



Careers Newsletter

6 March 2019

Disclaimer: All information is printed in good faith.
It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Ms Janes please call 9414 4310 or email djanes@stpiusx.nsw.edu.au

➤ **JOBJUMP - PARENTS AND STUDENTS PLEASE WATCH YOUTUBE VIDEO AND SIGN UP**

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts.

To register

- Go to <https://www.jobjump.com.au/>
- Search school – St Pius X Chatswood
- Register with an email address (use a private address, not spx)
- Password – pius (lower case)

Parent information: <https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be>

➤ **GET INTO MED**

Saturday, 6th April | 1pm-3pm | [Parramatta](#)

Sunday 14th April | 1pm-3pm | [Newcastle](#)

Saturday 18th May | 1pm-3pm | [Sydney North Shore](#)

Get into Med: first steps to becoming a doctor!

Medical school admission is becoming an increasingly difficult task.

The number of medical school places has doubled in Australia and New Zealand over the past 15 years, but as supply has increased, so has demand. As more students become aware of the exciting career prospects of a medical practitioner, medical school competitiveness becomes stronger and stronger.

To obtain the ever-elusive medical school place, students must be well-informed of their personal, philosophical and professional reasons for pursuing medicine.

Get into Med: first steps to becoming a doctor will deep-dive into the world of medical school admissions.

➤ **CSU OPEN DAYS – SAVE THE DATE**

Bathurst – August 4

Wagga Wagga – August 11

Albury-Wodonga – August 18

Port Macquarie – August 25

Dubbo – August 30

Orange – September 6

More details to come – https://cdn.csu.edu.au/_data/assets/pdf_file/0019/3162025/F5982-2019-CSU-Events-Flyer_WEB.PDF

➤ **MONASH ROADSHOW INFO EVENINGS**

We know that choosing a university is a big decision. Get all your questions answered at our information evening and save yourself the trip to Melbourne.

Hear everything you need to know about life at Monash. We'll tell you all about our undergraduate courses, accommodation, scholarships and student life. Hear from a current student or graduate about where their Monash degree has led them.

Wednesday 28 August – [Webinar](#)

Wednesday 4 September – [Sydney, NSW](#)

What can you find out about?

- Our ten diverse study and discipline areas
- Undergraduate course types, such as our comprehensive and specialist courses, double degrees and pathway programs
- International opportunities including study abroad and overseas tours
- How to apply – everything need to know about VTAC, key dates and deadlines
- Scholarships and fees
- SEAS and the Monash Guarantee
- Accommodation options, both on and off campus

If you're interested in or have questions about a graduate degree, please contact us on 1800 MONASH ([1800 666 274](tel:1800666274)).

➤ **SYDNEY TO SILICON VALLEY & BEYOND | WHERE WILL YOUR ATAR TAKE YOU**

27 March | 6pm | Sofitel Sydney Wentworth

Join a growing number of Sydney students studying at the world's top universities!

If you want to know what life might be like as a freshman at a US college or as a first year student in the UK, then this event is for you.

If you want to find the university that is perfectly suited to you – with the most inspiring professors, cutting edge facilities and global opportunities at your feet, **then this event is for you!**

US & UK University Experts from Crimson Education will cover:

- How to manage your application in Year 11 or 12
- How to develop your profile from Year 9 and 10
- The academic benchmarks – how to apply with your ATAR or IB score
- The student experience – developing global networks, independence and soft skills
- Overseas study from a parents' perspective – safety, costs and communication
- How to effectively research overseas universities
- Employment prospects with a top US or UK uni degree
- Case studies – Australians studying overseas

This event is for students in Year 9 and up (yes, forward planning helps when applying overseas!). Parents are encouraged to attend and can register for free.

Book now and use code **STUDYWORKGROW** for \$10 off

– <https://www.eventbrite.com/e/sydney-to-silicon-valley-beyond-where-will-your-atar-take-you-tickets-56078126185>

➤ **STUDY ON THE WORLD STAGE | YOUR PATH TO THE IVY LEAGUE & BEYOND | OATLANDS**

30 April | 6pm – 7.30pm | Oatlands

If you're feeling like there must be other options out there than the major two or three local unis then this event is for you. If you want to know what life might be like as a freshman at a US college or as a first-year student in the UK, then this event is for you. If you want to find the university that is perfectly suited to you – with the most inspiring professors, cutting edge facilities and global opportunities at your feet, **then this event is for you!**

Book now and use code **STUDYWORKGROW** for \$10 off

– <https://www.eventbrite.com/e/study-on-the-world-stage-i-your-path-to-the-ivy-league-beyond-i-oatlands-tickets-55683585102>

This event is for students in Year 9 and up (yes, forward planning helps when applying overseas!). Parents are encouraged to attend and can register for free.

➤ **ARE YOU MISSING OUT ON SCHOLARSHIP \$\$\$'S?**

The Good Education Group has written an article about unclaimed scholarships – read it [here](#).

Each year, many scholarships go to waste due to a lack of applicants. Sure, you could spend time applying for a scholarship and not get it, but on the flip side you may be the only person who applies!

Our advice would be to do your research, including checking out scholarship sources on our [scholarships page here](#), and apply for everything:

- Put together an application pack with all the documents you'll need for each application, like proof of citizenship, your birth certificate, and your reports
- Prepare some answers to common questions, like
 - 'why do you need this scholarship?'
 - 'how will this scholarship help you go further with your studies?'
 - 'what do you intend to do once you graduate?'
- Keep a checklist of the scholarships you've applied for including the notification dates, so you're not left wondering

➤ **CLUEY LEARNING SCHOLARSHIP**

The Cluey Learning Scholarship will award one individual **\$1,500 AUD** to put towards their University related expenses such as tuition, laptops, textbooks etc for all courses and disciplines.

Applications are open now and close at 11:59 p.m. Australian Eastern Standard Time **31st March 2019**.

The winner will be notified by phone and an announcement made via this page by 7th April 2019.

Find out if you're eligible and how to apply [here](#).

➤ CADETSHIP OPPORTUNITIES IN BUSINESS, ENGINEERING AND TECHNOLOGY

A cadetship is an effective way of launching your career from the start of university rather than after you graduate. For twelve years, Professional Cadetships Australia (PCA) has provided opportunities for Year 12 students to apply for a cadetship and during that time, **185 cadets** have been placed under our programs.

There are two programs: **Business Cadetships** and **Engineering & Technology Cadetships (ETCAD)**.

Business Cadets are placed at UBS, a top-ranking global bank, in Sydney.

The Program provides cadets with a wonderful opportunity to launch their business career. Business Cadets can choose from a broad range of university degrees, including Economics, Commerce, Business, Advanced Studies, Social Science, Arts, Computer Science & Technology and Mathematics. Cadets combine study and work throughout their cadetship. UBS has been a part of the program since its inception and continues to place cadets across the firm.

Under this year's ETCAD Program, **Engineering Cadets will again be placed in Sydney with Cubic Transportation Systems**, the world leader in transport payment and traffic management systems. Cadets may choose to study Electrical, Mechanical, Mechatronic, Computer, Software or Industrial Engineering. Alternatively, cadets may undertake a flexible entry Engineering degree. It is also possible to study Science, Computer Science or Information Technology while working at Cubic. Engineering Cadets combine full-time university study with paid work at Cubic over vacation periods.

By studying and working at a leading company from the start of university, cadets earn a competitive advantage over students who delay work until after they have graduated. Compare the outcomes for a university student and a cadet in the table below:

University student	Business or ETCAD Cadet combining study + work
Pays university fees	Receives a secure remuneration package
Learns about the world in theory	Puts theory into real world practice
Is unsure of academic strengths	Discovers at work where strengths lie and tailors degree accordingly
Has limited opportunity to experience the business world	Has unlimited opportunities to experience the world of banking and finance
Does not know what the future holds on graduation	Has a sound understanding of business practices and the competitive edge on graduation

Year 12 students apply online to Professional Cadetships Australia. We run the application process and conduct first-round interviews in order to determine which candidates will be referred to participating companies.

Applications for the Business Cadetships Program open on 4 March and close on 15 May 2019.

Applications for the ETCAD Program open on 29 April and close on 21 June 2019.

Only current Year 12 students can apply for our cadetship programs. It is not possible to apply once you are attending university. So, if you would like to take advantage of these opportunities, make sure you apply by the due deadlines.

Find out more – www.professionalcadets.com.au

➤ ENTER THE YOUNG ARCHIE COMPETITION 2019

The Art Gallery of New South Wales invites budding artists between the ages of 5 and 18 to submit a portrait for the Young Archie 2019 competition. The portrait must be of a person who is special to you – someone who is known to you and who knows you and plays a significant role in your life.

We prefer that the portrait is 'painted from life' and that your subject has a sitting for their portrait, like with the Archibald Prize. You may also create the portrait from memory or take your own photograph to use for reference. For more information, read our [Young Archie FAQs](#).

Competition opens: 29 January 2019. **Entries must be received: before 10 March 2019, 5pm**

➤ STRIVE SCHOLARSHIPS

[Strive Scholarships](#) are SGCH's annual education program, providing up to \$1,500 for school, university or TAFE students living in SGCH properties.

Scholarships for Years 7 to 12 are worth \$1,000 and for University or TAFE \$1,500.

Applications open 1 March 2019 and close 31 March 2019.

[Apply](#).

➤ WSU SCHOLARSHIPS

Western Sydney University offers \$22 million in undergraduate scholarships every year.

Some of the scholarships available include:

- Vice-Chancellor's Leadership Scholarship – **up to \$50,000**
- Dean's Scholarship – **up to \$20,000**
- Academic Excellence Scholarship – **up to \$20,000**
- Honours Scholarship – **\$5,000 for one year**
- Sports Scholarship – **\$5,000 for one year**
- International Exchange Scholarships (for semester exchange) – **\$1,750 one-off payment**
- Student Mobility Travel Grants (for short programs) – **\$500 one-off payment**

Find out if you are [eligible, how to apply and the key dates you'll need to know](#).

➤ A CHANCE ENCOUNTER STARTED CELEBRITY CHEF TETSUYA WAKUDA'S CAREER

In Japan, with no option of financial support, he dropped out of university and started working part-time to raise enough money to travel to Australia.

In 1982, armed with a one-way ticket and \$3000, he left Japan.

A chance meeting on his first day in Sydney got him into the kitchen, and now Tetsuya's is one of Sydney's most acclaimed restaurants.

So it's okay if you don't know what career you want to pursue yet, take every opportunity and who knows where you could end up.

Here's the [full story](#).

➤ TOP 50 WOMEN IN TECH

The 2018 Top 50 Women In Technology list identifies three generations of forward-thinking technologists leading more than a dozen tech sectors across the globe.

You can click on their profile pictures to learn more about these tech influencers.

[Browse the list](#).

➤ **TOP 100 GRADUATE EMPLOYERS IN 2018**

If you haven't got a clue yet what careers might interest you or what you'd like to study at Uni. Maybe you're unsure IF you'd even like to study further after school.

Have a look at the list of Australia's top 100 companies who employed graduates in 2018. You can have a peek at their careers pages. See what jobs they have on offer and what qualifications you'd need to be considered for the job.

You never know, you could be inspired.

Read the list [here](#).

➤ **WHAT IT'S ACTUALLY LIKE TO WORK IN A FUNERAL HOME**

When Jo Place finished school at 17, she didn't know what she wanted to do.

She applied on a whim for an administration job with a funeral home thinking it would be good for the interview experience if nothing else.

That application has turned into a lifelong career, which has seen her trained in embalming, work as a funeral director and end up as the GM at InvoCare, Australia's largest network of funeral homes, cemeteries and crematoria.

She has now planned over 10,000 funerals. Here's a synopsis of her [career](#).

➤ **AQUACULTURE WORK EXPERIENCE**

[Ausyfish](#) has been providing work experience for aquaculture students for about 25 years.

For free work experience you need to be a student and be at least 18 years of age, preferably studying aquaculture or related subjects.

You will be exposed to the day-to-day activities of a working fish farm/hatchery producing a variety of fishes for a variety of markets.

You can apply as part of your school, University or TAFE study requirements.

[Read all the details and find out if you would like to apply.](#)

➤ **TAFE AND TOP UNIVERSITIES UNITE**

TAFE and Universities are not competitors.

They are different in what they deliver, and TAFE supplies an essential component of post-secondary education that is critical to the economy and it has been damaged by education policy. That must be redressed.

An interesting read about the future of [post-secondary qualifications](#).

➤ **CREATE YOUR RESUME**

Applying for jobs (and sometimes when you're applying to tertiary education), you'll need a resume.

A resume or CV (Curriculum Vitae), is a document which details your work and study history, including all your achievements and skills so far.

You need to provide all the essential details in a professional looking, easy-to-read format. Keep it nice and concise, as nobody will want to plough through pages and pages irrelevant information. In fact – they just won't bother reading it at all if it's too long.

(Continued ...)

So what do you need to include for your first ever resume?

- Your name, age and contact details
- Your education details, including the names of your schools and a list of subjects you've studied
- Any jobs you've had, including volunteer work and work experience
- A list of your skills
- Any awards or achievements
- Your hobbies and interests

There are plenty of free templates around to help you design the right resume for you.

From the [Simple Resume Builder](#) at Study Work Grow, to specialised industry relevant ones if you really want to get fancy.

Before you go nuts designing your resume, you might like to read the tips in this [article](#) about the do's and don'ts of resume writing

➤ FREE CV TEMPLATES

When you google free resume or CV templates, there are quite literally thousands of results that come up. You could spend hours looking through them trying to find one that you like. Or see what free templates the word processing program on your computer has to offer, Word definitely have a couple.

And then there's our current favourite [Canva](#). They have loads of designs to choose from and they're simple to modify. You will need to sign up for a free account to access them. (Hint: there are also free Canva tutorials available if you're not sure how to use it).

It's probably best to start off with something simple.

Here are some more tips on how to [Create your Resume](#).

➤ GREAT COVER LETTERS OPEN DOORS

When you're applying or looking for work, a cover letter is a brief letter to accompany your CV or application. It's always a great idea to include one (unless you're specifically requested not to).

If your CV / application is the main course, then the cover letter is the appetiser.

It allows potential employers to see a glimpse of you. Shows that you recognise the skills and attributes you need to do the job and confirms that you have them.

A great cover letter could ensure that prospective employers read your resume and puts you in the interview pile.

Youth Central have put together a "[How to write a Cover Letter](#)" document. It's well worth a read.

You can find free cover letter templates online, in Word, and Youth Central have a selection listed in the resource we linked above.

➤ MOCK INTERVIEWS

As with most things in life, the more you practise something, the better you'll get.

The same is true for interviews. Interviewers will expect you to be a little nervous and tongue tied. But the better the first impression you create and the more confident you feel going into an interview, the higher your chances are of snagging the job.

We've found this great resource for [mock interviews](#). It explains what they are, shows some examples and provides tips for how you could set some up.

➤ AIM SOFT SKILLS SURVEY

80.5% of Australian Business leaders think soft skills are very or extremely important.

Communication, leadership and emotional intelligence are the 3 top soft skills employers are looking for in 2019.

Watch the [survey results](#) to find out more.

➤ **6 STEPS FOR A SUCCESSFUL FIRST DAY AT WORK**

First day nerves? The good news is we've all been there, and we've all made it through ok. Everyone understands how you're feeling and nobody in their right mind will expect you to turn up on day 1, and know everything, make zero mistakes, and churn out a ton of work. Here are our top... [Read More](#)

➤ **IMPROVE YOUR MOOD, CHANGE YOUR DIET**

The average Australian consumes 19 serves of junk food a week, and far fewer serves of fibre-rich fresh food and wholegrains than recommended. This leaves us overfed, undernourished and mentally worse off. Find out which foods could improve your mood or help combat depression. [Read More](#)

➤ **REDUCE ANXIETY**

Feeling anxious is unproductive and let's face it pretty unpleasant. Taking a few minutes out when you start to feel anxious and following the breathing tips in the article below, could help you overcome the feelings you experience when anxiety starts to build. Simple abdominal breathing exercise for relaxation. [Read More](#)

➤ **VOLUNTEER WITH FIRST**

Volunteering for a FIRST event is a great experience and you will have an inspiring and fun day. It will also look great on your resume. Please note: The minimum age for general volunteers is 14. Some roles require university age or higher. They currently have openings for the FIRST Robotics Competition (FRC event volunteers must... [Read More](#)

➤ **JOB SPOTLIGHT: FOOD INDUSTRY**

What job could you do?

When you think about careers with food you probably think Baker, Butcher, Chef, Cook, Restaurant Manager, bartender, barista, wait staff etc. You're not wrong. But there are so many other options to consider.

- Craft Brewer
- Food Technologist
- Food blogger
- Dietician
- Farmers Market Manager
- Providore
- Caterer
- Food Photographer
- Sommelier
- Environmental Health Officer

These are just the tip of the iceberg. Whether you love food or just want a career that offers plenty of choice in skills, jobs, openings and opportunities, then you should probably investigate the options available within the food industry.

Whatever your strengths and passions are there seems to be a way to incorporate them into this ever-growing industry.

Skills are often transferrable within the food industry too. There's no need to worry you'll get stuck in one job, you could try several over the course of your career.

Duties could include:

- Manufacturing and Packaging foodstuffs
- Quality Control
- Food preparation
- Food service
- Educating people about healthy eating and safe food storage
- Logistics
- Inventory
- Accounts
- Management

Examples of Skills required:

- STEM
- Research
- Creativity
- Design
- Communication
- Leadership
- Customer Service
- Food safety and hygiene
- Problem solving
- Attention to detail

Pathways

- In-house training from other staff or business owners. Start from the bottom and work your way up. For example you could start off as a dishwasher, move up to sous chef and then train as a chef.
- Apprenticeships and traineeships.
- TAFE, VET and University qualifications.

Average salaries

Wait staff earn on average \$804 per week.

Chefs earn an average of \$1,050 per week.

Nutrition professionals earn \$1,109 per week on average.

Food and Wine Scientists earn an average of \$1,669 per week.

Job growth in the food industry is very strong and there are always new jobs and opportunities being created (source: Joboutlook.gov.au).

Ms D Janes – Year 11 Coordinator and Careers Adviser

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