



SEEKING  
Expressions  
of Interest

# Virtual

# Reality

GROUP

Virtual Reality is an innovative headset technology that allows you to be immersed in a range of engaging experiences. Your mind and body will likely respond as though the Virtual Reality experience is real, providing you with a sense of wonder, enjoyment and wellbeing.

You will be guided through the virtual experience by a trained practitioner in a comfortable group setting.

- ▶ Currently seeking expressions of interest from adults wanting a group experience (may be used in other groupwork experiences)

For more information or to express interest, please call (03) 5485 5800



Echuca Regional Health

WELLBEING & PRIMARY  
MENTAL HEALTH DEPARTMENT