

# PARENT TRAINING

# SAVE THE DATE

## **Session 1: 4/11/24**

Strategies to Support  
Children's Energy Levels and  
Regulation  
Lockleys North Primary School  
930-10:30

## **Session 2: 13/11/24**

Managing big feelings:  
Supporting emotional  
regulation skills in the early  
years  
Cowandilla Children's Centre  
930-1030

**FLYER WITH DETAILS TO  
REGISTER TO BE SHARED  
EARLY TERM 4**