



DADS DO MATTER (DDM) - ONLINE ZOOM

PARENTS BUILDING SOLUTIONS

**Open to all Dads, Step-Dads, Single Dads and Grand-Dads,
come along to share experiences, learn new strategies & solutions.**

- Safe space to voice your frustrations and feelings without judgment
- Connect with other Dads
- Improving your Confidence & Communication as a Dad
- Coping with stress and anger.
- Handling conflicts with respect
- Parenting Beyond Separation.

DATES: Mondays-18, 25 September,
2, 9, 16 & 23 October 2023

TIME: 6.00pm to 8.00pm

COST: FREE

Certificate of attendance awarded

Contact: Jasbir Singh Suropada
Call or Text **0438 004 285**

Email: jasbir.suopada@anglicarevic.org.au



**Click link below or Scan
QR Code to Register:**

<https://forms.office.com/r/5UZvUS0KzA>

PARENTZONE