

ATSI HEALTH CHECKS

ATSI Health Checks available!

1hr long appointment, first 30 mins with our Aboriginal Health Worker
and last 30 mins with our doctor!

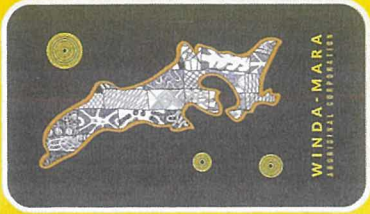
To be eligible:

- Aboriginal and/or Torres Strait Islander person
- Aged 6 months or older.

Get a Deadly Choices T-Shirt OR a \$40 voucher!!!



*If you are interested in booking an appointment, please contact Medical
Reception on 5527 0060 for Heywood OR 5527 0090 for Hamilton*



HAMILTON		Monday	Wednesday
Week 1	24/4/2023	Gym 5:30pm	Water Aerobics 6:15pm HILAC
Week 2	1/5/2023	Gym 5:30pm	Walk around lake 5:30pm Meet at skate park
Week 3	8/5/2023	Gym 5:30pm	Fitness session 5:30pm HILAC basketball court
Week 4	15/5/2024	Gym 5:30pm	Beach walk Portland 6pm (transport provided) BBQ dinner

HEYWOOD		Monday	Wednesday
Week 1	24/4/2023	Gym 5:30pm	Water Aerobics TBC (transport provided) Portland Leisure
Week 2	1/5/2023	Gym 5:30pm	Walk around HeyCon 5:30pm Meet at carpark
Week 3	8/5/2023	Gym 5:30pm	Fitness session 5pm Heywood basketball court
Week 4	15/5/2023	Gym 5:30pm	Beach walk Portland 6pm (transport provided) BBQ dinner

