Careers Corner Weekly

Events 17th April to 30th April



Monday 17 April 2023

ACAP Online information Session - Law

In partnership with the Law Institute of Victoria (LIV), ACAP's Graduate Diploma of Legal Practice (GDLP) offers Victorian law graduates immersive, industry-led learning and life-long connection to the profession through complimentary LIV Graduate membership.

Gain industry skills and practical legal knowledge to ensure a successful launch of your law career.

Time: 6:00 PM - 7:00 PM

Location: Online

Details and Registration:

https://www.acap.edu.au/events/online-info-session-law/

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Tuesday 18 April 2023

Defence Careers Australia - Perth: Army Reserve Information Session

Experience flexible commitment in an Army Reserve role with new challenges, experiences, friendships and tax-free pay!

Whether you're looking for additional training and experiences to complement your current trade or profession or are looking to give back to your Country in a meaningful way, the Army Reserve has plenty to offer.

Time: 06:30 PM - 07:30 PM

Location: Defence Force Recruiting Perth

Details and Registration:

https://army.defencejobs.gov.au/army-reserve/events/events-detail/5vvcfqn

Wednesday 19 April 2023

University of Melbourne - Doctor of Medicine Information Session 2024 Intake

The 21st century requires medical graduates who can thrive in complex environments and be the leaders of change. That's why we redesigned the Doctor of Medicine (MD) program and launched it in 2022.

Hear from key academics at the Melbourne Medical School and learn more about the new curriculum. This will also be an opportunity for you to ask questions and meet our current students and find out more about their MD experiences.

Time: 6:00 PM - 7:00 PM

Location: Online

Details and Registration:

https://study.unimelb.edu.au/student-

life/events/doctor-of-medicine-information-session-

2024-intake

Thursday 20 April 2023

University of Melbourne - Doctor of Medicine Rural Pathway Information Session: 2024 Intake

As part of the University of Melbourne's commitment to rural health, the Melbourne Medical School has launched a Rural Pathway option within the Doctor of Medicine (MD). Students in the MD Rural Pathway will complete their medical training entirely in rural Victoria.

Hear from key academics at the Melbourne Medical School and learn more about the MD Rural Pathway. This will also be an opportunity for you to ask questions, meet our current students and find out more about their MD Rural Pathway experiences.

Time: 6:00 PM - 7:00 PM

Location: Online

Details and Registration:

https://study.unimelb.edu.au/studentlife/events/doctor-of-medicine-rural-pathway-

information-session-2024-intake





Wednesday 26 April 2023

Edith Cowan University - Year 11 and 12's Engineering Showcase

We are pleased to invite you to attend one of the three School of Engineering courses and careers information session so you can discover why engineering is such a great profession and how ECU can provide you with an excellent start to a highly rewarding career.

Time: 4:30 PM - 6:30 PM Location: Joondalup Campus Details and Registration:

https://www.trybooking.com/events/landing?

eid=1027836&



Thursday 27 April 2023

Defence Careers Australia - Health Careers Virtual Information Session

Protect the health and wellbeing of Australian Defence Force personnel both on base and on deployments, in a rewarding Health role.

Join us for a virtual info session and speak with current serving members about the job variety and satisfaction you can experience while contributing to humanitarian, combat and disaster-relief operations.

Time: 06:00 PM - 07:30 PM

Location: Online

Details and Registration:

https://army.defencejobs.gov.au/events/events-

detail/93oywtf

Thursday 27 April 2023

University of Melbourne - Doctor of Dental Surgery Information Session: 2024 Intake

The Doctor of Dental Surgery (DDS) at the University of Melbourne is the first Australian professional entry, masters level dental degree.

Hear from A/Prof Rebecca Wong, Deputy Head of Melbourne Dental School & DDS Course Director, and learn more about what makes Melbourne's DDS unique, what you can expect during the degree, as well as graduate outcomes. This will also be an opportunity for you to ask questions and meet and hear from a current final year DDS student.

Time: 6:00 PM - 7:00 PM

Location: Online

Details and Registration:

https://study.unimelb.edu.au/student-

life/events/doctor-of-dental-surgery-information-

session-2024-intake

Friday 29 April 2023

Murdoch University - Open Day

Explore your future at Murdoch University Open Day!

Open Day is the perfect opportunity to explore your future and hear more about what we offer our students. You can tour the campus, chat with academics and graduates, meet our student ambassadors and find the course you're passionate about.

Once registered, you'll be in with a chance to win one of three \$1,000 JB Hi-Fi vouchers!

Time: 10:00 AM - 4:00 PM

Location: Murdoch University, 90 South Street, Murdoch

WA 6150

Details and Registration:

https://www.murdoch.edu.au/events/all-events/open-

day



Australian College of Applied Professions						
Date	Event	Description	Time/Location/Registration			
Monday 17 April 2023	Online Information Session - Law	In partnership with the Law Institute of Victoria (LIV), ACAP's Graduate Diploma of Legal Practice (GDLP) offers Victorian law graduates immersive, industry-led learning and life-long connection to the profession through complimentary LIV Graduate membership.	Time: 6:00 PM - 7:00 PM Location: Online Details and Registration: https://www.acap.edu.au/events/online -info-session-law/			
Tuesday 18 April 2023	Online Information Session - Coaching	Can you imagine yourself as a private coach, consultant or professional facilitator? These are just a few career options you have with a qualification in Coaching.	Time: 7:00 PM - 8:00 PM Location: Online Details and Registration: https://www.acap.edu.au/events/onlin e-info-session-coaching/			
Tuesday 18 April 2023	Online Information Session - Criminology	Can you imagine yourself working in investigations, intelligence, or even corporate crime? These are just a few career options you have with a qualification in Criminology.	Time: 7:00 PM Location: Online Details and Registration: https://www.acap.edu.au/events/onlin e-info-session-criminology/			
Wednesday 19 April 2023	Online Information Session - Psychology	Can you imagine yourself in a fascinating research role, contributing to mental health services or as a specialist in private practice? These are just a few career options you have with a qualification in Psychology.	Time: 7:00 PM - 8:00 PM Location: Online Details and Registration: https://www.acap.edu.au/events/onlin e-info-session-psychology/			
Wednesday 19 & Thursday 20 April 2023	Online Information Session - Social Work	Can you imagine yourself making a difference in a not-for-profit organisation, or working in the criminal justice system, or the government? These are just a few career options you have with a qualification in Social Work.	Time: 12:30 PM Wednesday & 7:00 PM Thursday Location: Online Details and Registration: https://www.acap.edu.au/events/onlin e-info-session-social-work/			
Wednesday 19 & Thursday 20 April 2023	Online Information Session - Counselling	Can you imagine yourself in child protection or helping people through grief or addictive behaviour? These are just a few career options you have with a qualification in Counselling.	Time: 6:00 PM Wednesday & 12:30 PM Thursday Location: Online Details and Registration: https://www.acap.edu.au/events/onlin e-info-session-counselling/			
Thursday 20 April 2023	Online information Session - MBA	Imagine landing that promotion you have always wanted and becoming an inspiring and capable leader. There are so many opportunities with a Master of Business Administration (MBA) qualification. In this real-time online information session Dr Be Pannell will share insights into studying an MBA at ACAP so you can gain an in-depth picture of this immersive, and globally relevant MBA course.	Time: 6:00 PM - 7:00 PM Location: Online Details and Registration: https://www.acap.edu.au/events/online -info-session-mba/			





Australian Catholic University							
Date	Event	Description	Time/Location/Registration				
Monday 17 & 24 April 2023	Uni Step Up Applications Open	Uni Step-Up Online offers students from regional, rural and remote locations the chance to get a head start on university by studying two first year units while still in senior secondary school. Uni Step-Up Online is a 2 unit program that is delivered fully online, one night per week during term times.	Time: See link below Location: See link below Details and Registration: https://www.acu.edu.au/about- acu/events/2023/january/uni-step-up- applications-are-now-open? redirect=%26FilterBy%3dUpcoming% 26Year%3d2023%26PageNumber%3d 1				
Tuesday 18 April 2023	Talk with Teachers and Educators	Working in education gives you the opportunity to shape minds, inspire ambition and impact the future. Join us online to hear from ACU teaching alumni who are working in education. Take part in a Q&A session with our graduates to learn about their experiences going from the lecture halls to the workforce, and how they make a difference to young people's lives.	Time: 6:00 PM - 6:45 PM Location: Online Details and Registration: https://www.acu.edu.au/about- acu/events/2023/april/talk-with- teachers-and-educators? redirect=%26FilterBy%3dUpcoming%2 6Year%3d2023%26PageNumber%3d1				
Wednesday 19 April 2023	Talk with Lawyers and Criminologists	Our law degrees open the door to a career helping others live in a safe, just and free society. And by studying criminology and criminal justice, you'll explore the causes of antisocial behaviour and work out the best ways to prevent crime. Join us online to hear from ACU alumni about their experiences working in legal practice and the criminal justice sector, and how they have made an impact. Take part in a Q&A session with our graduates to find out where a law or criminology and criminal justice degree can take you.	Time: 6:00 PM - 6:45 PM Location: Online Details and Registration: https://www.acu.edu.au/about- acu/events/2023/april/talk-with- lawyers-and-criminologists? redirect=%26FilterBy%3dUpcoming%2 6Year%3d2023%26PageNumber%3d1				
Thursday 27 April 2023	Talk with Business and IT Professionals	As the world constantly changes and evolves, a career in business or IT offers an exciting future. Join us online to hear from ACU alumni about their professional experiences after completing a business or IT degree. Take part in a Q&A session with our graduates to find out what your future could hold with one of these degrees.	Time: 6:00 PM - 6:45 PM Location: Online Details and Registration: https://www.acu.edu.au/about- acu/events/2023/april/talk-with- business-and-it-professionals? redirect=%26FilterBy%3dUpcoming% 26Year%3d2023%26PageNumber%3d 1				





What is a gap year?

A gap year is a period of time that marks the transition from one major life stage to the next, such as the year after finishing school, but before knuckling down on your next commitment.

How long are they?

Just because they're called a 'gap year' doesn't mean they have to last that long, or that they can't last longer. You might want to work and save for six months before starting a course at mid-year intake, or, you might find your fit in another country and decide to stay forever!

What are the benefits?

The most exciting thing about a gap year is that you don't know all the wonderful surprises in store for you. That's not to say it's always going to be fun and easy - many experiences you face during your gap year will challenge you, but that's half the reason for taking them. A change of scene, fun, and friends are key benefits of taking a gap year, but most of all, they produce personal growth that can't be matched any other way.

What happens after?

Some students worry that taking a gap year will put them behind their peers or stop them from going onto further study. However, recent <u>Australian research</u> found that's not true. The results showed that students who took a gap year were just as likely to complete their degree compared to students who went straight to university.



Who should I talk to?

If you want to go onto further study but would like to take a gap year, it's important to discuss it with your Careers Advisor before university applications are due. Even if you're not sure what you want to study, you should still apply and defer your offer. Deferring means the university will hold a place in the course for you until the following year. However, universities have different rules about which courses can and can't be deferred, and for how long (usually 6, 12, or 24 months), which it's why it's important to talk to your Careers Advisor first and work out the best plan together.





One: Discover yourself

Gap years are a great time to reconnect to who you are and what you want in life. Through your experiences you will develop confidence, perspective, and openmindedness. By stepping out of your comfort zone, you'll gain a deeper understanding of yourself and your values, discover new areas of interest, and maybe even completely reinvent yourself!

Two: Avoid Burnout

If you've given it your all in Year 12, going straight into further study could lead to academic burnout. Taking a gap year can help you maintain or rediscover your enjoyment of learning as it's a chance to do something different and reset, so that you return to your studies refreshed and energised.

Three: Appreciate Education

Life experiences gained during a gap year such as travel and work can lead you to a deeper appreciation for education, meaning you start the new academic year with a more mature and focussed mindset. You could even spend your time delving deeper into your interests and hobbies to enrich your future academic pursuits.

Four: Gain Clarity

During your gap year, you will gain clarity on your interests and goals. It's hard to know exactly what you want to do next when you've been at school all your life, so taking time to explore your options and gain real-world experiences can help you make more informed choices about the direction you want to take.





There are so many ways to spend a gap year! Popular options include travelling, volunteering, doing a short course, or working, but most people combine these activities to create their own gap year adventure. The most important thing is to plan your time in advance so you don't accidentally waste three months just trying to get organised.

Volunteer

A volunteering gap year is a rewarding experience that fosters empathy and social responsibility. Not only will you be helping others by contributing to a worthwhile cause, you'll also be helping yourself to grow and learn. It's best to organise your experience through a reputable organisation to ensure the interests of the people you're helping and your own best interests are taken care of.

Travel

Travelling is an incredible way to learn about different cultures, and explore the world. You'll step outside your comfort zone, challenge yourself, and make amazing memories. You could go backpacking, go on a working holiday, or volunteer. You can organise any of these options yourself or sign up for an organised gap year travel program. Either option requires careful research and planning for your budget and safety.

Work

Working for your gap year will give you valuable experience, new skills, and an opportunity to earn and save money. You'll be able to fund your next move, become independent from your parents, or just have a change of pace from studying. Working as your gap year can also give you more insight into an industry or career you think you'd like to pursue. You could do a traineeship and earn a qualification as well as a wage. If you want to work overseas you will need to organise a visa.

Study

Not ready to commit to a three-year uni course? Or, do you have a passion you'd like to devote yourself to? If so, a non-accredited short course, or a 6-12 month TAFE course are excellent ways to learn during your gap year. You'll be able to combine your course with part-time work, you'll have new knowledge and skills, and a clearer idea of what you want to do next.



Planning your gap year well means you'll make the most of your resources and avoid wasting time and money, or missing opportunities.

Set your intentions

You need a clear idea of your purpose and goals for your gap year. Reflect on, and note some answers to these questions, then revisit them before booking or paying deposits in case your priorities have changed.

- What do I want from my experience?
- How do I want the year to pan out?
- What will success look and feel like?
- How much money will I need and how will I support myself?
- Who has done something similar that I can learn from?
- What will I do if it doesn't go to plan?

Check out the <u>Year13 Definitive Gap Year</u> <u>Guide</u> for all the inspo you need to start planning the gap year of a lifetime!

Research programs

Gap year programs take a lot of the guess work out of planning your experience. Make sure you choose an accredited program that offers good support services and gives you the chance to connect with others who have done the program before you decide.

A great place to start is your school's careers website, under post-school options - Gap Year/Volunteering for a list. Or, visit the <u>Year13</u> <u>Gap Years and Travel</u> page for listings by experiences or by providers.



Save and budget

Plan your finances carefully and consider all possible expenses such as vaccinations if you're travelling, transport, accommodation, food, activities, insurance, and an emergency fund. Create a realistic budget you can stick to so you don't run out of money.

Prepare the practicalities

If you're travelling overseas, there will be a lot of documentation to organise - your passport, visas, proof of vaccinations, and an itinerary just to start. You'll also need to sort out your bank account, local currency, and a sim card. These things take time, so start months in advance.

Reflect and document

Decide how you'll document your journey so you can remember and share your experiences.





The ADF Gap Year program gives you the chance to experience an exciting and rewarding 12-month role in the Navy, Army, or Air Force. It's a unique opportunity to get a feel for a career in the ADF without committing for longer.

Benefits

- Pays a good salary plus generous superannuation.
- Teaches practical and leadership skills.
 Provides a healthy and varied lifestyle.
- Offers opportunities to travel in Australia.
- Encourages fitness and participation in sports.
- Fosters teamwork and lifelong friendships.

Other financial benefits include free medical and dental care, subsidised food and accommodation, and free access to sport and fitness facilities.

Roles

The jobs vary, but tend to be in:

- Combat roles
- Administration
- Airbase protection
- Logistics and transport
- General maritime duties

Applications

- You must be an Australian citizen.
- You can apply at 17, but must be 18 to begin.
- You must have completed Year 12 (required passes vary by job).

Visit the <u>ADF Gap Year website</u> to view jobs, read FAQs, and register your interest to spend an exciting 12 months in the Navy, Army or Air Force, where you'll get paid for meaningful work while travelling Australia, gaining skills, and making lifelong friends.



All competitions and challenges below are FREE to enter and open to students nationwide.



Competition	Open To	Closing Date
Sleek Geeks Science Eureka Prize For students with a knack for communicating, and budding filmmakers with an interest in science.	Primary & secondary	14 April 2023
Harmony Day Song Writing Competition An original 2 minute song on the theme of 'Living in Harmony'. Write your own or use a provided tune.	Primary & secondary	16 April 2023
Harmony Day Poster Competition An A3 drawing, painting or mixed media work on the theme of 'Living in Harmony'.	Primary & secondary	16 April 2023
Owlypia An international, multiple-choice online knowledge competition in your favourite subject areas.	Ages 9 - 18	Event: 22 April

