

Parenting Programs Term 2 2019



FREE TO ATTEND * PLACES LIMITED * BOOKINGS ESSENTIAL

Lets Talk about Parenting Burwood

A single session for parents to better understand their children's behavior, development and communication

Thu 30th April 7:00 -9:00 pm

Phone: Helena 0488 501 204

Growing Resilient Kids Wheelers Hill

Explore resilience, dealing with feelings and help our kids cope in a chaotic world

Mondays (5 morning sessions)

13th May -17th Jun 10:30 - 12:30pm

Phone: Helena 0488 501 204

Surviving Separation Lilydale

Manage parenting arrangements and ways to support children after separation

Tuesdays (8 evening sessions)

7th May to 25th June 7 - 9:30pm

Phone: Julia 0400 866 495

Talking Teens Bayswater

Learn to resolve conflict and improve communication with your teen.

Tuesdays (5 evening sessions)

14th May to 11th June 7:00-9:00 pm

Phone: Helena 0488 501 204

Parenting as a Team Park Orchards

Develop a parenting plan for couples to ensure best outcomes for children

Wednesday (6 x evening sessions)

8th May to 12th June 7-9:30pm

Phone: Julia 0400 866 495

Parenting Anxious Children Mitcham

Help your child develop strategies to cope with anxiety and anger

Wednesday (5 x morning sessions)

15th May to 12th June 10 am -12pm

Phone Sharon 0438 683 049

Tuning into Kids Lilydale

A program to help children manage their emotions and deal with conflict

Tuesdays (6 x evening sessions)

16th May to 20th June 9:30 am -12 pm

Phone: Julia 0400 866 495

Strengthening Parent Support Lilydale, Ringwood & Vermont Sth

Support groups for parents and carers of children aged 0-18 with a disability or developmental delay

**Phone Michelle for meeting times
9735 6146**

Managing Challenging Behaviors Croydon, Ringwood Nth & Heathmont

Single sessions to better understand and manage children's behaviour

Croydon - Tues 14th May 7-9 pm

Heathmont East - Thu 23rd May 7-9 pm

Ringwood North - Mon 3rd June 7-9 pm

Phone: Sharon 0438 683 049