

## WORKSHOP INFORMATION – ARTS DAY



### 1 Hour Workshops

You may attend two of the following workshops:

#### **Combat Skills: How To Look Good and Fight Safely!** *with NJ Price*

In Stage Combat with NJ, we will learn all the vital safety skills that every performer across the globe needs in their performer's toolkit. We will be honing our personal physical awareness, our 360° awareness radar and recognising the energies of our peers. We will learn the art of illusion – angles and sounds to make it look and sound as real as possible! In a nutshell, Stage Combat is a necessary skill - learning the art of physical conflict in the safest way possible!

*Room:* Drama Room  
*Max Students:* 20

#### **Musical Theatre** *with Jess Ryan*

We will explore integrating staging, movement, character, and song to create a performance inspired by *Alice in Wonderland*. Through ensemble work and creative exploration, we'll bring to life the whimsical world of Wonderland by building our characters from the inside out and embodying the text through voice and physicality. Expect a bold, curious, and imaginative dive down the rabbit hole!

*Room:* Dance Room 2 PE Centre  
*Max Students:* 25

#### **Jazz Dancing** *with Jaya Fisher-Smith*

This jazz class will focus on technique, expression and personality. We will undertake a warmup, corner work and technique, expression skills, and then learn a professional Jazz routine.

*Room:* Dance Room 1 PE Centre  
*Max Students:* 35

#### **Chinese Yoga** *with Angel*

Chinese Yoga has many health benefits to young bodies; enhancing flexibility, balance and muscle strength, as well as helping to calm the mind and help with relaxation. Join Angel to learn how to relax, whilst still getting the health benefits of exercise!

*Room:* Room 17/19  
*Max Students:* 25

## **Magiclay Snowflakes** with Wendy Winsley

Step into a world of winter wonder! Use soft, mouldable Magiclay to design your own dimensional snowflake form. This hands-on session is all about fun, colour, and creativity, perfect for budding artists of all ages!

Your artworks will be hung in our annual LUX exhibition.



*Room:* Visual Art Room 33

*Max Students:* 20



## **Traditional Chinese Music Presentation** with Nikki from TCI Griffith University

The Hulusi is a traditional Chinese wind instrument made from bamboo and gourd. It has a soft, beautiful sound and is often used in folk music from southern China.

In this activity, students will:

- Listen to live Hulusi music
- Learn about the instrument's history and cultural background
- See how the Hulusi is played
- Explore the sounds and feelings it creates



*Room:* Pool Room 40

*Max Students:* 20

### **Chinese Woodblock Printing** *with Summer from TCI Griffith University*

Students will learn about the 12 zodiac animals in Chinese culture and try traditional woodblock printing by making their own zodiac animal print. This hands-on activity helps students explore Chinese art, language, and tradition in a creative way.

This activity is safe, age-appropriate, and guided by teachers. It supports cultural understanding and artistic expression.



*Room: Pool Room 41*

*Max Students: 20*

### **Theatre Sports** *with Aimee Duroux & Johanna Lyon*

Join professional actors, Aimee Duroux & Johanna Lyon for an hour of improvisation, theatre sports and good times! During this workshop, students will get to explore drama activities that encourage them to be their silliest self. Through group games, foundations of improvisation are taught - including the concept of "yes, and", how to build on a scene rather than block it and why there are (almost) no bad ideas in improv!

*Room: PE Centre*

*Max Students: Unlimited*





## 2 Hour Workshops

You may attend one of the following workshops:

### **Venezuelan/Spanish Cooking** *with Venezuelan Chef Aly*



Join Venezuelan chef Aly for a fun, hands-on workshop where you'll learn to cook a traditional dish *and* practise your Spanish. Discover the rich flavours of Venezuelan cuisine using fresh, local ingredients while picking up handy food-related vocabulary along the way. Most recently, Aly appeared on three national TV shows in Australia and has presented cooking demonstrations at major festivals and trade expos. This lively and engaging session is the perfect way to connect with Latin culture through the joy of cooking and language!

*Room: Food Tech Room*  
*Max Students: 21*

### **Tote Bag Workshop** *with Claudia Mazzotta*

Come and have fun decorating your own tote bag with funky vintage fabrics and various coloured thread. Using collage and hand stitching you will make your own unique patchwork designed tote bag.



*Room: Room 37*  
*Max Students: 20*

### **Graphite Self Portraits** *with David Wells*

Explore the art of self-expression through the power of pencil. Learn sketching and shading techniques to create a striking realistic graphite self-portrait that captures *you* in a whole new light. No experience needed, just bring your curiosity and creativity!

Your artworks will be hung in our annual LUX exhibition.

*Room: Visual Art Room 32*  
*Max Students: 20*

