

Free parenting seminar

# Toddlers and big feelings



Are you the parent of a  
1 – 3 year old?

Want to understand their feelings and behaviour?

Come and hear how to help your toddler  
thrive by:

- building a strong connection
- seeing things through their eyes
- helping them manage strong feelings
- guiding their behaviour.

**Wednesday 15 November**

**When:** 7.00 - 9.00pm

**Where:** City Rooms (Morphett St end)  
Adelaide Convention Centre  
North Terrace, Adelaide

**Register to attend in person or view the live webcast at:**

Online: <http://parentingsa.eventbrite.com.au>

Phone: 8303 1660

Email: [health.parentingsa@sa.gov.au](mailto:health.parentingsa@sa.gov.au)

Hosted by Parenting SA. For more  
information about raising toddlers  
visit [www.parenting.sa.gov.au](http://www.parenting.sa.gov.au)  
or [www.cyh.com](http://www.cyh.com)

*For the benefit of all participants we request no babies and young children.*

Helping parents be their best



**Government of  
South Australia**