2025

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts. The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

[Find out more and register](#)

Shaping Future Educators: Your Path to Primary Education

Organisation: University of Sydney

Location: Online

Date: August 6, 2025

Do you have aspirations of becoming a primary school teacher? Join our faculty experts to discover everything about our Bachelor of Education (Primary) degree. Explore how to study with us, understand the course structure, learn about placements, and much more. Don't miss this opportunity to pave your way towards a rewarding career in primary education.

[Find out more and register](#)



Pathways into Medicine and Dentistry Live Webinar

Organisation: National Institute of Education

Location: Online

Date: August 6, 2025

This forum is an excellent opportunity for teachers, students and their parents to find out about the UCAT, pathways into medicine, and have all questions answered by an expert teacher who has been working in the field since 1999.

The session is packed with invaluable information during which we will be covering the following topics, and more:

- What is UCAT? UCAT scores? UCAT Sub-tests?
- Year 10, 11 and 12 - things to consider now
- The undergraduate selection criteria
- Application process into universities for medicine and dentistry
- When and who can sit the UCAT?
- GAMSAT
- Can you prepare for the UCAT?
- Undergraduate interview process
- What, how and why about Gap Year?
- Alternative degrees and career choices
- Work experience advice
- Q&A

[Find out more and register](#)

Campus Tours – August

Organisation: University of Newcastle

Location: UON Campuses

Date: August 8, 2025

Let our Student Ambassadors show you some of our must-see teaching and learning spaces, their favourite study spots, and of course - where to get the best coffee on campus. Not only will you get a personalised tour, but an opportunity to ask as many questions as you have about what uni life is really like!

Please be advised that:

- If you are interested in a Campus Tour of both the Newcastle and Central Coast campuses, you will need to register for two different tour dates.
- Campus Tours of Callaghan, NUSpace and the Q Building can occur on the same day.

[Find out more and register](#)

CDW Open Day 2025, Sydney

Organisation: CDW Studios

Location: CDW Sydney Campus

Date: August 9, 2025

This is your chance to come down and explore our creative space, meet staff and students, and learn more about our programs !

Whether you're an aspiring entertainment design artist or just curious about the world of games, movies and animation, this is the perfect opportunity to kickstart your career at CDW Studios.

[Find out more and register](#)

AFTRS Open Day 2025

Organisation: Australian Film Television and Radio School

Location: Australian Film Television and Radio School

Date: August 9, 2025

Unleash your creative potential in the world of film, television, radio and podcasting at AFTRS – Australia's national screen and audio school!



Join us on Open Day at our state-of-the-art purpose-built campus to discover everything you need to know about us, and our courses, including the Bachelor of Arts Screen: Production, Graduate Diploma in Radio and Podcasting, Master of Arts Screen: Business and the nine disciplines of our Master of Arts Screen. Our expert practitioners will be on hand to welcome you and answer all your burning questions in lively discussions and our Ask Us Anything sessions.

[Find out more and register](#)

UC Sydney Hills Education Open Day 2025

Organisation: University of Canberra

Location: UC Sydney Hills Campus

Date: August 9, 2025

Discover how the Bachelor of Early Childhood Education (Birth to Five) at UC Sydney Hills can launch your career in one of the most rewarding and impactful professions!

Here's what you can expect on the day:

- Explore our Early Childhood Education program in detail
- Tour our vibrant campus and modern learning spaces
- Join hands-on workshops and presentations tailored for future educators
- Meet academic staff and current students for real-world insights
- Enjoy free snacks, coffee, and our famous UC blue cupcakes!

[Find out more and register](#)

Whitehouse Open House 2025, Sydney

Organisation: Whitehouse Institute of Design

Location: Whitehouse Sydney Campus

Date: August 9, 2025

Join Whitehouse this August to hear more about our design courses, join a free creative workshop or join an info session on where a career in design can take you.

[Find out more and register](#)

Medical Interviews Preparation Workshop Online

Organisation: National Institute of Education

Location: Online

Date: August 9 to August 10, 2025

The unique NIE workshop program aims for students to gain an in-depth understanding and required knowledge of the medical interview processes for specific universities, including Multi-station Mini Interview (MMI), Structured, and Semi-structured panel interviews.

The workshop is structured and based on the models that are taught during our proven one-on-one personalised medical interview sessions. It will allow each and every attendee to learn the required skills and practical understanding for the university from which they received an interview offer.

[Find out more and register](#)

Science in the Scrub

Organisation: Western Sydney Parklands

Location: Western Sydney Parklands

Date: August 10, 2025

Join us on Sunday 10 August for Science in the Scrub – a free family fun day out at Western Sydney Parklands! Lizard Log will transform into a pop-up village of scientific wonder this National Science Week, with live science shows, hands-on experiments, native animals and over 30 stalls to explore. Don't miss the life-sized roaming dinosaur and your chance to meet real-life scientists at this special event.

Event highlights include:



- **Meet a dinosaur** – Get up close to crowd-favourite Ginger, the life-sized Australovenator dinosaur, who returns in 2025.
- **Creative Science show** - A mind-blowing science show teaching physics, biology and space science with guaranteed explosive fun and astonishing experiments.
- **The Young Entomologist Lab** - an interactive space where kids can use bug nets and catchers to collect and investigate invertebrates.
- **Aboriginal Science Village** - Explore natural dying, seaweed harvesting, medicinal plants and bush cordial tasting to Science in the Scrub for the first time.
- **Museum of Fire** - Museum of Fire pop-up stall and vintage vehicle display.
- **Meet a Scientist, Inspiring Australia NSW** - Researchers and scientists from various local universities will wow the Science Week crowd with demonstrations, experiments and displays.

[Find out more and register](#)

Year 12 Future Talk – Financial Considerations, Scholarships & Accommodation

Organisation: University of Wollongong

Location: Online

Date: August 11, 2025

Future Talk is a series of online information sessions designed specifically for a student's support crew. If you're a parent or carer who is navigating the HSC too, we've got your back.

Understanding university costs is key to making informed financial decisions. This session will cover HECS-HELP, Centrelink support, and the financial aspects of moving out of home. You'll also learn about scholarships, grants, and accommodation options at UOW, with practical advice on how to apply. If students are weighing up a gap year, we'll discuss what to consider before making a decision.

[Find out more and register](#)

UNSW x National Science Week 2025

Organisation: University of New South Wales

Location: Various

Date: August 12 to August 17, 2025

This National Science Week, UNSW brings you a program of events that spark curiosity and spotlight innovation. Kick things off with international bestselling author John Vaillant, whose gripping stories of wildfires, climate chaos and survival will leave you thinking differently about our changing world.

Then get hands-on at Science in the Swamp, a free, family-friendly day in Centennial Parklands filled with drone soccer, live reptiles, 3D anatomy, mind-bending illusions and more.

Still curious? Tour a cutting-edge Microfactorie, learn how to turn plastic waste into something new, or join a workshop exploring the future of sustainable materials.

From wildfires to waste, robots to recycling, explore the ideas shaping our future.

[Find out more and register](#)

The Quantum Experience | National Science Week

Organisation: University of Newcastle

Location: UON Callaghan Campus

Date: August 12, 2025

Have you ever been curious about “Quantum”? This is the event for you.

The Quantum Experience is your unique opportunity to find out what “quantum” is all about, and why it seems to be everywhere at the moment.

The University of Newcastle's Dr Lachlan Rogers will lead an immersive and interactive journey into the captivating world of quantum science.

This year is the International Year of Quantum Science and Technology (IYQ), with the aim of “increasing public awareness of the importance of quantum science and applications”.

AND this event is part of National Science Week, this year's theme of “Decoding the Universe – Exploring the unknown with nature's hidden language” perfectly aligning with IYQ!



There will be a presentation, Q&A opportunities, hands-on activities, stalls, demos, and more!
[Find out more and register](#)

Study Biomedicine and Health at Sydney

Organisation: University of Sydney

Location: Online

Date: August 13, 2025

Do you have a passion for exploring the science of the human body, its diseases and treatments, and a desire to make a positive mark on the public health care systems that influence the quality of life of populations around the world?

Our new Bachelor of Biomedicine and Health is offered exclusively at the Westmead Health Precinct, offering comprehensive studies in human biology, health, disease and treatment, with approaches to public health and the health care system. This degree prepares you for careers across the health care sector, and is an exciting opportunity to learn from experts and health professionals, while gaining experience in real health settings. Join this information session to discover more!

[Find out more and register](#)

Avondale Sydney Nursing Open Day 2025

Organisation: Avondale University

Location: Avondale Lake Macquarie Campus

Date: August 13, 2025

Find out why our Nursing degree is ranked #1 in Australia for overall experience by Good Universities Guide in 2025 and why we are the #1 University for graduate employment.

What to expect:

- Experience interactive campus tours of our state of the art facilities
- Chat to current students about community, social life, sport and clubs
- Learn all about our courses and how to apply from our awesome staff who are here to help you reach your dreams
- Live entertainment, giveaways and of course free food!

[Find out more and register](#)

Indigenous Futures at Sydney: Open Day and Scholarship Applications

Organisation: University of Sydney

Location: Online

Date: August 14, 2025

The USYD Open Day is fast approaching! Our team will be available to address any questions prospective students may have. We will also assist with the scholarship application process, which has been open for over a month, to ensure you have all the necessary information.

[Find out more and register](#)

Sydney Careers & Employment Expo 2025

Organisation: Kym Jones Exhibitions

Location: Hordern Pavilion, Moore Park

Date: August 15 to August 16, 2025

Sydney's Careers & Employment Event will open on August 15 & 16, 2025, at the Hordern Pavilion, Moore Park. The Expo will showcase over 120 organisations and employers with career opportunities for all ages. Entry is free. The event is for school students, parents, teachers, graduates, job seekers, people looking for courses and workers seeking new opportunities.

[Find out more and register](#)



Experience Design@WESTERN

Organisation: Western Sydney University

Location: <https://events.humanitix.com/portfolio-day-design-western>

Date: August 15, 2025

Interested in studying Design@WESTERN? Excited about graphic design, illustration, UX/UI or photography? We would like to invite you to attend a portfolio interview for the chance of an early entry offer into the Design program.

This is a great opportunity for Year 12 students, parents, and teachers to:

- Hear from recent graduates
- Meet the Design tutors and lecturers
- Check out our facilities
- Take part in hands-on workshops
- Take part in course entry interviews

Make sure you [book your interview for the day](#).

[Find out more and register](#)

Decoding the Ocean

Organisation: Australian National Maritime Museum

Location: Australian National Maritime Museum

Date: August 15, 2025

This special Science Week event for high school students brings together ocean scientists and the Royal Australian Navy. Students will take a deep dive into oceanography and learn how STEM can help us to decode the ocean.

On the day, students will attend an inspiring speaker session led by scientists working on a range of STEM topics, such as climate science, meteorology and science communication.

The Navy is packed with STEM opportunities, from survival training to mathematical modelling, submarines and more! At this event, students will also hear from Navy representatives as they discuss the science and technology behind the Navy.

After the presentations, students can explore the museum, including HMAS Vampire (a Navy Destroyer) and our latest science exhibitions during a self-guided visit.

[Find out more and register](#)

STEM Sparks | National Science Week

Organisation: University of Newcastle

Location: UON Callaghan Campus

Date: August 16, 2025

Discover, build and explore at STEM Sparks: Igniting Girls Futures in the Built Environment – a family-friendly National Science Week event designed to inspire the next generation of girls in STEM.

Join us for a day of hands-on activities, inspiring conversations and creative challenges that showcase the exciting possibilities within the built environment. Whether you're dropping in for a quick visit or staying to explore it all, there's something for every curious mind.

[Find out more and register](#)

La Trobe Open Day 2025, Sydney

Organisation: La Trobe University

Location: La Trobe Sydney Campus

Date: August 16, 2025

Why attend Open Day at La Trobe?

- Chat with current students, alumni and teachers to get first-hand advice about your dream course, or just about the best places to eat on campus.
- Explore the campus by yourself or join a guided tour. See our world-class health facilities, leading IT and science labs, business trading room, accommodation and much more.



- Discover your options for placements, internships and work-based learning, and get all your questions answered about your dream course.
- Get a taste of what it's really like to be at uni. Join events and activities or kick back and enjoy the campus – Open Day is the place to see it all.

[Find out more and register](#)

ADFA Open Day 2025

Organisation: Australian Defence Force Academy

Location: ADFA Canberra Campus & Online

Date: August 16, 2025

Join us online or in person for ADFA Open Day to learn about life on campus and how you can receive a fully funded UNSW degree.

Don't worry if you can't make it in person, you can still attend ADFA Virtual Open Day online. Register now to reserve your spot at the online event, or join us in person with no registration required.

On the day, you will have the chance to:

- Explore world-class UNSW degrees, with information sessions about Business, Arts, Science, Engineering, Computing and Cyber Security.
- Learn about military training, studying and life on campus from current ADFA Trainee Officers.
- Watch a range of exciting military displays from Navy, Army and Air Force.
- Take a tour of the campus, and much more.

[Find out more and register](#)

UON Open Day 2025, Newcastle

Organisation: University of Newcastle

Location: UON, Callaghan & City Campuses

Date: August 16, 2025

Open Day is packed with everything you need to know about going to the University of Newcastle. Participate in degree presentations, info sessions and tours of the campus.

Enjoy a hands-on experience with our program activations, and ask our student ambassadors questions about uni life.

[Find out more and register](#)

ICMS Open Day 2025

Organisation: International College of Management Sydney

Location: ICMS Manly Campus

Date: August 16, 2025

At the ICMS Open Day you will learn about all the degrees offered and discover why ICMS's personal mentoring approach could make all the difference to your future career success – and help you to make the most of your student years!

- Learn about Undergraduate and Postgraduate Degrees
- Attend Degree Course Briefings with Lecturers
- Get insights from Current Students
- Find out about Scholarships, Early Entry, the Leadership Entry Program and the Elite Athlete Program
- Learn about our Work Integrated Learning (Internship) Program
- Speak personally to Admissions

[Find out more and register](#)

ACAP Open Day 2025, Sydney

Organisation: ACAP University College

Location: ACAP Sydney Campus

Date: August 16, 2025



Open Day is your chance to experience the ACAP difference, and find your path in the applied professions. Whether you're interested in Counselling, Psychology, Social Work, Criminology, Law, or Business, ACAP is your pathway to making a difference.

Be part of a workshop, meet our industry-renowned facilitators, and hear all about life as an ACAP student. Join us for a day of exploration and inspiration!

[Find out more and register](#)

ACAP Open Day 2025, Byron Bay

Organisation: ACAP University College

Location: ACAP Byron Bay Campus

Date: August 16, 2025

Open Day is your chance to experience the ACAP difference, and find your path in the applied professions. Whether you're interested in Counselling, Psychology, Social Work, Criminology, Law, or Business, ACAP is your pathway to making a difference.

Be part of a workshop, meet our industry-renowned facilitators, and hear all about life as an ACAP student. Join us for a day of exploration and inspiration!

[Find out more and register](#)

SAE Open Day 2025, Sydney

Organisation: SAE University College

Location: SAE Sydney Campus

Date: August 16, 2025

We're opening the doors to the campus for our biggest event of the year – Open Day!

Come and tour our facilities, speak to faculty members, meet current students, and find out everything you need to know about studying at SAE.

If you're considering studying creative media, come along to SAE's Open Day to speak to our experienced team and learn how you can pursue your passion in this dynamic and expanding industry.

[Find out more and register](#)

JMC Sydney August 2025 Open Day

Organisation: JMC Academy

Location: JMC Sydney Campus

Date: August 16, 2025

This is your chance to see our multi-million dollar world-class facilities - future students, parents and friends welcome.

Things to do at Open Day:

- Explore your creative future and learn about our courses
- Meet our current students and industry expert lecturers
- Check out live student performances
- Tour our world-class facilities and tech
- Speak to us about the admissions process
- Get hands-on with our interactive activations

[Find out more and register](#)

Macquarie Open Day 2025

Organisation: Macquarie University

Location: Macquarie Wallumattagal Campus

Date: August 16, 2025

We can't wait to welcome you to our campus in 2025!

What you can do on Open Day:

- Attend an info session on some of our most popular degrees



- Speak with our academics about our degrees, majors and specialisations, and how they'll uniquely prepare you for your first career, or help you upskill or reskill if your career is already underway
- Learn about our scholarships, adjustment factors and pathways; and RPL (recognition of prior learning) if you've studied before
- Chat with current students about uni life
- Jump on a campus tour and check out our awesome facilities

Open Day is an experience made for (YOU)^{us}.

[Find out more and register](#)

Science in the Swamp

Organisation: Greater Sydney Parklands

Location: Centennial Park

Date: August 17, 2025

Join us on Sunday 17 August for Science in the Swamp – a free family fun day out at Centennial Park!

Loch Avenue South will transform into a pop-up village of scientific wonder this National Science Week, with live science shows, hands-on experiments, native animals and over 30 stalls to explore. Don't miss the life-sized roaming dinosaur and your chance to meet real-life scientists at this special event.

Event highlights include:

- **Meet a dinosaur** – Get up close to crowd-favourite Ginger, the life-sized Australovenator dinosaur, who returns in 2025
- **UNSW SciFest Village** - Discover more than 30 scientists and 10 hands-on science stalls including slime, optical illusions, fitness challenges, 3D anatomy models, forensics, a spider show and a scavenger hunt
- **Young Entomologist Lab** - An interactive space where kids and adults alike get to experience the discovery of the smaller side of nature
- **Creative Science show** - A mind-blowing science show teaching physics, biology and space science with guaranteed explosive fun and astonishing experiments
- **Meet a Scientist, Inspiring Australia NSW** - Researchers and scientists from various local universities will wow the Science Week crowd with demonstrations, experiments and displays

[Find out more and register](#)

SCU Open Day 2025, Northern Rivers

Organisation: Southern Cross University

Location: SCU Northern Rivers Campus

Date: August 17, 2025

Open Day at Southern Cross University is a perfect opportunity to discover which courses spark your interest and the campus or study mode that works best for you.

Our friendly study specialists will be on hand to step you through the process of applying for your dream course and answer any questions you have about studying with us.

[Find out more and register](#)

CSU Open Day 2025, Albury-Wodonga

Organisation: Charles Sturt University

Location: CSU Albury-Wodonga Campus

Date: August 17, 2025

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour – explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.



- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

[Find out more and register](#)

ACU Open Day 2025, Strathfield

Organisation: Australian Catholic University

Location: ACU Strathfield Campus

Date: August 17, 2025

Open Day is your chance to find out everything you need to know about studying at ACU before you enrol. You'll be able to check out the campus, meet staff and students, discuss entry pathways, and talk to experts about your study options and career goals.

[Find out more and register](#)

National Fashion College Open Day 2025, Sydney

Organisation: National Fashion College

Location: NFC Sydney Campus

Date: August 19, 2025

Unlock a world of limitless possibilities at National Fashion College, where your fashion journey begins at our iconic Sydney Campus!

Step into a realm of unmatched creativity and immerse yourself in the forefront of fashion innovation. Our pioneering courses, dynamic internship opportunities, and exclusive access to the buzz of Australian, New York, and London Fashion Weeks will propel you into the heart of the global fashion scene. Get ready to be inspired, challenged, and transformed - we can't wait to welcome you!

There will be two sessions available on the day: one from **10.00 am to 12.00 pm**, and another from **3.00 pm to 5.00 pm**.

If these times don't suit you, you can always [book in for a private appointment or tour instead](#).

[Find out more and register](#)

ATAR, Bonus Points, & Uni Entry Explained

Organisation: Claire Pech Careers

Location: Online

Date: August 20, 2025

Looking for ways to unlock bonus points and improve uni entry chances? Join our webinar designed for Yr 12 students and parents, navigating university admissions.

We will cover: The ATAR explained, bonus points (adjustment factors) and who qualifies, what is EAS and how to apply, dates, preferencing and decision making.

This talk is being run by [Claire Pech Careers](#) and [Amanda Krulis](#).

[Find out more and register](#)

The Hotel School Industry Insights Sydney 2025

Organisation: The Hotel School Australia

Location: Hyatt Regency Sydney

Date: August 23, 2025

Step into the world of hospitality at Hyatt Regency Sydney! This exclusive event for Year 12 students gives you a behind-the-scenes look at one of the top venues in the industry and a taste of the exciting careers that could be yours. Key takeaways include:

- Hear from Industry Experts
- Interactive Workshop inc. Completion Certificate
- A tour of the iconic hospitality venue
- Get all your questions answered by THSA team
- Network with Industry leaders & current THSA students



- Complimentary Morning Tea & Lunch provided for students

[Find out more and register](#)

Torrens Open Day 2025, Sydney

Organisation: Torrens University Australia

Location: Torrens Surry Hills Campus

Date: August 23, 2025

Come and meet our academics, and Future Student Advisors, who will be able to answer all your questions about early entry, scholarships, entry pathways and the our world-class facilities. Explore our campus and find out firsthand how exciting studying in Sydney can be.

[Find out more and register](#)

Excelsia Open Day 2025

Organisation: Excelsia University College

Location: Excelsia Pennant Hills Campus

Date: August 23, 2025

Open Days at Excelsia are a wonderful chance for future students and their families to experience the heart of campus life. Come along to learn more about our courses, scholarships, student support, and what it's like to study in a welcoming, purpose-driven community. Visit our brand-new Pennant Hills location and see how Excelsia can help shape your future.

[Find out more and register](#)

Think Health and Nursing Open Day

Organisation: Think Education

Location: Think Surry Hills, Flinders Street, Fortitude Valley & Wakefield Campuses

Date: August 23, 2025

Come and meet our academics and Future Student Advisors, who will be able to answer all your questions about early entry, scholarships, entry pathways and our world-class facilities. Explore our campus and see firsthand how exciting studying at Think Education can be.

What to expect from our Open Day:

- Talk to our academics and Future Student Advisors about choosing courses, early entry, scholarships and the application process.
- Embark on a guided tour of our campus and get a feel for our recreational spaces, teaching facilities and more.
- Meet our current students and find out about their experiences studying with us.

[Find out more and register](#)

CSU Open Day 2025, Bathurst

Organisation: Charles Sturt University

Location: CSU Bathurst Campus

Date: August 24, 2025

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour – explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.



[Find out more and register](#)

Avondale Lake Macquarie Open Day 2025

Organisation: Avondale University

Location: Avondale Lake Macquarie Campus

Date: August 24, 2025

Find out why our Nursing degree is ranked #1 in Australia for overall experience by Good Universities Guide in 2025 and why we are the #1 University for graduate employment.

What to expect:

- Experience interactive campus tours of our state of the art facilities and onsite accommodation
- Chat to current students about community, social life, sport and clubs
- Learn all about our courses and how to apply from our awesome staff who are here to help you reach your dreams
- Live entertainment, giveaways and of course free food!

[Find out more and register](#)

2025 Apprenticeship/Traineeship & Jobs Expo – South Western Sydney & Macarthur

Organisation: Brett Carter Events

Location: Liverpool Catholic Club

Date: August 26, 2025

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts. The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

[Find out more and register](#)

ADHD & ATAR, Bonus Points, & Uni Entry Explained

Organisation: Claire Pech Careers

Location: Online

Date: August 28, 2025

Looking for ways to unlock bonus points and improve uni entry chances? Join our webinar designed for Yr 12 students with ADHD and parents, navigating university admissions.

We will cover: The ATAR explained, bonus points (adjustment factors) and who qualifies, what is EAS and how to apply with ADHD as the main contributor, dates, preferencing and decision making throughout this.

This talk is being run by [Claire Pech Careers](#) and [Amanda Krulis](#).

[Find out more and register](#)

UON Open Day 2025, Central Coast

Organisation: University of Newcastle

Location: UON Ourimbah & Gosford Campuses

Date: August 30, 2025

Open Day is packed with everything you need to know about going to the University of Newcastle. Participate in degree presentations, info sessions and tours of the campus.

Enjoy a hands-on experience with our program activations, and ask our student ambassadors questions about uni life.

[Find out more and register](#)



AIE Online Campus Day

Organisation: Academy of Interactive Entertainment

Location: Online

Date: August 30, 2025

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Online Campus Day. AIE will be running this event for students interested in studying online. You will be able to meet our teachers, explore how classes will run, course options, career pathways and see our amazing student work.

We will be covering everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer - from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

[Find out more and register](#)

USYD Open Day 2025

Organisation: University of Sydney

Location: Sydney Camperdown Campus

Date: August 30, 2025

Join us at the University of Sydney Open Day on Saturday 30 August 2025. Experience our vibrant student life on campus, hear from academics and current students and discover what makes us different.

[Find out more and register](#)

UTS Open Day 2025

Organisation: University of Technology Sydney

Location: UTS City Campus

Date: August 30, 2025

Info sessions, campus tours, workshops, dancing robots – UTS Open Day has it all. Get a taste of what students can expect at Australia's #1 young uni.

[Find out more and register](#)

Notre Dame Open Day 2025, Sydney

Organisation: University of Notre Dame

Location: Notre Dame Sydney Campus

Date: August 30, 2025

Notre Dame's Open Day is your chance to explore what university life is all about! You'll discover study options, career pathways and our student support services. Plus, you'll experience an exciting program filled with activities for future students.

Whether you're in Year 10, 11 or 12, or a graduate thinking about postgrad study, our Open Day is open to everyone – including pathways and international students, who can chat with our dedicated team. Learn about scholarships and financial assistance to make your journey affordable.

[Find out more and register](#)

CSU Open Day 2025, Orange

Organisation: Charles Sturt University

Location: CSU Orange Campus

Date: August 31, 2025

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour – explore our facilities and accommodation.
- Get detailed info about courses.



- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

[Find out more and register](#)

Torrens Technology Virtual Open Day

Organisation: Torrens University Australia

Location: Online

Date: September 2, 2025

Join online as our Technology academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

[Find out more and register](#)

Torrens Health and Education Virtual Open Day

Organisation: Torrens University Australia

Location: Online

Date: September 2, 2025

Join online as our Health and Education academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

[Find out more and register](#)

Torrens Business and Hospitality Virtual Open Day

Organisation: Torrens University Australia

Location: Online

Date: September 2, 2025

Join online as our Business and Hospitality academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

[Find out more and register](#)

2025 Apprenticeship/Traineeship & Jobs Expo – Sutherland Shire

Organisation: Brett Carter Events

Location: Tradies Gynea

Date: September 2, 2025

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts. The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

[Find out more and register](#)

Deadly Pathways Festival Dubbo

Organisation: Charles Sturt University

Location: CSU Dubbo Campus

Date: September 2, 2025



Deadly Pathways Festivals are back in 2025! Join us for a high-energy day full of activity, inspiration and celebration of First Nations success.

- Meet First Nations role models in science, technology and health.
- Engage in insightful workshops led by Charles Sturt academics, and dive into hands-on activities that will ignite your curiosity and passion for learning.
- Find out about support for entry and success as a future student at Charles Sturt.
- Enjoy featured entertainment by comedian Andy Saunders and talented musicians.

[Find out more and register](#)

Torrens Design and Creative Technology Virtual Open Day

Organisation: Torrens University Australia

Location: Online

Date: September 3, 2025

Join online as our Design and Creative Technology academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

[Find out more and register](#)

NAS Open Day 2025

Organisation: National Art School

Location: National Art School

Date: September 6, 2025

Considering art as a career or simply curious about what happens behind the school's historic sandstone walls? See what life is like for students at NAS by participating in studio demonstrations, chatting to our academic staff and visiting the NAS Gallery and student exhibition spaces across our campus.

Want to know more about how to apply to NAS? See us at our course enquiry desk, speak with our faculty in a one-on-one consultation or pop into one of the information sessions running throughout the day.

What can you expect at Open Day?

- Explore the campus with a guided tour
- Get an inside look into art school life with the open studios and creative workshops
- Have your questions answered in a one-on-one portfolio consultation
- Get application ready with a drop-in information session

[Find out more and register](#)

ACPE Open Day 2025

Organisation: Australian College of Physical Education

Location: ACPE Sydney Olympic Park

Date: September 6, 2025

Exploring your study options for a career in the sport industry? Join us on campus. See where you will study, meet our students and lecturers, and participate in info sessions and practical sessions to take the next step with confidence.

- Discover your study course options
- Find out where a qualification from ACPE can take your career
- Take a campus tour
- Discuss your study options with our Admissions team
- Meet with academic and student support staff
- Chat with current students about their experience at ACPE
- Enrol for your preferred course on the day, and secure your place

[Find out more and register](#)



ACU Open Day 2025, North Sydney

Organisation: Australian Catholic University

Location: ACU North Sydney Campus

Date: September 6, 2025

Open Day is your chance to find out everything you need to know about studying at ACU before you enrol. You'll be able to check out the campus, meet staff and students, discuss entry pathways, and talk to experts about your study options and career goals.

[Find out more and register](#)

UTAS Open Day 2025, Rozelle

Organisation: University of Tasmania

Location: UTAS Rozelle Campus

Date: September 6, 2025

Visit us at our Open Day 2025 event in Sydney. You will have the opportunity to explore our campuses, discuss your study options, and discover how studying at the University of Tasmania could be the perfect fit for you.

[Find out more and register](#)

UNSW Open Day 2025

Organisation: University of New South Wales

Location: UNSW Kensington Campus

Date: September 6, 2025

At UNSW Open Day 2025, you'll discover the progress you can make as one of Australia's most employable graduates. Whether you're looking to start uni next year or in a few years, you're a parent or you're considering postgrad – we'll have something for you.

[Find out more and register](#)

Rural Health Pathways Showcase

Organisation: Rural Doctors Network

Location: ICC Darling Harbour

Date: September 8, 2025

High school students, careers advisers, teachers and parents are invited to RDN's Rural Health Pathways Showcase. Learn about study pathways and careers in medicine, nursing, midwifery, allied health, Aboriginal health and administration.

Attendees will have a chance to:

- Talk to universities and rural workforce agencies about study pathways and career opportunities;
- Speak one-on-one with and be inspired by health students, recent graduates and health professionals about their journeys; and
- Participate in hands-on activities that will give an insight into a day in the life of health professionals.

[Find out more and register](#)

2025 Apprenticeship/Traineeship & Jobs Expo – Western Sydney

Organisation: Brett Carter Events

Location: Penrith Valley Regional Sports Centre

Date: September 9, 2025

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts. The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

[Find out more and register](#)



SDS Open Day, September

Organisation: Sydney Design School

Location: Sydney Design School

Date: September 13, 2025

If you're considering studying with us, our Open Day is a great way to get to know us better. Explore our studios, browse through our Graduate Exhibition, meet students and Educators, watch a live Info Session and get creative making a mood board or digital model.

[Find out more and register](#)

Deadly Pathways Festival Port Macquarie

Organisation: Charles Sturt University

Location: CSU Port Macquarie Campus

Date: September 18, 2025

Deadly Pathways Festivals are back in 2025! Join us for a high-energy day full of activity, inspiration and celebration of First Nations success.

- Meet First Nations role models in science, technology and health.
- Engage in insightful workshops led by Charles Sturt academics, and dive into hands-on activities that will ignite your curiosity and passion for learning.
- Find out about support for entry and success as a future student at Charles Sturt.
- Enjoy featured entertainment by comedian Andy Saunders and talented musicians.

[Find out more and register](#)

Outward Bound Expedition VIC

Organisation: Outward Bound

Location: Buchan, VIC

Date: September 22 to October 1, 2025

Join a crew of adventurers from across Australia for 10 days of challenge, connection and serious outdoor action. Expedition is designed for 15–24 year olds chasing something real—big hikes, big moments, and big personal growth.

You'll push your limits on epic activities like the Giant Ladder, high ropes, abseiling, hikes and an unforgettable overnight solo. Along the way, you'll build resilience, confidence, and a deeper connection to yourself, others, and the environment. Walk away with skills and stories that'll stick with you, wherever life takes you next.

To apply, create a quick 1–2 minute video answering: "Why do you want to join the Expedition program?"

[AOBDF Scholarships](#) are available to individual participants wanting to attend School Holiday Adventures, Duke of Ed or for Schools seeking funding assistance for individual students.

[Find out more and register](#)

Free Online HSC Study Sessions

Organisation: Western Sydney University

Location: Online

Date: September 29 to October 3, 2025

From Monday 29th September to Friday 3rd October 2025, Western Sydney University will be offering a range of online study sessions to assist Year 12 students in their preparations for the HSC.

These will be delivered by highly qualified senior teachers with 24 free sessions across 15 key HSC subject areas, with sessions that include content analysis, tips and strategies, and a detailed exploration of key syllabus and curriculum areas.

Students also have the opportunity to sit a practice exam and deconstruction, with feedback and advice from experts.

[Find out more and register](#)



Outward Bound Junior Adventure ACT

Organisation: Outward Bound

Location: Tharwa, ACT

Date: September 29 to October 3, 2025

Get outdoors on a 5-day school holiday adventure with likeminded young adults, 12-15 years, from across the country.

Be introduced to authentic adventure the Outward Bound way. Embrace the peak activities including overnight journeying and camping, abseiling, climbing, and high ropes. Discover there is more in you than you thought possible, and bring home knowledge and skills that will support you in your future pursuits, no matter where you go.

[AOBDF Scholarships](#) are available to individual participants wanting to attend School Holiday Adventures, Duke of Ed or for Schools seeking funding assistance for individual students.

[Find out more and register](#)

Outward Bound Expedition WA

Organisation: Outward Bound

Location: Walpole, WA

Date: September 30 to October 9, 2025

Join a crew of adventurers from across Australia for 10 days of challenge, connection and serious outdoor action. Expedition is designed for 15–24 year olds chasing something real—big hikes, big moments, and big personal growth.

You'll take on high ropes, epic coastal paddling, multi-day hikes, and an unforgettable solo night under the stars. It's all about finding your limits, backing yourself, and building the kind of skills that stick with you wherever life takes you.

To apply, create a quick 1–2 minute video answering: "Why do you want to join the Expedition program?"

[AOBDF Scholarships](#) are available to individual participants wanting to attend School Holiday Adventures, Duke of Ed or for Schools seeking funding assistance for individual students.

[Find out more and register](#)

Discover Teaching & Psychology at Strathfield Campus

Organisation: Australian Catholic University

Location: ACU Strathfield Campus

Date: October 1, 2025

Are you passionate about shaping young minds or helping others thrive? Take part in hands-on workshops where you'll gain practical insights into what it's really like to work as a teacher or psychologist.

Tour our facilities and hear firsthand from current students about their rewarding journeys and experiences in these impactful fields.

Whether you're interested in becoming a teacher or pursuing a career in psychology, this event will give you a closer look at how ACU can help you make a difference in the lives of others.

[Find out more and register](#)

Discover Business at ACU North Sydney

Organisation: Australian Catholic University

Location: ACU North Sydney Campus

Date: October 3, 2025

In today's fast-paced world, where technology and AI are reshaping industries, are you ready to take on the challenges of the modern business world? Discover how ACU can help you become a business leader, entrepreneur or social innovator in the modern global economy.

At this event, you'll take part in a hands-on workshop with current students and staff to learn how ACU can kickstart your career in business.

You'll explore the unique opportunities we offer, from working with cutting-edge technology and machine learning to making valuable industry connections, engaging with the community, and even studying abroad.



[Find out more and register](#)

School Holiday 'Out There' Sailing Program

Organisation: Royal Prince Alfred Yacht Club

Location: Royal Prince Alfred Yacht Club

Date: October 7 to October 10, 2025

The 'Out There' School Holiday Sailing Program is for participants who are 12-17 years old looking to try a new activity, have some fun and engage with others whilst sailing.

This four-day program will include a variety of sailing activities that are focused on having fun and learning basic sailing skills. Sessions will be conducted on a mix of Club vessels, including the RPAYC's fleet of Elliott 7 Keelboats, Pacer Dinghies, Windsurf and SUP Boards, Hobie-Cat dinghies and Powerboats.

[Find out more and register](#)

HSC Study Session with Dymocks Tutoring

Organisation: International College of Management Sydney

Location: ICMS Manly Campus

Date: October 8 to October 9, 2025

Are you a current Year 12 student stressed about your upcoming HSC exams? Don't be! ICMS, in collaboration with Dymocks Tutoring, is thrilled to invite you to our free revision days on 8 and 9 October 2025.

Throughout the day, you'll have the incredible opportunity to attend up to three sessions run by expert tutors from Dymocks. These sessions are designed to cover a range of subjects, including English, Mathematics, and Business Studies.

Whether you're looking for a comprehensive review of all modules, seeking valuable tips and tricks, or in need of practical guidance on how to excel in the HSC exam, this event is tailored to meet your needs.

[Find out more and register](#)

Campion Study Camp

Organisation: Campion College

Location: Campion College Toongabbie

Date: October 8 to October 10, 2025

Looking for the perfect place to focus on your studies during the school holidays? Campion College's Study Camp is a brand-new initiative launching in 2025, designed to help Year 11 & 12 students make the most of their time away from school. With 6–8 hours of study each full day, a peaceful and focused environment, and the chance to connect with like-minded peers, this camp provides the ideal setting to stay on track with your academic goals.

But it's not all work! Between study sessions, enjoy fun activities to help you recharge, nutritious meals and snacks, and comfortable on-campus accommodation with 8–9 hours of sleep each night. There will also be opportunities for reflective discussions, offering encouragement and perspective during this important time. On the final night, students will join Campion College students, faculty and staff for Formal Hall – a special evening featuring a two-course meal and guest talk in the college's Grand Hall.

To ensure a focused and supportive experience, Study Camp will be limited to 30 students.

[Find out more and register](#)

Deadly Pathways Festival Wagga Wagga

Organisation: Charles Sturt University

Location: CSU Wagga Wagga Campus

Date: October 16, 2025

Deadly Pathways Festivals are back in 2025! Join us for a high-energy day full of activity, inspiration and celebration of First Nations success.

- Meet First Nations role models in science, technology and health.
- Engage in insightful workshops led by Charles Sturt academics, and dive into hands-on activities that will ignite your curiosity and passion for learning.



- Find out about support for entry and success as a future student at Charles Sturt.
- Enjoy featured entertainment by comedian Andy Saunders and talented musicians.

[Find out more and register](#)

UNSW WRL Open Day 2025

Organisation: University of New South Wales

Location: UNSW Water Research Laboratory

Date: October 25, 2025

Ever wanted to know why rips form in the surf? Or what happens to all the sand on the beach in a storm? What amount of water does it take for a car to float? How are dams, harbours and breakwalls designed? And how, exactly, do these things get tested anyway?

Based on Sydney's Northern Beaches at Manly Vale, the [UNSW Water Research Laboratory](#) (WRL) is one of the biggest scientific and engineering facilities in Australia, tucked away below Manly Dam.

Come tour our massive labs, meet the experts, and see engineering and science at work.

[Find out more and register](#)

Year 11 & 12 Masterclass – Northern Rivers

Organisation: Southern Cross University

Location: SCU Lismore Campus

Date: November 13, 2025

Join us for Masterclass Day where you will take a deep dive into different study areas of your choice. Meet our students and academics, experience our campus facilities and learn more about university life on this interactive and fun day!

What can I expect?

- Live like a University student for the day and elect two interactive workshops in your preferred areas of study
- Experience our state-of-the-art campus facilities
- Meet inspiring people, from academics to current students

[Find out more and register](#)

Making It In Media

Organisation: Charles Sturt University

Location: CSU Bathurst Campus

Date: November 14, 2025

Are you passionate about content creation, news, journalism, media, advertising or public relations? If you're a student in Years 9, 10, 11 or 12, join us for our free Making it in Media workshop!

Ever wondered what it's really like to host a podcast, write newsworthy articles or work in TV? In this exciting full-day workshop, you'll dive deep into the dynamic worlds of design and content creation, news and media, and strategic communication.

This interactive, hands-on experience invites you to collaborate with other students and explore the diverse majors you'll discover at Charles Sturt.

[Find out more and register](#)

Camden Careers and Jobs Expo 2025

Organisation: Camden Council

Location: Camden Civic Centre

Date: November 20, 2025

Hosted by Camden Council, this exciting event brings together job seekers, exhibitors, students, and industry leaders for a day packed with opportunities. Whether you're launching your career, switching industries, or looking to advance your skills, this is the event you don't want to miss!

- For Job Seekers: Discover a wide range of job opportunities, connect with employers, and explore career paths that could change your future.



- For Exhibitors: This is your chance to showcase your business, engage with potential candidates, and promote your training programs to an eager audience.
- For Students/Schools: Explore endless career pathways, network with employers, and find out about study and training options to kickstart your journey post school.

[Find out more and register](#)

Scholarships

QUT Excellence Scholarship (Academic)

Organisation: Queensland University of Technology

Location: Queensland

Value: Up to \$30,000 AUD

Open Date: August 5, 2025

Close Date: December 8, 2025

[Find out more](#)

UNSW Scientia Scholarships

Organisation: University of New South Wales

Location: New South Wales

Value: \$10,000 AUD

Open Date: July 2, 2025

Close Date: December 18, 2025

[Find out more](#)

2025 Head On Student Awards

Organisation: Head On Foundation

Location: Australia

Value: Up to \$500 AUD

Close Date: August 27, 2025

[Find out more](#)

Adelaide Fringe Poster Competition 2026

Organisation: Adelaide Fringe

Location: All

Value: \$10,000 AUD

Open Date: July 28, 2025

Close Date: August 17, 2025

[Find out more](#)

Psychology vs counselling: What's the difference?

If you've ever been curious about how the mind works or felt drawn to helping people navigate their challenges, you might have thought about a career in psychology or counselling. But while there's some overlap in these fields, they're actually quite different. Think of it like this: all psychologists can do counselling, but not all counsellors are psychologists. Confused? Don't worry, we're about to break it all down.

What do psychologists actually do?

[Psychologists](#) study how people think, feel, and behave - but they approach it from a scientific angle. They're interested in the 'why' behind human behaviour, and use research, data, and evidence-based methods to understand mental processes.



A typical day for a psychologist might include conducting therapy sessions, but it could also involve designing research studies, analysing data, writing reports, or even testifying in court. Some psychologists spend their days in labs studying how memory works, while others might be helping companies understand consumer behaviour.

Examples of psychology careers

- **Clinical psychologist:** diagnose and treat emotional, behavioural, and psychological problems through therapy and support.
- **Research psychologist:** study how people think, feel, and behave, often working in universities or research centres to expand our understanding of the mind.
- **Forensic psychologist:** apply psychology to the legal system, helping in criminal investigations, court cases, and rehabilitation.
- **Educational psychologist:** support students, teachers, and families by identifying developmental, behavioural, and learning challenges, then creating strategies to help young people succeed at school.
- **Organisational psychologist:** study workplaces and help businesses improve employee wellbeing, teamwork, and productivity.

So what about counsellors?

Counsellors are the people you turn to when life gets overwhelming. Their main focus is providing emotional support and practical strategies to help their clients work through personal challenges - they're there to listen, guide, and help find solutions.

A counsellor's day could be filled with one-on-one or group sessions helping people process emotions, develop coping strategies, and work towards personal goals. Or, they might specialise in specific areas like relationships, addiction, or grief. In any case, their primary role is always about providing direct support.

Examples of counselling careers

- **Mental health counsellor:** offer emotional support and therapy to help clients manage stress, anxiety, and other personal challenges.
- **Genetic counsellor:** help individuals and families understand genetic conditions, testing options, and the risks of inherited health issues.
- **Marriage and family counsellor:** work with couples and families to improve communication, resolve conflicts, and strengthen relationships.
- **Addiction counsellor:** support people struggling with alcohol, drugs, or other addictions, helping them find healthy coping strategies.
- **School counsellor:** create a safe space for students, offering help with academic pressures, friendships, and personal wellbeing at school.
- **Career counsellor:** help people explore job options, plan career paths, and manage changes or challenges in their work life.

The education journey

Because they're unique careers, the study pathways aren't the same. Both involve university study, but becoming a psychologist usually takes longer because there's more research and specialist training involved, while the counselling route is generally shorter and more focused on practical skills.

Psychology pathway

- Bachelor's degree in psychology (3-4 years)
- Honours year or research experience
- Master's degree in a psychology specialisation (1-2 years)
- Often a PhD for clinical or research roles (3-4 years)
- Supervised practice and registration requirements

Counselling pathway

- Bachelor's degree (often in psychology, social work, or related field, 3-4 years)
- Diploma or Master's degree in counselling (optional, 1-2 years)



- Supervised practice hours
- Professional registration or certification

Skills you'll need

Both counsellors and psychologists need great people skills, including active listening, empathy, and communication. But psychologists also rely heavily on research, data analysis, and assessment skills, while counsellors focus more on guiding conversations and offering day-to-day support.

Psychology skills

- Strong analytical and research abilities
- Critical thinking and problem-solving
- Statistical analysis and data interpretation
- Scientific writing and communication
- Patience for long-term research projects

Counselling skills

- Exceptional listening and empathy
- Communication and interpersonal skills
- Emotional resilience and self-awareness
- Practical problem-solving
- Ability to maintain professional boundaries

The licensing landscape

Both psychologists and counsellors usually need professional registration to practice, but the requirements can differ.

Psychologists typically need to complete supervised practice with a registered psychologist and pass competency assessments. Counsellors usually need to complete a certain number of supervised practice hours and maintain ongoing professional development.

The key difference is that psychologists can diagnose mental health conditions and are often recognised by other medical professionals and health insurance schemes, while counsellors focus on support and therapy without always requiring a formal diagnosis.

Day-to-day differences

Depending in which path you follow, you might find some common tasks between the two roles, but they could also be quite different.

Counsellors usually spend most of their day talking with clients, offering support and strategies for everyday challenges. Psychologists might also see clients, but they often split their time between assessments, writing reports, researching, and analysing data too.

Psychologist tasks

- Conduct psychological assessments and write detailed reports
- Provide evidence-based therapy using specific techniques
- Collaborate with psychiatrists and other medical professionals
- Keep up with the latest research in their field
- Supervise other mental health professionals

Counsellor tasks

- Run back-to-back therapy sessions with clients
- Facilitate support groups
- Develop personalised treatment plans
- Liaise with other support services
- Focus on practical coping strategies and emotional support



Which path suits you?

If you love research, enjoy diving deep into data, and want to understand the science behind human behaviour, psychology might be your calling. You'll need patience for a longer study period, but you'll have diverse career options to choose from, from research to clinical practice.

If you're passionate about directly helping people through difficult times and prefer hands-on support work, counselling could be perfect. The training is more focused and practical, getting you into the workforce sooner.

The bottom line

Remember, there's no wrong choice here. Both psychology and counselling are rewarding careers that make a real difference in people's lives. The key is understanding which approach resonates with your interests, strengths, and career goals.

As more people understand and talk openly about mental health, the need for support services continues to rise. So both fields have strong predicted job prospects, with high demand and expected growth for passionate, skilled professionals.

[You can explore more career options and pathways on our website here.](#)

How to apply to university: The complete guide

Applying to university can feel overwhelming when you're navigating forms, deadlines, and endless course options. However, with the right approach and timeline, you can transform this daunting process into a structured journey towards your academic future. Whether you're aiming for a specific career or exploring your academic interests, this guide can help you navigate each step with confidence.

Should you apply to university?

Before diving into applications, take a moment to consider whether you really want to go to university and if it aligns with your goals and learning style. University offers an adult approach to education, combining academic depth with professional networking opportunities.

University might be right for you if you:

- Want to study a topic in depth
- Are thinking of a career requiring a degree (such as teaching, nursing, or engineering)
- Are academically inclined but uncertain about your career direction

Many successful graduates enter university without a clear career path and discover their interests through exploration. If you need some inspiration, take a look at the [most popular university courses](#) to see if anything sparks your interest.

If you're unsure, consider applying anyway. Not applying guarantees you won't have university as an option later, while accepting an offer remains entirely your choice. This approach keeps your doors open while you make your final decision.

Decided that university isn't right for you? You might like to check out alternatives like [apprenticeships](#), jumping straight into work, or seeing what other options are out there.

Choose what you want to study

Ideally your course selection should align with either your career aspirations or academic interests (what you're good at and what you're interested in). This decision forms the foundation of your entire university experience, so it deserves some time and attention.

You have a future career in mind

If you've identified your preferred career path, great! Research the qualification requirements thoroughly. Some careers offer multiple degree pathways - for instance, robotics professionals might study mechatronics, mechanical, or electrical engineering. Understanding these options could help you choose the best course to get you there.

You're not sure what you want to do yet

Perhaps you haven't settled on a specific career yet - that's OK too.



Focus on subjects that genuinely interest you rather than something you hope will lead to a high paying job (so if you don't like maths and spreadsheets, don't pick accounting just because you think you'll earn lots).

Consider broad degrees that offer specialisation options down the track during your studies. Business degrees, for example, often provide a general foundation before allowing you to focus on areas like marketing, finance, or management.

Avoid highly specialised degrees unless you're genuinely interested in their specific career outcomes. Dentistry leads almost exclusively to dental practice, whilst a science degree opens doors to research, teaching, healthcare, and industry roles.

Once you've chosen what you want to study, write it down, and be clear about it before you start looking for somewhere to study it. Websites like [Course Seeker](#), [DiscoverUni](#), and [Top Universities](#) are great places to help you research and compare courses.

Find where you want to study it

Where you go to study isn't as important as what you study and opportunities available. Most employers focus on your skills and knowledge rather than which university awarded your degree, as generally speaking most accredited tertiary providers have similar academic standards.

Consider these practical factors when you're weighing up your options:

- Does the university offer your preferred course? If not, eliminate it from consideration immediately.
- Think about accommodation options – can you live at home initially, or do you prefer the independence of campus life? Factor accommodation costs into your budget planning.
- Investigate [networking and career opportunities](#) each institution provides. University networks often prove invaluable for internships, job opportunities, and business connections throughout your career.
- Look for universities with strong industry partnerships and active alumni networks in your field of interest.

If you've done your research and still have lots of options, [attending open days](#) and connecting with current students are the best ways to get a feel for the place, ask questions, and gather insider perspectives. Ask current students if they are happy with their course, can access the support they need, and what advice would they give you.

Preparing your application

Once you've identified what you want to study and where, it's time to research the application requirements and deadlines thoroughly.

Missing deadlines could derail your entire timeline, so mark all important dates in your calendar and share them with family members who can help you stay on track.

Gather required documentation early in the process. You'll likely need student identification numbers (like the [USI](#) in Australia) and your academic transcripts as a minimum. Some courses require additional assessments like psychometric testing, entrance exams, or portfolio submissions, which may have earlier or different deadlines than the main application.

Lastly, before you start your application, double check you meet any entry requirements. While academic results are important, many institutions now offer multiple [alternative pathways](#), including portfolio assessment, bridging courses, or foundation programmes. Understanding all your options and being prepared could increase your chances of receiving an offer.

Applications and preferences

The application process varies depending on which university you've picked and the country you're in. So check directly with the university to make sure you meet all the entry requirements *before* you start your application.

When listing course preferences, maximise your options by filling every available slot. You can always decline offers, but limited preferences restrict your choices from the start. Even if you're 110% certain that there is only one course you want to pick, find a few similar courses and list them just in case.

List your top choice first, followed by your second preference, then include other courses you'd consider, finishing with several lower-requirement options as backup plans. This strategy ensures you have options regardless of your final grades or assessment outcomes. Remember, you're not committing to anything at this stage – you're simply keeping doors open.



Watch this [short video](#) for tips on choosing your preferences.

The waiting period

After submitting applications, you'll need to be patient and wait for your offer. Try and resist the urge to constantly revisit your choices. Instead, focus your energy and use this time productively by getting your assessments done on time and studying for exams.

If you have some spare time, research your preferred courses more deeply, explore career prospects, or start working on your uni-ready skills. Don't stress if you decide to change your preferences during the waiting period - most systems allow changes before final deadlines.

Accepting offers and enrolling

Once your exams are done and results are published, it's time for the [offers to arrive](#). You'll typically receive one offer per application round for the highest preference you qualify for. If your first choice requires higher grades than you achieved, you might receive an offer for your second or third preference instead.

Carefully consider each offer against your original goals and current circumstances. If you're unsatisfied with the initial offer, many systems provide multiple offer rounds where additional places become available.

Once you decide to accept an offer, follow the enrolment process promptly. This typically involves confirming your acceptance, paying any required fees, and registering for orientation activities.

Alternative pathways to consider

University straight out of school isn't your only option. Many students defer their studies and take a [gap year](#) to work, travel, or develop specific skills instead. This break can provide valuable life experience and clarity about academic goals.

If you'd prefer to try a vocational course, apprenticeship, or traineeship, they can still lead to university study later as a mature student. These pathways often provide work experience and financial independence while keeping options open for the future.

Whatever path you choose, take time to reflect on your decision without rushing. Your educational journey is unique to you, and there's no universal timeline for success.

Find out more

Ready to explore your university options? [You can discover more about study pathways and university preparation on our website here](#), or grab a copy of the updated [Apply to Uni Guide](#).

Master your reading with the SQ3R technique

Reading through endless textbook chapters can feel like trying to drink from a fire hose - overwhelming and ineffective. If you've ever found yourself reaching the end of a chapter with no memory of what you've just read, you're not alone. The SQ3R study technique gives you a roadmap for your reading, transforming passive page-turning into active, purposeful learning that actually sticks.

This proven method has been helping students tackle complex texts for decades, turning overwhelming reading assignments into manageable, productive study sessions. In this blog, we'll explain how it works and how to use it.

What is the SQ3R technique?

[SQ3R stands for Survey, Question, Read, Recite, and Review](#) - five steps that you take when approaching any reading tasks. Think of it as a conversation with your textbook rather than a one-way lecture. Instead of simply absorbing information, you're actively engaging with the material, asking questions, and making connections.

When should you use SQ3R?

The SQ3R method shines when you're dealing with large reading assignments that require a deep level of understanding and long-term retention. It's also perfect for preparing for exams, writing research papers, or learning new course material.

It's particularly helpful when tackling new or challenging subjects where you need to quickly build a solid foundation of knowledge. If you're just doing some light reading or looking for specific information, then the [skim and scan method](#) might be more appropriate.



Breaking down the five steps

So what are each of the five steps in the SQ3R method? Let's take a look.

Survey: Getting the lay of the land

Like planning a trip, you want to know where you're heading and what landmarks to expect along the way. Begin by taking 5-10 minutes to survey the material instead of immediately diving into the details.

Look at headings, subheadings, charts, graphs, and any highlighted or bold text. Read the introduction and conclusion if they're available. For example, if you're studying a chapter on the nervous system in biology, you might notice sections on neurons, the brain, and reflexes, giving you an idea of what's to come.

Question: Turn headings into questions

Take each heading and subheading and form them into questions. This can help to prime your brain to look for specific answers as you read.

For example, if a heading says *Causes of World War I*, turn it into *What were the main causes of World War I?* This simple shift from passive to active reading can dramatically improve your comprehension and retention.

These questions also become goals for your reading session - instead of wandering through text hoping something important will jump out, you can start hunting for specific answers.

Read: Search purposefully for answers

Now start reading the material in earnest, keeping your questions handy. Take your time and focus on understanding rather than speed - you may need to [adjust your reading pace based on the complexity of the material](#). Once you find an answer to your questions, note it down.

If you're reading about photosynthesis, for example, and your question was *How does photosynthesis work?*, you'd pay particular attention to the step-by-step process, the role of chlorophyll, and the inputs and outputs of the reaction.

Recite: [Test your understanding](#)

After reading each section, close your book and try to answer your questions from memory. This is where the real learning happens - if you can explain the concept in your own words without looking at the text, then you've truly understood it.

For example, after reading about the water cycle, you should be able to explain evaporation, condensation, and precipitation without peeking at your notes. If you struggle to recall key points, that's valuable feedback telling you which areas need more attention.

Review: Reinforce and connect

Within the next 24 hours, make some time to review your questions and answers. This step is important for cementing the information in your long-term memory and helps you to see connections between different concepts.

And remember, [regular review sessions spaced over time](#) are usually far more effective than cramming before an exam.

During the review phase, you might start making broader connections too. You might notice how the water cycle connects to weather patterns, climate change, or ecosystem health.

Making SQ3R work for you

Remember that SQ3R is a technique, not a rigid rule. You might find that some sections require more questioning, while others need deeper reading. The aim is staying engaged with the material and actively seeking understanding rather than just scanning text that's meaningless once you've shut the book.

You might find it helpful to keep a notebook specifically for their SQ3R questions and answers, creating a personalised study guide that grows with each reading session. Or, if you prefer, find digital tools for your notes or use voice recordings for the recite step.



One of the biggest benefits of the SQ3R method is its flexibility - you can adapt it to different subjects and learning styles while maintaining the core principle of active, purposeful reading.

Find out more

Looking for more study strategies to complement your SQ3R technique? [You can find plenty of additional study tips and techniques on our website.](#)

How to become a Social Worker

Social workers connect vulnerable individuals, families, and communities with appropriate support services in times of crisis. They can specialise in a wide range of areas, providing counselling and practical support, and advocating on behalf of clients who are experiencing discrimination.

If you're passionate and empathetic and would like to help others, or if you're interested in breaking down barriers that contribute to inequality, then social work could be a rewarding career to consider.

What skills do I need as a social worker?

- Empathy and emotional maturity
- Great interpersonal skills
- Ability to work independently or in teams
- Adaptability and problem-solving
- Time management
- Leadership skills
- Patience and resilience
- Ability to be objective

What does the job involve?

- Assessing clients' needs and finding appropriate support services
- Writing letters of referral or reports for clients
- Helping community groups plan and carry out programs
- Monitoring the progress of clients
- Advocating for clients who face barriers
- Developing and refining support programs
- Keeping thorough case records and reports
- Lobbying to change social welfare policies and procedures

What industries do social workers typically work in?

- Health Care and Social Assistance
- Public Administration and Safety

What kind of lifestyle can I expect?

Most social workers are employed full-time, but there are some part-time opportunities available. You will be doing work in a variety of environments, including private clinics, community facilities, hospitals, and home visits. Some reporting and assessment work can be done remotely, but many clients prefer face-to-face interactions.

Most social workers can expect to earn an average salary throughout their careers.

The work can sometimes be stressful as you'll be dealing with vulnerable people in crisis situations, so you'll need a high level of resilience.

How to become a social worker

To become a qualified social worker, you'll typically need to complete an accredited undergraduate degree in social work. This usually takes 3 to 4 years of full-time study and involves a combination of classroom and practical work. After graduation, you'll need to register with your country's professional social work body to practise. Many social workers also pursue postgraduate qualifications to specialise in a specific area, such as mental health, child protection, or community development.



You'll also need to undertake continuing professional development throughout your career to maintain your registration and stay current with best practices.

What can I do right now to work towards this career?

If you're in high school and you'd like to find out if becoming a social worker is right for you, here are a few things you could do right now:

- Get out in your community and volunteer – it doesn't necessarily need to be in social services. This is a great way to build important future skills.
- Seek work experience with social service agencies, hospitals, or community centres.
- Talk to a social worker and ask what a day in their life is like. If you don't know anyone, watch videos or documentaries about a career in social services.

Where can I find out more?

- [Australian Association of Social Workers](#)
- [Kāhui Whakamana Tauwhiro | Social Workers Registration Board NZ](#)
- [Social Work England](#)
- [CORU](#) (Ireland)
- [National Association of Social Workers](#) (US)
- [Canadian Association of Social Workers](#)

Similar careers to social worker

- [Aged Care Worker](#)
- Youth Worker
- [Registered Nurse](#)
- Disability Support Worker
- Doctor
- Psychologist
- [Paramedic](#)
- [Counsellor](#)