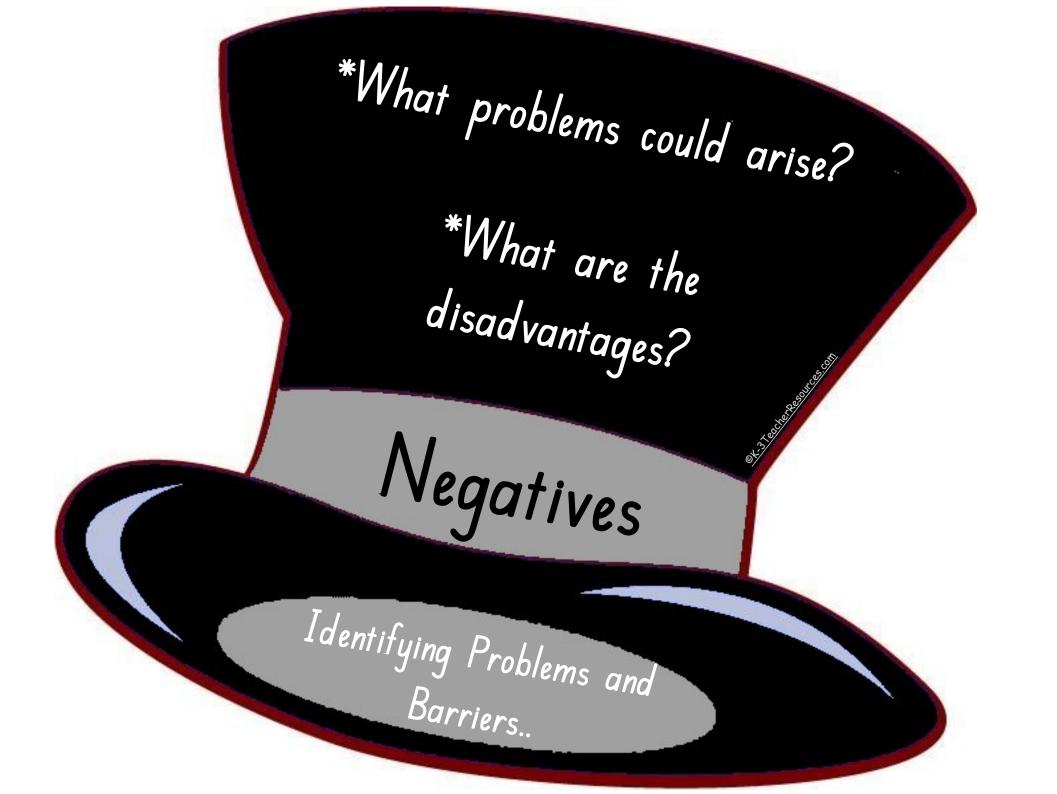
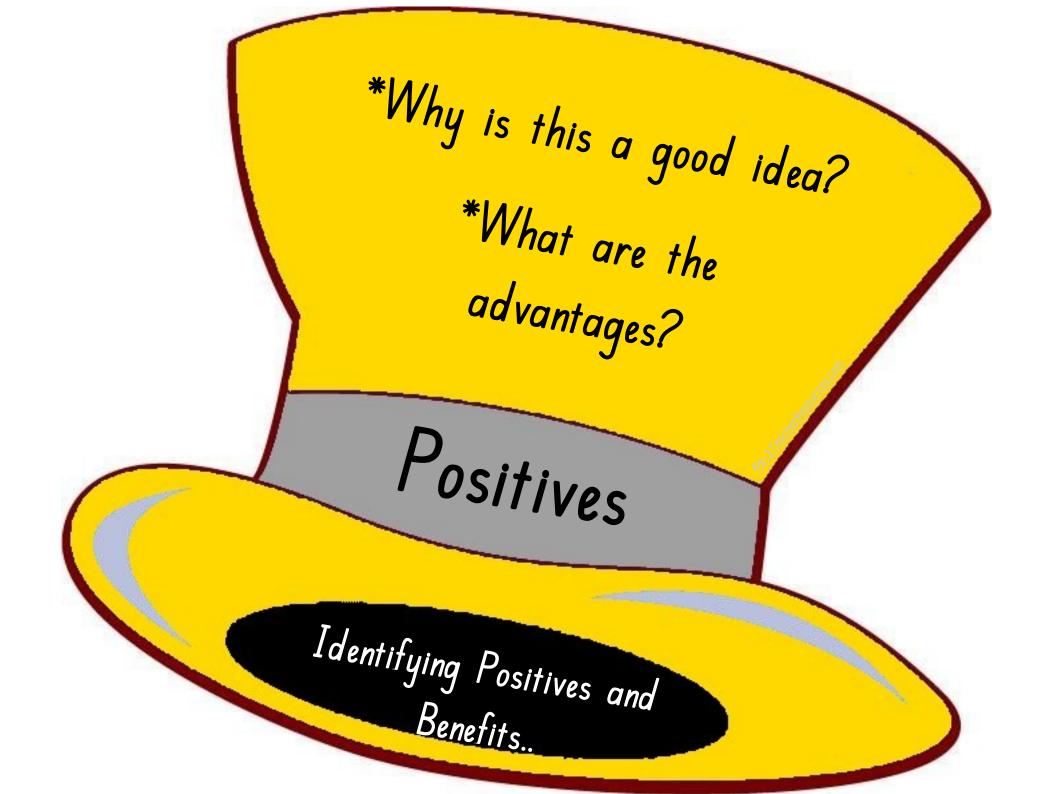
\*What thinking is needed? \*Where are we now? \*What do we need to do next? The Big Picture Planning -Goals and Objectives

\*How do I feel? \*What do I like about these feelings? \*What do I not like about these feelings? Feelings Identifying and Expressing Feelings and Emotions..

\*What new ideas are possible? \*What is my suggestion? \*How can this be changed or improved? Creativity Generating alternative ideas or solutions..





\*What are the facts? \*What information do I have? \*What information do I need to find out? The Facts Seeking Information ..