

LHS CANTEEN MENU 2015

BREAKFAST (available up until 8.45am)

Hash Brown	\$1.00
Bacon roll	\$2.50
Extra bacon add	\$1.00
Toasted Sandwich	\$3.00
Croissant- own choice of filling	\$3.00

FOCCACIAS (Grilled)

Roast chicken, Avocado & cheese	\$4.50
Salami, sundried tomato, olives & cheese	\$4.50
Ham, Cheese and Tomato	\$3.50
BLT (Bacon, Lettuce, Tomato)	\$4.00

WRAPS, ROLLS, SANDWICHES & BURGERS

Salad roll	\$3.00
Roast Beef and Salad	\$3.50
Ham and Salad	\$3.50
Roast Chicken, Cream Cheese, avocado & lett.	\$4.00
Roast Chicken and Salad	\$4.00
Salmon, cream cheese and cucumber	\$3.70
Salmon and Salad	\$4.00
Egg and Lettuce	\$3.00
Chicken Schnitzel	\$4.20
Chicken Parmigiana	\$4.80
Cheese Burger	\$3.20
Hot Chicken Wrap	\$3.20

other combinations available upon request

99% FAT FREE FROZEN YOGHURT

Variety of flavours	
Small	\$2.50
Large	\$3.50



DAILY SPECIALS

MONDAY	Meatball sub	\$3.00
TUESDAY	Hot Jam Donuts	\$1.20 or 3 for \$3.00
WEDNESDAY	Wedges	\$3.00 (sour cream 40c)
THURSDAY	Gourmet Pizza singles	\$2.50
FRIDAY	Hot Dog	\$3.00
FRIDAY	Baked Potato	\$4.00

SPECIALS *Selected days -see weekly specials

Macaroni		\$3.50
Bolognaise	Small	\$3.00
Bolognaise	Large	\$4.00
*Stir fry/Curry		\$4.00
*Lasagne		\$4.00
*Freshly grilled Breast Chicken piece		\$3.00
*Pulled Pork slider		\$3.20
*Sushi Rolls		\$2.50
*Falafel wrap/Souvlaki		\$3.20
Soup of the day		\$2.00

SALADS

Fruit	Small	\$3.00
Fruit	Large	\$4.00
Mixed Salad with egg		\$4.00
Gourmet Salad (Changes weekly -see specials)		\$4.50

CAKES AND SWEETS

Cakes		\$2.70
Muffins		\$3.10
Jelly Cup		\$1.00
Choc Balls X 1		40c
Choc Balls X 3		\$1.00

SNACKS

Dim Sims X 1	\$1.00
Dim Sims X 3	\$2.50
Sausage Rolls	\$2.40
Pies and Pasties	\$3.00
Nachos	\$3.00
Gourmet Pies	\$4.40
Quiches	\$3.00
Potato Wedges	\$3.00
with Sour cream add	.40c
Hot Dogs	\$3.00
with Cheese add	.40c
Vegetable Spring Rolls	\$1.00
Chicken Strips	\$1.80
Garlic Bread	\$1.30
Popcorn	\$2.00

DRINKS

Flavoured Big M	Small	\$2.60
Flavoured Big M	Large	\$3.60
Up and Go		\$2.80
Spring Valley 100% Juice		\$3.00
Fruit Drink		\$1.70
Fruit Slushies		\$2.00
Cans		\$2.30
600ml bottles		\$3.70
600ml water		\$2.30
Gatorade		\$4.00
Iced Tea		\$4.00
Hot Chocolate		\$1.20

Prices subject to change without notice. Other specials will be advertised in the canteen.