WELCOMETO

ST BRENDAN'S CATHOLIC PARISH



St Brendan's Parish is a Child Safe community. We promote the safety. wellbeing and inclusion of all and a zero tolerance to child abuse.

First Sunday of Lent, Year B

18 February 2024

First Reading Gn 9:8-15

I will recall the covenant between myself and you...the waters shall never again become a flood to destroy all flesh

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

Responsorial Psalm

Ps 24:4-9. R. see v.10

(R.) Your ways, O Lord, are love and truth to those who keep your covenant.

- 1. Lord, make me know your ways. Lord, teach me your paths. Make me walk in your truth, and teach me: for you are God my saviour. (R.)
- 2. Remember your mercy, Lord, and the love you have shown from of old. In your love remember me. because of your goodness, O Lord. (R.)
- 3. The Lord is good and upright. He shows the path to those who stray, he guides the humble in the right

path:

he teaches his way to the poor. (R.)

Second Reading 1 Pt 3:18-22

The water of the flood is a type of the baptism which saves

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

Gospel Acclamation Mt 4:4

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone,

but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

Gospel Mk 1:12-15

He was tempted by Satan, and the angels looked after him.

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galllee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

The pealm responses are from the English Translation of the Lectionary the Mass 91981 international Committee on English in the Liturgy Inc.(1) all rights reserved. The pealm (rest, from The Falam, A New Translat Q1983 by The Grail, England and used by permission of the publish exciptural quotations are taken from the Jaussalons Bible, publis and capyright 1960, 1907 and 1968 by Datton Longman and Todd Ltd Daubleday & Co Inc., and used by permission of the publishers. Decorated by Section 2016 of the publishers.

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This Sunday the RCIA group will travel as a group to the Cathedral in Bendigo for the Rite of Election.

The Rite of Election is the next step for our candidates and catechumens.

Their names are written in the Parish book of the Elect and they are invited to sign their names along with their sponsors in the presence of the Bishop and other Parish members.

Please keep Bianca, Jenny, Georgia, Brock and Jessica in your prayers as they come closer to making a final decision on joining the Catholic Community here at St Brendan's.

Our next Men's Group

gathering will be a little different as the MPJC is unavailable. We will meet for breakfast:

7.30am, Saturday, February 24, at the 'Food Store' 53 Fryers Street, Shepparton.

If you would like to join us please phone the office on Tuesdays or Thursdays 5821 2633, or email Anthony on shepparton.pastoral @sandhurst.catholic.org.au

*Please note new email.



ST BRENDAN'S PARISH NEWS



121 Knight Street, Shepparton

Phone: 5821 2633 | Email: shepparton@sandhurst.catholic.org.au

Website: sheppartoncatholic.org.au Facebook: sheppartoncatholic

Parish Priest: Fr Joe Taylor

Priest in Residence: Fr Joseph Kunnackattu Associate Priest: Fr Jackson Saunders

Deacon: Francois Baguma
Office Manager: Diane Teitzel

Child Safe Officer: Jason Giuliani Ph: 5821 2633

Office Hours: Mon to Fri 9am - 2pm



Christ in community ... the heart of our faith

Recently Deceased: Bill Van Dillen (brother of Ellie

Jarvis), Lucy Scott, Lynette Gawne

Anniversary: Arnold Schroeders, Tom Naughton,

Ernest Cook, Bill Keyte, Angela Rizzeri

Readers & Commentators February 24 & 25, 2024

6pm

D. Sullivan

A. Kilmartin

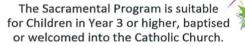
8am 11am S. White

P. White

J-M. Mupenda

I. Garla

St Brendan's Sacramental Program



Please contact the Sacramental Coordinator for a copy of the enrolment pack by emailing: shepparton.sacramental@sandhurst.catholic.org.au

Children in Grade 3 at St Brendan's and St Luke's will receive an enrolment pack at school in the coming weeks.

Please note: our Sacramental Coordinator;

Jess works on Wednesdays only.

ST BRENDAN'S CATHOLIC PARISH

SECONDARY SCHOOL SACRAMENTAL PROGRAM

THIS PARISH BASED
PROGRAM WILL PREPARE
SECONDARY SCHOOL
STUDENTS WHO WISH
TO CELEBRATE THEIR
FIRST RECONCILIATION,
FIRST HOLY
COMMUNION AND
CONFIRMATION.

Enrolments Close 17th March Program Begins Term 2

For more information or to enrol please contact the Parish Office Shepparton.sacramental@sandhurst.catholic.org.au



ACKNOWLEDGEMENT OF COUNTRY

We turn our hearts and minds to the people of the Yorta Yorta nation, who have occupied this country for thousands of years. We pay respects to their Elders, past, present and emerging, and commit to walking alongside Aboriginal Australians in truth and justice.

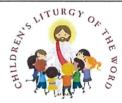
St Brendan's Friendship Group

will be meeting for lunch again:
12.30pm, Sunday February 18
at the Goulburn Valley Hotel,
223 High Street, Shepparton.
Everyone is welcome, especially
if new to the Parish.

Enquiries to Pat 0423 343 711, please leave a message.

Meditation will be held from

7.15am—7.45am
each Thursday
during Lent in
the Mons Peter
Jeffrey Centre.
All welcome.



We are again asking for volunteers to sign up for one Sunday per term, or two if you wish!

You can email the dates that you are available.

Children's Liturgy is a 20-minute session for primary aged children held during the Sunday 11am St Brendan's Mass. Children are called up after the opening prayer and 2 volunteers facilitate the liturgy with the children in the Mons Peter Jeffrey Centre behind the Church.

We provide all resources.

The sessions are very informal and are often guided by discussion prompted from the kids. If you are new to Children's Liturgy, we can partner you alongside a more experienced volunteer so you can observe a session.

Please don't hesitate to speak with Jason Giuliani or email shepparton@sandhurst.catholic.org.au if you have any further questions or if you know of anyone who may be interested. Jason is usually at the 11am Mass with the musicians and can be on hand to help.

During the season of Lent there will be NO recessional hymn – people will be asked to leave the Church in total silence.

Weekend Mass Times

Saturday Vigil 6pm

Sunday 8am & 11am PRAYING (CHILDREN SUNDAY LITURGY

Weekday Mass Times

Tuesday to Friday 9.15am

Reconciliation Saturday 9.45am to 10.30am (in the Church)

Syro Malabar Rite: Wednesday 6.00pm, Saturday 8.30am, Sunday 5.30pm

Rosary — The Rosary is prayed in the Marian Chapel after weekday Masses and after the 8am Mass on Sunday.

Holy Hour with Adoration of the Blessed Sacrament: Thursdays 7pm to 8pm and Fridays 5pm to 6pm

POSITION AVAILABLE

CLEANER-HOUSEKEEPER

St Brendan's Parish House, 121 Knight Street, Shepparton: Casual (8hrs/week)

Position Description can be obtained at the Parish Office on 5821 2633 or by emailing shepparton@sandhurst.catholic.org.au

Applications close: March 4, 2024. Possible further 4hrs/week available at St Mel's Parish House.

Charismatic Prayer Group

We are starting up again for 2024. **Next Date & Time:** Wednesday, February 28 at 1.30 pm In the MacKillop Room.

All are welcome come and join us. Enquiries to: Lorelei Goodall 5798 5331.



CALLING ALL ACTORS AND ACTRESSES!

If anyone is interested in being part of the Good Friday 'Stations of the Cross' re-enactment (March 29) please contact Dale Wright on 0408 216 522.

GARABANDAL PRAYER GROUP:

Monday, February 19, from 1.30pm in the Mary MacKillop

room of the Parish Centre. Enter through the office. Newcomers are very welcome.





St Brendan's Catholic Church, 6pm, Thursdays: February 29, March 7, 14 & 21.

Parish Footy Tipping Comp 2024

Calling all tipsters! The new AFL season commences on March 7. We are inviting all parishioners and friends of the parish to join our tipping comp.

Enjoy bragging rights amongst your family, friends or colleagues! See if you can beat our veteran parish skipper, Fr. Joe or maybe you would like to test your skills against our young gun, Fr. Jackson (a.k.a. The Pontiff).

This year, the finance committee have increased the 1st prize to \$300. Cost of entry is \$35, payable to the parish office by March 1.

To register, go to https://tipping.afl.com.au and complete the sign in formalities. Our competition name is "Shepparton Parish" or use the invite code TJA2MAL6.

Contact Ashley on 0412 475 290 if you need any help with the online registration process.

PRESBYTERY RENOVATIONS PROGRESS PHOTOS

Fr Joe would like to express his sincere gratitude to those who have generously deposited a one-off donation into the Parish general bank account towards our Presbytery Renovations.

So far we have received \$11,250 in donations.

This photo is of the laundry, which as you can see needs a bit of work.

They have re-located the hot water system which was originally in this part of the house, to outside.

They have been sanding floors, working on the kitchen, ceiling and an ensuite and painting bedrooms this week. Work is going to schedule and so far, no major surprises! If you to would like to donate to these works, the St Brendan's Parish general bank account details are: **BSB**: 083 543, **Acc**: 48359 3006, **Ref**: Renos (surname).

Who is the Holy Spirit?
Alpha is coming again, are you ready?
www.alpha.org.au/try
Enquiries to Marie
Fontana 0435 899 830





Lent began Wednesday, February 14. Ash Wednesday and Good Friday are days of fast and abstinence.

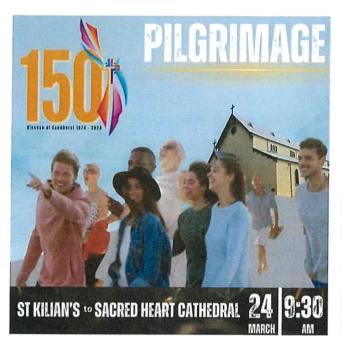
The law of fasting binds those who have completed their eighteenth year, until the

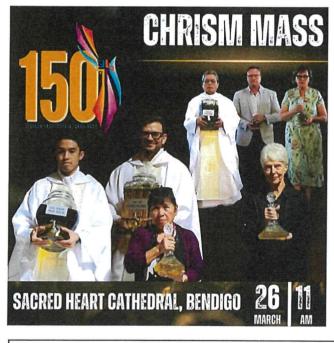
beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year.

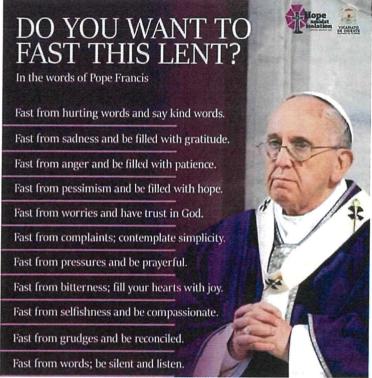
Lent is a penitential season of prayer, self-denial and helping others. In this way, the whole Church prepares for Easter with those who are to be baptised.

Other celebrations in Lent (e.g. Marriage) must take account of the spirit of penance: musical instruments are only used to sustain singing and floral decorations are very simple.

Catholics are obliged to receive holy communion at least once a year, in Australia and New Zealand between Ash Wednesday and Trinity Sunday.









Join us at St. Brendan's Church, 121 Knight St, Shepparton
2pm Exposition and Confessions (several priests),
3pm The Divine Mercy Chaplet in Song & Benediction.
3:30pm Holy Mass, followed by veneration of
the Divine Mercy Image.

Enquiries: Parish Office 5821 2633 or Tom 0431 706 296

This year, Project Compassion brings you the stories of three resilient women from three different corners of the world. They are facing vastly different challenges, but are all united by one dream: to create a better tomorrow for all future generations.

Meet Ronita from the Philippines. Ronita is a mother of two young boys living in a slum in Quezon City. She went back to school to finish her education so that she could earn income to support her children.

Meet **Leaia** from Samoa. Not having access to a reliable source of clean water was very difficult for Leaia and her family. But, with the support of Caritas Australia, a water tank was installed at their home, improving their health and living conditions.

Meet **Memory** from Malawi. Memory, the eldest daughter from a rural Malawian family, trained to become a carpenter and is now a trailblazer for future generations of women in her village.

Throughout Project Compassion, you will get to know the stories of Ronita, Leaia and Memory. Journey with them as they forge a path to a brighter future for all generations.

Please donate to Project Compassion.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting <u>caritas.org.au/project-compassion</u> or by calling 1800 024 413.

Photo: Richard Wainwright/Caritas Australia



For all your eye care needs, you can contact Ashley and Vanessa Madeira at The Eye Shop. P: 5821 0311 enquiries@eyeshopshepparton.com.au Locally owned business servicing Shepparton for 35 years.





Along the track

Listen

When one of my granddaughters came home on her first day at school, her mother unpacked her bag. "You haven't eaten your lunch!" The teacher said: "Eat your fruit at lunch." So she did. Nothing else, just the fruit.

There are two messages to consider, the trust shown to the teacher and the obedience. Obedience is a virtue, that's true but perhaps in this case that may be taking it a little too far. Obedience does not mean just following orders, or completely surrendering our freedom but rather opening ourselves up to greater possibilities. Obedience, from the Latin obedire, means "listen". St Benedict added a further dimension: "Listen carefully, my daughters and sons, to my instructions, and attend to them with the ear of your heart".

Just after the Spirit descends on Jesus after he was baptised by John, Jesus talks about this right at the start of his public life. A change of mind and heart or metanoia is one of the first words Jesus is recorded as saying. Mark writes: "This is the time of fulfillment. The reign of God is at hand! Repent (metanoia), and believe this Good News!" (Mark 1:15) Metanoia is a rich and beautiful concept.

Metanoia is made up of two Greek words: "meta" which means, "beyond" and "noos" which means "mind." Metanoia is an invitation to move beyond your current way of thinking and to embrace new ways of thinking and living. At this dawn of a new era with the coming of Jesus, that was a mighty challenge to his listeners. And it still is for us today. Many did not want to hear it. Some don't today either. Later on, Jesus asks his disciples to evaluate the quality of their listening. "Consider carefully how you listen" (Lk 8:18). Only those who receive the word with an "honest and good" heart and keep it faithfully bear the fruit of life and salvation (Lk 8:15).

Have you ever noticed that the English word "repent" is usually followed by some dire warning? Repent or else something terrible is going to happen to you! Repent is usually used to foster fear and control rather than a change of mind and heart. Jesus didn't use it that way.

Obedience is not just about following rules, it is about being open to allowing our hearts to be changed. And that's hard. Obeying rules is easier. Being open is about the courage to listen to the Spirit in the myriad

ways the Spirit speaks and calls to us. The original sin described in Genesis One (coincidentally also about fruit) is about disobedience, about the need to be in total control, about an obsession with our own omnipotence. Obedience, on the other hand, helps us to learn that it's all right for us not to know everything. Instead, listening with the ear of the heart enables us to appreciate that we can depend on the insights of others to carry us through life at the same time we are trying to carry them through life. We too have something to offer. By being willing to learn from the experience of others, we come to respect the value of those whose insights challenge, stretch, improve and extend our own. And vice versa.

So Jesus' second message, which quickly follows the first about metanoia is about trust: Do not be afraid, he says and he repeats that over and over again. It is not a new message. "Do not be afraid," appears 366 times in the Bible. As they say in Ireland, "366 times, that's once for every day of the year and once for no reason at all."

That is at the heart of synodality – being willing to trust in the Spirit and being willing to listen deeply to one another, without fear but with openness to others' ideas, others' ways of seeing and believing. It is also about listening with our hearts to the cry of our earth, our common home.

So we are called to metanoia, to move beyond fear, to think new thoughts and treasure the old. "This is the time of fulfillment. The reign of God is at hand!" That is within our grasp, through our actions, and our minds, and our dreams, beyond our fear. That is what Jesus repeated over and over again by word and in his actions, even to death.

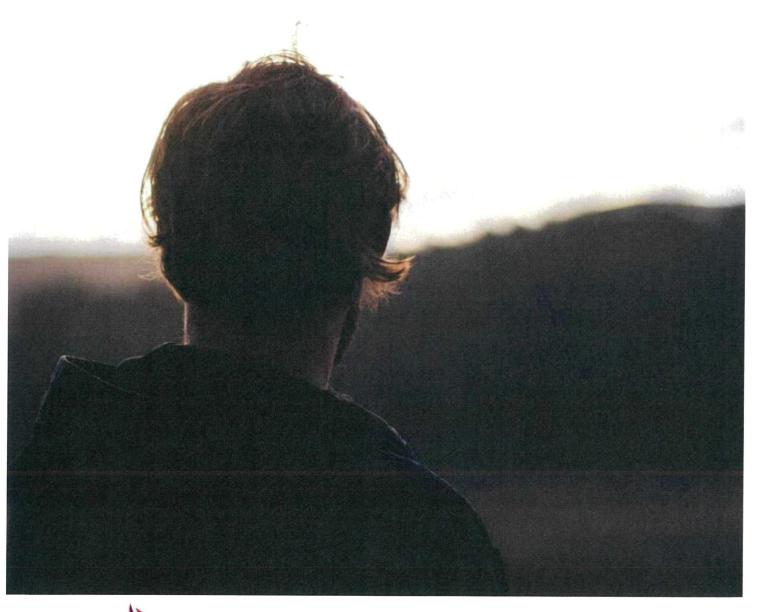
Let's give the last word to Jesus as told by Luke. "So pay attention to how you hear. To those who listen to my teaching, more understanding will be given. But for those who are not listening, even what they think they understand will be taken away from them." (Luke 8:18)

Where do you sit?

Regards Jim Quillinan

Email: jquillinan@dcsi.net.au

"Lord, teach us to pray ..."



From the Readings

"... the appeal that we make in Christ's name is: be reconciled to God ... For he says: At the favourable time, I have listened to you; on the day of salvation I came to your help. Well, now is the favourable time; this is the day of salvation. Ash Wednesday 2 Corinthians 6:2

Beloved: Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. 1 Peter 3:18

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him. After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. "The time has come," he said, "and the kingdom of God is close at hand. Repent, and believe the Good News." Mark 1:12–14

Teach us to Pray

I: BEGINNINGS

Ultimately, our restless aching is a yearning for God. We need to connect with God. We need prayer. We know this, both in our more reflective moments and in our more desperate moments. It is then that we feel our need for prayer and try to go to that deep place. But given our lack of trust and our lack of practice, we struggle to get there. We do not know how to pray or how to sustain ourselves in prayer. Rolheiser, R., Prayer: Our Deepest Longing, viii.

There is no bad way to pray and there is no one starting point for prayer. All the great spiritual masters offer only one non-negotiable rule: You have to show up for prayer and you have to show up regularly. Everything else is negotiable and respects your unique circumstances. Rolheiser, R., Prayer: Our Deepest Longing, viii.

"Prayer is the raising of one's mind and heart to God or the requesting of good things from God." St John Damascene, quoted in CCC 2590.

Experiencing the unconditional love of God is what prayer, in the end, is all about. Rolheiser, R., *Prayer: Our Deepest Longing, 19.*

... A very precious way to pray is just through silence. No thoughts or words, just wanting to be silent in the presence of God ... No need for thoughts – and

BREATH PRAYER: Sit in a comfortable position in a supporting chair, or lie flat on the floor. Close your eyes and also your body to relax. If you are aware of any tension in yourself, tense and then relax each part of your body until you find yourself in a state of relaxed awareness, and you are letting yourself be totally supported by the chair or the floor. Allow your mind to relax also and let yourself be at peace. ... Focus on the action of breathing in. Think of the air you breathe as God's gift to you; breathe in gift; breathe in life; breathe in God. ... Continue to breathe in life, to breathe in God, and to breathe out your weakness, each time filling the space thus made with life until you imagine yourself alive and filled with the gift of God. Dwyer, Margaret, "Breath Prayer", 47.

II: THE OUR FATHER - THE PRAYER THAT JESUS TAUGHT US

- We have to pray to the Father! It is a powerful word, "father". We have to pray to the one who has begotten us, the one who has given us life. He has given life to everyone ... He has given life to you. He has given life to me. He is the one who accompanies us on our journey. He knows our whole lives, the good and the not-so-good Pope Francis, Our Father, 11.
- ... he is our Father! I am not an only child; none of us is ...

 Pope Francis, Our Father, 12.
- We go home ... we know a father is waiting there for us ... Yes, he is always there waiting for us. And "in heaven" he is powerful and great and majestic this is what the expression "who art in heaven" means but he is close and walks with us. Pope Francis, Our Father, 32.
- "Hallowed be thy name" means it should be hallowed, it should be revered and honoured, in us, in me. ... God's name is mercy ... Pope Francis, Our Father, 39.

FOR THINKING AND TALKING

- What words or phrases stand out for you in the readings and insights on prayer?
- What insights might you take with you on your own journey in prayer?

Let Us Pray

Our Father,
who art in beaven,
hallowed be thy name.
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil. Amen.

Prepared for Lent 2024 (Year B) for the Sandhurst Diocese, PO Box 201 Bendigo, Vic. 3552
Email: adultfaith@sandhurst.catholic.org.au. Acknowledgements: Pope Francis, Our Father: Reflections on the Lord's Prayer, London, Sydney, Auckland, Johannesburg:Rider, 2018, Kindle Ed.; Catholic Church, Catechism of the Catholic Church (2nd ed.), Citta Del Vaticana:Libreria Editrice Vaticana, 1993. Internet: www.vatican.va/archive/ENG0015/_INDEX.HTM; Rolheiser, Ronald, Prayer: Our Deepest Longing, Cincinnati, Ohio: Franciscan Media, 2013; Brundell, M. O.Carm. et al. (Eds.) Search and You Will Find, Brisbane: Catholic Adult Education Brisbane, 1998; Dwyer, Margaret, Praying Personally, Strathfield, NSW: St Paul's, 1998.





1st Sunday of Lent 18 February 2024 - Year B

"This is my Son, the beloved; listen to him."

Something to Think About

The readings we hear during Lent help us to think about what it means to be a disciple of Jesus. To have a mission is to have a special job. What do you think your special job from God could be?

The Story

In today's gospel, God's spirit tells Jesus to go in to the desert. In the desert, Satan tests Jesus and tries to trick him. Jesus does not fall for Satan's tricks and eventually Satan goes away. Jesus stays in the desert for 40 days with the wild animals, but angels look after Jesus.

After leaving the desert, Jesus travels to Galilee and tells the people the good news that God loves everyone! Jesus tells the people to turn their hearts back to God and believe the good news.

The Scriptures

A reading from the holy Gospel according to Mark 1:12-15

Right away God's Spirit made Jesus go into the desert. He stayed there for forty days while Satan tested him. Jesus was with the wild animals, but angels took care of him.

After John was arrested,
Jesus went to Galilee and told the good news that comes from God.
He said, "The time has come!
God's kingdom will soon be here.
Turn back to God and believe the good news!"

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Video

Click to watch the video: The Temptation of Jesus



Group Discussion

Part of Jesus' struggle in the wilderness was to work out his priorities – what was most important to him.

What things are really important to you? To your family? To your friends?

Do you think you value the same things that other young people value? Why or why not?

Praying For Others

Leader: Gathered as one with all creation, let us pray for the needs of the world.

Reader 1: We pray for the people of God all over the earth. Lord hear us.

All: Lord hear our prayer.

Reader 2: We pray for peace in our world. Lord hear us.

All: Lord hear our prayer.

Reader 3: We pray for all who are hungry. Lord hear us.

All: Lord hear our prayer.

Reader 4: We pray for those who need a safe place to live. Lord hear us.

All: Lord hear our prayer.

Reader 5: We pray we will turn our hearts to God and believe the Good News. Lord hear us.

All: Lord hear our prayer.

Invite the children to pray for their own special intentions.

All: Lord hear our prayer.

Leader: Loving God, listen to the prayers we make in the name of Jesus.

All: Amen.

Prayer



God our Father,
Help us to listen more closely to you this
week and to turn our hearts to you.
Thank you for walking with
us each day.
Amen.

Group Activity

You will need: A4 sheets of paper and coloured pencils, coloured markers or crayons.

While Jesus was in the desert, he was able to pray and think and listen to God.

God speaks to us in many different ways – in the silence of our hearts, in the beauty of creation, through other people.

There are 2 choices for this week's activity:

- 1. Draw a picture of what you think God sees or hears when we pray.
- 2. Draw a picture of what you see or hear when you listen to God.







Wild animals that live in the DESERT

CAMEL

WALLABY

GOANNA

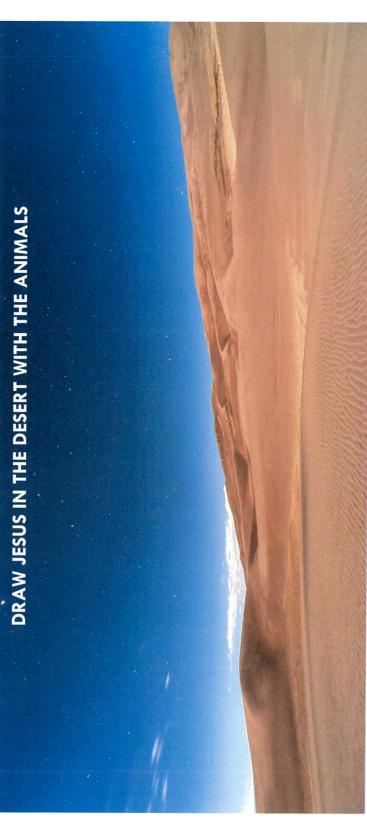
DINGO

BILBY

EMU

THORNY DEVIL

Write their names under the pictures



JESUS WITH THE WILD ANIMALS IN THE DESERT: A TIME OF PRAYER.