















## Where to get support:

 <p><b>1800RESPECT</b> NATIONAL SEXUAL ASSAULT, DOMESTIC FAMILY VIOLENCE COUNSELLING SERVICE</p>	<p>National 24/7 Family violence and sexual assault telephone counselling service</p>	<p>1800 737 732 <a href="https://www.1800respect.org.au/">https://www.1800respect.org.au/</a></p>
 <p>safe steps   Family Violence Response Centre</p>	<p>Family Violence response service for women and children that provides information on supports, legal rights and accommodation options</p>	<p>1800 015 188 <a href="https://www.safesteps.org.au/">https://www.safesteps.org.au/</a></p>
 <p>headspace National Youth Mental Health Foundation</p>	<p>Acts as a one stop shop for young people who need help with mental health, physical health (including sexual health), alcohol and other drugs or work and study support.</p>	<p>9006 6500 <a href="https://headspace.org.au/">https://headspace.org.au/</a></p>
 <p>edvos</p>	<p>Specialist Family Violence Service in Eastern Metropolitan Regional providing case management, secondary consult and training.</p>	<p>9259 4200 <a href="https://www.edvos.org.au/">https://www.edvos.org.au/</a></p>
 <p>BOORNDAWAN WILLAM ABORIGINAL HEALING SERVICE</p>	<p>Service that assists Aboriginal and Torres Strait Islander people in the Eastern Metro Region in their healing from the impacts of family violence</p>	<p>9212 0220 <a href="https://www.bwahs.com.au/">https://www.bwahs.com.au/</a></p>
 <p>inTouch Multicultural Centre Against Family Violence</p>	<p>Specialist Family Violence Service that works with women from migrant and refugee backgrounds, their families and communities, providing case management and training.</p>	<p>1800 755 988 9413 6500 (General Enquiries) <a href="https://intouch.org.au/">https://intouch.org.au/</a></p>
 <p>LifeWorks</p>	<p>Employee Assistance Program provider for DET Employees</p>	<p>1300 361 008</p>
 <p>ACCESS</p>	<p>Employee Assistance Program provider for Catholic Education Employees</p>	<p>1800 818 728</p>
 <p>Lifeline 13 11 14</p>	<p>Provides all Australians experiencing a personal crisis with access to online, phone and face to face crisis support and suicide prevention services</p>	<p>13 11 14 <a href="https://www.lifeline.org.au/">https://www.lifeline.org.au/</a></p>

	<p>Provides information and support to help everyone achieve their best possible mental health</p>	<p>1300 224 636  <a href="https://www.beyondblue.org.au/">https://www.beyondblue.org.au/</a></p>
	<p>Free, private and confidential 24/7 phone and online counselling service for young people aged 5-25</p>	<p>1800 551 800  <a href="https://kidshelpline.com.au/">https://kidshelpline.com.au/</a></p>
	<p>Phone service for parents and carers of children from birth to 18 providing counselling and support on parenting issues</p>	<p>13 22 89</p>
	<p>Provides anonymous and free LGBTI peer support and referral for people wanting to talk about sexuality, identity, gender, bodies, feelings and relationships</p>	<p>1800 184 527  <a href="https://qlife.org.au/">https://qlife.org.au/</a></p>
	<p>w/respect is a family violence and intimate partner violence service supporting LGBTIQ+ communities and their families. They can respond to both the person impacted by violence and the person using violence.</p>	<p>1800 LGBTIQ (1800 542 847)  <a href="https://www.withrespect.org.au/">https://www.withrespect.org.au/</a></p>