

now in  
Tamworth



Kids 4 - 12 yrs of all  
abilities welcome!

# Does your child need help to be part of a sports team?

Sense Rugby is a rugby based Occupational Therapy program and we are teaming up with Tamara Private Hospital, Ramsay Health Plus & Tamworth Rugby Club to bring it to Tamworth!!

We use modified rugby drills to help kids, teens and adults:

- Process sensory information
- Focus on activities
- Work on their coordination
- Manage their emotions
- Have fun with friends!



## Free trial day

We are having a free trial day with Australian Rugby Sevens Olympian Jesse Parahi! Come and join the fun and see if Sense Rugby is for you!

When: Saturday 30th July 2022  
Time: 9:00 am  
Where: Tamworth Rugby Park  
Marius St, Tamworth NSW 2340

Sign up here:

<https://www.senserugby.com.au/locations-listing>

Or contact:

E: [willisb@ramsayhealth.com.au](mailto:willisb@ramsayhealth.com.au)

P: (02) 67645662



## When therapy meets rugby

Sense Rugby was founded in October 2015 by Paediatric Occupational Therapist, Carlien Parahi and Australian Rugby Sevens Olympian, Jesse Parahi. We bring together the world of Allied Health and Rugby to help support all families to experience the joy of being part of a team.