What's On This Week

2023 Child & Adolescent Mental Health Conference

March 20 to March 22, 2023

Helping young people navigate identity, connection & diversity.

The Child & Adolescent Mental Health Conference on the Gold Coast in March is designed to provide practical skills, relevant information, personal insight and strategies for professionals working with children and adolescents.

The conference program (12h towards CPD) is rich in incredible presentations from representatives from leading Australian universities and companies such as Beyond Blue, Switchboard, The Australian Research Alliance for Children and Youth, Full Stop Australia, Australian Childhood Foundation, Australian Council for Education Research, Ngunya Jarjum Aboriginal Child and Family Service, Canteen Australia, Headspace, Children's Health Queensland + more.

As a valued member of the education sector, we are offering you a discounted registration to attend this year's event. Use the code: STUDYWORKGROW to receive 10% off your registration. Find out more

Endeavour College | Course Focus: Studying Naturopathy

March 21, 2023

Our Bachelor of Health Science (Naturopathy) students experience a holistic learning environment, broadening their studies across biological sciences in order to understand the human body and its functions. This webinar, hosted by Katrina Arch (National Sales and Admissions Director), will answer all your questions about the course, subjects, student life and career outcomes after you graduate.

Find out more

Endeavour College | Course Focus: Studying Nutritional and Dietetic Medicine

March 21, 2023

Our Bachelor of Health Science (Nutrition and Dietetic Medicine) is a clinical degree based on scientific evidence and underpinned with a holistic approach to patient care. This webinar will answer all your questions about the course, subjects, student life, clinical experience, and career outcomes after you graduate.

Find out more

QUT | Advice Night

March 21, 2023

With the right information and support, transitioning from school to university can be easier than you think. In this webinar we'll provide advice on:

- making course and career decisions
- entry requirements and how to apply
- study costs and financial support
- resources for parents and students.

You'll also hear from real students about their uni experience and have a chance to ask questions about their course, why they chose QUT, and uni life.

Find out more

Important Future Events

QIMR Berghofer | Holiday Science Experience

April 4, 2023

Looking to get a taste of what it's like working in a medical research laboratory? QIMR Berghofer host a one day science experience program during the school holidays each year. Students can undertake a day of training in practical skills related to genetics, infectious disease or blood biology in our purpose built education laboratory facilities.

The program is open to Queensland high school students in years 10, 11 or 12 and is free to attend.

Find out more

Scholarships

3 Scholarships for Artistic Students

Last week, we found some <u>great competitions for artists</u>. Today, we're going to look at some scholarships that artistic students might also be interested in. Whether you're a painter, photographer, musician, dancer, or other type of artist, there's bound to be something for you.

Why should I apply for a scholarship?

If you're looking at further study, there are lots of reasons you should consider applying for scholarships, including:

• Financial support – whether it's a stipend for materials or to contribute to your fees, a bit of extra cash can help to relieve the pressure.

- Access to extra perks some scholarships come with great bonuses too, such as access
 to exclusive events and travel opportunities.
- Career development along with other bonuses, scholarships also sometimes offer access to mentoring and career opportunities.

Each year, there are always lots of scholarships that go unawarded because nobody applies. So even if you're unsure, it's always a good idea to apply – you never know what might happen!

Top scholarships for artistic students

Here are some great scholarships for artistic students we've found you might be interested in applying for:

<u>The Marten Bequest Scholarships</u> – these scholarships, worth \$50,000, give you the chance to explore, study, and develop your artistic skills through interstate or overseas travel.

<u>Samstag Scholarships</u> – this scholarship provides visual artists with institutional fees for one academic year of study, a \$70,000 tax free allowance, and covers travel expenses to a leading international art school of your choice.

<u>Sydney Conservatorium of Music Scholarships</u> – the Sydney Conservatorium of Music awards up to \$2 million worth in scholarships to students every year, in both merit and equity categories.

Don't forget you can find heaps more scholarships on our database here.

Getting Ready for Work

Job Interview Tips

If the recruiter likes what they see on your application or resume, it's unlikely that you'll be offered a job straight away. Instead, the next step in the selection process is usually an interview. Your interview could be conducted in person, on the phone, or via Zoom. Employers use interviews to get a better idea of whether you're going to be a good match for the job and fit in with their organisation. It's also a chance for them to do a little more digging about what you've listed on your resume (so don't be tempted to lie).

It's OK to be nervous at interviews, but remember that even the people running your interview have been in the same situation (probably many times over). If you find yourself unsure, we have some job interview tips you might like to check out.

Interview prep tips

• Get busy learning about the organisation you've applied to and do some reading about similar roles.

- Research some of the questions you're likely to be asked and write down some answers.
- Practise answering interview questions, do mock interviews with teachers or grown-ups, or use job interview simulators.
- Practise how you answer remember not to ramble and to take breaths and talk nice and slowly.
- Make sure you know where you're going, that you've got the time and date right, and how you'll get there.
- Double check if there's anything you need to take with you.

Best practise for answering questions

Try to get used to using the STAR Technique to answer interview questions:

- **Situation**: Describe the situation and when it took place.
- **Task**: Explain the task, the goal and your role.
- Action: Provide details about the action you took.
- **Result**: Talk about the results of your actions, try and use concrete numbers or evidence if possible.

Why you need to prepare

Being prepared will help you feel more confident and answer questions more easily. Plus, it could impress your interviewer and show them that you're interested in their business and have used your initiative.

Pro Tip: Try to keep your answers short and relevant to both the question and the job you're applying for.

Need more help?

Explore the <u>blogs</u> on our website for heaps more useful tips and info on how to ace job applications and interviews.

Work Experience

How to Turn Your Work Experience Position into a Job

If you're part of the way through a work experience placement and find yourself loving it, you might be wondering how you can turn that work experience position into a job. Even if you need to do some study first, there are still things you can do on your placement that will put you in the good books when it comes to getting a job down the line.

Show you're keen

© Study Work Grow 2023 4

If the employer can see you have a genuine interest in the work, this can definitely give you an edge for future job opportunities. So show up on time and ask lots of questions, be respectful to other workers and learn about what they do. If you're given an opportunity to participate in some way, say yes! Employers are always on the lookout for people with a genuine interest in their work.

Hone your skills

Any work experience placement is a great way to develop valuable soft skills that can be taken into nearly any job. Think things like communication, teamwork, adaptability, etc. So use this opportunity to hone these skills now, so that when you come back in the future applying for a job, you can confidently put them on your resume.

Say thank you

Once your placement is done, make sure you finish up strong by thanking the employer for the opportunity. Showing some sincere gratitude will usually always get you into someone's good books, and can also be an opportunity to ask for a reference or recommendation that you can use when applying for jobs (whether it's one at this company or somewhere else).

You can find tons more work experience resources, including opportunities, on our website <u>here</u>.

Competitions

Sleek Geeks Science Eureka Prize

Sponsored by the University of Sydney, the Sleek Geeks Science Eureka Prize encourages students to communicate a scientific concept in a way that is accessible and entertaining to the public while painlessly increasing their science knowledge or, as Dr Karl and Adam like to say, "Learn something without even noticing". It is intended to support budding young scientists across the nation, who will be our future leaders in research, discovery and communication. The 2022 theme is 'Green'.

There is a prize pool of \$10,000 to be shared between the winners and their schools. Representatives from the finalist teams will also win a trip to Sydney for the Australian Museum Eureka Prizes Award Ceremony, and each finalist will receive an Abbey's book voucher.

Entries are open now and close on Friday 14 April.

Find out more: https://australian.museum/get-involved/eureka-prizes/sleek-geeks-science/

Resources

7 Cool New Courses in 2023

Each year, universities and other institutes update their courses and often add new ones. So if you're looking for something new and exciting, or just something a little bit different, we've found some of the best cool new courses on offer in 2023. Check them out below.

Top 7 Cool New Courses

Machine Learning at Flinders

By now we've probably all heard of ChatGPT and how it's majorly disrupting both jobs and education around the world. If you want to be at the forefront of AI advances and create the next best thing, you might like to study this new course at Flinders University. Part of their Bachelor of Information Technology, this degree gives you the knowledge and techniques you need to be at the forefront of the growing machine learning industry around the world. Find out more here.

Modern Languages at UWA

The world is becoming more and more interconnected, and with communication being one of the key soft skills needed in any job, speaking more than one language can be a huge advantage. In this new degree from UWA, you'll not only learn how to speak *two* new languages, you'll also understand how cultural histories and context shape communication and how to effectively harness this knowledge.

Learn more <u>here</u>.

Aerospace Systems Engineering at the University of Newcastle

Prepare to launch Australia into the space age and be at the forefront of new technologies with this new course from the University of Newcastle. The new Bachelor of Aerospace Systems Engineering (Honours) has been developed in partnership with the Australian Defence Force and the Joint Strike Fighter program, and includes 12 weeks of practical, hands-on industry experience.

Read more here.

Human Rights at ACU

This new degree from ACU will prepare you to become a leading activist for human rights across the world. The Bachelor of Human Rights provides you with a holistic understanding of human rights, from a legal, philosophical, and humanitarian standpoint. Career options from

this degree are nearly endless, equipping you to work in law, business, international relations, social work, or communications.

Find out more <u>here</u>.

Digital Business at UniSA

Emerging technologies have revolutionised the way business is done – gone are the days of the brick and mortar store and cash, with online shopping, digital currencies, and more completely changing the face of business. Learn how to maximise business efficiency and take advantage of these opportunities as they arise with UniSA's new Bachelor of Digital Business. Learn more here.

A New Pathway to Medicine at UniSQ

If you're looking to become a Doctor, you know you'll need to study one of the few (and competitive) degrees out there that lead to your chosen career. UniSQ are now making it easier for regional students to realise their dreams, launching the Bachelor of Biomedical Sciences (Medicine Pathway). Upon successful completion of this degree (with a GPA of 5.0) you'll automatically gain entry into the Doctor of Medicine at the UQ Rural Clinical School in Toowoomba.

Read more <u>here</u>.

Climate and Social Justice at Swinburne

Prepare for a greener and fairer world for all with this new course from Swinburne. Learn about how climate change and social inequality are intertwined and gain the skills and knowledge needed to lead the world into a better future.

Find out more here.

None of these cool new courses pique your interest? You can find out about more study options on our website here.

Superannuation Tips for Teens

There has been a fair bit in the news recently about superannuation. But retirement is so far away, why should you worry about it, right? Well, it's actually something you probably need to start thinking about now. So read on to get some handy superannuation tips for teens.

What is superannuation?

Superannuation (also commonly referred to as 'super') is a way of saving for retirement. It's a bit like a big savings account (called a 'fund') that both you and your employer put money into over your working life, so that when you retire, there's money set aside for you to keep living. This is why it's important to start thinking about early – the sooner you start saving, the more you'll have when you retire. Makes sense, right?

Where does the money come from?

Most of the money in your super fund will probably come from your employer. If you're over 18 and earning more than \$450 a month, your employer must pay a minimum amount of money into your super fund. The amount paid is a percentage of your earnings (at the time of writing, it's 10.5%). So based on earning \$450 a month, your employer should be putting at least \$47.25 into your super fund every month.

Your employer **must** pay super regardless of whether you're employed full-time, part-time, or casually.

Note that if you're under 18, employers only need to make contributions to your super if you earn more than \$450 a month *and* work at least 30 hours a week.

You can also make what are known as <u>voluntary contributions</u> to your super fund – this is where you choose to top it up with some extra money.

Your super will also grow over time because the fund where it's stored will <u>invest the money for you</u>. You can choose where and how your super is invested, and pick between safer and more risky options.

How do I pick a super fund?

If you don't nominate your own super fund when you start working, you'll probably get started with a MySuper account. But you can definitely pick your own super fund and tell your employer that's where you'd like your super sent to as well.

Each time you move to a new employer, you'll need to tell them you already have a super account, or a new one will be opened for you instead. It's usually a smart idea to keep all your super consolidated into one fund. It means you'll pay less fees, and make it much easier to keep track of how much you've saved.

When it comes to choosing a fund, there are quite a few things to consider, including:

- Fees all funds will charge fees to hold your money, so finding one with low fees is usually a good idea.
- Performance what kind of return do other members usually see on their investment?
- Insurance super funds often give you peace of mind with insurance options in the event something happens and you can no longer work.
- Investment options see if your chosen fund gives you flexibility in how you choose to invest your money, and lets you pick where your money is invested (if you're a keen

environmentalist, for example, you probably won't want your money invested in a coal mining company).

All getting a bit confusing? Don't worry – there are tools out there that will help you compare super funds. <u>Canstar</u> has one you might like to check out. But remember there are some <u>things</u> you should keep in mind when using comparison tools online.

Where can I find out more?

There are heaps of resources out there that can help you understand more about super. One of the best includes the government's <u>Moneysmart</u> website, which also has heaps of tips for other things like banking, loans, and investments too.

We also have more superannuation and money tips for teens on our website here.

University Spotlight – University of Tasmania

Find out more about what it's like to study at the University of Tasmania in our university spotlight.

Campuses & Access

UTAS is the only university in Tasmania. The main campus is located in Hobart, just five minutes from the city centre. It's easy to access the campus via public transport, and there are carparks for those who need to drive. UTAS also has campuses in Launceston, Burnie, and Sydney. The Hobart campus has teaching buildings split across several locations in the Hobart CBD. The main campus in Sandy Bay is home to most learning areas and buildings, while dedicated arts, media, music, medical research, and marine studies facilities are located elsewhere. Most of the buildings at the Sandy Bay campus are easily accessible, and all major buildings are accessible by wheelchair. Most buildings with multiple floors have lifts for access.

Online Learning

UTAS offer a large suite of online courses, both at an undergraduate and postgraduate level, in nearly all study areas. Online courses are run in conjunction with on campus courses, so you will be learning the same material and at the same pace as on campus students.

Some units, particularly those that include lab work or practical experiences, can only be done on campus.

Study Options

UTAS offer undergraduate courses in all standard study areas, including being one of the only universities in the country to offer an undergraduate-entry medicine degree.

UTAS also offer <u>double degrees</u> in many areas, meaning you can complete two undergraduate degrees in up to two years less time than it would take separately.

The academic year is split across two semesters, running roughly from mid-February to late-October, with a month-long break between semesters. Each semester also includes a week of non-teaching. They also offer three optional short semesters in Summer (Jan-Feb), Winter (May-Jul) and Spring (Oct-Jan). No classes are run over the Christmas and New Year period. You can view the academic calendar for the year here.

The course structure of most courses at UTAS is slightly flexible, with many units offered across multiple different semesters and both online and on campus. Each course, however, has a recommended study pattern to follow. You can find out more about specific courses and units in the course handbook here.

Accommodation & Living

The University of Tasmania offers accommodation options at their Hobart, Launceston and Burnie campuses. There are 5 options at Hobart, 4 options at Launceston, and 1 option at Burnie, all located on campus or very close by. While UTAS has no university-owned options at the Sydney campus, there are independent student accommodation options nearby. UTAS currently do not offer guaranteed accommodation.

Sizes vary from studio to multi-bedroom options. 2023 prices vary from between \$188 to \$337 per person per week, depending on size and location. The fees for all accommodation options include some utility bills – electricity, water, and access to the university internet (personal internet access must be purchased separately). All accommodation options are self-catered and fully furnished. Many options include additional facilities, such as laundries, dedicated support services, student clubs, study areas, and more.

Contracts are offered on both 6- and 12-month terms, depending on location. Students must reapply for accommodation at the end of their contract.

You can see all accommodation options and application processes here.

Living off campus in Hobart can get quite expensive (the <u>current median rental price</u> for an apartment in Hobart is \$520 per week), and rental options are generally highly competitive. More affordable options further away can mean a long travel time to and from campus.

Campus & Teaching Facilities

There is a variety of cafés and eateries on the Sandy Bay campus. Other facilities include a post office, gym, childcare services, and prayer rooms. There are four libraries spread across the Hobart teaching facilities.

UTAS has several specialist teaching facilities in Hobart, including the <u>Hedberg</u>, Medical Science Precinct, Creative Arts Precinct, and the Media School.

The <u>Institute for Marine and Antarctic Studies</u> (IMAS) has specialist facilities in Hobart and Launceston, including laboratories, aquaculture facilities, and boating and diving facilities. The <u>Australian Maritime College</u> (AMC) is also located in Launceston, with several specialist

UTAS is currently working on big changes to both the <u>Hobart</u> and <u>Launceston</u> campuses, making them more accessible and highly integrated with local businesses and community.

Student Support

UTAS offer a variety of student support services, ranging from study, disability, LGBTQIA+, religious, career, and support for Indigenous students. All of this information is easy to find and access on their website here.

They also offer several safety and security services across all campuses.

facilities dedicated to maritime engineering and logistics.

Industry Partnerships

UTAS offer Work Integrated Learning (WIL) options in many of their study areas, allowing students to experience a placement with a real business during their studies.

You can also participate in the <u>Catalyst program</u> as part of your degree, which offers a wide variety of bonuses, including preferential placements in corporate internships and research projects.

UTAS also runs the <u>Business Network</u>, designed to connect businesses, professionals, students, and researchers.

Information Accessibility

UTAS' website is modern, uncluttered and relatively easy to navigate. It has a handy search function, and essential information about courses, scholarships, and support options are easy to find.

Tours & Information Sessions

You can take a virtual tour of many of the facilities at both the Hobart and Launceston campuses here. You can also take a self-guided sustainability tour of the campuses. UTAS run both online and on campus information events for future students occasionally throughout the year. You can view the upcoming calendar of events here.

Next Steps

If you're interested in study at the University of Tasmania and want to find out more information, the best way to do this is to contact them, either by phone on 1300 363 864, or by submitting an enquiry online.

UTAS also run one Open Day a year, currently scheduled for September.

Apply now for the adventure of a lifetime with Young Endeavour

Looking for a personal development opportunity? We've got just the thing. Applications are now open for young Australians aged 16-23 to take part in 11-day youth development on STS Young Endeavour, Australia's National Sail Training Ship. Voyages sail from July – December 2023 and sail to ports in NSW and QLD. On board youth will have the chance to learn about all aspects of sailing the ship – sail theory, sail handling, climbing the 30 metre mast, navigation, cooking in the galley and much more!

Meet new people, explore new places and discover how capable you really are. Financial assistance is available to youth who meet eligibility criteria.

Applications are now open, and places are offered via a ballot (like a lottery) system.

Find out more and apply here: https://youngendeavour.gov.au/apply-now

University of Melbourne Girl Power in Engineering and IT

A program for female high school students, contributing towards gender parity in engineering and IT disciplines. For girls from Australia with an interest in science, technology, engineering, and mathematics.

Inspire your female students about the exciting possibilities of Engineering and IT through our Girl Power program, including a three-night camp at the University of Melbourne, work experience and mentoring opportunities.

Stage 1: Year 9 students

Commencing in Year 9, approximately 40 students are selected to participate in the camp during the July term holidays, where they will have the opportunity to:

- Learn about careers in engineering and IT
- Participate in hands-on interactive workshops
- Interact with University of Melbourne engineering and IT students
- Hear from industry and our academic staff about engineering and IT issues
- Form a network of like-minded individuals

Stage 2: Year 10 students

In the second stage of the program, Year 10 students will have the opportunity to complete the Faculty of Science work experience program and can choose from a range of disciplines including engineering and IT. This week is the final week of Term 2. Students applying for Girl

Power should check with their schools to see if this date is suitable for their work experience program.

Stage 3: Year 11 & 12 students

The final stage of the program facilitates mentoring opportunities between Year 11 and 12 students, and University of Melbourne engineering and IT students.

Approximately 40 female students will be selected to participate in the program in 2023. To participate in the subsequent stages of the program, students must have participated in the Girl Power in Engineering and IT camp whilst in Year 9.

Successful applicants will be notified in May 2023.

Find out more and apply: https://eng.unimelb.edu.au/engage-with-us/schools/girl-power-in-eng-and-it

Workplace Spotlight

The Careers Clusters in a postal processing centre

Postal processing centres are large hubs where huge quantities of mail arrive to be sorted, inspected, and sent on to their final destination. There are lots of different people responsible for making sure your mail is delivered on time, including mail sorters, delivery drivers, logistics managers, customer support workers, engineers, and more.

Here are some things you can expect when working at a postal processing centre:

- 1. Lots of teamwork in most roles you'll be working closely with other people.
- 2. An organised environment organisation and efficiency are two key skills that any worker in a postal processing centre should have.
- 3. They can be very busy millions of letters and parcels are sent around the world every day, so there's always work to do.

Key Outcome – sort and send mail to its destination

The main focus of postal processing centres is to sort and process incoming mail so that it gets to its destination safely and on time.

Key Tasks –

- Inspect and sort incoming mail
- Maintain efficient and safe processes
- Keep machinery up and running
- Answer queries and investigate complaints

Industry – You can find postal processing centres in the logistics and transport industry Postal processing centres are found in the logistics and transport industry. Some of them are run by government (such as Australia Post), while others are privately owned postal and logistics companies.

Work Environment – You can expect shift work and on-site work

Shift work | Work on-site | Jobs in all locations, including metro, regional, and rural | Moderate job growth

Because postal processing centres are generally open all the time, they need people to cover shifts from early mornings to late nights. Many workers might find that their schedules are different each week, depending on demand. Particularly when the postal service is very busy, such as around Christmas time, you might need to work extra hours.

For most people in postal processing centres, work either must be done on-site, or is easier to do on-site. Opportunities for remote work are limited, but certainly possible in some roles. There are postal processing centres all across the country, but the biggest and busiest are in capital cities and large regional hubs, so it can be easier to find work in these locations.

The Career Clusters you'll find in a postal processing centre

People from all Clusters are needed for a postal processing centre to run effectively, but the most common Clusters you'll find are Makers and Coordinators.

What do Makers do in a postal processing centre?

The Makers in a postal processing centre include the people who physically sort and process packages and envelopes, as well as inspect them for anything suspicious or dangerous. There are also the people who load, unload and drive trucks and vans, and those who are responsible for building and maintaining conveyor belts and other machinery.

- Mail Sorters
- Truck and Van Drivers
- Maintenance Mechanics

The role of a Linker in a postal processing centre

The Linkers in postal processing centres are responsible for handling customer queries and complaints, such as tracking down late or missing parcels. If the postal processing centre also has a retail store attached, they also need people to serve customers and sell goods (such as stamps and packaging). They might also broker deals and discounts on large volumes of parcels with other businesses.

- Customer Support Officer
- Retail Assistant
- Salespeople

Where you'll find Coordinators in a postal processing centre

Coordinators are the people who supervise and manage other workers in a postal processing facility, delegating tasks and ensuring things are running smoothly. They may also look at budget and performance metrics, and develop new strategies to increase efficiency.

- Warehouse Managers
- Logistics Managers
- Business Development Managers

How do Informers work in a postal processing centre?

There aren't a lot of roles where Informers work directly in postal processing centres, but they often visit. This can include the people who train new workers on how to do their job, people who collect and track information about processes and outcomes, and people who provide financial and business advice.

- Trainers
- Data Analysts
- Financial Advisors

What types of Innovators work in a postal processing centre?

The Innovators in postal processing centres are coming up with new technologies and processes to increase safety and efficiency. Some Innovators might work externally from a head office. Innovators might create new machinery, design clear and simple ways to let customers track the location of their parcel, and find safe ways to store sensitive data (like customer addresses and names).

- Mechanical & Software Engineers
- UX Designers
- Database Developers

Where you'll find Guardians in a postal processing centre

Guardians in postal processing centres are responsible for the safety of all workers, ensuring proper procedures are followed and that staff are kept up to date on safety guidelines. They may also perform surprise inspections of warehouses and sites to check that things are running

safely and smoothly. Large businesses with many employees also commonly employ wellbeing officers, checking in with workers and monitoring their physical and mental health.

- Workplace Health & Safety Officers
- Site Inspectors
- Wellbeing Officers

How do we expect working in a postal processing centre to change in the future?

Advances in technology have created lots of opportunity and disruption in the postal industry. Lots of the physical processes are becoming more automated, with machines helping to sort and move parcels. In the future, we might expect to see things like drones and driverless vehicles delivering parcels directly to people's doors.

Although machines are becoming more integrated in the workplace, we will still need people to create, operate, and repair them, as well as to be there when things go wrong. And roles that involve lots of face-to-face communication and complex problem solving will likely always be done by people.

Job Spotlight

How to become a Doctor

Doctors are highly qualified and skilled people who diagnose, manage, treat, cure and prevent illness and promote wellness in their patients.

There are lots of different types of Doctors, and depending on your area of interest and strengths you might like to consider these options – but you won't have to decide until much later on your journey to becoming qualified.

If you're good with people, compassionate but analytical, can retain and use information in lots of different ways, and enjoy variety, then you could consider becoming a Doctor.

About you:

- Good communication skills, compassion and a good bedside manner
- Confident and analytical
- Able to exercise high ethical standards
- Enjoy working with people
- Able to cope with the physical demands of the job
- A high degree of motivation and self-discipline
- Ability to work long hours, often under pressure
- Good practical skills
- Ability to solve problems
- Effective decision-maker

- Drive to continue learning throughout career
- Good time management skills

The job:

Duties vary depending on the type of Doctor and practise, but examples include:

- examine patients to determine the nature of the disorder or illness and record the patient's medical information
- order, perform and analyse laboratory tests, X-rays and other diagnostic images and procedures
- provide overall care for patients, and prescribe and administer treatments, medications and other remedial measures
- aid in the prevention of diseases and disorders by advising patients on diet, exercise, hygiene and general health
- prescribe and administer medication and inoculate patients to prevent infectious or contagious diseases
- provide pre-natal and post-natal care
- report births, deaths and notifiable diseases to government authorities
- arrange for patients to be admitted to hospital
- refer patients to other medical specialists and exchange relevant medical details.

Lifestyle Impact: High

- Part-time opportunities: Low only around 24% of Doctors work part-time (source: labourmarketinsights.gov.au).
- Average hours for full-time workers: 46 hours, slightly above average (source: labourmarketinsights.gov.au).
- Doctors' salary (median) \$109,457* per year (source: ato.gov.au). *Salaries greatly vary depending on your skills and experience.
- Future career growth: Strong (source: labourmarketinsights.gov.au).
- You will be doing most of your work indoors, in clinics and labs.
- You will need to work long hours, sometimes including weekends and holidays.

Doctors are most in demand in these locations:

Doctors and other healthcare professionals are needed right across Australia, particularly in rural and regional areas. Most Doctors work in the Health Care and Social Assistance industry.

How to become a Doctor in Australia

You will need to complete both university-level study and further practical training in order to work as a Doctor in Australia.

Step 1 – Complete Year 12 with a focus on English and Maths.

Step 2 – Complete an accredited medical program in Australia – this can be either undergraduate or postgraduate. You can see all of the Ahpra-approved programs of study here.

Step 3 – Complete an internship before applying for general registration with <u>Ahpra's Medical</u> Board.

Step 4 – Start working as a Doctor.

Step 5 – Consider undertaking a fellowship and further specialist training, before applying for specialist registration.

Find out more here –
https://www.ahpra.gov.au/
https://www.amc.org.au/
https://ama.com.au/

Similar Careers to Doctor

Medical Specialist
Paediatrician
Surgeon
Occupational Therapist
Registered Nurse
Midwife
Dietician
Aged Care Worker

Find out more about alternative careers.

Frequently Asked Questions (FAQs)

What options are there for career progression?

There are lots of specialisations you might like to consider after your initial journey to becoming a Doctor is complete – you can see the full list on Ahpra's website here.

Do I need to go to university to become a Doctor?

You will need to complete a university degree, as well as several years of additional training, before you can work as a Doctor.

Where do Doctors work?

Doctors might work in hospitals, private practices or community medical centres, and may also focus on research or medical administration.

What are 3 things I can do right now to help me become a Doctor?

If you're in high school and you'd like to find out if a career as a Doctor is right for you, here's a few things you could do right now:

- 1. Start researching your study options. Applications can be extremely competitive and you'll need to work hard to secure a place.
- 2. See if you can find work experience in health or medicine. This will help you see if you might enjoy the work, and can help you start building important contacts for the future.
- 3. Talk to a Doctor to see what a day in their life is like. If you don't know anyone, see if you can watch videos or documentaries about a career in health.

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