



# Orchard Grove Primary School

## WINTER CANTEEN MENU



commencing Friday 26<sup>th</sup> April 2019

Lunch orders are available on Mondays, Wednesdays & Fridays

### SANDWICHES / WRAPS

*Sandwiches available on wholemeal bread or wraps  
Quality Gluten Free Bread - \$0.50 extra Rolls - \$0.60 extra*

Vegemite	2.00
Salad	3.50
Cheese & salad	4.00
Egg, lettuce & mayo	3.50
Tuna, cucumber & lettuce	4.00
Ham & salad (lettuce, tomato, carrot, cucumber)	5.00
Ham & cheese	3.50
Roast Chicken & salad	5.00
Roast Chicken, lettuce & mayo	4.50
Roast Beef & salad	5.00

### TOASTIES

*Please indicate sandwich, wrap, focaccia or muffin  
Focaccia - \$0.80 extra*

Cheese	2.50
Ham & cheese	3.50
Ham, cheese & tomato	4.50
Chicken & cheese	4.00
Hot Apple	3.00
Spaghetti & Cheese	3.50
Roast Beef & Cheese	4.00

### SALADS

Ham, Roast Chicken or Roast Beef, boiled egg, tasty cheese slice & salad	5.00
1 Honey Soy Chicken Drumstick & salad	5.00
Beef, Chicken or Vegie Pattie & Salad	5.00

### HOT FOOD

Honey Soy Chicken Drumstick	3.00
1 Honey Soy Chicken Drumstick & 4 Potato Wedges	4.50
2 Honey Soy Chicken Drumsticks & 4 Potato Wedges	5.50
Potato Wedges (8) & sour cream	3.00
HOME MADE Beef or Chicken Burger with lettuce, cheese, tomato, tomato sauce or mayo	5.50
Vegie Burger - vegetable pattie & salad in a roll	5.00
Homemade Sausage Roll	3.50
Cottage Pie	5.00
Spaghetti Bolognese (GF)	5.50
Nachos with Salsa & Cheese (V)	3.00
Beef <u>OR</u> Chicken <u>OR</u> Vegie Pattie with Potato Wedges and dipping sauce	5.50
Grilled chicken tenderloin wrap with lettuce & mayo <u>OR</u> lettuce & cheese	5.50

V - Vegetarian  
GF - Gluten Free

### PITA PIZZA

Chicken, cheese & bbq sauce	4.50
Ham, cheese & tomato sauce	4.00
Tuna, corn & cheese	4.00
Corn, pineapple, capsicum, cheese & tomato sauce	4.00
Extra Toppings - Pineapple	0.50
- Capsicum	0.50

### FROZEN ITEMS

Frozen Pineapple Ring	1.00
Zing Yogurt Ice Stick (GF)	1.50
Frozen Yogurt & Fruit Cup	2.50

### SNACKS

Mini Croissant	1.50
Homemade CheesyMite Scroll	2.00
Carrot sticks with dip	1.50
Popcorn - Butter or Salt & Vinegar (V/GF)	1.50
Orange Wedges (whole orange)	1.50
Apple (cored) (V/GF)	1.50
Fruit & Jelly Cup (V/GF)	1.50
Go! Choc Chip Cookie	1.50
Anzac Biscuit	1.00
Sultana Fruit Slice	1.00
Red Rock Deli Chips 27g	2.00
Strawberry Yoghurt Squeezie Pouch	1.50

### DRINKS

100% Juice - Apple or Orange	2.00
Mineral Water	
Apple & Raspberry / Lemon Lime	2.00
Nippy Low Fat Flavoured Milk 250ml	
Strawberry or Chocolate	2.00
Hot Chocolate	2.50
Re-Usable Lunch Wallets (sample at office)	10.00
Pink, Green, Purple or Blue	
Paper Bags	0.10

### WINTER TOASTIES

- FOCACCIA ROLLS  
- ENGLISH MUFFINS  
- WRAPS

HOMEMADE SAUSAGE ROLLS ARE BACK!!

**YUMMY  
WINTER  
WARMER  
BELGIAN  
HOT  
CHOCOLATE**

VSCA approved

Please encourage your child to return to the canteen if any item is missing  
Canteen Manager - Sophie Polites - 0407 853 812