

GREAT FUN

- Outdoor games and sports
- * Arts & Crafts
- Playing with friends
- Great Educators
- Food and Cooking
- Indoor Activities



Service Name: Galilee Regional Catholic Primary School

Date: 5/03/2018 Phone: 0402 274 921



At GOSH, we've been making our multicultural poster for the board. We have been discussing how we would like to celebrate our multiculturalism. We were using the multicultural books to share knowledge and experiences from other people around the world. We were also talking about our own backgrounds and it was interesting to see the children sharing their experiences in culture with their friends and educators. We have put up a "HOW TO SAY HELLO IN DIFFERENT LANGUAGES" poster on the board with the children's contributions on it. They drew the cartoons and chose what languages to put on it. This is a great opportunity for children to learn more about multiculturalism and experience a bit of each others culture.



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We've been cooking up a storm in OSHC

In After School Care we love cooking healthy, delicious meals and snacks from our Healthy Eating Cookbook. All the recipes in our cookbook support our healthy eating program and are officially endorsed by Nutrition Australia.

Hummus is a popular recipe from the cookbook, so we thought we'd share the recipe with you to try at home.

Hummus

Best served with vegetables, corn chips or chapati (Recipe serves 15)

You'll need:

- □ 1 tin of chickpeas (drained but reserve some liquid for blending)
- ☐ 1-2 tablespoons of vegetable oil
- ☐ Juice of one orange
- ☐ 2 tablespoons of cream cheese (optional)

Method:

- 1. Blend all ingredients until smooth
- 2. Use as a spread for sandwiches and/or wraps, toasted bread or rice cakes. Serve as a dip with corn chips, veggie sticks or crackers

Come along and see what we're cooking up

You can visit us in the program to see what healthy meals and snacks are on the menu or let us know if you enjoyed the hummus.

Program details

To find out more about our program, view fees and to register visit <u>www.campaustralia.com.au</u> We look forward to seeing you and your family soon.

From the Team at Camp Australia





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What to do if your child is absent from After School Care:

Please remember parents if your children are going to be absent from the service or have gone home sick please call or text us on **0402 274 921** or notify the customer experience team on 1300 105 343.

Educators: Nana and OSHC teams

Service Fees and Times

Service	Opening hours	Full Fee	Out Of Pocket	Casual Booking
Before Care	07:00:00	\$20.64	\$8.62-\$10.32	Add \$5
After Care	03:30:00	\$27.38	\$8.60-\$13.69	Add \$5