



CLAYFIELD COLLEGE
Committed to Excellence

1/10/ 2021

ANDREWS CUP SWIMMING 2021/2022

PRE-SEASON TRAINING

In preparation for the Andrews Cup Swimming Competition in March 2022, all interested students (girls and boys) that are **entering Years 2 – 6 in 2022** are welcome to join the Andrews Cup Swimming pre-season training squad during Term 4. These swim sessions will be coached by the staff from Clayfield Swimming. Please note that Term 4 pre-season training is **NOT** compulsory.

Training will be held on the following days/times and students may choose to attend either one or both of the following sessions (at no cost):

Wednesday morning **6:45am-7:45am** and
Friday afternoon **3:30pm-5:00pm** (This session will incorporate 30mins of team building activities)

Please be advised that these sessions are not Learn to Swim classes and are for students who can manage a one hour training session.

Current Year 1 and Year 2: Students wishing to attend these Andrews Cup Squad sessions will **need to be assessed** to ensure they are at an appropriate standard. Assessments will take approximately 10 minutes with a member of the Clayfield Swimming coaching team and are available on Friday afternoons at 3.30pm.

Please note: Year 2 students already attending squad or stroke development at Clayfield Swimming, or were a part of the 2021 Andrews Cup Swim Team, will not need to be assessed.

Only girls will be eligible for selection in the Andrews Cup team, which will occur in Term 1, 2022: however, boys are welcome to train with the squad.

Pre-season Andrews Cup Swimming training will **commence on Friday 8 October** (first week of Term 4, 3:30pm-4:30pm) and continue until Friday 3 November.

Training will recommence in Term 1, 2022.

Please contact me if you have queries.

Kind regards
Mrs Peta Richardson
Andrews Cup Coordinator

A School of the Presbyterian and Methodist Schools Association

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