# Kick Goals for Father's Day



#### Hey dads and father figures,

The Fathering Project is running a competition for Father's Day, where you'll have the chance to win one of four \$50 visa gift cards. To get involved, we encourage you to take part in some father-child activities and share the photos on your social media!

Check out our activity ideas below!

#### TO ENTER:

- 1. You must be following @thefatheringproject and (schools social media handle)
- 2. Tag @thefatheringproject and (schools social media handle)
- 3. Take a photo of your activity and post to social media with the hashtag #kickgoalsforfathersday

Competition ends Monday 6 September. Four winners will be picked at random and notified on Wednesday 8 September.

Even if you don't want to enter our competition, we encourage you to try some of these activities with your children and together you can #kickgoalsforfathersday

#kickgoalsforfathersday

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Dads & Kids Making Memories

## **Get Outdoors**

Take the bikes out for a ride, go for a bush walk, have a scavenger hunt, or play some sport together.

Dads & Kids Making Memories

### Gardening

Get busy in the garden together. Plant some flowers, or a herb garden, and watch them grow.

#kickgoalsforfathersday

Dads & Kids
Making Memories

# Paint a portrait

Paint portraits of each other. Use paints, textas, pencils, and get creative! #kickgoalsforfathersday

Dads & Kids Making Memories

# Get cooking

Find a recipe together and get cooking. Try baking some cookies or cupcakes and decorate them.